

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

LONG ISLAND AQUATIC CLUB [LIAC-MR] Coach: D FERRIS/ G NUSSBAUM

Number of Top Times: 10 Show Yards Only

	Time	P/F/	Name	Age/Yr		
Women Senior 50 Free						
1	22.76 Y	F	Tess Howley	17	12/8/2022	2022 NCAP Invitational
2	22.78 Y	F	Joan Cash	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
3	23.04 Y	P	Cavan Gormsen	17	12/8/2022	2022 NCAP Invitational
4	23.05 Y	P	Chloe Stepanek	17	2/13/2020	2020 MR Senior Mets Winter Championships
5	23.11 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
6	23.52 Y	F	Kailey Simons	17	3/14/2023	2023 NCSA Spring Swimming Championships
7	23.62 Y	F	Emily Kelly	16	12/11/2008	2008 STAR Short Course Invitational
8	23.63 Y	F	Laurn Johnson	16	2/16/2018	2018 MR Senior Mets Winter Championships
9	23.67 Y	F	Briana Gellineau	16	2/15/2019	2019 MR Senior Mets Winter Championships
10	23.68 Y	P	Sophia Zhao	14	2/13/2020	2020 MR Senior Mets Winter Championships
Women Senior 100 Free						
1	49.06 Y	F	Chloe Stepanek	17	12/12/2019	2019 NCAP Invitational
2 *	49.20 Y	F	Tess Howley	18	3/14/2023	2023 NCSA Spring Swimming Championships
2 *	49.20 Y	F	Cavan Gormsen	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	50.04 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
5	50.34 Y	P	Cara Treble	17	3/15/2016	2016 NCSA Spring Championship
6	50.51 Y	F	Jessica Foschi	23	12/11/2003	2003 Adam's Mark STAR Short Course Invitation
7	50.75 Y	F	Emily Kelly	16	2/19/2009	2009 MR Senior Mets SC
8	50.90 Y	F	Joan Cash	14	3/21/2018	2018 NCSA Age Group Swimming Championship
9	51.01 Y	F	Briana Gellineau	16	2/15/2019	2019 MR Senior Mets Winter Championships
10	51.03 Y	P	Laurn Johnson	16	2/16/2018	2018 MR Senior Mets Winter Championships
Women Senior 200 Free						
1	1:44.48 Y	F	Cavan Gormsen	16	12/9/2021	2021 PV NCAP Invitational
2	1:45.51 Y	F	Chloe Stepanek	17	12/12/2019	2019 NCAP Invitational
3	1:45.56 Y L	F	Tess Howley	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	1:46.74 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
5	1:47.37 Y	F	Jessica Foschi	23	12/11/2003	2003 Adam's Mark STAR Short Course Invitation
6	1:48.09 Y	P	Cara Treble	17	3/15/2016	2016 NCSA Spring Championship
7	1:48.45 Y	F	Emily Kelly	15	2/21/2008	2008 MR Senior Mets SC
8	1:48.54 Y	F	Laurn Johnson	17	3/19/2019	2019 NCSA Spring Championship
9	1:49.00 Y L	F	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
10	1:49.47 Y	F	Molly Treble	17	3/18/2014	2014 NCSA JUNIORS - MARCH @ ORLANDO
Women Senior 500 Free						
1	4:36.34 Y	F	Cavan Gormsen	18	3/14/2023	2023 NCSA Spring Swimming Championships
2	4:41.98 Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
3	4:46.41 Y	F	Emily Kelly	14	3/20/2007	2007 NCSA Junior Nationals
4	4:47.07 Y	F	Margaret Aroesty	17	2/17/2017	2017 MR Senior Mets Winter Championships
5	4:47.59 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
6	4:47.67 Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Meet
7	4:47.91 Y	F	Laurn Johnson	17	3/19/2019	2019 NCSA Spring Championship
8	4:47.97 Y	F	Sophia Karras	17	12/11/2020	MR LIAC Travel To Nowhere
9	4:48.94 Y	F	Hana Shimizu-Bower	14	3/27/2019	2019 NCSA Age Group Swimming Championship
10	4:50.04 Y	F	Chloe Stepanek	15	3/14/2017	2017 NCSA
Women Senior 1000 Free						
1	9:35.18 Y	F	Cavan Gormsen	15	11/20/2020	2020 MR Thanksgiving Invite
2	9:37.33 Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
3	9:45.62 Y	F	Sarah Daly	17	3/13/2003	Speedo Sectionals Northeast Spring
4	9:45.83 Y	F	Emily Kelly	14	3/20/2007	2007 NCSA Junior Nationals
5	9:48.12 Y	F	Sophia Karras	16	12/12/2019	2019 NCAP Invitational
6	9:50.22 Y	F	Lily Gormsen	15	10/22/2022	2022 MR LIAC Chappy's Big Race
7	9:50.70 Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Meet
8	9:53.10 Y	F	Elizabeth Goldson	16	3/22/2005	2005 SCY NCSA Junior Nationals
9	9:57.41 Y	F	Lindsay Schlichte	15	2/24/2011	2011 MR Senior Mets Short Course

10	9:57.89	Y	F	Hana Shimizu-Bower	15	12/12/2019	2019 NCAP Invitational
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Women Senior 1650 Free

1	15:57.20	Y	F	Cavan Gormsen	17	12/8/2022	2022 NCAP Invitational
2	16:07.43	Y	F	Emily Kelly	15	3/18/2008	2008 NCSA Junior National Championships
3	16:13.59	Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
4	16:20.20	Y	F	Sophia Karras	16	12/12/2019	2019 NCAP Invitational
5	16:24.46	Y	F	Sarah Daly	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS SERI
6	16:29.33	Y	F	Erica Derlath	17	12/6/2007	2007 STAR Short Course Invitational
7	16:32.18	Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Meet
8	16:33.75	Y	F	Lily Gormsen	15	3/14/2023	2023 NCSA Spring Swimming Championships
9	16:36.51	Y	F	Elizabeth Goldson	16	3/22/2005	2005 SCY NCSA Junior Nationals
10	16:40.06	Y	F	Julia Festa	14	12/7/2006	2006 STAR Short Course Team Invitational

Women Senior 50 Back

1	24.86	Y	F	Tess Howley	17	3/15/2022	2022 NCSA Spring Swimming Championships
2	24.92	Y	F	Kiara Kennedy	17	3/15/2022	2022 NCSA Spring Swimming Championships
3	25.08	Y	F	Abigail Han	16	3/14/2023	2023 NCSA Spring Swimming Championships
4	25.41	Y L	F	Kristen Romano	17	3/14/2017	2017 NCSA
5	25.81	Y	P	Kailey Simons	16	3/15/2022	2022 NCSA Spring Swimming Championships
6	26.05	Y	F	Chloe Stepanek	17	3/19/2019	2019 NCSA Spring Championship
7	26.33	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming Champs
8	26.48	Y	F	Calista Chen	14	3/23/2022	2022 NCSA Age Group Swimming Championship
9	26.64	Y	P	Julienne Saliou	18	3/15/2022	2022 NCSA Spring Swimming Championships
10	26.68	Y	P	Beth Caruana	17	3/14/2017	2017 NCSA

Women Senior 100 Back

1	52.93	Y	F	Tess Howley	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships
2	53.52	Y	F	Kiara Kennedy	16	12/11/2020	MR LIAC Travel To Nowhere
3	53.75	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Championships
4	54.26	Y	F	Abigail Han	16	3/14/2023	2023 NCSA Spring Swimming Championships
5	54.59	Y	P	Chloe Stepanek	17	2/13/2020	2020 MR Senior Mets Winter Championships
6	55.09	Y	F	Kailey Simons	16	3/15/2022	2022 NCSA Spring Swimming Championships
7	55.55	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming Champs
8	55.85	Y	F	Daphne Skelos	22	12/9/2010	2010 STAR Short Course Invitational
9	56.20	Y	P	Julienne Saliou	18	3/15/2022	2022 NCSA Spring Swimming Championships
10	56.48	Y	F	Bridget Ye	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships

Women Senior 200 Back

1	1:53.28	Y	F	Tess Howley	17	3/15/2022	2022 NCSA Spring Swimming Championships
2	1:53.98	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Championships
3	1:58.21	Y	F	Kiara Kennedy	16	12/11/2020	MR LIAC Travel To Nowhere
4	1:58.73	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Championships
5	1:59.65	Y	F	Briana Gellineau	17	12/12/2019	2019 NCAP Invitational
6	1:59.95	Y	P	Julienne Saliou	18	3/15/2022	2022 NCSA Spring Swimming Championships
7	2:00.61	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming Champs
8	2:00.83	Y	P	Chloe Stepanek	17	2/13/2020	2020 MR Senior Mets Winter Championships
9	2:01.48	Y	P	Erica Derlath	17	3/18/2008	2008 NCSA Junior National Championships
10	2:01.63	Y	F	Cavan Gormsen	16	3/12/2021	2021 MR LIAC Virtual Championship

Women Senior 50 Breast

1	28.15	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	28.73	Y S	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Championships
3	29.23	Y	F	Bridget Ye	16	3/15/2022	2022 NCSA Spring Swimming Championships
4	30.13	Y S	P	Katie Hong	17	3/19/2019	2019 NCSA Spring Championship
5	30.16	Y	P	Kathryn Montefusco	16	3/15/2022	2022 NCSA Spring Swimming Championships
6	30.32	Y S	F	Kristalynn Kempton	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIONS SERIES
7 *	30.38	Y	P	Kailey Simons	17	3/14/2023	2023 NCSA Spring Swimming Championships
7 *	30.38	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship
9	30.64	Y	P	Joline Fong	16	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
10	30.76	Y S	F	Kendel Fiorentino	17	3/13/2003	Speedo Sectionals Northeast Spring

Women Senior 100 Breast

1	58.98	Y	P	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
2	1:01.82	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Championships
3	1:03.05	Y	F	Bridget Ye	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	1:03.95	Y	F	Kathryn Montefusco	17	3/14/2023	2023 NCSA Spring Swimming Championships
5	1:04.41	Y	F	Kristalynn Kempton	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIONS SERIES
6	1:04.94	Y	F	Paige Kaplan	17	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTMAS INVITATIONAL
7	1:05.05	Y	F	Kailey Simons	17	12/8/2022	2022 NCAP Invitational
8	1:05.08	Y	F	Kendel Fiorentino	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS SERI
9	1:05.17	Y	P	Erica Debenedetto	17	2/24/2000	2000 Senior Metropolitan Short
10	1:05.36	Y	F	Maryellen Campbell	16	4/1/2010	2010 Eastern Zone SC Swimming Championships

Women Senior 200 Breast

1	2:09.43	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	2:17.03	Y	F	Kathryn Montefusco	17	3/14/2023	2023 NCSA Spring Swimming Championships
3	2:17.23	Y	F	Bridget Ye	16	3/15/2022	2022 NCSA Spring Swimming Championships
4	2:18.50	Y	F	Paige Kaplan	17	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTMAS INVITATIONAL
5	2:18.92	Y	F	Kendel Fiorentino	17	3/13/2003	Speedo Sectionals Northeast Spring
6	2:19.02	Y	P	Erica Debenedetto	18	3/21/2000	Speedo Jr. Champ. NE
7	2:19.05	Y	F	Jessica Foschi	17	3/18/1998	SPEEDO JUNIORS 1998
8	2:19.33	Y	F	Nontawan Benja-Ath	18	2/16/2001	Senior Metropolitan SC Champio
9	2:19.46	Y	P	Kristalynn Kempton	21	12/4/2008	2008 ConocoPhillips Short Course National
10	2:19.90	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Championships

Women Senior 50 Fly

1	24.13	Y	F	Tess Howley	17	3/15/2022	2022 NCSA Spring Swimming Championships
2	24.89	Y	P	Kristen Romano	17	3/14/2017	2017 NCSA
3	24.95	Y	F	Joan Cash	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
4	25.20	Y	F	Kerianne Masterson	18	3/21/2006	2006 SCY NCSA Junior Nationals
5 *	25.26	Y	F	Katherine Yee	16	3/15/2022	2022 NCSA Spring Swimming Championships
5 *	25.26	Y	F	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimming Champs
7	25.43	Y	F	Kailey Simons	15	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
8	25.51	Y	P	Lauryn Johnson	14	3/15/2016	2016 NCSA Spring Championship
9	25.53	Y	P	Chloe Stepanek	17	3/19/2019	2019 NCSA Spring Championship
10	25.76	Y	F	Natalia Festa	17	3/21/2006	2006 SCY NCSA Junior Nationals

Women Senior 100 Fly

1	51.98	Y	F	Tess Howley	16	12/9/2021	2021 PV NCAP Invitational
2	53.54	Y	F	Joan Cash	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
3	54.11	Y	F	Kristen Romano	17	2/17/2017	2017 MR Senior Mets Winter Championships
4	54.97	Y	F	Lauryn Johnson	16	12/7/2017	2017 NCAP Invitational
5	55.14	Y	P	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimming Champs
6	55.17	Y	P	Chloe Stepanek	17	2/13/2020	2020 MR Senior Mets Winter Championships
7	55.22	Y	F	Katherine Yee	16	3/15/2022	2022 NCSA Spring Swimming Championships
8	55.26	Y	P	Kerianne Masterson	18	3/21/2006	2006 SCY NCSA Junior Nationals
9	55.30	Y	F	Cavan Gormsen	16	3/12/2021	2021 MR LIAC Virtual Championship
10	55.49	Y	F	Paige Kaplan	17	2/20/2014	2014 MR Senior Mets SCY Winter Championships

Women Senior 200 Fly

1	1:52.76	Y	F	Tess Howley	16	12/9/2021	2021 PV NCAP Invitational
2 *	1:59.13	Y	F	Lauryn Johnson	17	12/6/2018	2018 PV NCAP Invitational
2 *	1:59.13	Y	F	Cavan Gormsen	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	1:59.28	Y	F	Katherine Yee	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships
5	2:00.31	Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
6	2:00.58	Y	F	Margaret Aroesty	17	2/17/2017	2017 MR Senior Mets Winter Championships
7	2:00.68	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship
8	2:01.65	Y	F	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimming Champs
9	2:02.00	Y	P	Joan Cash	17	3/12/2021	2021 MR LIAC Virtual Championship
10	2:02.13	Y	F	Riley Fried	17	3/14/2023	2023 NCSA Spring Swimming Championships

Women Senior 200 IM

1	1:57.19	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	1:58.36	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Championships
3	1:59.03	Y	F	Tess Howley	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	2:00.86	Y	F	Jessica Foschi	23	2/26/2004	2004 MR Senior Mets SC
5	2:01.18	Y	F	Cavan Gormsen	17	12/8/2022	2022 NCAP Invitational
6	2:02.40	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Championships
7	2:03.38	Y	F	Bridget Ye	16	2/17/2022	2022 MR TYR Senior Mets SCY Championships
8	2:03.62	Y	F	Katherine Yee	17	3/14/2023	2023 NCSA Spring Swimming Championships
9	2:03.97	Y	F	Julienne Saliou	18	2/17/2022	2022 MR TYR Senior Mets SCY Championships
10	2:04.07	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Championships

Women Senior 400 IM

1	4:10.24	Y	F	Kristen Romano	17	3/14/2017	2017 NCSA
2	4:10.98	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
3	4:13.47	Y	F	Tess Howley	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	4:15.08	Y	F	Cavan Gormsen	17	12/8/2022	2022 NCAP Invitational
5	4:16.53	Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
6	4:17.18	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Championships
7	4:19.88	Y	F	Hana Shimizu-Bowel	15	12/12/2019	2019 NCAP Invitational
8	4:19.92	Y	F	Paige Kaplan	17	2/20/2014	2014 MR Senior Mets SCY Winter Championships
9	4:20.27	Y	F	Erica Derlath	18	12/4/2008	2008 ConocoPhillips Short Course National
10	4:22.17	Y	F	Katherine Yee	17	3/14/2023	2023 NCSA Spring Swimming Championships

Men Senior 50 Free

1	20.18	Y	L	F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
2	20.36	Y		F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimming Championships
3	20.63	Y		F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championships

4	20.76	Y	P	Christopher Gahn	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS SERI
5	20.85	Y L	F	Alvin Tsai	16	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
6 *	20.86	Y	F	Howard Hinds	25	3/13/2003	Speedo Sectionals Northeast Spring
6 *	20.86	Y	F	Trevor Kildare	21	1/1/1992	PRE-1992
8	20.89	Y L	F	Matthew Beehler	18	3/14/2023	2023 NCSA Spring Swimming Championships
9	20.91	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
10	20.99	Y	F	KEN MACFADYEN	16	3/22/1994	JUNIOR NATS 94

Men Senior 100 Free

1	44.32	Y	F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championsh
2	44.79	Y	F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
3	45.22	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
4	45.29	Y L	F	JuanCarlos Castrillor	18	3/15/2022	2022 NCSA Spring Swimming Championships
5	45.41	Y	F	Nicholas Shopis	18	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
6	45.54	Y L	F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimming Championsh
7 *	45.60	Y	F	Christopher Gahn	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS SERI
7 *	45.60	Y	F	William Swartwout	17	12/12/2019	2019 NCAP Invitational
9	45.70	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
10	45.73	Y	F	Alvin Tsai	15	12/11/2020	MR LIAC Travel To Nowhere

Men Senior 200 Free

1	1:36.67	Y	F	JuanCarlos Castrillor	18	3/15/2022	2022 NCSA Spring Swimming Championships
2	1:37.38	Y	F	Sean Green	15	12/8/2022	2022 NCAP Invitational
3	1:37.77	Y	P	John Wagner	16	12/4/2008	2008 ConocoPhillips Short Course National
4	1:38.17	Y	F	KEN MACFADYEN	16	3/22/1994	JUNIOR NATS 94
5	1:38.40	Y L	F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
6	1:38.94	Y	P	William Swartwout	17	2/13/2020	2020 MR Senior Mets Winter Championships
7	1:39.08	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
8	1:39.63	Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
9	1:39.69	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
10	1:39.80	Y	F	Ben Rosen	18	3/21/1995	JR. NATIONALS EAST

Men Senior 500 Free

1	4:20.41	Y	F	Sean Green	15	3/14/2023	2023 NCSA Spring Swimming Championships
2	4:23.32	Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
3	4:25.76	Y	F	KEN MACFADYEN	16	2/24/1994	SC SENIOR METS
4	4:26.33	Y	F	JuanCarlos Castrillor	16	12/11/2020	MR LIAC Travel To Nowhere
5	4:26.84	Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
6	4:27.16	Y	F	Timothy Marski	16	3/14/2017	2017 NCSA
7	4:28.15	Y	P	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
8	4:29.90	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
9	4:30.37	Y	F	William Swartwout	18	12/11/2020	MR LIAC Travel To Nowhere
10	4:30.42	Y	P	Michael Lennon	17	3/20/2012	2012 NCSA Junior National Swimming Champs

Men Senior 1000 Free

1	8:55.64	Y	F	Sean Green	15	3/14/2023	2023 NCSA Spring Swimming Championships
2	9:05.82	Y	F	KEN MACFADYEN	16	2/24/1994	SC SENIOR METS
3	9:06.12	Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
4	9:09.35	Y	F	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
5	9:12.44	Y	F	JuanCarlos Castrillor	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
6	9:13.75	Y	F	Michael Lennon	17	3/20/2012	2012 NCSA Junior National Swimming Champs
7	9:14.50	Y S	F	Dan Demarco	26	2/22/2007	2007 MR Senior Mets SC
8	9:15.11	Y	F	Sean Lane	17	3/18/2008	2008 NCSA Junior National Championships
9	9:17.44	Y	F	Jordan Valenza	18	1/1/1992	PRE-1992
10	9:17.84	Y S	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Championships

Men Senior 1650 Free

1	14:57.10	Y	F	Sean Green	15	3/14/2023	2023 NCSA Spring Swimming Championships
2	15:15.64	Y	F	Brendan Neligan	17	12/7/2000	Calamari
3	15:16.38	Y	F	Dan Demarco	26	2/22/2007	2007 MR Senior Mets SC
4	15:19.84	Y	F	JuanCarlos Castrillor	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
5	15:21.48	Y	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Championships
6	15:29.13	Y	F	Jordan Valenza	18	1/1/1992	PRE-1992
7	15:29.71	Y	F	Michael Lennon	16	3/15/2011	2011 NCSA Jr National Swimming Championship
8	15:29.74	Y	F	William Siegel	15	3/14/2023	2023 NCSA Spring Swimming Championships
9	15:32.10	Y	F	KEN MACFADYEN	15	12/17/1992	NYSCHAMPS 92-BUFFALO
10	15:32.35	Y	F	Christopher Arena	17	3/14/2017	2017 NCSA

Men Senior 50 Back

1	23.25	Y	S	Matthew Beehler	18	3/14/2023	2023 NCSA Spring Swimming Championships
2	23.26	Y	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championsh
3	23.44	Y L	F	Emmanouil Mountan	16	3/14/2023	2023 NCSA Spring Swimming Championships
4	23.48	Y L	F	JuanCarlos Castrillor	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
5	23.78	Y L	F	Martin Percinsky	16	3/14/2023	2023 NCSA Spring Swimming Championships
6	23.93	Y L	F	Sean Green	14	12/9/2021	2021 PV NCAP Invitational

7	24.07	Y	L	F	Ryan Davidoff	16	3/19/2019	2019 NCSA Spring Championship
8	24.24	Y	L	F	Maxwell Scalamandr	16	3/13/2018	2018 NCSA Spring Championship
9 *	24.41	Y		P	Matthew Peitler	16	3/14/2023	2023 NCSA Spring Swimming Championships
9 *	24.41	Y	L	F	Maximillian Willard	17	3/17/2015	2015 NCSA Spring Championship

Men Senior 100 Back

1	49.06	Y		F	Martin Perecinsky	16	12/8/2022	2022 NCAP Invitational
2	49.21	Y		P	Emmanouil Mountan	16	12/8/2022	2022 NCAP Invitational
3	49.25	Y		F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championsh
4	49.38	Y		P	Matthew Beehler	18	3/14/2023	2023 NCSA Spring Swimming Championships
5	49.77	Y		F	William Swartwout	18	12/11/2020	MR LIAC Travel To Nowhere
6	50.24	Y	L	F	JuanCarlos Castrillor	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
7	50.58	Y		F	Christian Yeager	17	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
8	50.87	Y		F	Chris Scuderi	22	12/14/1995	STAR INVITATIONAL
9	51.12	Y	L	F	Mike Ferris	20	3/7/2002	THE 2002 SPEEDO CHAMPIONS SERI
10	51.23	Y		F	Joe Davidoff	19	2/24/1994	SC SENIOR METS

Men Senior 200 Back

1	1:45.31	Y		F	Sean Green	15	12/8/2022	2022 NCAP Invitational
2	1:45.67	Y		F	Martin Perecinsky	16	12/8/2022	2022 NCAP Invitational
3	1:46.16	Y		F	Emmanouil Mountan	16	3/14/2023	2023 NCSA Spring Swimming Championships
4	1:46.18	Y		F	Matthew Beehler	17	3/15/2022	2022 NCSA Spring Swimming Championships
5	1:46.37	Y		F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championsh
6	1:47.11	Y		F	JuanCarlos Castrillor	17	12/9/2021	2021 PV NCAP Invitational
7	1:47.16	Y		P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimming Champs
8	1:47.20	Y		F	William Swartwout	18	12/11/2020	MR LIAC Travel To Nowhere
9	1:48.95	Y		F	Mike Ferris	19	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
10	1:49.60	Y		F	Justin Lynch	18	2/24/2000	2000 Senior Metropolitan Short

Men Senior 50 Breast

1	25.38	Y		F	Jason Louser	16	3/13/2018	2018 NCSA Spring Championship
2	25.43	Y		F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
3	25.87	Y		P	Ryan Brown	17	3/15/2016	2016 NCSA Spring Championship
4	25.99	Y		S	David Kushnirsky	15	3/14/2023	2023 NCSA Spring Swimming Championships
5	26.11	Y		P	Matthew Chang	17	3/15/2022	2022 NCSA Spring Swimming Championships
6	26.40	Y		P	Justen Lopez	16	3/19/2019	2019 NCSA Spring Championship
7	26.51	Y	S	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
8 *	26.79	Y		F	Matt Goetz	17	3/15/2011	2011 NCSA Jr National Swimming Championship
8 *	26.79	Y		F	Jake Goldstein	17	3/15/2011	2011 NCSA Jr National Swimming Championship
10	26.86	Y		P	Connor Libassi	18	3/15/2022	2022 NCSA Spring Swimming Championships

Men Senior 100 Breast

1	54.05	Y		P	Jason Louser	17	3/19/2019	2019 NCSA Spring Championship
2	55.65	Y		F	Ryan Brown	22	12/11/2020	MR LIAC Travel To Nowhere
3	55.85	Y		F	David Kushnirsky	15	3/14/2023	2023 NCSA Spring Swimming Championships
4	56.35	Y		F	Matthew Chang	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships
5	56.48	Y		F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
6 *	56.75	Y		F	Justen Lopez	16	3/19/2019	2019 NCSA Spring Championship
6 *	56.75	Y		F	Greg Mone	22	2/24/1994	SC SENIOR METS
8	56.96	Y		F	Matt Goetz	17	3/15/2011	2011 NCSA Jr National Swimming Championship
9	56.99	Y		F	Strahinja Maslo	15	12/8/2022	2022 NCAP Invitational
10 *	57.22	Y		F	Neal Rubin	19	3/13/2003	Speedo Sectionals Northeast Spring
10 *	57.22	Y		F	Delaney Hall	17	3/18/2014	2014 NCSA JUNIORS - MARCH @ ORLANDO

Men Senior 200 Breast

1	1:57.04	Y		F	Jason Louser	17	3/19/2019	2019 NCSA Spring Championship
2	2:01.52	Y		F	Ryan Brown	22	12/11/2020	MR LIAC Travel To Nowhere
3	2:01.56	Y		F	Strahinja Maslo	16	3/14/2023	2023 NCSA Spring Swimming Championships
4	2:02.49	Y		P	Delaney Hall	18	3/17/2015	2015 NCSA Spring Championship
5	2:03.27	Y		P	Matthew Chang	17	3/15/2022	2022 NCSA Spring Swimming Championships
6	2:04.05	Y		F	Timothy Marski	16	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
7	2:04.08	Y		F	David Kushnirsky	15	12/8/2022	2022 NCAP Invitational
8	2:04.60	Y		F	Neal Rubin	19	3/13/2003	Speedo Sectionals Northeast Spring
9	2:04.61	Y		F	Greg Mone	22	2/24/1994	SC SENIOR METS
10	2:05.09	Y		P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimming Champs

Men Senior 50 Fly

1	22.15	Y		F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimming Championsh
2	22.16	Y		F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
3	22.34	Y	S	F	Adam Kapusta	13	4/16/2014	2014 NASA Showcase Classic
4	22.38	Y	S	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
5	23.29	Y	S	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
6	23.31	Y		F	Alvin Tsai	16	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET
7	23.38	Y	S	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championsh
8 *	23.44	Y		T	Jagger Stachtiaris	16	11/4/2022	2022 MR LIAC No Room For US Time Trial

8 *	23.44 Y	T	Matthew Beehler	17	11/4/2022	2022 MR LIAC No Room For US Time Trial
10	23.47 Y S	F	Yury Zimarev	20	2/22/2007	2007 MR Senior Mets SC

Men Senior 100 Fly

1	47.80 Y	F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
2	48.42 Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
3	49.46 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
4	49.99 Y	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimming Championship
5	50.07 Y	F	Adam Shaw	19	2/20/1997	SENIOR METS 1997
6	50.12 Y	F	Yury Zimarev	20	2/22/2007	2007 MR Senior Mets SC
7	50.21 Y	P	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimming Championship
8	50.30 Y	F	Orry Zayit	17	12/7/2017	2017 NCAP Invitational
9	50.57 Y	F	Alvin Tsai	15	12/11/2020	MR LIAC Travel To Nowhere
10	50.61 Y	F	Tom Zanetti	20	2/24/1994	SC SENIOR METS

Men Senior 200 Fly

1	1:45.94 Y	F	Timothy Marski	18	3/19/2019	2019 NCSA Spring Championship
2	1:46.92 Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIONAL MEET
3	1:47.51 Y	P	Orry Zayit	16	3/14/2017	2017 NCSA
4	1:47.78 Y	P	Sean Green	15	12/8/2022	2022 NCAP Invitational
5	1:47.90 Y	P	Jason Louser	17	3/19/2019	2019 NCSA Spring Championship
6	1:49.00 Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
7	1:49.10 Y	F	Scott Demarco	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
8	1:50.10 Y	F	JuanCarlos Castrillor	17	12/9/2021	2021 PV NCAP Invitational
9	1:50.90 Y	F	Adam Kapusta	17	11/17/2017	2017 MR LIAC Thanksgiving Invitational
10	1:51.24 Y	F	Nicholas Cerra	17	2/19/2009	2009 MR Senior Mets SC

Men Senior 200 IM

1	1:47.64 Y	F	Jason Louser	17	3/19/2019	2019 NCSA Spring Championship
2	1:49.67 Y	F	John Wagner	16	12/11/2008	2008 STAR Short Course Invitational
3	1:50.19 Y	F	JuanCarlos Castrillor	18	2/17/2022	2022 MR TYR Senior Mets SCY Championships
4	1:50.25 Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimming Champs
5	1:50.28 Y	F	Timothy Marski	16	12/8/2016	2016 NBAC 43rd Annual Christmas Invitational
6	1:50.94 Y	F	Strahinja Maslo	15	12/8/2022	2022 NCAP Invitational
7	1:51.65 Y	P	Sean Green	15	12/8/2022	2022 NCAP Invitational
8	1:51.75 Y	F	William Swartwout	18	12/11/2020	MR LIAC Travel To Nowhere
9	1:52.20 Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
10	1:52.58 Y	P	Matthew Chang	17	2/17/2022	2022 MR TYR Senior Mets SCY Championships

Men Senior 400 IM

1	3:45.87 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	3:48.33 Y	F	Sean Green	15	12/8/2022	2022 NCAP Invitational
3	3:52.62 Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimming Champs
4	3:54.94 Y	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Championships
5	3:55.36 Y	F	Strahinja Maslo	15	12/8/2022	2022 NCAP Invitational
6	3:55.57 Y	F	John Wagner	16	12/11/2008	2008 STAR Short Course Invitational
7	3:55.83 Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
8	3:56.34 Y	F	Christopher Arena	21	12/11/2020	MR LIAC Travel To Nowhere
9	3:56.53 Y	P	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
10	3:57.37 Y	P	JuanCarlos Castrillor	17	3/16/2021	NCSA Spring Invite 2021 - CLOSED MEET