

**LONG ISLAND AQUATIC CLUB**  
presents  
**SUMMERTIME CLASSIC INVITATIONAL**  
**JUNE 3 - 4, 2006**

to be held at Nassau County Aquatic Center , Eisenhower Park, East Meadow, Long Island  
Sanctioned by Metropolitan Swimming  
sanction #

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**Saturday Morning 12 & Under**  
Warm - up 8:00 am Start 9:00 am

| Women's | Event                    | Men's |
|---------|--------------------------|-------|
| 1.      | 11-12 200 M Freestyle    | 2.    |
| 3.      | 10&U 200 M Freestyle     | 4.    |
| 5.      | 11-12 100 M Butterfly    | 6.    |
| 7.      | 10&U 50 M Butterfly      | 8.    |
| 9.      | 11-12 50 M Backstroke    | 10.   |
| 11.     | 10&U 100 M Backstroke    | 12.   |
| 13.     | 11-12 100 M Breaststroke | 14.   |
| 15.     | 10&U 50 M Breaststroke   | 16.   |
| 17.     | 11-12 50 M Freestyle     | 18.   |
| 19.     | 10&U 50 M Freestyle      | 20.   |

**Sunday Morning 12 & Under**  
Warm - up 8:00 am Start 9:00 am

| Women's | Event                   | Men's |
|---------|-------------------------|-------|
| 43.     | 11-12 200M IM           | 44.   |
| 45.     | 10&U 200 M IM           | 46.   |
| 47.     | 11-12 100 M Freestyle   | 48.   |
| 49.     | 10&U 100 M Freestyle    | 50.   |
| 51.     | 11-12 50 M Butterfly    | 52.   |
| 53.     | 10&U 100 M Butterfly    | 54.   |
| 55.     | 11-12 100 M Backstroke  | 56.   |
| 57.     | 10&U 50 M Backstroke    | 58.   |
| 59.     | 11-12 50 M Breaststroke | 60.   |
| 61.     | 10&U 100 M Breaststroke | 62.   |

**Saturday Afternoon 13-14 and Senior**  
Warm - up 1:30 pm Start 2:30 pm

| Women's                     | Event                     | Men's |
|-----------------------------|---------------------------|-------|
| 21.                         | 13-14 200M Freestyle      | 22.   |
| 23.                         | Senior 200M Freestyle     | 24.   |
| 25.                         | 13-14 100 M Butterfly     | 26.   |
| 27.                         | Senior 100 M Butterfly    | 28.   |
| 29.                         | 13-14 200 M Backstroke    | 30.   |
| 31.                         | Senior 200 M Backstroke   | 32.   |
| 33.                         | 13-14 100M Breaststroke   | 34.   |
| 35.                         | Senior 100 M Breaststroke | 36.   |
| 37.                         | 13-14 100 M Freestyle     | 38.   |
| 39.                         | Senior 100 M Freestyle    | 40.   |
| *41.                        | Senior 400 M IM           | *42.  |
| * May be limited to 2 heats |                           |       |

**Sunday Afternoon 13-14 and Senior**  
Warm - up 1:30 pm Start 2:30 pm

| Women's                    | Event                    | Men's |
|----------------------------|--------------------------|-------|
| 63.                        | 13-14 200 M IM           | 64.   |
| 65.                        | Senior 200M IM           | 66.   |
| 67.                        | 13-14 200 M Butterfly    | 68.   |
| 69.                        | Senior 200 M Butterfly   | 70.   |
| 71.                        | 13-14 100 M Backstroke   | 72.   |
| 73.                        | Senior 100 M Backstroke  | 74.   |
| 75.                        | 13-14 200 M Breaststroke | 76.   |
| 77.                        | Senior 200M Breaststroke | 78.   |
| 79.                        | 13-14 50 M Freestyle     | 80.   |
| 81.                        | Senior 50 M Freestyle    | 82.   |
| *83.                       | Senior 1500 M Freestyle  | *84.  |
| *May Be limited to 2 heats |                          |       |

**ENTRIES DUE Tuesday May 30, 2006 Long Course Meter Times ONLY**

**Pool:** Goodwill Games Aquatic Center in Eisenhower Park, East Meadow, Long Island  
10 lane by 50 meter competition pool w/ 2 meter min depth.  
6 lane by 25 meter warm up pool  
Colorado Timing system, Hy-Tek meet manager

**Host of:** 1998 Speedo Northeast Junior Championships  
1998 Goodwill Games  
1999 Phillips 66 National Swimming Championships  
1999 Long Island Open - Grand Prix  
2000 Long Island Open  
2001 Women's Division I Swimming & Diving Championships  
2001 FINA World Cup  
2001 U.S. Open  
2004 World Cup  
2004 Men's Division I Swimming & Diving Championships

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**Eligibility:** Swimmers must be USA Swimming registered (or other FINA member) in order to compete. Entries for swimmers without valid 2006 USASwimming registrations will not be entered in the meet. Coaches wanting to stay on the pool deck must carry their valid certifications with them during the meet.

**Entry Fees:** An entry fee of \$4.00 per individual event, \$1.00 additional for Metro Non-Hytek entries, must accompany the entries. Make checks payable to **“Long Island Swimming”**. Entries will not be considered received and accepted without full payment of fees.

**Entries:** All athletes are limited to enter 3 events per session. Hy-Tek E-mail entries are preferred - HyTek program entries on 3 ½" diskette, labeled with the team name (along with a hard copy) is the second option of entry. An Entry Summary with a signed waiver must accompany each entry, regardless whether entries are submitted on via e-mail, diskette or in writing. All results will be e-mailed to the team representative. Entries must be submitted in **LCmeter** times only. **NTs will not be accepted. Deck entries will not be accepted.**  
**Email entries to: [msenecal@optonline.net](mailto:msenecal@optonline.net)**

**Deadline:** Entries must be received by **May 30, 2006 IF SENDING EXPRESS MAIL, PLEASE SIGN THE WAIVER ON FRONT.** Entries will be entered in the order received as space allows.

**Mail Entries to:** Meet Director Ginny Nussbaum  
**Must put meet entry and date of meet on the envelope**  
42 Merrick Avenue  
Merrick, NY 11566  
Telephone: (516) 378-8467  
Fax: (516) 771-9128  
Email: [GinnyNussbaum@hotmail.com](mailto:GinnyNussbaum@hotmail.com)

**Awards:** Medals will be presented to the top 3 finishers in individual events.

**Admission:** \$5.00 per adult. Program \$2.00.

**MEET MARSHALL:** It is requested that teams entering this meet assign a coach as a Meet Marshall during the warm-up and actual duration of each session.

**METRO SAFETY GUIDELINES WILL BE ENFORCED.  
NO FOOD OR GLASS BOTTLES ALLOWED ON DECK.**

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**ENTRY SUMMARY**

**Team** \_\_\_\_\_ **Club Code** \_\_\_\_\_ **Association** \_\_\_\_\_

**Address** \_\_\_\_\_ **Town** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Contact** \_\_\_\_\_ **Phone** \_\_\_\_\_

  

|                          |                |   |        |   |          |
|--------------------------|----------------|---|--------|---|----------|
| # 10 & UNDER WOMEN _____ | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # 11-12 WOMEN _____      | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # 13-14 WOMEN _____      | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # SENIOR WOMEN _____     | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # 10 & UNDER MEN _____   | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # 11-12 MEN _____        | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # 13-14 MEN _____        | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| # SENIOR MEN _____       | # EVENTS _____ | x | \$4.00 | = | \$ _____ |
| Total                    |                |   |        |   | \$ _____ |

**Waiver of all claims for injury and acceptance of all meet rules are conditions for acceptance of entries.**

Coach

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**DIRECTIONS:**

**FROM VERRAZANO NARROWS BRIDGE AND KENNEDY AIRPORT:**

Follow signs to Belt Parkway/Long Island East. Take Belt Parkway eastbound past Kennedy Airport - after Kennedy Airport stay in the left lane and look for signs to Southern State Parkway East. Take So.State Pkwy East to Meadowbrook Pkwy (northbound) to NY-24 Hempstead Turnpike (exit M4) East. On Hempstead Turnpike go to the left lane and make a left at the first light (Merrick Ave.) Follow Merrick Ave. And signs to pool entrance on your right.

**FROM WHITESTONE AND THROGS NECK BRIDGES**

Take Cross Island Parkway South to Exit 29, Grand Central Parkway eastbound. Follow Grand Central Pkwy to Meadowbrook Pkwy southbound (Jones Beach). Get off Meadowbrook Pkwy at NY-24 Hempstead Tpke.(exit M4). For pool see directions above.

**FROM LA GUARDIA AIRPORT**

Take Grand Central Parkway (to eastern Long Island) to Meadowbrook Parkway and follow above directions.