
Individual Meet Results
2009 MR SC Junior Olympics 27-Mar-09 to 29-Mar-09 Yards - Hy-Tek Single Year Points
**Sanction: 90303 Location: Nassau County Aquatic Center
 Long Island Aquatic Club [LIAC-MR] Coach: David Ferris**

Time	F/P/S	Event	Place	Points	Improv
Amanda Agostino (10) W					
1:32.22Y	458 F # 39	Women 10 & Under 100 Breast	55	---	0.09
41.96Y	465 F # 91	Women 10 & Under 50 Breast	41	---	-1.03
Ali Aly (10) M					
2:44.33Y	560 F # 28	Men 10 & Under 200 IM	12	5	0.08
1:10.09Y	467 F # 32	400 Free Relay Lead Off	---	---	-1.10
1:18.43Y	517 F # 36	Men 10 & Under 100 Back	26	---	-0.80
1:32.30Y	444 F # 40	Men 10 & Under 100 Breast	30	---	3.39
1:18.22Y	513 F # 76	Men 10 & Under 100 IM	25	---	0.57
31.07Y	561 F # 80	200 Free Relay Lead Off	---	---	0.09
31.33Y	546 F # 84	Men 10 & Under 50 Free	24	---	0.35
41.87Y	465 F # 92	Men 10 & Under 50 Breast	24	---	0.14
37.12Y	381 F # 128	Men 10 & Under 50 Fly	46	---	0.74
36.85Y	502 F # 132	Men 10 & Under 50 Back	36	---	-1.01
2:25.66Y	531 F # 136	Men 10 & Under 200 Free	14	3	1.63
Jessica Arana (11) W					
5:02.58Y	790 F # 1	Women 11-12 400 IM	4	15	-34.65
1:01.09Y	624 F # 5	400 Free Relay Lead Off	---	---	-0.83
1:09.22Y	640 P # 13	Women 11-12 100 Back	21	---	0.11
2:42.09Y	752 F # 17	Women 11-12 200 Breast	4	15	---
2:46.05Y	704 P # 17	Women 11-12 200 Breast	3	---	---
2:20.48Y	791 F # 47	Women 11-12 200 IM	2	17	-3.70
2:21.06Y	781 P # 47	Women 11-12 200 IM	1	---	-3.12
2:28.71Y	745 P # 63	Women 11-12 200 Fly	3	---	7.26
2:31.65Y	709 F # 63	Women 11-12 200 Fly	8	11	10.20
2:08.02Y	699 F # 67	Women 11-12 200 Free	6	13	1.41
2:08.41Y	691 P # 67	Women 11-12 200 Free	8	---	1.80
5:35.67Y	734 F # 97	Women 11-12 500 Free	2	17	2.22
1:07.22Y	731 F # 99	Women 11-12 100 IM	7	12	-2.91
1:08.23Y	696 P # 99	Women 11-12 100 IM	8	---	-1.90
1:06.36Y	762 S # 99S	Women 11-12 100 IM	1	---	-3.77
1:10.41Y	598 P # 111	Women 11-12 100 Fly	30	---	2.53
Christopher Arena (9) M					
2:56.85Y	545 F # 28	Men 10 & Under 200 IM	47	---	-2.93
1:23.95Y	520 F # 88	Men 10 & Under 100 Fly	24	---	0.45
44.17Y	509 F # 92	Men 10 & Under 50 Breast	53	---	0.18
2:34.50Y	560 F # 136	Men 10 & Under 200 Free	43	---	-4.19
Jordan Bader (16) W					
2:26.49Y	448 F # 85	Women 15-18 200 Fly	34	---	-1.12
Katrina Bamba (13) W					
1:05.73Y	550 P # 11	Women 13-14 100 Back	22	---	0.11
31.15Y	F # 69	200 Medley Relay Lead Off	---	---	0.29
1:06.84Y	510 F # 105	400 Medley Relay Lead Off	---	---	1.22
2:25.46Y	503 P # 113	Women 13-14 200 Back	44	---	3.64
Ivan Bandovic (16) M					
1:00.65Y	430 F # 34	Men 15-18 100 Back	41	---	0.42

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Time	F/P/S	Event	Place	Points	Improv
25.05Y	462 F # 78	200 Free Relay Lead Off	---	---	0.55
2:15.23Y	398 F # 86	Men 15-18 200 Fly	36	---	1.54
28.81Y	F # 94	200 Medley Relay Lead Off	---	---	-4.87
1:00.66Y	430 F # 126	400 Medley Relay Lead Off	---	---	0.43
2:13.13Y	396 F # 134	Men 15-18 200 Back	55	---	1.24
Conor Beil (10) M					
2:42.82Y	579 F # 28	Men 10 & Under 200 IM	8	11	-4.45
1:15.95Y	581 F # 36	Men 10 & Under 100 Back	14	3	-0.31
1:09.69Y	479 F # 44	Men 10 & Under 100 Free	24	---	-1.49
1:18.43Y	507 F # 76	Men 10 & Under 100 IM	27	---	-1.55
1:19.63Y	468 F # 88	Men 10 & Under 100 Fly	10	7	-0.66
35.92Y	553 F # 124	200 Medley Relay Lead Off	---	---	0.03
35.20Y	478 F # 128	Men 10 & Under 50 Fly	21	---	-1.56
36.30Y	532 F # 132	Men 10 & Under 50 Back	29	---	0.41
2:28.72Y	487 F # 136	Men 10 & Under 200 Free	22	---	1.57
Alyssa Blum (10) W					
2:38.79Y	645 F # 27	Women 10 & Under 200 IM	10	7	-3.91
1:15.64Y	580 F # 35	Women 10 & Under 100 Back	14	3	1.14
1:03.45Y	676 F # 43	Women 10 & Under 100 Free	5	14	-0.45
1:15.22Y	618 F # 75	Women 10 & Under 100 IM	11	6	-1.05
29.40Y	661 F # 83	Women 10 & Under 50 Free	6	13	-0.04
1:14.97Y	612 F # 87	Women 10 & Under 100 Fly	6	13	-1.25
32.03Y	689 F # 127	Women 10 & Under 50 Fly	7	12	-0.77
35.54Y	550 F # 131	Women 10 & Under 50 Back	20	---	0.35
2:20.87Y	608 F # 135	Women 10 & Under 200 Free	5	14	0.52
Gabrielle Borutecene (17) W					
NS	F # 81	Women 15-18 100 Breast	---	---	---
Ryan Brown (11) M					
1:23.14Y	532 P # 60	Men 11-12 100 Breast	50	---	2.40
38.48Y	517 P # 108	Men 11-12 50 Breast	49	---	0.91
Daniel Caceres (17) M					
24.61Y	472 F # 78	200 Free Relay Lead Off	---	---	0.25
57.96Y	456 F # 130	Men 15-18 100 Fly	35	---	-0.71
Elizabeth Chang (14) W					
27.94Y	462 F # 53	200 Free Relay Lead Off	---	---	0.20
2:24.90Y	503 P # 61	Women 13-14 200 Fly	15	---	-1.01
2:25.17Y	499 F # 61	Women 13-14 200 Fly	16	1	-0.74
2:09.65Y	419 P # 65	Women 13-14 200 Free	55	---	3.12
Linda Chang (16) W					
58.87Y	459 F # 41	Women 15-18 100 Free	37	---	2.28
26.22Y	575 F # 77	200 Free Relay Lead Off	---	---	0.44
2:04.35Y	479 F # 89	Women 15-18 200 Free	25	---	0.18
26.34Y	564 F # 137	Women 15-18 50 Free	18	---	0.56
Kimberly Chan (10) W					
1:21.45Y	462 F # 87	Women 10 & Under 100 Fly	27	---	-2.40

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Time	F/P/S	Event	Place	Points	Improv
Hajin Choi (13) M					
54.45Y 619	F # 8	400 Free Relay Lead Off	---	---	0.06
54.11Y 634	P # 20	Men 13-14 100 Free	22	---	-0.28
10:43.25Y 681	F # 24	Men 13-14 1000 Free	7	12	-32.07
NS	P # 62	Men 13-14 200 Fly	---	---	---
1:58.11Y DQ	P # 66	Men 13-14 200 Free	---	---	---
5:14.92Y 622	F # 102	Men 13-14 500 Free	13	4	-1.52
5:17.73Y 600	P # 102	Men 13-14 500 Free	21	---	1.29
2:23.10Y 425	P # 114	Men 13-14 200 Back	48	---	8.53
25.33Y 618	P # 118	Men 13-14 50 Free	37	---	0.21
Emanuel Cohen (10) M					
2:48.12Y 511	F # 28	Men 10 & Under 200 IM	21	---	-10.11
1:17.99Y 529	F # 36	Men 10 & Under 100 Back	22	---	-1.64
1:10.17Y 465	F # 44	Men 10 & Under 100 Free	27	---	-0.96
1:23.78Y 376	F # 88	Men 10 & Under 100 Fly	23	---	-2.59
35.88Y 555	F # 132	Men 10 & Under 50 Back	20	---	-1.36
2:29.24Y 479	F # 136	Men 10 & Under 200 Free	27	---	-1.64
Olivia Cohen (11) W					
5:30.30Y 598	F # 1	Women 11-12 400 IM	31	---	6.20
Stephanie DiPreta (15) W					
NS	F # 85	Women 15-18 200 Fly	---	---	---
Alexandra Dolido (12) W					
31.47Y 524	P # 9	Women 11-12 50 Fly	40	---	0.88
1:03.22Y 456	P # 21	Women 11-12 100 Free	34	---	2.03
29.08Y 490	F # 51	200 Free Relay Lead Off	---	---	0.60
1:10.75Y 488	P # 111	Women 11-12 100 Fly	32	---	-0.13
28.17Y 557	P # 119	Women 11-12 50 Free	23	---	-0.31
Elizabeth Eastman (13) W					
5:18.48Y 442	P # 3	Women 13-14 400 IM	42	---	16.36
2:56.38Y 357	P # 15	Women 13-14 200 Breast	30	---	13.91
1:15.63Y 525	P # 57	Women 13-14 100 Breast	28	---	0.36
2:17.37Y 670	F # 61	Women 13-14 200 Fly	11	6	-2.18
2:22.82Y 586	P # 61	Women 13-14 200 Fly	12	---	3.27
1:03.99Y 603	P # 109	Women 13-14 100 Fly	17	---	-0.10
Sarah Exposito (15) W					
2:27.15Y 445	F # 85	Women 15-18 200 Fly	36	---	-0.68
32.78Y	F # 93	200 Medley Relay Lead Off	---	---	-2.73
1:05.93Y 462	F # 129	Women 15-18 100 Fly	48	---	0.82
Kerry Giovannello (12) W					
5:21.30Y 530	F # 1	Women 11-12 400 IM	21	---	---
1:01.72Y 509	P # 21	Women 11-12 100 Free	25	---	0.61
2:34.20Y 461	P # 47	Women 11-12 200 IM	48	---	3.20
2:07.99Y 589	F # 67	Women 11-12 200 Free	12	5	-3.45
2:10.84Y 535	P # 67	Women 11-12 200 Free	15	---	-0.60
5:42.03Y 572	F # 97	Women 11-12 500 Free	5	14	3.18
2:34.03Y 463	P # 115	Women 11-12 200 Back	29	---	0.93

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Time	F/P/S	Event	Place	Points	Improv
28.54Y	529 P # 119	Women 11-12 50 Free	38	---	-0.02
Michael Gregorace (8) M					
2:52.38Y	600 F # 28	Men 10 & Under 200 IM	31	---	-3.69
1:32.56Y	602 F # 40	Men 10 & Under 100 Breast	31	---	-2.62
1:23.20Y	530 F # 76	Men 10 & Under 100 IM	49	---	2.28
1:23.96Y	519 F # 88	Men 10 & Under 100 Fly	25	---	0.68
43.38Y	545 F # 92	Men 10 & Under 50 Breast	46	---	-0.83
36.63Y	547 F # 128	Men 10 & Under 50 Fly	40	---	-0.16
Zoe Gregorace (12) W					
4:49.91Y	754 F # 1	Women 11-12 400 IM	1	20	-11.19
2:04.25Y	665 F # 67	Women 11-12 200 Free	2	17	-7.13
2:07.16Y	606 P # 67	Women 11-12 200 Free	2	---	-4.22
5:29.19Y	671 F # 97	Women 11-12 500 Free	1	20	-9.64
Delaney Hall (12) M					
30.73Y	508 P # 10	Men 11-12 50 Fly	28	---	-0.97
2:28.42Y	485 P # 48	Men 11-12 200 IM	26	---	-3.91
1:17.09Y	530 P # 60	Men 11-12 100 Breast	21	---	-3.44
2:15.71Y	409 P # 68	Men 11-12 200 Free	44	---	0.29
5:54.11Y	473 F # 98	Men 11-12 500 Free	21	---	-4.90
35.78Y	500 P # 108	Men 11-12 50 Breast	26	---	-1.00
1:11.38Y	408 P # 112	Men 11-12 100 Fly	30	---	-1.17
Julia Hall (12) W					
1:02.14Y	494 F # 5	400 Free Relay Lead Off	---	---	-0.99
30.84Y	564 P # 9	Women 11-12 50 Fly	28	---	0.06
1:10.52Y	471 P # 13	Women 11-12 100 Back	34	---	1.02
2:49.83Y	534 F # 17	Women 11-12 200 Breast	12	5	-1.82
2:54.55Y	479 P # 17	Women 11-12 200 Breast	18	---	2.90
2:25.61Y	588 F # 47	Women 11-12 200 IM	7	12	-0.52
2:25.84Y	585 P # 47	Women 11-12 200 IM	9	---	-0.29
1:19.68Y	496 P # 59	Women 11-12 100 Breast	20	---	1.91
2:30.64Y	591 F # 63	Women 11-12 200 Fly	10	7	-5.35
2:33.95Y	550 P # 63	Women 11-12 200 Fly	13	---	-2.04
32.86Y	487 F # 71	200 Medley Relay Lead Off	---	---	0.58
37.02Y	496 P # 107	Women 11-12 50 Breast	20	---	0.04
1:09.34Y	527 P # 111	Women 11-12 100 Fly	25	---	1.96
29.08Y	490 P # 119	Women 11-12 50 Free	45	---	0.74
Finola Heaney (10) W					
2:42.53Y	597 F # 27	Women 10 & Under 200 IM	13	4	-6.88
1:08.94Y	499 F # 31	400 Free Relay Lead Off	---	---	-1.13
1:15.80Y	575 F # 35	Women 10 & Under 100 Back	16	1	0.64
1:07.97Y	529 F # 43	Women 10 & Under 100 Free	25	---	-2.10
1:16.78Y	574 F # 75	Women 10 & Under 100 IM	23	---	-2.82
31.09Y	551 F # 79	200 Free Relay Lead Off	---	---	-0.65
31.05Y	554 F # 83	Women 10 & Under 50 Free	37	---	-0.69
1:19.55Y	504 F # 87	Women 10 & Under 100 Fly	19	---	-0.67
33.23Y	DQ F # 127	Women 10 & Under 50 Fly	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
34.44Y	617 F # 131	Women 10 & Under 50 Back	9	9	-0.09
2:27.31Y	506 F # 135	Women 10 & Under 200 Free	24	---	-0.13
Erik Heinemann (16) M					
2:07.02Y	525 F # 74	Men 15-18 200 IM	23	---	0.36
2:05.39Y	570 F # 86	Men 15-18 200 Fly	8	11	1.19
1:54.80Y	474 F # 90	Men 15-18 200 Free	35	---	2.07
4:58.32Y	587 F # 122	Men 15-18 500 Free	8	11	1.26
57.82Y	540 F # 126	400 Medley Relay Lead Off	---	---	-1.26
57.49Y	503 F # 130	Men 15-18 100 Fly	25	---	-0.25
2:05.81Y	527 F # 134	Men 15-18 200 Back	19	---	-0.31
Madeline Kang (10) W					
2:30.66Y	456 F # 135	Women 10 & Under 200 Free	44	---	-2.37
Paige Kaplan (12) W					
5:12.12Y	593 F # 1	Women 11-12 400 IM	13	4	-0.85
32.00Y	491 P # 9	Women 11-12 50 Fly	47	---	0.44
2:48.76Y	547 F # 17	Women 11-12 200 Breast	10	7	---
2:51.13Y	519 P # 17	Women 11-12 200 Breast	10	---	---
2:29.46Y	530 P # 47	Women 11-12 200 IM	26	---	0.46
1:18.01Y	540 F # 59	Women 11-12 100 Breast	11	6	0.49
1:18.43Y	529 P # 59	Women 11-12 100 Breast	12	---	0.91
2:34.99Y	537 P # 63	Women 11-12 200 Fly	14	---	-1.07
2:36.31Y	521 F # 63	Women 11-12 200 Fly	16	1	0.25
1:09.33Y	559 P # 99	Women 11-12 100 IM	15	---	-0.18
1:09.52Y	553 F # 99	Women 11-12 100 IM	14	3	0.01
36.53Y	523 P # 107	Women 11-12 50 Breast	13	---	0.64
36.84Y	506 F # 107	Women 11-12 50 Breast	15	2	0.95
1:11.54Y	467 P # 111	Women 11-12 100 Fly	35	---	2.57
Stephanie Kaplan (10) W					
2:46.26Y	550 F # 27	Women 10 & Under 200 IM	25	---	1.36
1:26.75Y	574 F # 39	Women 10 & Under 100 Breast	14	3	0.57
1:20.05Y	487 F # 75	Women 10 & Under 100 IM	53	---	1.19
1:23.22Y	423 F # 87	Women 10 & Under 100 Fly	38	---	0.81
40.40Y	538 F # 91	Women 10 & Under 50 Breast	17	---	1.24
2:30.99Y	451 F # 135	Women 10 & Under 200 Free	46	---	-2.54
Richard KE (14) M					
2:26.96Y	608 F # 16	Men 13-14 200 Breast	10	7	2.80
2:27.50Y	600 P # 16	Men 13-14 200 Breast	9	---	3.34
55.52Y	480 P # 20	Men 13-14 100 Free	30	---	2.10
2:11.18Y	550 P # 50	Men 13-14 200 IM	25	---	2.05
1:07.76Y	579 F # 58	Men 13-14 100 Breast	13	4	2.48
1:07.93Y	574 P # 58	Men 13-14 100 Breast	12	---	2.65
2:19.61Y	415 P # 62	Men 13-14 200 Fly	28	---	6.15
1:00.64Y	497 P # 110	Men 13-14 100 Fly	25	---	1.28
2:16.71Y	424 P # 114	Men 13-14 200 Back	40	---	2.52
Catherine Kilgallen (10) W					
1:33.62Y	429 F # 39	Women 10 & Under 100 Breast	62	---	0.54

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42.24Y	452 F # 91	Women 10 & Under 50 Breast	46	---	0.12
Austin Kowalsky (14) M					
1:47.12Y	771 F # 66	Men 13-14 200 Free	1	20	-1.46
1:49.65Y	709 P # 66	Men 13-14 200 Free	1	---	1.07
NS	P # 118	Men 13-14 50 Free	---	---	---
Genna Kranis (14) W					
2:28.68Y	447 P # 61	Women 13-14 200 Fly	26	---	-1.60
2:08.41Y	444 P # 65	Women 13-14 200 Free	47	---	0.88
Brandon Kraut (14) M					
4:57.10Y	419 P # 4	Men 13-14 400 IM	40	---	8.99
1:03.64Y	423 P # 12	Men 13-14 100 Back	31	---	2.94
2:36.69Y	469 P # 16	Men 13-14 200 Breast	25	---	-2.50
1:12.76Y	419 P # 58	Men 13-14 100 Breast	46	---	-0.03
29.57Y	F # 70	200 Medley Relay Lead Off	---	---	0.39
NS	P # 102	Men 13-14 500 Free	---	---	---
1:03.60Y	425 F # 106	400 Medley Relay Lead Off	---	---	2.90
2:20.31Y	365 P # 114	Men 13-14 200 Back	45	---	8.09
Stefanie Lehner (13) W					
4:53.29Y	635 P # 3	Women 13-14 400 IM	11	---	0.50
4:53.77Y	631 F # 3	Women 13-14 400 IM	15	2	0.98
1:07.43Y	489 P # 11	Women 13-14 100 Back	39	---	0.94
2:20.64Y	601 P # 49	Women 13-14 200 IM	23	---	1.70
1:16.28Y	506 P # 57	Women 13-14 100 Breast	34	---	1.78
2:20.32Y	624 F # 61	Women 13-14 200 Fly	12	5	0.87
2:21.50Y	606 P # 61	Women 13-14 200 Fly	11	---	2.05
1:02.52Y	655 F # 109	Women 13-14 100 Fly	14	3	-1.10
1:02.96Y	639 P # 109	Women 13-14 100 Fly	11	---	-0.66
2:24.75Y	514 P # 113	Women 13-14 200 Back	39	---	4.61
27.12Y	586 P # 117	Women 13-14 50 Free	36	---	0.51
Zachary Leng (8) M					
33.52Y	535 F # 84	Men 10 & Under 50 Free	38	---	1.45
1:27.15Y	450 F # 88	Men 10 & Under 100 Fly	39	---	-0.58
37.86Y	581 F # 132	Men 10 & Under 50 Back	47	---	0.03
Maryann Lennon (10) W					
2:34.36Y	705 F # 27	Women 10 & Under 200 IM	5	14	-1.91
1:14.22Y	619 F # 35	Women 10 & Under 100 Back	10	7	1.98
1:27.50Y	558 F # 39	Women 10 & Under 100 Breast	15	2	0.45
1:14.12Y	649 F # 75	Women 10 & Under 100 IM	7	12	-0.95
1:08.99Y	763 F # 87	Women 10 & Under 100 Fly	2	17	-0.75
40.76Y	521 F # 91	Women 10 & Under 50 Breast	20	---	0.02
32.39Y	668 F # 127	Women 10 & Under 50 Fly	9	9	-0.28
34.74Y	598 F # 131	Women 10 & Under 50 Back	10	7	0.45
2:22.20Y	586 F # 135	Women 10 & Under 200 Free	6	13	-0.08
Michael Lennon (14) M					
4:17.78Y	762 F # 4	Men 13-14 400 IM	4	15	-2.08
4:22.23Y	720 P # 4	Men 13-14 400 IM	3	---	2.37

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NS	P # 20	Men 13-14 100 Free	---	---	---
9:51.59Y 809	F # 24	Men 13-14 1000 Free	1	20	3.38
2:03.70Y 701	F # 50	Men 13-14 200 IM	5	14	-1.98
2:05.06Y 672	P # 50	Men 13-14 200 IM	4	---	-0.62
23.73Y 674	F # 54	200 Free Relay Lead Off	---	---	-2.06
2:00.77Y 749	F # 62	Men 13-14 200 Fly	3	16	-0.64
2:02.41Y 718	P # 62	Men 13-14 200 Fly	2	---	1.00
1:50.05Y 699	F # 66	Men 13-14 200 Free	3	16	0.75
1:50.58Y 686	P # 66	Men 13-14 200 Free	3	---	1.28
4:45.90Y 787	F # 102	Men 13-14 500 Free	1	20	-2.75
4:57.14Y 685	P # 102	Men 13-14 500 Free	2	---	8.49
59.39Y 584	F # 106	400 Medley Relay Lead Off	---	---	1.09
56.15Y 679	F # 110	Men 13-14 100 Fly	3	16	-0.25
56.51Y 664	P # 110	Men 13-14 100 Fly	3	---	0.11
2:06.44Y 609	F # 114	Men 13-14 200 Back	6	13	-0.54
2:07.21Y 594	P # 114	Men 13-14 200 Back	7	---	0.23
Diane Li (13) W					
2:40.04Y 569	P # 15	Women 13-14 200 Breast	17	---	-0.96
1:14.69Y 553	P # 57	Women 13-14 100 Breast	19	---	-0.10
Kevin Ling (14) M					
4:28.85Y 658	F # 4	Men 13-14 400 IM	7	12	-2.72
4:32.70Y 624	P # 4	Men 13-14 400 IM	9	---	1.13
2:15.11Y 788	F # 16	Men 13-14 200 Breast	2	17	-2.33
2:19.31Y 723	P # 16	Men 13-14 200 Breast	2	---	1.87
54.26Y 534	P # 20	Men 13-14 100 Free	23	---	-1.39
2:04.45Y 685	F # 50	Men 13-14 200 IM	10	7	-4.65
2:06.63Y 640	P # 50	Men 13-14 200 IM	9	---	-2.47
1:01.83Y 788	F # 58	Men 13-14 100 Breast	2	17	-1.94
1:03.06Y 743	P # 58	Men 13-14 100 Breast	2	---	-0.71
2:16.80Y 460	P # 62	Men 13-14 200 Fly	25	---	3.44
5:04.75Y 620	F # 102	Men 13-14 500 Free	9	9	-10.26
5:15.95Y 528	P # 102	Men 13-14 500 Free	19	---	0.94
1:01.64Y 459	P # 110	Men 13-14 100 Fly	34	---	0.35
24.34Y 621	F # 118	Men 13-14 50 Free	10	7	0.59
24.64Y 595	P # 118	Men 13-14 50 Free	17	---	0.89
Geyanne Lui (13) W					
5:05.77Y 536	P # 3	Women 13-14 400 IM	31	---	2.41
1:07.67Y 480	P # 11	Women 13-14 100 Back	40	---	1.13
2:49.13Y 448	P # 15	Women 13-14 200 Breast	29	---	7.89
2:22.84Y 563	P # 49	Women 13-14 200 IM	31	---	-0.21
1:16.39Y 503	P # 57	Women 13-14 100 Breast	35	---	1.45
2:20.00Y 591	P # 113	Women 13-14 200 Back	17	---	-1.06
Matthew Manfre (10) M					
2:56.75Y DQ	F # 28	Men 10 & Under 200 IM	---	---	---
1:34.68Y 396	F # 40	Men 10 & Under 100 Breast	39	---	2.93
33.09Y 446	F # 80	200 Free Relay Lead Off	---	---	0.91

Individual Meet Results
2009 MR SC Junior Olympics 27-Mar-09 to 29-Mar-09 Yards - Hy-Tek Single Year Points
**Sanction: 90303 Location: Nassau County Aquatic Center
 Long Island Aquatic Club [LIAC-MR] Coach: David Ferris**

Time	F/P/S	Event	Place	Points	Improv
41.55Y	480 F # 92	Men 10 & Under 50 Breast	22	---	-0.90
2:36.51Y	381 F # 136	Men 10 & Under 200 Free	53	---	1.68
Michael Mayer (16) M					
4:17.36Y	663 F # 26	Men 15-18 400 IM	3	16	-0.41
2:12.22Y	749 F # 38	Men 15-18 200 Breast	1	20	-1.16
1:58.86Y	694 F # 74	Men 15-18 200 IM	2	17	-2.54
1:01.78Y	692 F # 82	Men 15-18 100 Breast	5	14	-0.06
1:49.24Y	599 F # 90	Men 15-18 200 Free	7	12	-0.43
4:54.40Y	621 F # 122	Men 15-18 500 Free	4	15	4.76
57.12Y	518 F # 130	Men 15-18 100 Fly	21	---	-1.01
2:08.45Y	478 F # 134	Men 15-18 200 Back	31	---	-2.00
Lauren McNally (9) W					
2:49.89Y	651 F # 27	Women 10 & Under 200 IM	41	---	-1.98
1:35.99Y	554 F # 39	Women 10 & Under 100 Breast	74	---	2.53
1:12.15Y	555 F # 43	Women 10 & Under 100 Free	69	---	1.60
1:19.20Y	668 F # 75	Women 10 & Under 100 IM	45	---	-1.40
1:21.04Y	612 F # 87	Women 10 & Under 100 Fly	23	---	-3.06
2:31.47Y	615 F # 135	Women 10 & Under 200 Free	48	---	-0.29
Jeffrey McNeary (11) M					
30.93Y	616 P # 10	Men 11-12 50 Fly	31	---	-0.13
1:12.35Y	554 P # 14	Men 11-12 100 Back	42	---	1.06
3:00.01Y	602 P # 18	Men 11-12 200 Breast	29	---	5.62
1:02.01Y	598 P # 22	Men 11-12 100 Free	42	---	1.18
2:30.00Y	623 P # 48	Men 11-12 200 IM	32	---	-0.07
33.19Y	587 P # 56	Men 11-12 50 Back	44	---	0.69
1:24.63Y	495 P # 60	Men 11-12 100 Breast	52	---	3.15
1:10.35Y	629 P # 100	Men 11-12 100 IM	34	---	-1.63
1:09.64Y	614 P # 112	Men 11-12 100 Fly	21	---	0.06
27.87Y	666 P # 120	Men 11-12 50 Free	38	---	0.21
Bridget Moody (14) W					
2:33.82Y	374 P # 61	Women 13-14 200 Fly	35	---	3.17
2:09.70Y	418 P # 65	Women 13-14 200 Free	56	---	2.60
Jack Mulderrig (16) M					
4:41.45Y	448 F # 26	Men 15-18 400 IM	22	---	-0.44
2:26.94Y	521 F # 38	Men 15-18 200 Breast	19	---	-3.46
2:17.88Y	355 F # 86	Men 15-18 200 Fly	42	---	1.05
31.56Y	F # 94	200 Medley Relay Lead Off	---	---	-5.98
5:23.29Y	389 F # 122	Men 15-18 500 Free	51	---	6.01
Nicholas Mu (12) M					
4:54.76Y	678 F # 2	Men 11-12 400 IM	3	16	-7.68
29.44Y	597 F # 10	Men 11-12 50 Fly	12	5	-0.27
29.84Y	569 P # 10	Men 11-12 50 Fly	15	---	0.13
1:04.52Y	632 F # 14	Men 11-12 100 Back	6	13	-0.13
1:05.59Y	596 P # 14	Men 11-12 100 Back	8	---	0.94
2:21.58Y	593 F # 48	Men 11-12 200 IM	10	7	-0.68
2:23.61Y	560 P # 48	Men 11-12 200 IM	10	---	1.35

Individual Meet Results
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**Sanction: 90303 Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
27.42Y	574 F # 52	200 Free Relay Lead Off	---	---	-0.20
30.49Y	619 F # 56	Men 11-12 50 Back	9	9	-0.33
31.06Y	579 P # 56	Men 11-12 50 Back	12	---	0.24
2:07.02Y	559 F # 68	Men 11-12 200 Free	12	5	-0.24
2:09.06Y	522 P # 68	Men 11-12 200 Free	14	---	1.80
30.97Y	585 F # 72	200 Medley Relay Lead Off	---	---	0.15
5:35.64Y	596 F # 98	Men 11-12 500 Free	4	15	-2.34
1:06.37Y	571 F # 104	400 Medley Relay Lead Off	---	---	1.72
1:05.47Y	582 F # 112	Men 11-12 100 Fly	11	6	-0.16
1:07.24Y	528 P # 112	Men 11-12 100 Fly	11	---	1.61
2:19.51Y	621 F # 116	Men 11-12 200 Back	5	14	-3.69
2:21.84Y	584 P # 116	Men 11-12 200 Back	5	---	-1.36
Jasmine Nakkab (12) W					
30.63Y	578 P # 9	Women 11-12 50 Fly	23	---	-0.75
1:09.49Y	503 P # 13	Women 11-12 100 Back	27	---	-0.48
1:04.25Y	420 P # 21	Women 11-12 100 Free	37	---	4.12
2:27.92Y	553 P # 47	Women 11-12 200 IM	19	---	-2.74
2:28.51Y	544 F # 47	Women 11-12 200 IM	15	2	-2.15
28.29Y	548 F # 51	200 Free Relay Lead Off	---	---	0.25
32.50Y	512 P # 55	Women 11-12 50 Back	31	---	-0.30
2:16.56Y	432 P # 67	Women 11-12 200 Free	33	---	3.93
1:09.42Y	556 P # 99	Women 11-12 100 IM	16	---	-1.86
1:10.13Y	533 F # 99	Women 11-12 100 IM	15	2	-1.15
1:10.51Y	495 P # 111	Women 11-12 100 Fly	31	---	0.31
28.49Y	533 P # 119	Women 11-12 50 Free	36	---	0.45
Lowell Nickey (16) M					
NS	F # 130	Men 15-18 100 Fly	---	---	---
NS	F # 138	Men 15-18 50 Free	---	---	---
Brian O'Neill (17) M					
5:15.57Y	425 F # 122	Men 15-18 500 Free	35	---	18.28
1:00.42Y	362 F # 130	Men 15-18 100 Fly	52	---	3.19
Richard Pak (13) M					
4:44.02Y	627 P # 4	Men 13-14 400 IM	19	---	-6.89
53.49Y	661 F # 8	400 Free Relay Lead Off	---	---	-0.93
54.01Y	638 P # 20	Men 13-14 100 Free	19	---	-0.41
25.08Y	639 F # 54	200 Free Relay Lead Off	---	---	-0.46
2:10.07Y	682 F # 62	Men 13-14 200 Fly	14	3	-5.29
2:13.24Y	626 P # 62	Men 13-14 200 Fly	18	---	-2.12
59.75Y	637 P # 110	Men 13-14 100 Fly	19	---	-1.65
Jay Park (15) M					
2:07.23Y	564 F # 74	Men 15-18 200 IM	24	---	-1.79
2:10.12Y	515 F # 86	Men 15-18 200 Fly	18	---	5.38
1:55.82Y	521 F # 90	Men 15-18 200 Free	44	---	3.72
57.38Y	566 F # 130	Men 15-18 100 Fly	24	---	-0.36
23.85Y	621 F # 138	Men 15-18 50 Free	33	---	-0.12

Individual Meet Results

2009 MR SC Junior Olympics 27-Mar-09 to 29-Mar-09 Yards - Hy-Tek Single Year Points

**Sanction: 90303 Location: Nassau County Aquatic Center
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris**

Time	F/P/S	Event	Place	Points	Improv
Trudiann Patrick (13) W					
5:03.26Y	556 P # 3	Women 13-14 400 IM	24	---	1.10
57.66Y	592 P # 19	Women 13-14 100 Free	17	---	0.17
26.13Y	673 F # 53	200 Free Relay Lead Off	---	---	-0.29
1:13.77Y	581 F # 57	Women 13-14 100 Breast	16	1	-0.26
1:14.01Y	573 P # 57	Women 13-14 100 Breast	14	---	-0.02
2:29.58Y	486 P # 61	Women 13-14 200 Fly	31	---	0.04
2:06.46Y	519 P # 65	Women 13-14 200 Free	29	---	-0.23
5:36.04Y	509 P # 101	Women 13-14 500 Free	22	---	2.85
NS	P # 117	Women 13-14 50 Free	---	---	---
Giorgia Piantanida (10) W					
2:37.97Y	656 F # 27	Women 10 & Under 200 IM	8	11	5.54
1:15.15Y	593 F # 35	Women 10 & Under 100 Back	12	5	3.00
1:28.94Y	526 F # 39	Women 10 & Under 100 Breast	24	---	3.39
1:16.50Y	582 F # 75	Women 10 & Under 100 IM	20	---	1.26
1:15.12Y	608 F # 87	Women 10 & Under 100 Fly	7	12	1.07
6:22.78Y	583 F # 95	Women 10 & Under 500 Free	7	12	18.75
34.20Y	631 F # 123	200 Medley Relay Lead Off	---	---	0.27
34.52Y	550 F # 127	Women 10 & Under 50 Fly	30	---	0.57
35.01Y	582 F # 131	Women 10 & Under 50 Back	14	3	1.08
2:23.28Y	569 F # 135	Women 10 & Under 200 Free	10	7	1.20
Julia Pusateri (10) W					
1:31.01Y	483 F # 39	Women 10 & Under 100 Breast	39	---	-1.73
40.63Y	527 F # 91	Women 10 & Under 50 Breast	19	---	-0.58
Isabel Ren (12) W					
34.40Y	387 P # 55	Women 11-12 50 Back	64	---	1.15
34.46Y	383 F # 71	200 Medley Relay Lead Off	---	---	1.21
1:13.49Y	383 F # 103	400 Medley Relay Lead Off	---	---	0.81
Matthew Salcedo (14) M					
4:34.01Y	612 F # 4	Men 13-14 400 IM	14	3	-7.21
4:40.83Y	552 P # 4	Men 13-14 400 IM	16	---	-0.39
1:00.02Y	559 F # 12	Men 13-14 100 Back	16	1	-1.31
1:00.75Y	531 P # 12	Men 13-14 100 Back	16	---	-0.58
10:44.23Y	584 F # 24	Men 13-14 1000 Free	9	9	-4.17
2:07.52Y	622 F # 50	Men 13-14 200 IM	15	2	-1.79
2:08.09Y	611 P # 50	Men 13-14 200 IM	14	---	-1.22
2:07.66Y	620 F # 62	Men 13-14 200 Fly	9	9	-1.57
2:11.47Y	552 P # 62	Men 13-14 200 Fly	14	---	2.24
1:58.91Y	500 P # 66	Men 13-14 200 Free	26	---	3.33
27.83Y	F # 70	200 Medley Relay Lead Off	---	---	-4.95
5:06.91Y	602 P # 102	Men 13-14 500 Free	9	---	-8.27
5:11.64Y	563 F # 102	Men 13-14 500 Free	8	11	-3.54
57.42Y	626 F # 110	Men 13-14 100 Fly	12	5	-0.56
58.97Y	563 P # 110	Men 13-14 100 Fly	15	---	0.99
2:13.65Y	477 P # 114	Men 13-14 200 Back	26	---	4.69

Individual Meet Results
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Time	F/P/S	Event	Place	Points	Improv
Kyle Sanders (14) W					
1:07.80Y	419 P # 11	Women 13-14 100 Back	41	---	1.91
27.57Y	492 F # 53	200 Free Relay Lead Off	---	---	0.06
30.56Y	F # 69	200 Medley Relay Lead Off	---	---	---
Benjamin Shanley (15) M					
2:24.91Y	568 F # 38	Men 15-18 200 Breast	12	5	3.05
53.33Y	533 F # 42	Men 15-18 100 Free	48	---	0.89
1:06.51Y	553 F # 82	Men 15-18 100 Breast	28	---	0.68
1:55.91Y	519 F # 90	Men 15-18 200 Free	45	---	1.18
5:08.62Y	538 F # 122	Men 15-18 500 Free	21	---	-5.31
Brandon Shteyman (15) M					
2:27.59Y	528 F # 38	Men 15-18 200 Breast	21	---	-0.52
1:07.25Y	528 F # 82	Men 15-18 100 Breast	33	---	0.53
Adrian Silva (16) M					
4:37.24Y	484 F # 26	Men 15-18 400 IM	17	---	-0.30
52.38Y	524 F # 30	400 Free Relay Lead Off	---	---	-0.16
2:00.07Y	671 F # 86	Men 15-18 200 Fly	2	17	-1.63
1:57.51Y	417 F # 90	Men 15-18 200 Free	52	---	2.65
5:15.19Y	450 F # 122	Men 15-18 500 Free	31	---	-1.07
54.86Y	613 F # 130	Men 15-18 100 Fly	7	12	0.36
Allegra Sodi (10) W					
2:55.63Y	438 F # 27	Women 10 & Under 200 IM	57	---	0.26
1:13.00Y	382 F # 31	400 Free Relay Lead Off	---	---	-1.28
1:23.86Y	372 F # 35	Women 10 & Under 100 Back	66	---	2.59
1:31.68Y	469 F # 39	Women 10 & Under 100 Breast	45	---	1.58
33.06Y	432 F # 79	200 Free Relay Lead Off	---	---	-0.75
41.58Y	482 F # 91	Women 10 & Under 50 Breast	31	---	0.30
39.74Y	324 F # 123	200 Medley Relay Lead Off	---	---	2.04
Dina Sutherland (13) W					
2:41.79Y	545 P # 15	Women 13-14 200 Breast	20	---	0.94
1:13.47Y	590 P # 57	Women 13-14 100 Breast	13	---	-0.87
1:13.49Y	589 F # 57	Women 13-14 100 Breast	14	3	-0.85
Cathy Tan (10) W					
1:00.02Y	797 F # 43	Women 10 & Under 100 Free	1	20	-0.92
28.57Y	718 F # 83	Women 10 & Under 50 Free	2	17	0.03
32.94Y	637 F # 127	Women 10 & Under 50 Fly	11	6	-0.33
Gabrielle Terzano (16) W					
5:01.73Y	489 F # 25	Women 15-18 400 IM	26	---	-2.38
2:38.49Y	528 F # 37	Women 15-18 200 Breast	16	1	-3.92
1:15.96Y	451 F # 81	Women 15-18 100 Breast	44	---	1.22
2:25.00Y	470 F # 85	Women 15-18 200 Fly	28	---	-1.37
Gabrielle Toback (13) W					
4:53.44Y	634 F # 3	Women 13-14 400 IM	14	3	-9.41
4:55.57Y	616 P # 3	Women 13-14 400 IM	16	---	-7.28
1:02.44Y	675 P # 11	Women 13-14 100 Back	7	---	0.69
1:02.63Y	668 F # 11	Women 13-14 100 Back	8	11	0.88

Individual Meet Results

2009 MR SC Junior Olympics 27-Mar-09 to 29-Mar-09 Yards - Hy-Tek Single Year Points

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Time	F/P/S	Event	Place	Points	Improv
56.65Y	637 P # 19	Women 13-14 100 Free	8	---	0.18
56.70Y	635 F # 19	Women 13-14 100 Free	8	11	0.23
2:17.10Y	664 F # 49	Women 13-14 200 IM	11	6	-2.62
2:19.43Y	622 P # 49	Women 13-14 200 IM	15	---	-0.29
2:05.48Y	540 P # 65	Women 13-14 200 Free	22	---	2.58
28.99Y	F # 69	200 Medley Relay Lead Off	---	---	-0.20
1:03.83Y	621 F # 105	400 Medley Relay Lead Off	---	---	2.08
1:05.30Y	557 P # 109	Women 13-14 100 Fly	28	---	2.90
2:20.01Y	591 P # 113	Women 13-14 200 Back	18	---	5.30
26.66Y	626 P # 117	Women 13-14 50 Free	24	---	0.64
Cara Treble (10) W					
1:02.00Y	726 F # 31	400 Free Relay Lead Off	---	---	-1.22
1:15.59Y	607 F # 75	Women 10 & Under 100 IM	15	2	-1.83
29.54Y	652 F # 79	200 Free Relay Lead Off	---	---	-0.10
29.33Y	666 F # 83	Women 10 & Under 50 Free	4	15	-0.31
5:59.30Y	736 F # 95	Women 10 & Under 500 Free	3	16	-37.92
33.41Y	611 F # 127	Women 10 & Under 50 Fly	18	---	-1.66
37.18Y	456 F # 131	Women 10 & Under 50 Back	56	---	-0.06
Molly Treble (12) W					
32.43Y	516 P # 55	Women 11-12 50 Back	30	---	0.67
1:06.70Y	594 F # 103	400 Medley Relay Lead Off	---	---	-3.01
1:08.99Y	537 P # 111	Women 11-12 100 Fly	22	---	0.69
Dylan VanManen (11) M					
5:16.25Y	699 F # 2	Men 11-12 400 IM	17	---	-6.13
1:03.05Y	561 P # 22	Men 11-12 100 Free	50	---	1.33
2:17.72Y	527 P # 68	Men 11-12 200 Free	47	---	5.37
Ryan VanManen (14) M					
2:29.27Y	575 P # 16	Men 13-14 200 Breast	12	---	-5.93
2:32.25Y	532 F # 16	Men 13-14 200 Breast	15	2	-2.95
1:10.56Y	488 P # 58	Men 13-14 100 Breast	28	---	-1.80
Eric Wang (12) M					
56.42Y	660 F # 6	400 Free Relay Lead Off	---	---	0.35
1:04.17Y	644 F # 14	Men 11-12 100 Back	5	14	-0.82
1:04.68Y	627 P # 14	Men 11-12 100 Back	5	---	-0.31
29.75Y	673 F # 56	Men 11-12 50 Back	5	14	-0.82
30.07Y	649 P # 56	Men 11-12 50 Back	7	---	-0.50
33.54Y	638 F # 108	Men 11-12 50 Breast	11	6	-3.42
34.51Y	577 P # 108	Men 11-12 50 Breast	15	---	-2.45
Erika Winkler (14) W					
5:00.38Y	531 P # 3	Women 13-14 400 IM	22	---	0.04
59.75Y	467 F # 7	400 Free Relay Lead Off	---	---	0.71
1:07.26Y	438 P # 11	Women 13-14 100 Back	36	---	0.62
2:24.92Y	477 P # 49	Women 13-14 200 IM	43	---	-0.01
2:06.60Y	480 P # 65	Women 13-14 200 Free	30	---	-0.41
5:28.25Y	532 F # 101	Women 13-14 500 Free	15	2	-6.77
5:32.46Y	498 P # 101	Women 13-14 500 Free	18	---	-2.56

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Time	F/P/S	Event	Place	Points	Improv
2:20.48Y 537	P # 113	Women 13-14 200 Back	23	---	0.08
Nathan Yang (10) M					
NS	F # 92	Men 10 & Under 50 Breast	---	---	---
Cady Zawatson (14) W					
56.54Y 604	F # 7	400 Free Relay Lead Off	---	---	0.46
Vance Zuo (14) M					
4:54.62Y 439	P # 4	Men 13-14 400 IM	39	---	3.11
2:39.65Y 429	P # 16	Men 13-14 200 Breast	32	---	2.94
2:13.96Y 498	P # 50	Men 13-14 200 IM	33	---	-1.61
1:13.91Y 384	P # 58	Men 13-14 100 Breast	56	---	2.10
2:21.56Y 384	P # 62	Men 13-14 200 Fly	34	---	3.87
1:00.76Y 493	P # 110	Men 13-14 100 Fly	27	---	0.10