

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Meet Entries Report

2010 CeraVe Invitational for Out of LSC teams 15-Jan-10 to 17-Jan-10 LC Meters

Location: Rutgers University

LONG ISLAND AQUATIC CLUB [LIAC-MR] Coach: D FERRIS/ G NUSSBAUM

42 Merrick Ave.

516 378-8467

Merrick, NY 11566

longislandswimming@hotmail.com

WOMEN

Gabrielle Borutecene (17)			# 7 S	Women Senior 100 Fly	1:08.88L
# 3 S	Women Senior 100 Breast	1:19.88L	# 37 S	Women Senior 100 Back	1:10.89L
# 9 S	Women Senior 200 IM	2:33.33L	# 39 S	Women Senior 400 Free	4:32.89L
# 33 S	Women Senior 400 IM	5:19.55L	# 67 S	Women Senior 1500 Free	17:48.96L
# 68 S	Women Senior 200 Breast	2:46.11L	# 74 S	Women Senior 200 Fly	2:25.26L
# 72 S	Women Senior 100 Free	1:02.87L	Gabrielle Toback (14)		
Julia Festa (17)			# 13 AG	Women 13-14 200 Free	2:18.89L
# 1 S	Women Senior 800 Free	9:01.87L	# 19 AG	Women 13-14 100 Back	1:12.44L
# 5 S	Women Senior 200 Free	2:08.47L	# 31 AG	Women 13-14 200 IM	2:39.29L
# 35 S	Women Senior 50 Free	27.59L	# 45 AG	Women 13-14 50 Free	29.38L
# 39 S	Women Senior 400 Free	4:25.41L	# 57 AG	Women 13-14 100 Free	1:04.29L
# 67 S	Women Senior 1500 Free	17:09.97L	# 63 AG	Women 13-14 400 IM	5:43.12L
# 72 S	Women Senior 100 Free	59.87L	# 87 AG	Women 13-14 100 Fly	1:12.30L
Maggie Johns (17)			# 93 AG	Women 13-14 200 Back	2:34.00L
# 5 S	Women Senior 200 Free	2:14.23L	Megan Zarriello (17)		
# 9 S	Women Senior 200 IM	2:33.21L	# 1 S	Women Senior 800 Free	9:11.37L
# 33 S	Women Senior 400 IM	5:20.45L	# 5 S	Women Senior 200 Free	2:09.29L
# 39 S	Women Senior 400 Free	4:37.69L	# 9 S	Women Senior 200 IM	2:30.92L
# 67 S	Women Senior 1500 Free	18:01.09L	# 33 S	Women Senior 400 IM	5:12.62L
# 74 S	Women Senior 200 Fly	2:30.00L	# 37 S	Women Senior 100 Back	1:09.11L
Emily Kelly (17)			# 39 S	Women Senior 400 Free	4:25.57L
# 1 S	Women Senior 800 Free	8:40.88L	# 67 S	Women Senior 1500 Free	17:29.73L
# 5 S	Women Senior 200 Free	2:02.38L	# 70 S	Women Senior 200 Back	2:26.43L
# 7 S	Women Senior 100 Fly	1:08.34L	# 72 S	Women Senior 100 Free	1:01.65L
# 35 S	Women Senior 50 Free	27.20L	Cady Zawatson (15)		
# 37 S	Women Senior 100 Back	1:10.20L	# 1 S	Women Senior 800 Free	9:24.34L
# 39 S	Women Senior 400 Free	4:14.50L	# 5 S	Women Senior 200 Free	2:13.09L
# 67 S	Women Senior 1500 Free	16:45.86L	# 33 S	Women Senior 400 IM	5:21.35L
# 72 S	Women Senior 100 Free	57.04L	# 35 S	Women Senior 50 Free	29.00L
Trudiann Patrick (14)			# 39 S	Women Senior 400 Free	4:37.69L
# 13 AG	Women 13-14 200 Free	2:18.85L	# 67 S	Women Senior 1500 Free	17:50.92L
# 25 AG	Women 13-14 200 Breast	3:02.76L	# 72 S	Women Senior 100 Free	1:02.98L
# 31 AG	Women 13-14 200 IM	2:39.18L			
# 45 AG	Women 13-14 50 Free	29.50L			
# 57 AG	Women 13-14 100 Free	1:03.90L			
# 63 AG	Women 13-14 400 IM	5:40.12L			
# 81 AG	Women 13-14 400 Free	4:53.57L			
# 99 AG	Women 13-14 100 Breast	1:23.60L			
Sarah Schlichte (18)					
# 1 S	Women Senior 800 Free	9:23.45L			
# 5 S	Women Senior 200 Free	2:12.01L			
# 35 S	Women Senior 50 Free	29.01L			
# 39 S	Women Senior 400 Free	4:36.53L			
# 67 S	Women Senior 1500 Free	17:54.59L			
# 72 S	Women Senior 100 Free	1:02.99L			
Ashley Smith (18)					
# 1 S	Women Senior 800 Free	9:18.08L			
# 5 S	Women Senior 200 Free	2:12.41L			

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MEN

Larry Barbosa (16)

# 2 S	Men Senior 800 Free	8:53.45L
# 8 S	Men Senior 100 Fly	1:03.24L
# 10 S	Men Senior 200 IM	2:21.23L
# 34 S	Men Senior 400 IM	4:57.89L
# 40 S	Men Senior 400 Free	4:22.34L
# 75 S	Men Senior 200 Fly	2:19.14L
# 76 S	Men Senior 1500 Free	17:02.93L

Hajin Choi (14)

# 14 AG	Men 13-14 200 Free	2:09.83L
# 20 AG	Men 13-14 100 Back	1:11.50L
# 32 AG	Men 13-14 200 IM	2:31.95L
# 46 AG	Men 13-14 50 Free	28.10L
# 58 AG	Men 13-14 100 Free	1:00.51L
# 64 AG	Men 13-14 400 IM	5:29.72L
# 82 AG	Men 13-14 400 Free	4:36.71L
# 88 AG	Men 13-14 100 Fly	1:09.43L
# 94 AG	Men 13-14 200 Back	2:30.86L

Jonathan Derlath (18)

# 2 S	Men Senior 800 Free	8:25.35L
# 6 S	Men Senior 200 Free	1:56.50L
# 10 S	Men Senior 200 IM	2:17.94L
# 34 S	Men Senior 400 IM	4:44.16L
# 38 S	Men Senior 100 Back	1:05.69L
# 40 S	Men Senior 400 Free	4:04.08L
# 71 S	Men Senior 200 Back	2:19.22L
# 76 S	Men Senior 1500 Free	15:55.06L

Erik Heinemann (17)

# 2 S	Men Senior 800 Free	8:48.44L
# 8 S	Men Senior 100 Fly	1:01.31L
# 34 S	Men Senior 400 IM	4:48.79L
# 40 S	Men Senior 400 Free	4:21.34L
# 75 S	Men Senior 200 Fly	2:13.05L
# 76 S	Men Senior 1500 Free	16:57.33L

Adam Herzog (17)

# 2 S	Men Senior 800 Free	8:53.21L
# 6 S	Men Senior 200 Free	2:05.23L
# 36 S	Men Senior 50 Free	26.34L
# 40 S	Men Senior 400 Free	4:21.23L
# 73 S	Men Senior 100 Free	57.48L
# 76 S	Men Senior 1500 Free	17:03.21L

Sean Kim (14)

# 14 AG	Men 13-14 200 Free	2:12.95L
# 20 AG	Men 13-14 100 Back	1:10.12L
# 32 AG	Men 13-14 200 IM	2:31.76L
# 46 AG	Men 13-14 50 Free	28.52L
# 58 AG	Men 13-14 100 Free	1:00.77L
# 64 AG	Men 13-14 400 IM	5:24.34L
# 82 AG	Men 13-14 400 Free	4:45.90L
# 88 AG	Men 13-14 100 Fly	1:09.41L
# 94 AG	Men 13-14 200 Back	2:26.47L

Austin Kowalsky (15)

# 6 S	Men Senior 200 Free	2:04.30L
# 8 S	Men Senior 100 Fly	1:00.72L
# 36 S	Men Senior 50 Free	25.03L
# 38 S	Men Senior 100 Back	1:04.49L
# 40 S	Men Senior 400 Free	4:22.40L
# 73 S	Men Senior 100 Free	55.64L
# 75 S	Men Senior 200 Fly	2:18.90L

Michael Lennon (15)

# 2 S	Men Senior 800 Free	8:42.54L
# 6 S	Men Senior 200 Free	2:02.41L
# 10 S	Men Senior 200 IM	2:20.19L
# 34 S	Men Senior 400 IM	4:47.47L
# 40 S	Men Senior 400 Free	4:12.76L
# 75 S	Men Senior 200 Fly	2:12.29L
# 76 S	Men Senior 1500 Free	16:29.22L

Kevin Ling (15)

# 4 S	Men Senior 100 Breast	1:12.06L
# 10 S	Men Senior 200 IM	2:22.34L
# 34 S	Men Senior 400 IM	4:59.89L
# 36 S	Men Senior 50 Free	26.35L
# 69 S	Men Senior 200 Breast	2:36.80L

Michael Mayer (16)

# 4 S	Men Senior 100 Breast	1:09.87L
# 6 S	Men Senior 200 Free	2:05.25L
# 10 S	Men Senior 200 IM	2:16.62L
# 34 S	Men Senior 400 IM	4:48.64L
# 40 S	Men Senior 400 Free	4:17.13L
# 69 S	Men Senior 200 Breast	2:32.06L
# 73 S	Men Senior 100 Free	57.20L
# 75 S	Men Senior 200 Fly	2:19.45L

Lowell Nickey (17)

# 2 S	Men Senior 800 Free	8:45.25L
# 6 S	Men Senior 200 Free	2:00.57L
# 36 S	Men Senior 50 Free	26.26L
# 40 S	Men Senior 400 Free	4:10.97L
# 73 S	Men Senior 100 Free	54.88L
# 76 S	Men Senior 1500 Free	16:51.43L

Richard Pak (14)

# 14 AG	Men 13-14 200 Free	2:12.59L
# 32 AG	Men 13-14 200 IM	2:33.83L
# 52 AG	Men 13-14 200 Fly	2:25.50L
# 58 AG	Men 13-14 100 Free	1:00.50L
# 64 AG	Men 13-14 400 IM	5:31.31L
# 82 AG	Men 13-14 400 Free	4:46.74L
# 88 AG	Men 13-14 100 Fly	1:06.56L
# 94 AG	Men 13-14 200 Back	2:37.34L

Nicholas Spinella (17)

# 6 S	Men Senior 200 Free	1:59.87L
# 8 S	Men Senior 100 Fly	1:00.98L
# 10 S	Men Senior 200 IM	2:18.26L

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# 36 S	Men Senior 50 Free	25.47L
# 38 S	Men Senior 100 Back	59.97L
# 40 S	Men Senior 400 Free	4:20.34L
# 71 S	Men Senior 200 Back	2:09.00L
# 73 S	Men Senior 100 Free	54.73L
Sean Sullivan (16)		
# 4 S	Men Senior 100 Breast	1:12.24L
# 8 S	Men Senior 100 Fly	1:00.08L
# 10 S	Men Senior 200 IM	2:14.15L
# 34 S	Men Senior 400 IM	4:40.91L
# 38 S	Men Senior 100 Back	1:05.69L
# 40 S	Men Senior 400 Free	4:17.90L
# 69 S	Men Senior 200 Breast	2:34.42L
# 73 S	Men Senior 100 Free	57.32L
# 75 S	Men Senior 200 Fly	2:10.24L
John Wagner (18)		
# 6 S	Men Senior 200 Free	1:50.33L
# 8 S	Men Senior 100 Fly	58.17L
# 10 S	Men Senior 200 IM	2:03.77L
# 34 S	Men Senior 400 IM	4:32.03L
# 36 S	Men Senior 50 Free	23.45L
# 38 S	Men Senior 100 Back	56.87L
# 71 S	Men Senior 200 Back	2:02.18L
# 73 S	Men Senior 100 Free	50.51L
# 75 S	Men Senior 200 Fly	2:15.68L

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Female IE's:	70
Male IE's:	112
Total IE's:	182
Total Athletes:	25