

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Amanda Agostino (11) W					
39.10Y 216	F # 5	Women 11-12 50 Back	26	---	-0.18
1:27.65Y 411	F # 9	Women 11-12 100 Breast	9	9	0.64
7:02.99Y 194	F # 17	Women 11-12 500 Free	20	---	---
1:15.49Y 176	F # 41	Women 11-12 100 Free	32	---	-2.50
39.99Y 149	F # 45	Women 11-12 50 Fly	26	---	-1.97
41.34Y 360	F # 53	Women 11-12 50 Breast	12	---	-0.62
Vincent Agostino (8) M					
50.31Y 47	F # 4A	Men 8 & Under 50 Fly	6	---	---
1:45.85Y 100	F # 8	Men 10 & Under 100 Back	56	---	-1.86
41.27Y 159	F # 16A	Men 8 & Under 50 Free	11	---	-1.07
1:35.50Y 56	F # 44A	Men 8 & Under 100 Free	11	---	-0.75
50.44Y 66	F # 52A	Men 8 & Under 50 Back	13	---	0.27
Alexa Aliprantis (16) W					
2:26.48Y 414	F # 61	Women 200 IM	9	---	-1.26
1:08.73Y 354	F # 69	Women 100 Back	11	---	0.29
2:47.92Y 402	F # 73	Women 200 Breast	12	---	1.74
Julie Alonso (11) W					
42.60Y 76	F # 5	Women 11-12 50 Back	43	---	---
1:42.81Y 109	F # 9	Women 11-12 100 Breast	44	---	---
33.92Y 258	F # 13	Women 11-12 50 Free	29	---	-0.64
Matthew Alonso (11) M					
41.44Y 142	F # 6	Men 11-12 50 Back	27	---	-4.53
1:57.15Y DQ	F # 10	Men 11-12 100 Breast	---	---	---
35.85Y 176	F # 14	Men 11-12 50 Free	37	---	-0.37
Ali Aly (10) M					
35.04Y 487	F # 4B	Men 9-10 50 Fly	2	---	-1.34
1:13.01Y 660	F # 8	Men 10 & Under 100 Back	1	---	-5.42
29.27Y 668	F # 16B	Men 9-10 50 Free	2	---	-0.97
1:03.02Y 681	F # 44B	Men 9-10 100 Free	1	---	-0.95
1:19.29Y 476	F # 48	Men 10 & Under 100 Fly	4	---	-4.97
35.08Y 600	F # 52B	Men 9-10 50 Back	1	---	-0.18
Jessica Arana (12) W					
1:04.09Y 681	F # 25	Women 100 Fly	1	---	---
2:16.72Y 713	F # 29	Women 200 Back	2	---	---
NS	F # 33	Women 100 Breast	---	---	---
4:44.48Y 795	F # 39	Women 400 IM	1	---	-18.10
11:15.33Y 737	F # 57	Women 11-12 1000 Free	3	---	16.60
2:17.42Y 761	F # 65	Women 200 Fly	2	---	-4.03
2:42.88Y 618	F # 73	Women 200 Breast	8	---	0.79
27.29Y 625	F # 77	Women 50 Free	9	---	0.31
Christopher Arena (10) M					
37.83Y 347	F # 4B	Men 9-10 50 Fly	8	---	2.22
1:26.39Y 330	F # 8	Men 10 & Under 100 Back	17	---	-1.97
33.79Y 407	F # 16B	Men 9-10 50 Free	14	---	1.15
1:10.95Y 443	F # 44B	Men 9-10 100 Free	6	---	0.15

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1:21.05Y	436 F # 48	Men 10 & Under 100 Fly	6	---	-2.45
41.19Y	288 F # 52B	Men 9-10 50 Back	18	---	0.20
Lauren Auersperg (10) W					
58.53Y	DQ F # 3B	Women 9-10 50 Fly	---	---	---
59.26Y	1 F # 11B	Women 9-10 50 Breast	35	---	---
39.92Y	98 F # 15B	Women 9-10 50 Free	49	---	---
1:31.00Y	30 F # 43B	Women 9-10 100 Free	50	---	---
51.17Y	1 F # 51B	Women 9-10 50 Back	58	---	---
	DQ F # 55	Women 10 & Under 100 Breast	---	---	---
Katrina Bamba (13) W					
1:01.59Y	430 F # 19	Women 13-14 100 Free	10	---	-0.22
2:39.72Y	345 F # 23	Women 13-14 200 Fly	8	---	---
2:49.52Y	443 F # 31	Women 13-14 200 Breast	9	---	-4.56
1:08.91Y	437 F # 63	Women 13-14 100 Fly	7	---	-2.42
1:18.44Y	444 F # 71	Women 13-14 100 Breast	6	---	---
5:08.52Y	515 F # 79	Women 13-14 400 IM	5	---	-10.10
Ivan Bandovic (16) M					
59.22Y	434 F # 26	Men 100 Fly	18	---	0.74
54.16Y	446 F # 38	Men 100 Free	15	---	0.13
4:39.35Y	466 F # 40	Men 400 IM	14	---	---
2:09.21Y	482 F # 62	Men 200 IM	13	---	-1.37
2:14.73Y	406 F # 66	Men 200 Fly	15	---	1.04
1:00.18Y	448 F # 70	Men 100 Back	9	---	-0.01
27.68Y	250 F # 78	Men 50 Free	49	---	3.18
Tabitha Barbosa (13) W					
58.21Y	568 F # 19	Women 13-14 100 Free	4	---	---
1:08.07Y	466 F # 27	Women 13-14 100 Back	4	---	---
2:45.99Y	489 F # 31	Women 13-14 200 Breast	6	---	1.51
2:07.11Y	506 F # 35	Women 13-14 200 Free	4	---	0.06
1:05.19Y	561 F # 63	Women 13-14 100 Fly	2	---	-4.19
27.09Y	589 F # 75	Women 13-14 50 Free	3	---	---
5:03.42Y	554 F # 79	Women 13-14 400 IM	3	---	---
Conor Beil (11) M					
1:19.77Y	342 F # 2	Men 11-12 100 Fly	14	3	0.14
34.31Y	515 F # 6	Men 11-12 50 Back	9	---	0.23
6:11.36Y	504 F # 18	Men 11-12 500 Free	10	---	---
1:08.30Y	391 F # 42	Men 11-12 100 Free	15	---	-1.39
35.57Y	334 F # 46	Men 11-12 50 Fly	15	---	0.37
1:13.21Y	528 F # 50	Men 11-12 100 Back	7	---	-0.34
Alyssa Blum (11) W					
6:02.34Y	535 F # 17	Women 11-12 500 Free	7	---	---
1:13.72Y	509 F # 25	Women 100 Fly	12	---	-1.25
2:33.39Y	DQ F # 29	Women 200 Back	---	---	---
32.04Y	562 F # 45	Women 11-12 50 Fly	6	---	0.09
39.43Y	456 F # 53	Women 11-12 50 Breast	5	---	-2.97

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Time	F/P/S	Event	Place	Points	Improv
2:47.29Y	525 F # 65	Women 200 Fly	20	---	---
Adam Bouzourene (13) M					
1:15.93Y	1 F # 20	Men 13-14 100 Free	33	---	3.63
1:31.48Y	1 F # 28	Men 13-14 100 Back	30	---	-1.26
NS	F # 36	Men 13-14 200 Free	---	---	---
Tarik Bouzourene (16) M					
1:09.81Y	415 F # 34	Men 100 Breast	15	---	-0.96
55.79Y	378 F # 38	Men 100 Free	21	---	0.58
NS	F # 40	Men 400 IM	---	---	---
Jaime Boyko (14) W					
2:42.40Y	259 F # 23	Women 13-14 200 Fly	10	---	0.74
1:13.33Y	246 F # 27	Women 13-14 100 Back	17	---	2.45
2:13.88Y	341 F # 35	Women 13-14 200 Free	10	---	0.34
1:09.54Y	370 F # 63	Women 13-14 100 Fly	9	---	-0.20
2:35.40Y	312 F # 67	Women 13-14 200 Back	21	---	2.96
5:33.04Y	298 F # 79	Women 13-14 400 IM	11	---	-0.01
Patrick Boyle (9) M					
45.76Y	162 F # 4B	Men 9-10 50 Fly	24	---	0.29
1:46.23Y	95 F # 8	Men 10 & Under 100 Back	58	---	5.06
40.44Y	194 F # 16B	Men 9-10 50 Free	44	---	-1.35
1:32.67Y	96 F # 44B	Men 9-10 100 Free	50	---	0.59
50.29Y	70 F # 52B	Men 9-10 50 Back	50	---	0.37
2:07.31Y	42 F # 56	Men 10 & Under 100 Breast	47	---	---
Connor Brown (12) M					
1:13.35Y	355 F # 2	Men 11-12 100 Fly	7	12	-10.01
1:20.11Y	450 F # 10	Men 11-12 100 Breast	4	---	-4.69
5:41.88Y	553 F # 18	Men 11-12 500 Free	3	---	-26.91
1:14.27Y	334 F # 50	Men 11-12 100 Back	10	---	-5.74
37.94Y	378 F # 54	Men 11-12 50 Breast	6	---	-0.60
11:46.97Y	586 F # 58	Men 11-12 1000 Free	8	---	---
Kieran Brown (9) M					
51.71Y	24 F # 4B	Men 9-10 50 Fly	32	---	2.52
1:43.81Y	129 F # 8	Men 10 & Under 100 Back	51	---	3.99
43.97Y	57 F # 16B	Men 9-10 50 Free	53	---	4.13
1:41.36Y	2 F # 44B	Men 9-10 100 Free	56	---	9.24
46.95Y	DQ F # 52B	Men 9-10 50 Back	---	---	---
2:17.93Y	1 F # 56	Men 10 & Under 100 Breast	53	---	---
Nate Brown (13) M					
57.19Y	503 F # 20	Men 13-14 100 Free	7	---	-0.50
1:05.35Y	452 F # 28	Men 13-14 100 Back	6	---	-0.85
2:07.45Y	416 F # 36	Men 13-14 200 Free	11	---	1.98
2:23.68Y	424 F # 60	Men 13-14 200 IM	6	---	-0.44
1:06.90Y	375 F # 64	Men 13-14 100 Fly	6	---	---
26.04Y	559 F # 76	Men 13-14 50 Free	3	---	---
Ryan Brown (11) M					
1:13.04Y	517 F # 2	Men 11-12 100 Fly	6	13	-3.58

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Time	F/P/S	Event	Place	Points	Improv
40.34Y 189	F # 6	Men 11-12 50 Back	26	---	2.49
6:30.71Y 391	F # 18	Men 11-12 500 Free	12	---	---
32.68Y 502	F # 46	Men 11-12 50 Fly	7	---	-0.74
1:27.12Y 178	F # 50	Men 11-12 100 Back	25	---	6.15
2:50.28Y 711	F # 74	Men 200 Breast	23	---	---
Alexis Bush (10) W					
45.07Y 109	F # 3B	Women 9-10 50 Fly	32	---	-3.63
1:31.42Y 212	F # 7	Women 10 & Under 100 Back	24	---	1.89
39.22Y 125	F # 15B	Women 9-10 50 Free	44	---	2.28
1:22.41Y 160	F # 43B	Women 9-10 100 Free	30	---	1.52
43.40Y 166	F # 51B	Women 9-10 50 Back	34	---	1.99
1:47.76Y 173	F # 55	Women 10 & Under 100 Breast	31	---	-11.66
Maryellen Campbell (16) W					
2:09.76Y 372	F # 21	Women 200 Free	11	---	1.51
1:05.50Y 460	F # 25	Women 100 Fly	2	---	-2.40
1:11.23Y 594	F # 33	Women 100 Breast	1	---	1.85
2:20.25Y 517	F # 61	Women 200 IM	2	---	-2.58
2:38.11Y 534	F # 73	Women 200 Breast	3	---	2.21
26.52Y 548	F # 77	Women 50 Free	3	---	0.02
Sara Carmichael (12) W					
44.99Y 1	F # 5	Women 11-12 50 Back	53	---	-2.10
1:52.18Y 1	F # 9	Women 11-12 100 Breast	59	---	---
39.10Y 1	F # 13	Women 11-12 50 Free	58	---	---
1:24.95Y 1	F # 41	Women 11-12 100 Free	50	---	-0.58
47.08Y 1	F # 45	Women 11-12 50 Fly	45	---	---
1:50.20Y DQ	F # 49	Women 11-12 100 Back	---	---	---
Beth Caruana (10) W					
35.59Y 494	F # 3B	Women 9-10 50 Fly	6	---	-1.87
1:21.22Y 435	F # 7	Women 10 & Under 100 Back	6	---	-1.21
32.82Y 446	F # 15B	Women 9-10 50 Free	12	---	-1.17
1:11.39Y 427	F # 43B	Women 9-10 100 Free	6	---	-1.08
1:27.66Y 333	F # 47	Women 10 & Under 100 Fly	11	---	-3.39
1:36.02Y 381	F # 55	Women 10 & Under 100 Breast	11	---	1.14
Patricia Cerri-Droz (10) W					
35.62Y 493	F # 3B	Women 9-10 50 Fly	7	---	-2.32
40.31Y 542	F # 11B	Women 9-10 50 Breast	3	---	-2.09
32.92Y 440	F # 15B	Women 9-10 50 Free	13	---	-4.54
1:16.63Y 288	F # 43B	Women 9-10 100 Free	19	---	2.26
1:32.17Y 250	F # 47	Women 10 & Under 100 Fly	14	---	---
36.12Y 516	F # 51B	Women 9-10 50 Back	2	---	-3.07
Ruben Cerri-Droz (12) M					
1:26.78Y 72	F # 2	Men 11-12 100 Fly	22	---	---
1:32.86Y DQ	F # 10	Men 11-12 100 Breast	---	---	---
31.84Y 281	F # 14	Men 11-12 50 Free	24	---	-0.14
1:12.72Y 143	F # 42	Men 11-12 100 Free	21	---	-1.54

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Time	F/P/S	Event	Place	Points	Improv	
1:38.87Y	1	F # 50	Men 11-12 100 Back	31	---	3.45
41.06Y	222	F # 54	Men 11-12 50 Breast	17	---	1.29
Brendan Chan (14) M						
1:01.00Y	270	F # 20	Men 13-14 100 Free	14	---	1.16
1:08.25Y	270	F # 28	Men 13-14 100 Back	9	---	1.21
2:40.98Y	411	F # 32	Men 13-14 200 Breast	5	---	-0.04
1:08.16Y	239	F # 64	Men 13-14 100 Fly	8	---	2.02
1:14.67Y	362	F # 72	Men 13-14 100 Breast	6	---	1.31
27.66Y	348	F # 76	Men 13-14 50 Free	12	---	0.79
Elizabeth Chang (15) W						
2:24.04Y	491	F # 65	Women 200 Fly	5	---	-0.42
2:39.66Y	544	F # 73	Women 200 Breast	5	---	---
William Chang (13) M						
2:51.37Y	DQ	F # 60	Men 13-14 200 IM	---	---	---
1:23.73Y	203	F # 72	Men 13-14 100 Breast	15	---	---
33.47Y	51	F # 78	Men 50 Free	65	---	---
Kimberly Chan (10) W						
33.94Y	581	F # 3B	Women 9-10 50 Fly	2	---	0.61
1:20.34Y	457	F # 7	Women 10 & Under 100 Back	5	---	0.39
42.03Y	462	F # 11B	Women 9-10 50 Breast	5	---	-8.17
1:05.18Y	618	F # 43B	Women 9-10 100 Free	1	---	0.42
37.20Y	455	F # 51B	Women 9-10 50 Back	5	---	-1.99
1:35.67Y	388	F # 55	Women 10 & Under 100 Breast	9	---	-8.18
Geoffrey Chen (10) M						
33.48Y	574	F # 4B	Men 9-10 50 Fly	1	---	---
1:14.56Y	618	F # 8	Men 10 & Under 100 Back	2	---	-0.27
28.79Y	698	F # 16B	Men 9-10 50 Free	1	---	-0.40
1:03.24Y	674	F # 44B	Men 9-10 100 Free	2	---	-0.17
1:16.85Y	534	F # 48	Men 10 & Under 100 Fly	1	---	0.04
1:22.69Y	656	F # 56	Men 10 & Under 100 Breast	1	---	---
Jonathan Chen (10) M						
40.27Y	241	F # 4B	Men 9-10 50 Fly	15	---	-1.35
1:32.51Y	205	F # 8	Men 10 & Under 100 Back	29	---	-0.27
35.65Y	309	F # 16B	Men 9-10 50 Free	23	---	1.47
1:20.17Y	214	F # 44B	Men 9-10 100 Free	28	---	-0.72
41.56Y	272	F # 52B	Men 9-10 50 Back	21	---	1.09
1:41.31Y	270	F # 56	Men 10 & Under 100 Breast	15	---	-2.49
Leonid Chernukha (11) M						
2:03.65Y	784	F # 22	Men 200 Free	33	---	-3.97
2:21.39Y	786	F # 30	Men 200 Back	22	---	---
NS		F # 34	Men 100 Breast	---	---	---
5:00.64Y	813	F # 40	Men 400 IM	22	---	---
11:24.74Y	837	F # 58	Men 11-12 1000 Free	4	---	---
2:28.08Y	740	F # 66	Men 200 Fly	21	---	---
1:07.73Y	696	F # 70	Men 100 Back	29	---	---

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2:45.20Y	770 F # 74	Men 200 Breast	21	---	---
Erjin Choi (10) M					
58.78Y	1 F # 4B	Men 9-10 50 Fly	36	---	1.29
1:54.52Y	1 F # 8	Men 10 & Under 100 Back	62	---	---
41.74Y	43 F # 16B	Men 9-10 50 Free	50	---	-3.35
1:43.57Y	1 F # 44B	Men 9-10 100 Free	59	---	7.45
50.64Y	1 F # 52B	Men 9-10 50 Back	51	---	1.19
2:05.17Y	DQ F # 56	Men 10 & Under 100 Breast	---	---	---
Hajin Choi (14) M					
52.49Y	612 F # 20	Men 13-14 100 Free	1	---	-0.58
1:02.99Y	447 F # 28	Men 13-14 100 Back	3	---	1.17
1:52.67Y	637 F # 36	Men 13-14 200 Free	1	---	-1.77
2:11.74Y	511 F # 68	Men 13-14 200 Back	2	---	-2.83
28.78Y	DQ F # 76	Men 13-14 50 Free	---	---	---
4:36.49Y	590 F # 80	Men 13-14 400 IM	2	---	-16.46
Matthew Chung (11) M					
43.97Y	DQ F # 6	Men 11-12 50 Back	---	---	---
2:04.66Y	1 F # 10	Men 11-12 100 Breast	39	---	---
38.77Y	44 F # 14	Men 11-12 50 Free	48	---	---
1:29.04Y	1 F # 42	Men 11-12 100 Free	36	---	4.85
49.06Y	1 F # 46	Men 11-12 50 Fly	29	---	1.88
55.23Y	1 F # 54	Men 11-12 50 Breast	27	---	---
Zachary Ciriaco (8) M					
45.49Y	171 F # 4A	Men 8 & Under 50 Fly	2	---	-2.73
1:36.52Y	252 F # 8	Men 10 & Under 100 Back	40	---	2.73
39.25Y	247 F # 16A	Men 8 & Under 50 Free	10	---	1.65
1:28.10Y	175 F # 44A	Men 8 & Under 100 Free	9	---	3.77
44.65Y	262 F # 52A	Men 8 & Under 50 Back	4	---	-0.44
2:03.11Y	87 F # 56	Men 10 & Under 100 Breast	43	---	---
Danielle Cohen (8) W					
44.58Y	234 F # 3A	Women 8 & Under 50 Fly	1	---	0.45
1:31.62Y	DQ F # 7	Women 10 & Under 100 Back	---	---	---
37.90Y	302 F # 15A	Women 8 & Under 50 Free	1	---	-0.20
1:24.33Y	244 F # 43A	Women 8 & Under 100 Free	2	---	-0.37
44.76Y	249 F # 51A	Women 8 & Under 50 Back	3	---	-0.11
1:45.92Y	367 F # 55	Women 10 & Under 100 Breast	28	---	-27.00
Emanuel Cohen (11) M					
37.13Y	350 F # 6	Men 11-12 50 Back	17	---	1.25
32.59Y	359 F # 14	Men 11-12 50 Free	27	---	0.54
6:42.46Y	328 F # 18	Men 11-12 500 Free	17	---	---
1:12.93Y	258 F # 42	Men 11-12 100 Free	22	---	3.04
1:18.71Y	376 F # 50	Men 11-12 100 Back	15	---	0.72
46.77Y	133 F # 54	Men 11-12 50 Breast	21	---	-0.51
Olivia Cohen (12) W					
1:13.99Y	402 F # 1	Women 11-12 100 Fly	8	---	-0.28

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35.52Y	319 F # 5	Women 11-12 50 Back	8	---	-1.41
5:55.03Y	479 F # 17	Women 11-12 500 Free	5	---	-9.88
2:38.81Y	399 F # 29	Women 200 Back	16	---	-3.01
5:19.87Y	540 F # 39	Women 400 IM	12	---	-4.23
12:03.96Y	566 F # 57	Women 11-12 1000 Free	6	---	-51.86
2:42.04Y	454 F # 65	Women 200 Fly	18	---	-6.70
2:50.60Y	525 F # 73	Women 200 Breast	14	---	-8.08
Annabelle Corcoran (9) W					
37.85Y	518 F # 3B	Women 9-10 50 Fly	10	---	---
47.63Y	389 F # 11B	Women 9-10 50 Breast	19	---	1.26
32.34Y	609 F # 15B	Women 9-10 50 Free	8	---	-0.22
1:26.12Y	502 F # 47	Women 10 & Under 100 Fly	10	---	0.49
36.53Y	659 F # 51B	Women 9-10 50 Back	3	---	-1.17
2:55.86Y	579 F # 61	Women 200 IM	28	---	-2.69
Lauren Darling (8) W					
1:51.66Y	48 F # 7	Women 10 & Under 100 Back	48	---	---
53.40Y	181 F # 11A	Women 8 & Under 50 Breast	4	---	-2.54
42.51Y	106 F # 15A	Women 8 & Under 50 Free	7	---	1.41
1:29.33Y	147 F # 43A	Women 8 & Under 100 Free	4	---	-9.20
52.06Y	29 F # 51A	Women 8 & Under 50 Back	12	---	2.48
2:00.84Y	133 F # 55	Women 10 & Under 100 Breast	62	---	---
Samantha Darling (10) W					
44.66Y	121 F # 3B	Women 9-10 50 Fly	30	---	-0.25
1:42.61Y	42 F # 7	Women 10 & Under 100 Back	43	---	1.47
34.87Y	330 F # 15B	Women 9-10 50 Free	24	---	-0.88
1:19.15Y	229 F # 43B	Women 9-10 100 Free	26	---	0.65
46.21Y	74 F # 51B	Women 9-10 50 Back	44	---	0.53
1:49.78Y	142 F # 55	Women 10 & Under 100 Breast	35	---	-7.36
Dara Davison (11) W					
44.79Y	19 F # 5	Women 11-12 50 Back	52	---	-0.82
2:17.83Y	1 F # 9	Women 11-12 100 Breast	63	---	---
38.59Y	43 F # 13	Women 11-12 50 Free	56	---	0.55
1:30.70Y	1 F # 41	Women 11-12 100 Free	62	---	-1.93
52.75Y	DQ F # 45	Women 11-12 50 Fly	---	---	---
1:02.82Y	1 F # 53	Women 11-12 50 Breast	41	---	6.39
Michaela DePhillips (9) W					
47.24Y	147 F # 3B	Women 9-10 50 Fly	35	---	-0.51
1:40.08Y	210 F # 7	Women 10 & Under 100 Back	39	---	-0.06
39.78Y	215 F # 15B	Women 9-10 50 Free	46	---	1.86
1:27.70Y	176 F # 43B	Women 9-10 100 Free	39	---	2.19
46.27Y	191 F # 51B	Women 9-10 50 Back	45	---	0.03
1:47.96Y	331 F # 55	Women 10 & Under 100 Breast	33	---	5.45
Jonathan Derlath (17) M					
1:49.91Y	564 F # 22	Men 200 Free	4	---	5.41
2:05.06Y	523 F # 30	Men 200 Back	4	---	6.79

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
4:22.46Y 605	F # 40	Men 400 IM	5	---	11.99
Stephanie DiPreta (16) W					
2:10.52Y 358	F # 21	Women 200 Free	12	---	4.36
2:34.12Y 304	F # 29	Women 200 Back	14	---	7.88
1:02.46Y 321	F # 37	Women 100 Free	12	---	2.48
1:13.07Y 223	F # 69	Women 100 Back	15	---	3.85
29.53Y 307	F # 77	Women 50 Free	23	---	1.26
Kathleen Duong (9) W					
43.72Y 265	F # 3B	Women 9-10 50 Fly	27	---	-2.42
1:31.96Y 367	F # 7	Women 10 & Under 100 Back	26	---	-2.16
42.43Y 610	F # 11B	Women 9-10 50 Breast	7	---	-0.14
1:24.42Y 242	F # 43B	Women 9-10 100 Free	34	---	-0.33
42.86Y 330	F # 51B	Women 9-10 50 Back	29	---	-3.88
1:32.14Y 631	F # 55	Women 10 & Under 100 Breast	3	---	---
Ryan Earley (11) M					
45.44Y 16	F # 6	Men 11-12 50 Back	36	---	-0.90
1:52.63Y 2	F # 10	Men 11-12 100 Breast	36	---	-15.59
35.85Y 176	F # 14	Men 11-12 50 Free	37	---	-0.42
1:20.68Y 83	F # 42	Men 11-12 100 Free	30	---	-2.33
44.47Y 7	F # 46	Men 11-12 50 Fly	25	---	-2.20
1:37.09Y 20	F # 50	Men 11-12 100 Back	30	---	-10.36
Sean Earley (12) M					
1:18.75Y 224	F # 2	Men 11-12 100 Fly	12	5	-1.12
1:25.62Y 315	F # 10	Men 11-12 100 Breast	7	---	-0.21
29.75Y 414	F # 14	Men 11-12 50 Free	13	---	0.17
1:04.00Y 389	F # 42	Men 11-12 100 Free	7	---	-0.89
34.58Y 276	F # 46	Men 11-12 50 Fly	11	---	-1.46
40.04Y 270	F # 54	Men 11-12 50 Breast	11	---	-0.44
Sarah Exposito (15) W					
2:18.94Y 228	F # 21	Women 200 Free	24	---	1.71
1:07.78Y 401	F # 25	Women 100 Fly	6	---	2.67
1:02.73Y 316	F # 37	Women 100 Free	13	---	-0.66
2:29.45Y 411	F # 65	Women 200 Fly	10	---	2.30
1:13.39Y 222	F # 69	Women 100 Back	16	---	2.14
29.27Y 329	F # 77	Women 50 Free	21	---	1.31
Victoria Filardi (16) W					
2:35.74Y 277	F # 61	Women 200 IM	15	---	-1.62
2:40.87Y 249	F # 65	Women 200 Fly	16	---	---
2:57.91Y 279	F # 73	Women 200 Breast	21	---	1.23
Aileen Fitzpatrick (12) W					
39.36Y 116	F # 45	Women 11-12 50 Fly	25	---	---
12:22.79Y 505	F # 57	Women 11-12 1000 Free	8	---	---
2:40.30Y 378	F # 61	Women 200 IM	20	---	-2.53
Connor Fitzpatrick (10) M					
1:30.47Y 245	F # 48	Men 10 & Under 100 Fly	11	---	---
38.60Y 411	F # 52B	Men 9-10 50 Back	5	---	-1.11

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:43.14Y	238 F # 56	Men 10 & Under 100 Breast	18	---	-0.73
Ian Fitzpatrick (8) M					
1:16.64Y	432 F # 44A	Men 8 & Under 100 Free	3	---	2.22
1:45.11Y	141 F # 48	Men 10 & Under 100 Fly	18	---	---
41.22Y	413 F # 52A	Men 8 & Under 50 Back	2	---	-0.82
Kieran Fitzpatrick (14) M					
1:05.39Y	660 F # 72	Men 13-14 100 Breast	2	---	-0.46
24.56Y	602 F # 76	Men 13-14 50 Free	1	---	---
4:37.13Y	584 F # 80	Men 13-14 400 IM	4	---	---
Alexa Fucile (10) W					
49.55Y	14 F # 3B	Women 9-10 50 Fly	41	---	1.25
1:32.00Y	201 F # 7	Women 10 & Under 100 Back	27	---	3.85
38.81Y	141 F # 15B	Women 9-10 50 Free	42	---	1.72
1:26.93Y	82 F # 43B	Women 9-10 100 Free	38	---	5.13
44.60Y	124 F # 51B	Women 9-10 50 Back	39	---	1.99
1:46.11Y	199 F # 55	Women 10 & Under 100 Breast	29	---	-0.27
Samantha Gallego (10) W					
44.15Y	137 F # 3B	Women 9-10 50 Fly	28	---	-0.45
1:32.96Y	183 F # 7	Women 10 & Under 100 Back	31	---	-7.19
37.25Y	210 F # 15B	Women 9-10 50 Free	36	---	1.00
1:21.88Y	171 F # 43B	Women 9-10 100 Free	29	---	2.67
43.78Y	152 F # 51B	Women 9-10 50 Back	36	---	-3.99
1:41.66Y	276 F # 55	Women 10 & Under 100 Breast	20	---	-0.76
Olivia Garvey (10) W					
38.69Y	345 F # 3B	Women 9-10 50 Fly	13	---	2.23
46.56Y	270 F # 11B	Women 9-10 50 Breast	15	---	0.07
33.14Y	427 F # 15B	Women 9-10 50 Free	14	---	-0.45
1:16.23Y	298 F # 43B	Women 9-10 100 Free	18	---	-4.66
1:31.00Y	271 F # 47	Women 10 & Under 100 Fly	13	---	-6.22
1:43.77Y	239 F # 55	Women 10 & Under 100 Breast	25	---	7.28
Danielle Gaudet (11) W					
1:17.45Y	133 F # 41	Women 11-12 100 Free	37	---	-2.23
43.21Y	40 F # 45	Women 11-12 50 Fly	38	---	-0.82
1:34.57Y	42 F # 49	Women 11-12 100 Back	44	---	-4.03
Michaela Gawley (12) W					
1:41.49Y	1 F # 1	Women 11-12 100 Fly	36	---	4.50
46.62Y	1 F # 5	Women 11-12 50 Back	56	---	1.47
38.97Y	1 F # 13	Women 11-12 50 Free	57	---	2.06
Caroline Germano (12) W					
1:23.25Y	187 F # 1	Women 11-12 100 Fly	20	---	-2.06
6:31.91Y	258 F # 17	Women 11-12 500 Free	14	---	-6.97
2:40.30Y	380 F # 29	Women 200 Back	18	---	---
37.33Y	202 F # 45	Women 11-12 50 Fly	21	---	-1.46
1:16.94Y	289 F # 49	Women 11-12 100 Back	14	---	0.40
40.36Y	320 F # 53	Women 11-12 50 Breast	8	---	-0.53
3:05.80Y	354 F # 73	Women 200 Breast	25	---	-3.49

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points**Location: Nassau County Aquatic Center****Long Island Aquatic Club [LIAC-MR] Coach: David Ferris**

Time	F/P/S	Event	Place	Points	Improv
George Germano (9) M					
54.74Y 1	F # 4B	Men 9-10 50 Fly	34	---	1.53
1:38.63Y 214	F # 8	Men 10 & Under 100 Back	43	---	2.09
41.06Y 167	F # 16B	Men 9-10 50 Free	46	---	1.17
1:32.55Y 98	F # 44B	Men 9-10 100 Free	49	---	0.79
46.02Y 208	F # 52B	Men 9-10 50 Back	38	---	0.84
2:05.69Y 58	F # 56	Men 10 & Under 100 Breast	46	---	-7.45
Michael Giannotti (12) M					
38.45Y 151	F # 6	Men 11-12 50 Back	21	---	1.68
1:33.02Y 159	F # 10	Men 11-12 100 Breast	21	---	---
30.76Y 348	F # 14	Men 11-12 50 Free	18	---	0.48
1:13.10Y 135	F # 42	Men 11-12 100 Free	23	---	3.13
48.13Y 1	F # 46	Men 11-12 50 Fly	28	---	3.19
1:23.76Y 112	F # 50	Men 11-12 100 Back	22	---	0.10
Nicolette Gibbons (14) W					
1:09.32Y 368	F # 27	Women 13-14 100 Back	10	---	---
2:54.84Y 346	F # 31	Women 13-14 200 Breast	13	---	---
2:10.94Y 395	F # 35	Women 13-14 200 Free	5	---	3.44
2:27.85Y 421	F # 67	Women 13-14 200 Back	11	---	---
27.99Y 458	F # 75	Women 13-14 50 Free	9	---	0.06
5:08.91Y 466	F # 79	Women 13-14 400 IM	6	---	---
Michael Giovanniello (16) M					
2:09.31Y 206	F # 22	Men 200 Free	45	---	1.06
1:16.16Y 1	F # 26	Men 100 Fly	41	---	0.94
58.56Y 273	F # 38	Men 100 Free	38	---	-0.93
2:36.68Y 83	F # 62	Men 200 IM	47	---	0.29
1:21.27Y 1	F # 70	Men 100 Back	43	---	3.52
27.52Y 262	F # 78	Men 50 Free	47	---	0.23
Sarah Greco (14) W					
2:14.52Y 330	F # 21	Women 200 Free	18	---	-2.16
1:14.06Y 237	F # 63	Women 13-14 100 Fly	15	---	0.46
2:35.46Y 311	F # 67	Women 13-14 200 Back	22	---	-0.26
27.59Y 491	F # 75	Women 13-14 50 Free	7	---	-0.81
Michael Gregorace (9) M					
35.35Y 616	F # 4B	Men 9-10 50 Fly	3	---	-1.28
1:18.93Y 642	F # 8	Men 10 & Under 100 Back	5	---	-10.14
32.36Y 599	F # 16B	Men 9-10 50 Free	7	---	0.16
1:10.31Y 604	F # 44B	Men 9-10 100 Free	5	---	-0.47
1:19.09Y 633	F # 48	Men 10 & Under 100 Fly	3	---	-4.19
37.51Y 599	F # 52B	Men 9-10 50 Back	3	---	0.26
Sophia Gregorace (7) W					
48.24Y 118	F # 3A	Women 8 & Under 50 Fly	7	---	4.04
1:37.24Y 261	F # 7	Women 10 & Under 100 Back	35	---	-3.47
51.24Y 254	F # 11A	Women 8 & Under 50 Breast	2	---	1.44
1:31.06Y 118	F # 43A	Women 8 & Under 100 Free	7	---	2.99

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

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Time	F/P/S	Event	Place	Points	Improv
45.18Y	232 F # 51A	Women 8 & Under 50 Back	4	---	-0.38
1:51.99Y	264 F # 55	Women 10 & Under 100 Breast	38	---	-26.58
Zoe Gregorace (12) W					
2:03.49Y	681 F # 21	Women 200 Free	1	---	-0.76
1:12.39Y	693 F # 33	Women 100 Breast	2	---	1.29
4:50.51Y	750 F # 39	Women 400 IM	2	---	0.60
11:06.81Y	769 F # 57	Women 11-12 1000 Free	1	---	-49.29
NS	F # 61	Women 200 IM	---	---	---
2:17.14Y	765 F # 65	Women 200 Fly	1	---	-1.94
2:34.68Y	721 F # 73	Women 200 Breast	2	---	0.32
Jessica Guglielmo (9) W					
1:25.94Y	211 F # 43B	Women 9-10 100 Free	35	---	---
45.96Y	202 F # 51B	Women 9-10 50 Back	42	---	---
1:47.76Y	335 F # 55	Women 10 & Under 100 Breast	31	---	---
Joseph Guglielmo (12) M					
36.73Y	233 F # 6	Men 11-12 50 Back	14	---	-4.17
29.37Y	439 F # 14	Men 11-12 50 Free	11	---	-0.13
6:33.61Y	249 F # 18	Men 11-12 500 Free	14	---	---
Delaney Hall (13) M					
1:02.13Y	315 F # 20	Men 13-14 100 Free	16	---	1.66
1:12.72Y	220 F # 28	Men 13-14 100 Back	17	---	-2.15
2:46.27Y	405 F # 32	Men 13-14 200 Breast	6	---	5.10
2:16.32Y	263 F # 36	Men 13-14 200 Free	14	---	0.90
2:29.99Y	324 F # 60	Men 13-14 200 IM	9	---	7.31
2:32.82Y	279 F # 68	Men 13-14 200 Back	9	---	---
1:16.40Y	397 F # 72	Men 13-14 100 Breast	7	---	1.75
29.62Y	285 F # 76	Men 13-14 50 Free	19	---	1.48
Diana Harvey (15) W					
2:11.83Y	344 F # 21	Women 200 Free	13	---	---
1:09.07Y	360 F # 25	Women 100 Fly	7	---	---
59.43Y	442 F # 37	Women 100 Free	4	---	-1.09
2:29.73Y	375 F # 61	Women 200 IM	11	---	-2.98
2:41.03Y	253 F # 65	Women 200 Fly	17	---	4.20
28.01Y	426 F # 77	Women 50 Free	15	---	---
Noelle Harvey (10) W					
1:12.02Y	409 F # 43B	Women 9-10 100 Free	8	---	---
1:23.41Y	419 F # 47	Women 10 & Under 100 Fly	8	---	---
40.24Y	300 F # 51B	Women 9-10 50 Back	16	---	---
Cara Heaney (9) W					
52.87Y	20 F # 3B	Women 9-10 50 Fly	46	---	-2.14
1:41.42Y	187 F # 7	Women 10 & Under 100 Back	41	---	-6.05
37.12Y	341 F # 15B	Women 9-10 50 Free	34	---	-0.02
1:23.07Y	272 F # 43B	Women 9-10 100 Free	32	---	0.98
46.97Y	166 F # 51B	Women 9-10 50 Back	46	---	-0.57
1:47.23Y	344 F # 55	Women 10 & Under 100 Breast	30	---	-1.61

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
Finola Heaney (11) W					
1:15.70Y	457 F # 1	Women 11-12 100 Fly	10	---	-3.85
1:24.78Y	479 F # 9	Women 11-12 100 Breast	3	16	-7.21
6:10.94Y	477 F # 17	Women 11-12 500 Free	9	---	---
1:05.35Y	470 F # 41	Women 11-12 100 Free	9	---	0.32
32.89Y	510 F # 45	Women 11-12 50 Fly	9	---	-0.08
1:12.15Y	548 F # 49	Women 11-12 100 Back	5	---	0.34
Erik Heinemann (17) M					
1:51.48Y	528 F # 22	Men 200 Free	8	---	1.20
2:04.72Y	530 F # 30	Men 200 Back	3	---	-1.09
4:21.71Y	612 F # 40	Men 400 IM	4	---	-3.13
2:02.10Y	606 F # 66	Men 200 Fly	2	---	-0.31
1:00.19Y	415 F # 70	Men 100 Back	10	---	2.37
2:32.41Y	416 F # 74	Men 200 Breast	14	---	-0.46
28.93Y	137 F # 78	Men 50 Free	56	---	4.33
Adam Herzog (17) M					
1:55.51Y	440 F # 22	Men 200 Free	14	---	2.10
1:00.99Y	341 F # 26	Men 100 Fly	24	---	---
4:39.74Y	453 F # 40	Men 400 IM	15	---	---
2:19.14Y	310 F # 66	Men 200 Fly	19	---	---
1:01.83Y	355 F # 70	Men 100 Back	20	---	1.30
33.11Y	1 F # 78	Men 50 Free	64	---	8.77
Michael Hildebrandt (12) M					
34.09Y	382 F # 6	Men 11-12 50 Back	8	---	-0.83
29.01Y	464 F # 14	Men 11-12 50 Free	9	---	-0.24
5:57.66Y	451 F # 18	Men 11-12 500 Free	8	---	---
2:35.01Y	393 F # 30	Men 200 Back	30	---	---
1:12.14Y	394 F # 50	Men 11-12 100 Back	5	---	-1.37
12:10.55Y	510 F # 58	Men 11-12 1000 Free	10	---	---
2:39.27Y	332 F # 62	Men 200 IM	49	---	0.13
Dylan Hsieh (9) M					
1:34.81Y	285 F # 8	Men 10 & Under 100 Back	34	---	-0.86
48.19Y	341 F # 12B	Men 9-10 50 Breast	16	---	-1.17
38.86Y	265 F # 16B	Men 9-10 50 Free	41	---	2.07
1:20.49Y	337 F # 44B	Men 9-10 100 Free	30	---	1.47
45.80Y	217 F # 52B	Men 9-10 50 Back	37	---	---
1:45.84Y	346 F # 56	Men 10 & Under 100 Breast	21	---	0.44
Alec Huang (12) M					
1:11.21Y	413 F # 2	Men 11-12 100 Fly	5	14	-4.03
35.07Y	324 F # 6	Men 11-12 50 Back	10	---	-0.42
1:27.55Y	271 F # 10	Men 11-12 100 Breast	13	---	-4.65
1:00.72Y	500 F # 42	Men 11-12 100 Free	2	---	0.45
1:13.43Y	358 F # 50	Men 11-12 100 Back	8	---	-1.79
38.20Y	364 F # 54	Men 11-12 50 Breast	7	---	-0.27

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
Eric Hu (16) M					
1:03.79Y	270 F # 26	Men 100 Fly	31	---	1.09
1:19.88Y	136 F # 34	Men 100 Breast	29	---	-4.64
59.12Y	253 F # 38	Men 100 Free	41	---	-0.33
Zahrah Ibrahim (10) W					
49.37Y	16 F # 3B	Women 9-10 50 Fly	40	---	-0.62
54.25Y	30 F # 11B	Women 9-10 50 Breast	26	---	2.14
40.27Y	86 F # 15B	Women 9-10 50 Free	52	---	1.96
1:37.53Y	1 F # 43B	Women 9-10 100 Free	60	---	10.40
51.11Y	1 F # 51B	Women 9-10 50 Back	57	---	1.82
1:58.78Y	30 F # 55	Women 10 & Under 100 Breast	53	---	---
Jasmine Jiang (14) W					
1:02.09Y	376 F # 19	Women 13-14 100 Free	13	---	0.05
1:14.21Y	222 F # 27	Women 13-14 100 Back	19	---	2.06
2:18.05Y	271 F # 35	Women 13-14 200 Free	12	---	1.40
1:13.07Y	264 F # 63	Women 13-14 100 Fly	14	---	0.23
2:43.08Y	212 F # 67	Women 13-14 200 Back	24	---	7.81
28.30Y	433 F # 75	Women 13-14 50 Free	11	---	-0.04
Anwar Kadirov (13) M					
1:12.28Y	40 F # 20	Men 13-14 100 Free	31	---	2.81
1:22.52Y	16 F # 28	Men 13-14 100 Back	27	---	-1.64
NS	F # 34	Men 100 Breast	---	---	---
Raushan Kadirov (15) M					
2:08.41Y	278 F # 22	Men 200 Free	44	---	3.77
1:14.88Y	291 F # 34	Men 100 Breast	26	---	-0.89
56.10Y	416 F # 38	Men 100 Free	25	---	2.90
Madeline Kang (10) W					
1:20.12Y	462 F # 7	Women 10 & Under 100 Back	4	---	-8.79
42.59Y	436 F # 11B	Women 9-10 50 Breast	8	---	-2.99
30.51Y	589 F # 15B	Women 9-10 50 Free	2	---	-3.20
1:09.31Y	488 F # 43B	Women 9-10 100 Free	4	---	-4.56
1:20.56Y	481 F # 47	Women 10 & Under 100 Fly	4	---	-9.06
1:30.28Y	DQ F # 55	Women 10 & Under 100 Breast	---	---	---
Brooke Kaplan (12) W					
35.14Y	342 F # 5	Women 11-12 50 Back	5	---	0.10
1:26.68Y	326 F # 9	Women 11-12 100 Breast	7	12	0.25
30.99Y	358 F # 13	Women 11-12 50 Free	10	---	0.53
1:13.41Y	385 F # 49	Women 11-12 100 Back	6	---	-2.18
39.47Y	365 F # 53	Women 11-12 50 Breast	6	---	0.57
2:38.92Y	396 F # 61	Women 200 IM	17	---	-3.43
30.79Y	371 F # 77	Women 50 Free	28	---	0.33
Paige Kaplan (12) W					
5:41.91Y	573 F # 17	Women 11-12 500 Free	2	---	-16.15
2:25.37Y	584 F # 29	Women 200 Back	9	---	-5.90
1:00.97Y	537 F # 37	Women 100 Free	6	---	-0.68
11:48.71Y	618 F # 57	Women 11-12 1000 Free	5	---	---

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
2:22.70Y	692 F # 65	Women 200 Fly	4	---	-12.29
2:45.56Y	586 F # 73	Women 200 Breast	10	---	-3.20
Sarah Kaplan (10) W					
52.64Y	DQ F # 3B	Women 9-10 50 Fly	---	---	---
2:00.88Y	1 F # 7	Women 10 & Under 100 Back	53	---	-2.93
49.89Y	DQ F # 11B	Women 9-10 50 Breast	---	---	---
1:37.58Y	1 F # 43B	Women 9-10 100 Free	61	---	5.58
52.87Y	1 F # 51B	Women 9-10 50 Back	61	---	2.29
1:48.55Y	DQ F # 55	Women 10 & Under 100 Breast	---	---	---
Stephanie Kaplan (10) W					
1:21.22Y	435 F # 7	Women 10 & Under 100 Back	6	---	-0.86
38.66Y	622 F # 11B	Women 9-10 50 Breast	2	---	0.16
31.52Y	525 F # 15B	Women 9-10 50 Free	6	---	-1.48
1:18.14Y	536 F # 47	Women 10 & Under 100 Fly	3	---	-4.27
38.40Y	391 F # 51B	Women 9-10 50 Back	12	---	-0.99
2:59.50Y	F # 73	Women 200 Breast	22	---	---
Adam Kapusta (9) M					
37.45Y	505 F # 4B	Men 9-10 50 Fly	7	---	-2.71
33.73Y	524 F # 16B	Men 9-10 50 Free	13	---	-0.13
2:32.93Y	583 F # 22	Men 200 Free	59	---	---
1:12.55Y	541 F # 44B	Men 9-10 100 Free	7	---	-0.74
1:25.40Y	488 F # 48	Men 10 & Under 100 Fly	7	---	---
41.07Y	420 F # 52B	Men 9-10 50 Back	17	---	1.15
Rebecca Karcher (16) W					
2:27.62Y	108 F # 21	Women 200 Free	29	---	3.33
1:18.35Y	94 F # 25	Women 100 Fly	14	---	-2.01
1:06.52Y	189 F # 37	Women 100 Free	19	---	1.26
2:47.23Y	137 F # 61	Women 200 IM	26	---	0.34
1:13.72Y	205 F # 69	Women 100 Back	17	---	0.86
29.44Y	314 F # 77	Women 50 Free	22	---	-0.05
Tate Keller (12) M					
49.93Y	1 F # 6	Men 11-12 50 Back	41	---	-0.17
1:41.97Y	22 F # 10	Men 11-12 100 Breast	32	---	-6.37
41.32Y	1 F # 14	Men 11-12 50 Free	51	---	-1.02
1:32.83Y	1 F # 42	Men 11-12 100 Free	39	---	-4.46
52.73Y	1 F # 46	Men 11-12 50 Fly	31	---	---
1:44.46Y	1 F # 50	Men 11-12 100 Back	36	---	-4.04
Yaroslav Khanas (13) M					
56.38Y	536 F # 20	Men 13-14 100 Free	6	---	-0.75
1:07.92Y	365 F # 28	Men 13-14 100 Back	8	---	---
2:04.54Y	472 F # 36	Men 13-14 200 Free	9	---	1.47
1:07.04Y	370 F # 64	Men 13-14 100 Fly	7	---	0.93
1:21.89Y	248 F # 72	Men 13-14 100 Breast	12	---	---
26.31Y	537 F # 76	Men 13-14 50 Free	6	---	0.23

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Anton Khrystenko (11) M					
1:06.10Y	721 F # 2	Men 11-12 100 Fly	1	20	-0.49
1:32.60Y	312 F # 10	Men 11-12 100 Breast	19	---	---
5:42.20Y	695 F # 18	Men 11-12 500 Free	4	---	---
2:20.45Y	DQ F # 30	Men 200 Back	---	---	---
58.35Y	731 F # 42	Men 11-12 100 Free	1	---	-0.78
42.12Y	329 F # 54	Men 11-12 50 Breast	18	---	---
11:40.86Y	780 F # 58	Men 11-12 1000 Free	6	---	---
Catherine Kilgallen (11) W					
1:29.34Y	373 F # 9	Women 11-12 100 Breast	13	4	-0.53
32.06Y	371 F # 13	Women 11-12 50 Free	16	---	0.41
6:58.53Y	214 F # 17	Women 11-12 500 Free	19	---	---
1:10.10Y	319 F # 41	Women 11-12 100 Free	22	---	-4.95
37.80Y	245 F # 45	Women 11-12 50 Fly	22	---	-1.41
1:24.19Y	226 F # 49	Women 11-12 100 Back	23	---	-1.38
Kristen Kilgallen (9) W					
1:33.55Y	80 F # 43B	Women 9-10 100 Free	55	---	0.59
52.59Y	20 F # 51B	Women 9-10 50 Back	60	---	1.66
1:51.56Y	271 F # 55	Women 10 & Under 100 Breast	37	---	-14.05
Sean Kim (14) M					
53.15Y	583 F # 20	Men 13-14 100 Free	2	---	-0.29
1:00.18Y	553 F # 28	Men 13-14 100 Back	1	---	-2.49
1:59.40Y	489 F # 36	Men 13-14 200 Free	4	---	2.90
2:05.04Y	636 F # 68	Men 13-14 200 Back	1	---	-3.41
1:11.50Y	458 F # 72	Men 13-14 100 Breast	3	---	-3.97
31.95Y	63 F # 78	Men 50 Free	63	---	6.28
4:34.48Y	608 F # 80	Men 13-14 400 IM	1	---	-106.09
Veniamin Konovalov (10) M					
35.63Y	456 F # 4B	Men 9-10 50 Fly	4	---	-0.30
1:17.47Y	542 F # 8	Men 10 & Under 100 Back	3	---	-1.57
30.63Y	587 F # 16B	Men 9-10 50 Free	4	---	0.95
1:07.32Y	548 F # 44B	Men 9-10 100 Free	3	---	2.04
1:26.03Y	329 F # 48	Men 10 & Under 100 Fly	8	---	5.15
1:30.32Y	486 F # 56	Men 10 & Under 100 Breast	3	---	-3.18
Erica Koumas (11) W					
37.86Y	279 F # 5	Women 11-12 50 Back	20	---	-0.69
1:30.93Y	337 F # 9	Women 11-12 100 Breast	16	1	-20.68
33.59Y	277 F # 13	Women 11-12 50 Free	27	---	1.15
1:14.87Y	191 F # 41	Women 11-12 100 Free	29	---	2.39
36.58Y	305 F # 45	Women 11-12 50 Fly	18	---	-3.62
1:33.32Y	58 F # 49	Women 11-12 100 Back	41	---	9.76
Austin Kowalsky (15) M					
54.44Y	691 F # 26	Men 100 Fly	2	---	1.26
2:07.91Y	542 F # 30	Men 200 Back	8	---	---
48.49Y	761 F # 38	Men 100 Free	1	---	0.19

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
2:01.15Y	681 F # 66	Men 200 Fly	1	---	1.70
56.74Y	638 F # 70	Men 100 Back	5	---	-0.93
25.60Y	469 F # 78	Men 50 Free	30	---	3.64
Genna Kranis (14) W					
2:27.84Y	421 F # 67	Women 13-14 200 Back	10	---	-3.04
1:23.03Y	286 F # 71	Women 13-14 100 Breast	10	---	1.00
5:10.23Y	456 F # 79	Women 13-14 400 IM	7	---	1.78
Rachel Lana (11) W					
40.01Y	175 F # 5	Women 11-12 50 Back	31	---	0.62
1:43.46Y	99 F # 9	Women 11-12 100 Breast	46	---	1.29
7:07.78Y	174 F # 17	Women 11-12 500 Free	21	---	---
1:15.34Y	180 F # 41	Women 11-12 100 Free	31	---	-0.69
40.66Y	123 F # 45	Women 11-12 50 Fly	29	---	-0.43
1:27.18Y	163 F # 49	Women 11-12 100 Back	32	---	-0.66
Richard Law (13) M					
1:16.91Y	115 F # 28	Men 13-14 100 Back	22	---	-0.79
3:07.94Y	152 F # 32	Men 13-14 200 Breast	14	---	-8.29
2:19.79Y	211 F # 36	Men 13-14 200 Free	18	---	0.19
1:19.10Y	54 F # 64	Men 13-14 100 Fly	15	---	-3.33
1:29.10Y	89 F # 72	Men 13-14 100 Breast	21	---	-4.45
31.03Y	190 F # 76	Men 13-14 50 Free	24	---	0.22
Juliette Lee (13) W					
1:07.28Y	232 F # 19	Women 13-14 100 Free	32	---	---
1:19.84Y	129 F # 27	Women 13-14 100 Back	28	---	---
2:29.99Y	135 F # 35	Women 13-14 200 Free	23	---	---
2:49.44Y	181 F # 59	Women 13-14 200 IM	24	---	---
1:26.14Y	16 F # 63	Women 13-14 100 Fly	22	---	---
28.07Y	507 F # 75	Women 13-14 50 Free	10	---	---
Rose Lee (15) W					
2:39.68Y	235 F # 61	Women 200 IM	19	---	-3.73
1:09.08Y	352 F # 69	Women 100 Back	12	---	0.12
27.90Y	435 F # 77	Women 50 Free	14	---	0.24
Zachary Leng (9) M					
35.89Y	587 F # 4B	Men 9-10 50 Fly	5	---	0.05
1:18.84Y	644 F # 8	Men 10 & Under 100 Back	4	---	-0.55
45.04Y	471 F # 12B	Men 9-10 50 Breast	7	---	-2.99
1:20.30Y	604 F # 48	Men 10 & Under 100 Fly	5	---	-6.85
36.22Y	669 F # 52B	Men 9-10 50 Back	2	---	0.11
1:40.43Y	445 F # 56	Men 10 & Under 100 Breast	12	---	-6.39
Joanna Lennon (7) W					
46.31Y	175 F # 3A	Women 8 & Under 50 Fly	2	---	-5.62
1:40.45Y	204 F # 7	Women 10 & Under 100 Back	40	---	-1.45
40.79Y	172 F # 15A	Women 8 & Under 50 Free	5	---	1.47
1:30.73Y	123 F # 43A	Women 8 & Under 100 Free	6	---	-1.61
50.93Y	52 F # 51A	Women 8 & Under 50 Back	10	---	1.64

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:59.73Y	148 F # 55	Women 10 & Under 100 Breast	56	---	---
Alexandra Leonardo (14) W					
2:33.03Y	385 F # 23	Women 13-14 200 Fly	5	---	3.07
1:14.48Y	215 F # 27	Women 13-14 100 Back	20	---	-0.28
2:18.16Y	269 F # 35	Women 13-14 200 Free	13	---	1.36
2:33.37Y	346 F # 59	Women 13-14 200 IM	9	---	-1.92
1:10.28Y	347 F # 63	Women 13-14 100 Fly	10	---	0.91
31.05Y	233 F # 75	Women 13-14 50 Free	27	---	0.35
Pamela Leon (12) W					
1:21.70Y	219 F # 1	Women 11-12 100 Fly	17	---	0.25
37.64Y	206 F # 5	Women 11-12 50 Back	17	---	-1.57
6:39.75Y	219 F # 17	Women 11-12 500 Free	15	---	-29.01
1:08.32Y	291 F # 41	Women 11-12 100 Free	14	---	0.02
37.06Y	215 F # 45	Women 11-12 50 Fly	19	---	1.62
46.16Y	78 F # 53	Women 11-12 50 Breast	25	---	-1.29
Emily Liang (9) W					
42.26Y	322 F # 3B	Women 9-10 50 Fly	25	---	-2.07
47.77Y	383 F # 11B	Women 9-10 50 Breast	21	---	---
36.26Y	385 F # 15B	Women 9-10 50 Free	28	---	-0.53
1:18.79Y	373 F # 43B	Women 9-10 100 Free	25	---	-0.45
41.53Y	392 F # 51B	Women 9-10 50 Back	26	---	-2.76
1:40.14Y	473 F # 55	Women 10 & Under 100 Breast	15	---	---
Gary Liang (13) M					
1:06.84Y	166 F # 20	Men 13-14 100 Free	24	---	-1.68
1:23.38Y	7 F # 28	Men 13-14 100 Back	28	---	-10.62
2:26.92Y	120 F # 36	Men 13-14 200 Free	20	---	-3.86
2:43.33Y	150 F # 60	Men 13-14 200 IM	17	---	-0.60
1:21.94Y	13 F # 64	Men 13-14 100 Fly	17	---	-20.40
1:22.49Y	233 F # 72	Men 13-14 100 Breast	13	---	-1.89
Diane Li (14) W					
1:09.08Y	153 F # 19	Women 13-14 100 Free	33	---	1.34
2:42.93Y	499 F # 31	Women 13-14 200 Breast	4	---	4.44
2:34.99Y	65 F # 35	Women 13-14 200 Free	25	---	-0.16
2:44.23Y	201 F # 59	Women 13-14 200 IM	22	---	9.50
1:14.62Y	520 F # 71	Women 13-14 100 Breast	3	---	-0.07
31.53Y	202 F # 75	Women 13-14 50 Free	30	---	-0.13
Ien Li (12) W					
35.57Y	317 F # 5	Women 11-12 50 Back	9	---	---
1:27.75Y	302 F # 9	Women 11-12 100 Breast	11	6	---
6:56.30Y	147 F # 17	Women 11-12 500 Free	18	---	---
1:09.02Y	270 F # 41	Women 11-12 100 Free	15	---	-0.32
38.24Y	DQ F # 45	Women 11-12 50 Fly	---	---	---
1:16.98Y	288 F # 49	Women 11-12 100 Back	15	---	1.45
Kevin Ling (15) M					
59.75Y	472 F # 26	Men 100 Fly	20	---	-1.54

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
1:03.06Y	674 F # 34	Men 100 Breast	5	---	1.23
4:29.65Y	599 F # 40	Men 400 IM	9	---	0.80
2:06.71Y	574 F # 62	Men 200 IM	9	---	2.26
2:14.30Y	443 F # 66	Men 200 Fly	14	---	0.94
2:16.12Y	703 F # 74	Men 200 Breast	1	---	1.01
29.03Y	205 F # 78	Men 50 Free	57	---	5.28
Sandra Li (9) W					
36.77Y	571 F # 3B	Women 9-10 50 Fly	8	---	---
43.36Y	568 F # 11B	Women 9-10 50 Breast	11	---	---
32.43Y	603 F # 15B	Women 9-10 50 Free	9	---	0.78
1:22.95Y	570 F # 47	Women 10 & Under 100 Fly	7	---	---
37.98Y	576 F # 51B	Women 9-10 50 Back	10	---	-0.35
1:35.31Y	567 F # 55	Women 10 & Under 100 Breast	7	---	---
Corinne Lizzio (13) W					
1:05.17Y	300 F # 19	Women 13-14 100 Free	23	---	-1.21
1:20.19Y	122 F # 27	Women 13-14 100 Back	30	---	-0.19
2:25.74Y	187 F # 35	Women 13-14 200 Free	20	---	-0.49
2:56.22Y	111 F # 59	Women 13-14 200 IM	28	---	8.05
1:19.76Y	134 F # 63	Women 13-14 100 Fly	21	---	0.62
28.98Y	434 F # 75	Women 13-14 50 Free	17	---	-0.43
Katlyn Lizzio (8) W					
1:37.79Y	30 F # 43A	Women 8 & Under 100 Free	10	---	-17.06
50.47Y	63 F # 51A	Women 8 & Under 50 Back	9	---	-1.81
1:56.45Y	195 F # 55	Women 10 & Under 100 Breast	50	---	---
Konstantin Lomeyko (11) M					
1:07.50Y	678 F # 2	Men 11-12 100 Fly	4	15	---
33.68Y	555 F # 6	Men 11-12 50 Back	6	---	-1.04
28.11Y	650 F # 14	Men 11-12 50 Free	5	---	-0.24
5:47.80Y	656 F # 18	Men 11-12 500 Free	6	---	---
1:11.31Y	585 F # 50	Men 11-12 100 Back	4	---	---
35.45Y	692 F # 54	Men 11-12 50 Breast	2	---	-0.33
11:46.30Y	761 F # 58	Men 11-12 1000 Free	7	---	---
Marie Lucas (13) W					
56.61Y	639 F # 19	Women 13-14 100 Free	1	---	-1.00
2:18.51Y	652 F # 23	Women 13-14 200 Fly	1	---	-2.03
2:37.82Y	599 F # 31	Women 13-14 200 Breast	1	---	0.03
1:04.68Y	579 F # 63	Women 13-14 100 Fly	1	---	---
1:14.44Y	560 F # 71	Women 13-14 100 Breast	2	---	---
4:48.61Y	673 F # 79	Women 13-14 400 IM	2	---	---
Geyanne Lui (14) W					
58.02Y	539 F # 19	Women 13-14 100 Free	2	---	-1.10
1:06.62Y	460 F # 27	Women 13-14 100 Back	2	---	0.08
2:42.03Y	511 F # 31	Women 13-14 200 Breast	3	---	0.79
2:06.33Y	486 F # 35	Women 13-14 200 Free	3	---	-2.76
2:20.39Y	554 F # 59	Women 13-14 200 IM	1	---	-2.45

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

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Time	F/P/S	Event	Place	Points	Improv
2:24.70Y	469 F # 67	Women 13-14 200 Back	6	---	4.70
1:16.12Y	475 F # 71	Women 13-14 100 Breast	5	---	1.18
Sarah Maley (13) W					
1:14.76Y	52 F # 19	Women 13-14 100 Free	41	---	0.80
NS	F # 21	Women 200 Free	---	---	---
1:39.14Y	1 F # 27	Women 13-14 100 Back	44	---	15.69
2:38.68Y	53 F # 35	Women 13-14 200 Free	27	---	1.02
3:04.23Y	45 F # 59	Women 13-14 200 IM	30	---	-13.89
2:56.86Y	98 F # 67	Women 13-14 200 Back	27	---	0.63
1:40.00Y	1 F # 71	Women 13-14 100 Breast	19	---	-0.22
Jonathan Manfre (10) M					
43.47Y	128 F # 4B	Men 9-10 50 Fly	18	---	-6.64
1:32.80Y	200 F # 8	Men 10 & Under 100 Back	31	---	-1.09
35.94Y	294 F # 16B	Men 9-10 50 Free	28	---	-0.94
1:21.44Y	187 F # 44B	Men 9-10 100 Free	32	---	1.66
41.88Y	258 F # 52B	Men 9-10 50 Back	23	---	-2.83
1:54.46Y	70 F # 56	Men 10 & Under 100 Breast	34	---	---
Matthew Manfre (11) M					
1:30.33Y	125 F # 2	Men 11-12 100 Fly	25	---	-6.39
37.30Y	341 F # 6	Men 11-12 50 Back	18	---	-1.63
6:39.86Y	341 F # 18	Men 11-12 500 Free	16	---	---
37.03Y	258 F # 46	Men 11-12 50 Fly	22	---	-4.39
1:21.69Y	300 F # 50	Men 11-12 100 Back	20	---	-0.53
40.48Y	410 F # 54	Men 11-12 50 Breast	13	---	0.05
Victoria Manfre (14) W					
1:05.78Y	248 F # 19	Women 13-14 100 Free	24	---	-0.63
1:19.90Y	88 F # 27	Women 13-14 100 Back	29	---	0.97
2:23.88Y	186 F # 35	Women 13-14 200 Free	17	---	1.78
2:43.20Y	213 F # 59	Women 13-14 200 IM	21	---	1.08
1:16.58Y	170 F # 63	Women 13-14 100 Fly	18	---	-5.95
NS	F # 75	Women 13-14 50 Free	---	---	---
Celine Manigbas (11) W					
1:23.83Y	265 F # 1	Women 11-12 100 Fly	21	---	-11.95
1:36.29Y	226 F # 9	Women 11-12 100 Breast	25	---	-6.30
36.02Y	148 F # 13	Women 11-12 50 Free	39	---	1.02
1:22.37Y	47 F # 41	Women 11-12 100 Free	47	---	2.17
37.06Y	281 F # 45	Women 11-12 50 Fly	19	---	-0.77
1:28.88Y	130 F # 49	Women 11-12 100 Back	36	---	2.75
Timothy Marski (9) M					
1:30.82Y	DQ F # 8	Men 10 & Under 100 Back	---	---	---
44.47Y	496 F # 12B	Men 9-10 50 Breast	5	---	-3.67
33.71Y	525 F # 16B	Men 9-10 50 Free	12	---	-3.12
1:15.03Y	474 F # 44B	Men 9-10 100 Free	11	---	-5.67
40.80Y	433 F # 52B	Men 9-10 50 Back	14	---	-3.73
1:43.02Y	397 F # 56	Men 10 & Under 100 Breast	17	---	-9.75

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Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
Michael Mayer (16) M					
1:50.85Y	562 F # 22	Men 200 Free	6	---	1.61
2:09.96Y	451 F # 30	Men 200 Back	9	---	1.51
4:16.89Y	668 F # 40	Men 400 IM	3	---	-0.47
2:04.37Y	577 F # 62	Men 200 IM	4	---	5.51
2:05.87Y	561 F # 66	Men 200 Fly	7	---	-3.19
1:00.19Y	447 F # 70	Men 100 Back	10	---	---
29.80Y	105 F # 78	Men 50 Free	60	---	---
Sean McClellan (9) M					
39.99Y	384 F # 4B	Men 9-10 50 Fly	14	---	---
1:35.94Y	263 F # 8	Men 10 & Under 100 Back	38	---	---
37.71Y	319 F # 16B	Men 9-10 50 Free	34	---	-2.84
1:23.71Y	264 F # 44B	Men 9-10 100 Free	35	---	-6.20
46.04Y	208 F # 52B	Men 9-10 50 Back	39	---	---
1:48.91Y	293 F # 56	Men 10 & Under 100 Breast	24	---	---
Bryan McNally (12) M					
1:23.12Y	134 F # 2	Men 11-12 100 Fly	19	---	-7.70
41.62Y	34 F # 6	Men 11-12 50 Back	28	---	0.91
6:32.99Y	252 F # 18	Men 11-12 500 Free	13	---	-50.24
1:15.29Y	88 F # 42	Men 11-12 100 Free	26	---	-1.61
36.84Y	166 F # 46	Men 11-12 50 Fly	20	---	-0.14
46.91Y	18 F # 54	Men 11-12 50 Breast	22	---	-1.39
Lauren McNally (10) W					
35.53Y	497 F # 3B	Women 9-10 50 Fly	5	---	-1.23
43.90Y	379 F # 11B	Women 9-10 50 Breast	12	---	-0.78
31.16Y	547 F # 15B	Women 9-10 50 Free	5	---	-0.37
1:17.46Y	552 F # 47	Women 10 & Under 100 Fly	2	---	-3.58
37.45Y	441 F # 51B	Women 9-10 50 Back	6	---	-0.21
1:33.09Y	440 F # 55	Women 10 & Under 100 Breast	5	---	-0.37
Claire McNeary (9) W					
44.66Y	231 F # 3B	Women 9-10 50 Fly	30	---	0.45
1:27.33Y	469 F # 7	Women 10 & Under 100 Back	15	---	-0.59
47.10Y	410 F # 11B	Women 9-10 50 Breast	17	---	0.01
1:38.67Y	266 F # 47	Women 10 & Under 100 Fly	17	---	---
41.66Y	DQ F # 51B	Women 9-10 50 Back	---	---	---
1:40.77Y	461 F # 55	Women 10 & Under 100 Breast	18	---	-1.37
Daniel McNeary (9) M					
45.28Y	178 F # 4B	Men 9-10 50 Fly	23	---	---
1:33.93Y	302 F # 8	Men 10 & Under 100 Back	33	---	-0.51
40.85Y	176 F # 16B	Men 9-10 50 Free	45	---	3.62
1:27.06Y	195 F # 44B	Men 9-10 100 Free	40	---	-0.08
43.20Y	323 F # 52B	Men 9-10 50 Back	29	---	1.71
1:52.77Y	DQ F # 56	Men 10 & Under 100 Breast	---	---	---
Jeffrey McNeary (12) M					
1:23.88Y	356 F # 10	Men 11-12 100 Breast	6	---	2.40

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Time	F/P/S	Event	Place	Points	Improv
27.16Y	593 F # 14	Men 11-12 50 Free	2	---	-0.50
5:52.28Y	485 F # 18	Men 11-12 500 Free	7	---	-11.08
1:07.74Y	527 F # 50	Men 11-12 100 Back	2	---	-0.81
38.69Y	338 F # 54	Men 11-12 50 Breast	10	---	0.21
12:00.60Y	541 F # 58	Men 11-12 1000 Free	9	---	---
Eamonn McNicholas (10) M					
50.81Y	1 F # 4B	Men 9-10 50 Fly	31	---	-2.51
1:32.43Y	207 F # 8	Men 10 & Under 100 Back	28	---	-0.64
38.11Y	189 F # 16B	Men 9-10 50 Free	37	---	-0.07
1:29.73Y	45 F # 44B	Men 9-10 100 Free	43	---	5.29
43.14Y	205 F # 52B	Men 9-10 50 Back	27	---	0.47
1:53.04Y	87 F # 56	Men 10 & Under 100 Breast	32	---	---
Joanna McNulty (9) W					
49.62Y	83 F # 3B	Women 9-10 50 Fly	42	---	2.40
46.97Y	415 F # 11B	Women 9-10 50 Breast	16	---	1.65
37.65Y	314 F # 15B	Women 9-10 50 Free	38	---	0.25
1:20.93Y	321 F # 43B	Women 9-10 100 Free	27	---	0.03
41.82Y	378 F # 51B	Women 9-10 50 Back	28	---	-1.28
1:40.56Y	465 F # 55	Women 10 & Under 100 Breast	17	---	-18.03
Katherine Meyers (9) W					
1:25.55Y	511 F # 7	Women 10 & Under 100 Back	13	---	-0.79
41.07Y	672 F # 11B	Women 9-10 50 Breast	4	---	-2.14
34.10Y	504 F # 15B	Women 9-10 50 Free	19	---	0.18
1:14.07Y	500 F # 43B	Women 9-10 100 Free	12	---	1.42
1:27.81Y	467 F # 47	Women 10 & Under 100 Fly	12	---	---
41.15Y	410 F # 51B	Women 9-10 50 Back	22	---	0.57
Tyler Meyers (11) M					
1:19.03Y	638 F # 10	Men 11-12 100 Breast	2	---	---
26.82Y	740 F # 14	Men 11-12 50 Free	1	---	---
5:45.33Y	673 F # 18	Men 11-12 500 Free	5	---	---
1:05.85Y	758 F # 50	Men 11-12 100 Back	1	---	-1.30
37.71Y	560 F # 54	Men 11-12 50 Breast	5	---	---
11:40.65Y	781 F # 58	Men 11-12 1000 Free	5	---	---
Bridget Moody (14) W					
58.15Y	534 F # 19	Women 13-14 100 Free	3	---	-1.20
2:27.51Y	464 F # 23	Women 13-14 200 Fly	2	---	-3.14
2:56.34Y	327 F # 31	Women 13-14 200 Breast	14	---	1.25
1:07.22Y	445 F # 63	Women 13-14 100 Fly	5	---	-1.37
27.31Y	514 F # 75	Women 13-14 50 Free	5	---	-0.63
5:12.23Y	441 F # 79	Women 13-14 400 IM	9	---	1.55
Jack Mulderrig (17) M					
2:03.64Y	283 F # 22	Men 200 Free	32	---	4.99
1:11.50Y	329 F # 34	Men 100 Breast	18	---	0.79
NS	F # 40	Men 400 IM	---	---	---

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Campbell Munn (8) M					
1:42.60Y	148 F # 8	Men 10 & Under 100 Back	49	---	---
54.28Y	132 F # 12A	Men 8 & Under 50 Breast	6	---	-2.55
42.43Y	112 F # 16A	Men 8 & Under 50 Free	15	---	1.60
1:37.93Y	28 F # 44A	Men 8 & Under 100 Free	14	---	7.81
45.26Y	238 F # 52A	Men 8 & Under 50 Back	5	---	-2.67
2:02.73Y	91 F # 56	Men 10 & Under 100 Breast	42	---	---
Caroline Munn (10) W					
1:12.85Y	386 F # 43B	Women 9-10 100 Free	11	---	-0.35
40.71Y	278 F # 51B	Women 9-10 50 Back	20	---	-3.13
1:42.09Y	268 F # 55	Women 10 & Under 100 Breast	23	---	-12.59
Renee Nakkab (9) W					
42.15Y	623 F # 11B	Women 9-10 50 Breast	6	---	-1.05
33.25Y	554 F # 15B	Women 9-10 50 Free	16	---	-0.40
2:37.76Y	521 F # 21	Women 200 Free	31	---	-5.07
1:14.84Y	478 F # 43B	Women 9-10 100 Free	14	---	1.49
41.28Y	404 F # 51B	Women 9-10 50 Back	23	---	0.46
2:53.44Y	608 F # 61	Women 200 IM	27	---	-7.60
Lowell Nickey (17) M					
1:48.56Y	596 F # 22	Men 200 Free	2	---	0.93
2:15.33Y	342 F # 30	Men 200 Back	16	---	---
50.69Y	572 F # 38	Men 100 Free	6	---	0.39
2:09.09Y	474 F # 62	Men 200 IM	12	---	-3.40
1:01.48Y	368 F # 70	Men 100 Back	18	---	---
33.98Y	1 F # 78	Men 50 Free	66	---	10.53
Bridget O'Shaughnessy (10) W					
41.95Y	212 F # 3B	Women 9-10 50 Fly	22	---	-0.32
42.88Y	424 F # 11B	Women 9-10 50 Breast	9	---	0.42
34.33Y	359 F # 15B	Women 9-10 50 Free	22	---	-0.23
1:18.76Y	237 F # 43B	Women 9-10 100 Free	24	---	0.21
44.02Y	144 F # 51B	Women 9-10 50 Back	37	---	0.65
1:40.20Y	302 F # 55	Women 10 & Under 100 Breast	16	---	4.43
Julie Pak (15) W					
2:14.36Y	300 F # 21	Women 200 Free	17	---	0.92
1:18.29Y	407 F # 33	Women 100 Breast	5	---	0.93
1:01.21Y	372 F # 37	Women 100 Free	8	---	0.24
2:29.81Y	374 F # 61	Women 200 IM	13	---	-0.56
2:49.05Y	419 F # 73	Women 200 Breast	13	---	3.24
28.34Y	400 F # 77	Women 50 Free	18	---	0.01
Richard Pak (14) M					
2:07.25Y	627 F # 24	Men 13-14 200 Fly	1	---	-1.97
1:02.44Y	467 F # 28	Men 13-14 100 Back	2	---	-5.91
1:53.66Y	614 F # 36	Men 13-14 200 Free	2	---	-1.82
57.84Y	608 F # 64	Men 13-14 100 Fly	1	---	-1.44
2:15.40Y	447 F # 68	Men 13-14 200 Back	4	---	-5.59

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
29.19Y 235	F # 78	Men 50 Free	58	---	4.11
4:39.42Y 565	F # 80	Men 13-14 400 IM	5	---	-4.60
Irene Park (10) W					
31.05Y 747	F # 3B	Women 9-10 50 Fly	1	---	0.84
1:11.04Y 710	F # 7	Women 10 & Under 100 Back	1	---	-3.67
29.56Y 651	F # 15B	Women 9-10 50 Free	1	---	-1.36
1:09.60Y 747	F # 47	Women 10 & Under 100 Fly	1	---	0.31
33.51Y 675	F # 51B	Women 9-10 50 Back	1	---	-1.39
1:18.35Y 766	F # 55	Women 10 & Under 100 Breast	1	---	1.26
2:37.50Y	F # 65	Women 200 Fly	15	---	---
Jay Park (16) M					
58.36Y 468	F # 26	Men 100 Fly	16	---	0.98
2:14.54Y 372	F # 30	Men 200 Back	14	---	1.46
4:35.72Y 497	F # 40	Men 400 IM	12	---	5.50
2:08.18Y 502	F # 62	Men 200 IM	10	---	0.95
2:09.19Y 501	F # 66	Men 200 Fly	10	---	4.45
31.63Y 11	F # 78	Men 50 Free	62	---	7.78
Horace Patrick (17) M					
2:10.88Y 168	F # 22	Men 200 Free	46	---	-4.81
1:02.51Y 288	F # 26	Men 100 Fly	28	---	1.35
1:06.70Y 482	F # 34	Men 100 Breast	7	---	1.90
2:17.09Y 332	F # 62	Men 200 IM	25	---	-2.62
2:26.44Y 502	F # 74	Men 200 Breast	8	---	1.34
28.41Y 172	F # 78	Men 50 Free	52	---	1.35
Ellyshia Pereira (16) W					
2:26.46Y 416	F # 29	Women 200 Back	11	---	3.18
1:17.94Y 394	F # 33	Women 100 Breast	4	---	---
1:01.51Y 356	F # 37	Women 100 Free	9	---	-0.26
2:29.74Y 363	F # 61	Women 200 IM	12	---	-1.43
1:06.21Y 440	F # 69	Women 100 Back	4	---	0.48
28.54Y 381	F # 77	Women 50 Free	20	---	---
Nicole Pereira (13) W					
1:05.86Y 277	F # 19	Women 13-14 100 Free	25	---	-0.74
1:15.36Y 240	F # 27	Women 13-14 100 Back	23	---	---
2:54.21Y 384	F # 31	Women 13-14 200 Breast	12	---	-1.87
2:41.47Y 279	F # 59	Women 13-14 200 IM	19	---	0.30
1:18.87Y 155	F # 63	Women 13-14 100 Fly	20	---	---
1:22.46Y 335	F # 71	Women 13-14 100 Breast	9	---	0.82
Carlotta Piantanida (7) W					
1:08.14Y DQ	F # 3A	Women 8 & Under 50 Fly	---	---	---
2:09.59Y 1	F # 7	Women 10 & Under 100 Back	55	---	15.73
49.81Y 1	F # 15A	Women 8 & Under 50 Free	17	---	2.80
1:56.33Y 1	F # 43A	Women 8 & Under 100 Free	20	---	7.72
52.73Y 18	F # 51A	Women 8 & Under 50 Back	13	---	0.59
2:06.82Y 61	F # 55	Women 10 & Under 100 Breast	70	---	-0.10

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
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Time	F/P/S	Event	Place	Points	Improv
Giorgia Piantanida (11) W					
5:51.13Y	615 F # 17	Women 11-12 500 Free	3	---	-12.90
2:15.05Y	563 F # 21	Women 200 Free	19	---	-3.43
2:27.36Y	691 F # 29	Women 200 Back	12	---	---
12:09.88Y	661 F # 57	Women 11-12 1000 Free	7	---	---
2:33.27Y	689 F # 65	Women 200 Fly	12	---	---
2:57.38Y	572 F # 73	Women 200 Breast	20	---	---
30.11Y	501 F # 77	Women 50 Free	25	---	-0.92
John Poblador (14) M					
1:05.28Y	137 F # 20	Men 13-14 100 Free	21	---	0.92
1:16.48Y	61 F # 28	Men 13-14 100 Back	19	---	-1.68
3:16.90Y	23 F # 32	Men 13-14 200 Breast	19	---	---
2:45.60Y	65 F # 60	Men 13-14 200 IM	19	---	0.55
1:28.21Y	45 F # 72	Men 13-14 100 Breast	20	---	-1.10
29.03Y	247 F # 76	Men 13-14 50 Free	16	---	-0.05
Michaela Pujals (16) W					
2:22.66Y	505 F # 65	Women 200 Fly	3	---	-4.92
1:06.53Y	428 F # 69	Women 100 Back	6	---	---
2:46.76Y	417 F # 73	Women 200 Breast	11	---	---
Jillian Pusateri (8) W					
52.11Y	32 F # 3A	Women 8 & Under 50 Fly	9	---	-5.72
53.57Y	176 F # 11A	Women 8 & Under 50 Breast	5	---	-0.22
43.63Y	69 F # 15A	Women 8 & Under 50 Free	9	---	0.36
1:36.16Y	47 F # 43A	Women 8 & Under 100 Free	8	---	-2.26
47.94Y	133 F # 51A	Women 8 & Under 50 Back	7	---	-1.92
1:58.52Y	165 F # 55	Women 10 & Under 100 Breast	52	---	-0.87
Julia Pusateri (11) W					
1:21.81Y	310 F # 1	Women 11-12 100 Fly	18	---	-10.35
40.02Y	174 F # 5	Women 11-12 50 Back	32	---	-1.56
1:26.59Y	436 F # 9	Women 11-12 100 Breast	6	13	-0.14
35.50Y	362 F # 45	Women 11-12 50 Fly	14	---	-3.00
1:26.12Y	184 F # 49	Women 11-12 100 Back	28	---	0.48
39.47Y	454 F # 53	Women 11-12 50 Breast	6	---	1.06
Amelia Ricketts (14) W					
1:03.92Y	310 F # 19	Women 13-14 100 Free	21	---	-0.47
3:03.61Y	33 F # 23	Women 13-14 200 Fly	12	---	-6.67
2:18.66Y	262 F # 35	Women 13-14 200 Free	14	---	1.26
2:47.06Y	168 F # 59	Women 13-14 200 IM	23	---	-0.36
1:18.17Y	132 F # 63	Women 13-14 100 Fly	19	---	1.68
29.84Y	316 F # 75	Women 13-14 50 Free	21	---	-0.01
Daveen Rim (12) M					
54.74Y	1 F # 6	Men 11-12 50 Back	43	---	12.36
NS	F # 10	Men 11-12 100 Breast	---	---	---
NS	F # 14	Men 11-12 50 Free	---	---	---
Loren Rodgers (15) W					
2:39.02Y	22 F # 21	Women 200 Free	32	---	-0.88

Individual Meet Results
2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points
Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
2:59.23Y	34 F # 29	Women 200 Back	20	---	---
1:12.12Y	59 F # 37	Women 100 Free	25	---	0.73
Meaghan Rush (14) W					
1:02.11Y	375 F # 19	Women 13-14 100 Free	14	---	0.99
1:13.64Y	238 F # 27	Women 13-14 100 Back	18	---	3.72
1:31.86Y	91 F # 33	Women 100 Breast	12	---	6.17
Katherine Ryan (16) W					
2:08.73Y	391 F # 21	Women 200 Free	9	---	-2.19
2:28.40Y	387 F # 29	Women 200 Back	13	---	2.01
59.10Y	450 F # 37	Women 100 Free	3	---	-1.16
2:29.55Y	366 F # 61	Women 200 IM	10	---	2.26
2:52.39Y	346 F # 73	Women 200 Breast	15	---	---
26.76Y	527 F # 77	Women 50 Free	5	---	-1.31
Matthew Salcedo (15) M					
1:53.16Y	580 F # 22	Men 200 Free	11	---	-2.42
2:06.80Y	562 F # 30	Men 200 Back	6	---	1.06
4:28.88Y	606 F # 40	Men 400 IM	8	---	-5.13
2:08.31Y	543 F # 62	Men 200 IM	11	---	0.79
58.50Y	566 F # 70	Men 100 Back	8	---	0.34
28.82Y	220 F # 78	Men 50 Free	54	---	2.41
Kyle Sanders (15) W					
2:14.27Y	302 F # 21	Women 200 Free	16	---	0.61
2:25.99Y	427 F # 29	Women 200 Back	10	---	4.10
5:19.37Y	377 F # 39	Women 400 IM	11	---	-4.64
1:06.47Y	440 F # 69	Women 100 Back	5	---	0.58
2:56.53Y	326 F # 73	Women 200 Breast	19	---	0.11
28.41Y	394 F # 77	Women 50 Free	19	---	0.90
Max Scalandre (8) M					
1:25.78Y	476 F # 8	Men 10 & Under 100 Back	16	---	0.81
45.44Y	454 F # 12A	Men 8 & Under 50 Breast	1	---	0.24
37.40Y	334 F # 16A	Men 8 & Under 50 Free	6	---	4.25
1:16.67Y	431 F # 44A	Men 8 & Under 100 Free	4	---	2.53
40.93Y	427 F # 52A	Men 8 & Under 50 Back	1	---	0.43
1:37.72Y	498 F # 56	Men 10 & Under 100 Breast	9	---	0.89
Allison Schefer (15) W					
2:15.87Y	275 F # 21	Women 200 Free	20	---	---
1:20.09Y	70 F # 25	Women 100 Fly	16	---	---
1:03.25Y	298 F # 37	Women 100 Free	14	---	-1.08
2:45.70Y	163 F # 61	Women 200 IM	25	---	-3.63
1:21.18Y	49 F # 69	Women 100 Back	22	---	---
29.97Y	278 F # 77	Women 50 Free	24	---	---
Jake Schwartz (16) M					
2:01.18Y	345 F # 22	Men 200 Free	25	---	0.56
1:14.28Y	280 F # 34	Men 100 Breast	24	---	-0.48
56.91Y	334 F # 38	Men 100 Free	32	---	3.38

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Natasha Senken (15) W					
2:08.56Y	405 F # 21	Women 200 Free	7	---	-0.55
1:15.94Y	474 F # 33	Women 100 Breast	3	---	2.40
5:02.26Y	503 F # 39	Women 400 IM	6	---	---
2:28.64Y	423 F # 65	Women 200 Fly	8	---	---
2:42.21Y	509 F # 73	Women 200 Breast	7	---	-2.61
28.06Y	422 F # 77	Women 50 Free	16	---	0.29
Pierce Senken (11) M					
1:18.78Y	366 F # 2	Men 11-12 100 Fly	13	4	---
35.12Y	466 F # 6	Men 11-12 50 Back	11	---	0.43
6:07.88Y	525 F # 18	Men 11-12 500 Free	9	---	---
1:05.49Y	479 F # 42	Men 11-12 100 Free	10	---	0.06
34.81Y	376 F # 46	Men 11-12 50 Fly	13	---	---
1:15.40Y	465 F # 50	Men 11-12 100 Back	11	---	0.96
Benjamin Shanley (15) M					
1:59.11Y	451 F # 22	Men 200 Free	18	---	4.38
1:07.60Y	516 F # 34	Men 100 Breast	9	---	1.77
53.99Y	504 F # 38	Men 100 Free	14	---	1.55
2:15.02Y	418 F # 62	Men 200 IM	22	---	2.57
2:31.73Y	468 F # 74	Men 200 Breast	13	---	9.87
23.97Y	610 F # 78	Men 50 Free	14	---	-0.03
Brandon Shteyman (15) M					
2:01.93Y	395 F # 22	Men 200 Free	28	---	-4.43
1:11.40Y	394 F # 34	Men 100 Breast	17	---	4.68
55.73Y	431 F # 38	Men 100 Free	20	---	1.25
2:26.19Y	240 F # 62	Men 200 IM	40	---	10.00
NS	F # 74	Men 200 Breast	---	---	---
NS	F # 78	Men 50 Free	---	---	---
Adrian Silva (17) M					
2:03.55Y	285 F # 22	Men 200 Free	31	---	8.69
57.64Y	469 F # 26	Men 100 Fly	13	---	3.14
2:15.14Y	365 F # 62	Men 200 IM	23	---	7.77
1:01.06Y	383 F # 70	Men 100 Back	15	---	-1.10
24.81Y	455 F # 78	Men 50 Free	22	---	0.07
Nicholas Silva (13) M					
1:09.46Y	98 F # 20	Men 13-14 100 Free	29	---	1.04
3:03.15Y	202 F # 32	Men 13-14 200 Breast	11	---	---
2:35.62Y	38 F # 36	Men 13-14 200 Free	22	---	2.52
1:13.66Y	174 F # 64	Men 13-14 100 Fly	9	---	-3.10
1:25.65Y	159 F # 72	Men 13-14 100 Breast	18	---	1.81
33.31Y	58 F # 76	Men 13-14 50 Free	26	---	0.91
Karan Singh (10) M					
53.97Y	1 F # 4B	Men 9-10 50 Fly	33	---	1.62
1:40.53Y	75 F # 8	Men 10 & Under 100 Back	44	---	-2.66
41.11Y	65 F # 16B	Men 9-10 50 Free	47	---	-1.28

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:38.28Y	1	F # 44B Men 9-10 100 Free	55	---	1.29
46.37Y	91	F # 52B Men 9-10 50 Back	40	---	-0.38
1:59.25Y	20	F # 56 Men 10 & Under 100 Breast	37	---	---
Allegra Sodi (11) W					
1:33.45Y	85	F # 1 Women 11-12 100 Fly	31	---	0.27
1:32.81Y	297	F # 9 Women 11-12 100 Breast	19	---	2.71
6:44.77Y	280	F # 17 Women 11-12 500 Free	16	---	---
1:12.27Y	257	F # 41 Women 11-12 100 Free	27	---	-0.73
41.90Y	79	F # 45 Women 11-12 50 Fly	34	---	0.83
43.28Y	269	F # 53 Women 11-12 50 Breast	18	---	2.00
Luca Sodi (8) M					
1:35.82Y	265	F # 8 Men 10 & Under 100 Back	37	---	-8.07
50.17Y	266	F # 12A Men 8 & Under 50 Breast	3	---	0.05
39.17Y	250	F # 16A Men 8 & Under 50 Free	9	---	0.98
1:32.77Y	95	F # 44A Men 8 & Under 100 Free	10	---	1.92
47.25Y	164	F # 52A Men 8 & Under 50 Back	8	---	2.05
1:49.27Y	287	F # 56 Men 10 & Under 100 Breast	26	---	-16.71
Nicolas Sodi (7) M					
2:16.80Y	DQ	F # 8 Men 10 & Under 100 Back	---	---	---
1:09.06Y	DQ	F # 12A Men 8 & Under 50 Breast	---	---	---
52.82Y	1	F # 16A Men 8 & Under 50 Free	22	---	-0.62
1:57.86Y	1	F # 44A Men 8 & Under 100 Free	17	---	-2.36
59.68Y	DQ	F # 52A Men 8 & Under 50 Back	---	---	---
Christopher Sommella (15) M					
2:04.84Y	340	F # 22 Men 200 Free	37	---	-2.82
2:21.72Y	307	F # 30 Men 200 Back	23	---	-7.59
56.28Y	408	F # 38 Men 100 Free	28	---	-1.14
2:20.89Y	320	F # 62 Men 200 IM	30	---	-3.24
1:06.70Y	270	F # 70 Men 100 Back	28	---	-1.57
25.53Y	475	F # 78 Men 50 Free	29	---	-0.68
Thomas Soregaroli (14) M					
57.45Y	401	F # 20 Men 13-14 100 Free	8	---	-1.02
1:06.45Y	327	F # 28 Men 13-14 100 Back	7	---	-0.27
2:55.28Y	232	F # 32 Men 13-14 200 Breast	9	---	-4.44
2:21.91Y	360	F # 60 Men 13-14 200 IM	4	---	-0.89
2:20.40Y	364	F # 68 Men 13-14 200 Back	6	---	-1.07
27.22Y	382	F # 76 Men 13-14 50 Free	9	---	-0.52
Michelle Sorokko (8) W					
47.21Y	148	F # 3A Women 8 & Under 50 Fly	3	---	1.20
1:38.12Y	245	F # 7 Women 10 & Under 100 Back	38	---	---
48.14Y	DQ	F # 11A Women 8 & Under 50 Breast	---	---	---
1:23.24Y	268	F # 43A Women 8 & Under 100 Free	1	---	2.24
46.89Y	168	F # 51A Women 8 & Under 50 Back	5	---	0.94
1:41.76Y	442	F # 55 Women 10 & Under 100 Breast	21	---	---

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Carly Spallone (10) W					
52.09Y	1	F # 3B Women 9-10 50 Fly	45	---	---
1:56.84Y	1	F # 7 Women 10 & Under 100 Back	52	---	---
42.70Y	16	F # 15B Women 9-10 50 Free	56	---	2.88
1:38.64Y	1	F # 43B Women 9-10 100 Free	62	---	8.36
51.96Y	1	F # 51B Women 9-10 50 Back	59	---	-0.06
2:01.75Y	6	F # 55 Women 10 & Under 100 Breast	66	---	---
Conor Spinella (12) M					
1:20.67Y	182	F # 2 Men 11-12 100 Fly	16	1	---
1:26.05Y	305	F # 10 Men 11-12 100 Breast	11	---	-50.29
28.60Y	492	F # 14 Men 11-12 50 Free	6	---	-0.01
1:03.60Y	402	F # 42 Men 11-12 100 Free	5	---	0.22
34.69Y	270	F # 46 Men 11-12 50 Fly	12	---	2.15
38.66Y	340	F # 54 Men 11-12 50 Breast	9	---	-0.45
Nicholas Spinella (16) M					
2:05.61Y	552	F # 62 Men 200 IM	6	---	0.95
2:09.91Y	489	F # 66 Men 200 Fly	11	---	4.86
53.83Y	709	F # 70 Men 100 Back	1	---	1.70
30.44Y	68	F # 78 Men 50 Free	61	---	8.50
Kevin Stapleton (10) M					
50.18Y	1	F # 4B Men 9-10 50 Fly	29	---	8.29
1:38.62Y	103	F # 8 Men 10 & Under 100 Back	42	---	-6.15
37.90Y	199	F # 16B Men 9-10 50 Free	36	---	-0.95
1:24.37Y	130	F # 44B Men 9-10 100 Free	36	---	1.63
47.15Y	68	F # 52B Men 9-10 50 Back	43	---	-0.05
2:00.61Y	10	F # 56 Men 10 & Under 100 Breast	38	---	---
Emma Stern (12) W					
42.86Y	20	F # 5 Women 11-12 50 Back	44	---	0.24
1:39.88Y	71	F # 9 Women 11-12 100 Breast	39	---	-2.00
38.31Y	9	F # 13 Women 11-12 50 Free	54	---	1.69
1:25.80Y	1	F # 41 Women 11-12 100 Free	54	---	0.42
42.29Y	23	F # 45 Women 11-12 50 Fly	35	---	0.74
1:37.32Y	1	F # 49 Women 11-12 100 Back	47	---	2.44
Jackson Sugarman (12) M					
1:14.39Y	328	F # 2 Men 11-12 100 Fly	8	11	---
36.91Y	224	F # 6 Men 11-12 50 Back	15	---	1.35
29.13Y	455	F # 14 Men 11-12 50 Free	10	---	0.18
1:03.64Y	400	F # 42 Men 11-12 100 Free	6	---	-0.40
34.00Y	308	F # 46 Men 11-12 50 Fly	9	---	0.02
1:17.47Y	251	F # 50 Men 11-12 100 Back	13	---	-2.28
Sean Sullivan (16) M					
56.01Y	564	F # 26 Men 100 Fly	7	---	2.88
2:03.06Y	580	F # 30 Men 200 Back	2	---	4.64
4:14.23Y	693	F # 40 Men 400 IM	2	---	8.50
NS		F # 66 Men 200 Fly	---	---	---

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
NS	F # 70	Men 100 Back	---	---	---
NS	F # 74	Men 200 Breast	---	---	---
Whitney Sun (11) W					
1:16.50Y	437 F # 1	Women 11-12 100 Fly	11	---	-4.02
34.16Y	498 F # 5	Women 11-12 50 Back	3	---	-0.72
6:16.53Y	441 F # 17	Women 11-12 500 Free	11	---	-15.01
32.71Y	521 F # 45	Women 11-12 50 Fly	8	---	-2.42
1:14.79Y	469 F # 49	Women 11-12 100 Back	9	---	-2.50
2:38.23Y	521 F # 61	Women 200 IM	16	---	-0.63
Dina Sutherland (14) W					
1:08.53Y	402 F # 63	Women 13-14 100 Fly	6	---	-2.77
2:35.22Y	314 F # 67	Women 13-14 200 Back	20	---	-9.25
28.80Y	394 F # 75	Women 13-14 50 Free	14	---	-0.19
Cathy Tan (11) W					
2:06.87Y	723 F # 21	Women 200 Free	5	---	---
2:16.83Y	846 F # 29	Women 200 Back	3	---	---
4:55.41Y	842 F # 39	Women 400 IM	4	---	---
11:13.16Y	864 F # 57	Women 11-12 1000 Free	2	---	---
2:39.05Y	789 F # 73	Women 200 Breast	4	---	---
Gabrielle Terzano (17) W					
2:09.37Y	379 F # 21	Women 200 Free	10	---	0.30
1:06.20Y	422 F # 25	Women 100 Fly	3	---	0.63
5:02.13Y	486 F # 39	Women 400 IM	5	---	0.40
2:23.42Y	461 F # 61	Women 200 IM	5	---	0.01
2:25.25Y	460 F # 65	Women 200 Fly	6	---	0.25
2:44.59Y	432 F # 73	Women 200 Breast	9	---	6.10
Kimberly Tetuan (11) W					
43.05Y	62 F # 5	Women 11-12 50 Back	46	---	---
1:39.51Y	166 F # 9	Women 11-12 100 Breast	35	---	-1.02
34.83Y	208 F # 13	Women 11-12 50 Free	33	---	0.67
1:15.74Y	171 F # 41	Women 11-12 100 Free	33	---	1.62
42.56Y	58 F # 45	Women 11-12 50 Fly	36	---	-0.85
1:30.70Y	98 F # 49	Women 11-12 100 Back	39	---	1.82
Austin Toth (13) M					
1:06.40Y	178 F # 20	Men 13-14 100 Free	23	---	0.15
1:20.03Y	53 F # 28	Men 13-14 100 Back	26	---	---
NS	F # 36	Men 13-14 200 Free	---	---	---
1:13.66Y	174 F # 64	Men 13-14 100 Fly	9	---	-3.32
1:25.17Y	170 F # 72	Men 13-14 100 Breast	17	---	-0.87
30.18Y	246 F # 76	Men 13-14 50 Free	21	---	-0.47
Connor Towers (8) M					
39.84Y	DQ F # 4A	Men 8 & Under 50 Fly	---	---	---
1:22.35Y	557 F # 8	Men 10 & Under 100 Back	8	---	---
32.78Y	576 F # 16A	Men 8 & Under 50 Free	1	---	0.84
1:10.98Y	585 F # 44A	Men 8 & Under 100 Free	1	---	0.27

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:32.02Y	352 F # 48	Men 10 & Under 100 Fly	12	---	---
1:32.53Y	603 F # 56	Men 10 & Under 100 Breast	4	---	---
Zachary Towers (12) M					
2:00.96Y	675 F # 22	Men 200 Free	22	---	-2.83
2:21.21Y	594 F # 30	Men 200 Back	21	---	---
4:51.25Y	705 F # 40	Men 400 IM	18	---	---
27.89Y	710 F # 46	Men 11-12 50 Fly	1	---	---
34.78Y	561 F # 54	Men 11-12 50 Breast	1	---	---
10:57.45Y	760 F # 58	Men 11-12 1000 Free	1	---	---
Cara Treble (11) W					
1:29.91Y	360 F # 9	Women 11-12 100 Breast	14	3	-9.85
27.74Y	675 F # 13	Women 11-12 50 Free	2	---	---
5:36.60Y	727 F # 17	Women 11-12 500 Free	1	---	-22.70
1:00.23Y	657 F # 41	Women 11-12 100 Free	3	---	-0.78
41.87Y	334 F # 53	Women 11-12 50 Breast	13	---	-5.76
11:43.37Y	753 F # 57	Women 11-12 1000 Free	4	---	---
Molly Treble (13) W					
1:04.36Y	601 F # 27	Women 13-14 100 Back	1	---	-0.27
2:48.33Y	459 F # 31	Women 13-14 200 Breast	7	---	---
1:58.87Y	690 F # 35	Women 13-14 200 Free	1	---	1.96
2:14.27Y	687 F # 67	Women 13-14 200 Back	1	---	0.83
26.19Y	667 F # 75	Women 13-14 50 Free	1	---	-0.38
4:47.86Y	679 F # 79	Women 13-14 400 IM	1	---	---
Dylan VanManen (11) M					
1:06.91Y	696 F # 2	Men 11-12 100 Fly	3	16	-5.33
32.66Y	622 F # 6	Men 11-12 50 Back	3	---	-0.52
1:25.73Y	468 F # 10	Men 11-12 100 Breast	8	---	-5.16
5:29.19Y	788 F # 18	Men 11-12 500 Free	2	---	-22.94
31.22Y	597 F # 46	Men 11-12 50 Fly	3	---	-1.92
41.01Y	383 F # 54	Men 11-12 50 Breast	16	---	-1.30
11:17.78Y	862 F # 58	Men 11-12 1000 Free	2	---	---
Hannah VanManen (8) W					
47.60Y	136 F # 3A	Women 8 & Under 50 Fly	5	---	-4.16
1:48.22Y	87 F # 7	Women 10 & Under 100 Back	46	---	---
46.91Y	1 F # 15A	Women 8 & Under 50 Free	14	---	3.48
1:48.45Y	1 F # 43A	Women 8 & Under 100 Free	17	---	5.91
53.80Y	5 F # 51A	Women 8 & Under 50 Back	14	---	4.90
1:54.86Y	219 F # 55	Women 10 & Under 100 Breast	49	---	---
Ryan VanManen (15) M					
1:58.38Y	467 F # 22	Men 200 Free	17	---	-2.79
55.80Y	428 F # 38	Men 100 Free	22	---	-0.04
4:45.58Y	461 F # 40	Men 400 IM	17	---	-17.84
2:15.44Y	411 F # 62	Men 200 IM	24	---	0.45
2:28.34Y	517 F # 74	Men 200 Breast	10	---	-0.93
26.00Y	436 F # 78	Men 50 Free	36	---	0.32

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Claire Villani (12) W					
1:15.24Y	370	F # 1 Women 11-12 100 Fly	9	---	-4.55
37.16Y	230	F # 5 Women 11-12 50 Back	13	---	-0.03
30.85Y	367	F # 13 Women 11-12 50 Free	8	---	-1.63
1:06.82Y	336	F # 41 Women 11-12 100 Free	11	---	1.09
34.81Y	328	F # 45 Women 11-12 50 Fly	11	---	1.36
42.66Y	213	F # 53 Women 11-12 50 Breast	15	---	0.89
David Villani (10) M					
41.31Y	201	F # 4B Men 9-10 50 Fly	16	---	-1.11
1:24.59Y	370	F # 8 Men 10 & Under 100 Back	13	---	0.23
37.67Y	210	F # 16B Men 9-10 50 Free	33	---	1.62
1:20.04Y	217	F # 44B Men 9-10 100 Free	27	---	1.25
39.13Y	385	F # 52B Men 9-10 50 Back	7	---	0.15
1:49.62Y	134	F # 56 Men 10 & Under 100 Breast	27	---	-3.60
John Wagner (17) M					
52.74Y	678	F # 26 Men 100 Fly	1	---	0.20
1:02.41Y	633	F # 34 Men 100 Breast	2	---	0.79
4:08.85Y	736	F # 40 Men 400 IM	1	---	13.28
Eric Wang (13) M					
54.36Y	623	F # 20 Men 13-14 100 Free	3	---	-0.28
2:37.30Y	525	F # 32 Men 13-14 200 Breast	2	---	-19.04
2:01.60Y	532	F # 36 Men 13-14 200 Free	6	---	-3.69
58.19Y	701	F # 64 Men 13-14 100 Fly	2	---	-0.39
2:15.03Y	562	F # 68 Men 13-14 200 Back	3	---	0.11
1:13.28Y	490	F # 72 Men 13-14 100 Breast	5	---	-4.94
Megan Waring (16) W					
1:07.70Y	388	F # 69 Women 100 Back	9	---	---
2:33.27Y	602	F # 73 Women 200 Breast	1	---	2.79
26.66Y	536	F # 77 Women 50 Free	4	---	-0.09
Avery Weissman (9) W					
49.10Y	95	F # 3B Women 9-10 50 Fly	39	---	2.35
52.65Y	206	F # 11B Women 9-10 50 Breast	24	---	2.84
37.75Y	309	F # 15B Women 9-10 50 Free	40	---	1.35
1:28.16Y	168	F # 43B Women 9-10 100 Free	40	---	2.34
43.77Y	290	F # 51B Women 9-10 50 Back	35	---	-1.31
1:54.26Y	228	F # 55 Women 10 & Under 100 Breast	46	---	---
Brian Wendland (12) M					
31.88Y	523	F # 6 Men 11-12 50 Back	1	---	0.33
27.43Y	574	F # 14 Men 11-12 50 Free	3	---	---
5:28.08Y	650	F # 18 Men 11-12 500 Free	1	---	---
2:23.01Y	566	F # 30 Men 200 Back	24	---	---
1:22.30Y	395	F # 34 Men 100 Breast	30	---	0.51
11:21.25Y	674	F # 58 Men 11-12 1000 Free	3	---	---
2:33.06Y	509	F # 66 Men 200 Fly	22	---	---
2:52.27Y	501	F # 74 Men 200 Breast	24	---	---

Individual Meet Results

2009 MR LIAC Thanksgiving Invitational 21-Nov-09 to 22-Nov-09 Yards - Hy-Tek Single Year Points

Location: Nassau County Aquatic Center

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
William Wendt (16) M					
58.16Y	476	F # 26 Men 100 Fly	14	---	-0.21
1:08.66Y	452	F # 34 Men 100 Breast	11	---	-0.82
4:37.62Y	481	F # 40 Men 400 IM	13	---	---
2:10.90Y	471	F # 66 Men 200 Fly	12	---	---
2:29.36Y	486	F # 74 Men 200 Breast	11	---	---
24.56Y	504	F # 78 Men 50 Free	18	---	-0.03
Erika Winkler (15) W					
2:04.89Y	479	F # 21 Women 200 Free	3	---	-1.38
2:17.02Y	571	F # 29 Women 200 Back	4	---	-3.38
4:52.93Y	577	F # 39 Women 400 IM	3	---	-7.41
2:20.26Y	529	F # 61 Women 200 IM	3	---	-3.05
2:30.61Y	395	F # 65 Women 200 Fly	11	---	-5.49
1:05.62Y	470	F # 69 Women 100 Back	3	---	-0.51
27.55Y	464	F # 77 Women 50 Free	11	---	0.38
Kevin Wu (17) M					
1:55.92Y	431	F # 22 Men 200 Free	16	---	-2.98
2:18.73Y	288	F # 30 Men 200 Back	19	---	-2.39
1:11.73Y	322	F # 34 Men 100 Breast	19	---	0.29
2:19.85Y	288	F # 62 Men 200 IM	28	---	---
1:08.93Y	134	F # 70 Men 100 Back	34	---	3.74
2:40.25Y	309	F # 74 Men 200 Breast	19	---	---
Fallon Wulff (12) W					
44.19Y	1	F # 5 Women 11-12 50 Back	51	---	0.59
1:49.44Y	1	F # 9 Women 11-12 100 Breast	53	---	0.98
40.08Y	1	F # 13 Women 11-12 50 Free	60	---	2.90
1:31.21Y	1	F # 41 Women 11-12 100 Free	63	---	-3.09
1:38.67Y	1	F # 49 Women 11-12 100 Back	49	---	1.53
49.65Y	1	F # 53 Women 11-12 50 Breast	30	---	11.33
Barry Yang (13) M					
1:06.05Y	189	F # 20 Men 13-14 100 Free	22	---	-0.05
1:26.30Y	1	F # 28 Men 13-14 100 Back	29	---	0.52
2:27.45Y	114	F # 36 Men 13-14 200 Free	21	---	2.70
1:15.03Y	139	F # 64 Men 13-14 100 Fly	12	---	3.47
1:26.42Y	142	F # 72 Men 13-14 100 Breast	19	---	-0.66
29.37Y	303	F # 76 Men 13-14 50 Free	17	---	0.20
Nathan Yang (10) M					
1:21.38Y	445	F # 8 Men 10 & Under 100 Back	7	---	-8.56
38.08Y	652	F # 12B Men 9-10 50 Breast	1	---	-0.81
30.59Y	589	F # 16B Men 9-10 50 Free	3	---	-1.66
1:18.86Y	486	F # 48 Men 10 & Under 100 Fly	2	---	-13.14
38.65Y	409	F # 52B Men 9-10 50 Back	6	---	-3.55
1:24.78Y	608	F # 56 Men 10 & Under 100 Breast	2	---	0.13
Alice Ye (9) W					
1:17.86Y	705	F # 7 Women 10 & Under 100 Back	3	---	-1.24

Individual Meet Results
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Location: Nassau County Aquatic Center
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Time	F/P/S	Event	Place	Points	Improv
43.01Y	584	F # 11B Women 9-10 50 Breast	10	---	-4.68
32.00Y	629	F # 15B Women 9-10 50 Free	7	---	-0.11
1:08.43Y	669	F # 43B Women 9-10 100 Free	3	---	-1.90
37.63Y	596	F # 51B Women 9-10 50 Back	8	---	-0.14
1:32.44Y	625	F # 55 Women 10 & Under 100 Breast	4	---	-9.79
Camellia Ye (8) W					
47.30Y	145	F # 3A Women 8 & Under 50 Fly	4	---	2.66
1:32.92Y	346	F # 7 Women 10 & Under 100 Back	30	---	-5.28
39.25Y	238	F # 15A Women 8 & Under 50 Free	3	---	1.47
1:26.34Y	DQ	F # 43A Women 8 & Under 100 Free	---	---	---
42.11Y	364	F # 51A Women 8 & Under 50 Back	1	---	-1.45
1:49.44Y	306	F # 55 Women 10 & Under 100 Breast	34	---	---
Morgan Yi (10) W					
41.02Y	248	F # 3B Women 9-10 50 Fly	18	---	-3.26
1:25.27Y	340	F # 7 Women 10 & Under 100 Back	12	---	-8.08
45.81Y	300	F # 11B Women 9-10 50 Breast	13	---	-2.12
1:18.02Y	255	F # 43B Women 9-10 100 Free	23	---	2.82
40.32Y	296	F # 51B Women 9-10 50 Back	18	---	0.90
1:38.05Y	342	F # 55 Women 10 & Under 100 Breast	14	---	-0.26
Kalie Yuen (9) W					
40.55Y	394	F # 3B Women 9-10 50 Fly	17	---	-1.86
1:31.39Y	379	F # 7 Women 10 & Under 100 Back	23	---	-0.59
36.65Y	365	F # 15B Women 9-10 50 Free	32	---	0.05
1:40.25Y	241	F # 47 Women 10 & Under 100 Fly	18	---	-1.56
42.86Y	330	F # 51B Women 9-10 50 Back	29	---	-0.40
1:51.29Y	276	F # 55 Women 10 & Under 100 Breast	36	---	---
Vance Zuo (15) M					
2:03.83Y	359	F # 22 Men 200 Free	34	---	-2.64
59.98Y	463	F # 26 Men 100 Fly	21	---	-0.68
1:13.44Y	332	F # 34 Men 100 Breast	22	---	1.63
4:54.72Y	388	F # 40 Men 400 IM	20	---	3.21
2:12.98Y	455	F # 62 Men 200 IM	19	---	-0.98
2:18.50Y	374	F # 66 Men 200 Fly	17	---	0.81
2:40.18Y	352	F # 74 Men 200 Breast	18	---	3.47