
Individual Meet Results
2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points
Sanction: MR-091112 Location: Valley Central, NY
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Alexa Aliprantis (15) W					
5:16.61Y	397 F # 5	Women 400 IM	11	6	0.82
27.34Y	481 F # 43	Women 50 Free	15	2	-0.78
1:08.44Y	373 F # 49	Women 100 Back	15	2	-0.08
1:12.40Y	259 F # 53	Women 100 Fly	31	---	0.22
NS	F # 93	Women 100 Free	---	---	---
NS	F # 99	Women 200 IM	---	---	---
NS	F # 105	Women 100 Breast	---	---	---
Ali Aly (10) M					
1:03.97Y	651 F # 16	Men 9-10 100 Free	1	20	-0.07
1:27.26Y	553 F # 24	Men 9-10 100 Breast	4	15	-1.65
1:16.79Y	553 F # 32	Men 9-10 100 IM	4	15	-0.86
Jessica Arana (12) W					
57.86Y	659 F # 41	Women 11-12 100 Free	2	17	-0.21
29.84Y	629 F # 51	Women 11-12 50 Fly	3	16	-2.18
1:05.00Y	708 F # 57	Women 11-12 100 IM	1	20	-1.36
26.98Y	649 F # 67	200 Free Relay Lead Off	---	---	-1.69
Christopher Arena (10) M					
39.64Y	DQ F # 20	Men 9-10 50 Back	---	---	---
35.61Y	457 F # 28	Men 9-10 50 Fly	6	13	-5.09
1:18.40Y	508 F # 32	Men 9-10 100 IM	8	11	-9.20
32.75Y	465 F # 38	200 Free Relay Lead Off	---	---	0.11
Katrina Bamba (13) W					
1:01.81Y	421 F # 71	Women 13-14 100 Free	24	---	-2.08
1:19.02Y	428 F # 79	Women 13-14 100 Breast	12	5	0.58
2:19.02Y	607 F # 85	Women 13-14 200 Back	2	17	0.36
Conor Beil (11) M					
34.08Y	530 F # 48	Men 11-12 50 Back	12	5	-0.47
36.38Y	291 F # 52	Men 11-12 50 Fly	21	---	1.18
1:16.98Y	420 F # 58	Men 11-12 100 IM	16	1	-1.45
Alyssa Blum (11) W					
1:02.64Y	566 F # 41	Women 11-12 100 Free	14	3	-0.10
31.95Y	568 F # 51	Women 11-12 50 Fly	10	7	-0.08
1:11.97Y	573 F # 57	Women 11-12 100 IM	9	9	-3.25
28.93Y	586 F # 67	200 Free Relay Lead Off	---	---	-0.07
Jaime Boyko (14) W					
28.07Y	451 F # 17	Women 13-14 50 Free	10	7	0.36
1:13.50Y	241 F # 21	Women 13-14 100 Back	29	---	2.62
1:09.74Y	364 F # 25	Women 13-14 100 Fly	9	9	-2.17
Connor Brown (12) M					
1:01.76Y	464 F # 42	Men 11-12 100 Free	8	11	2.13
1:13.44Y	349 F # 58	Men 11-12 100 IM	11	6	-2.96
1:24.80Y	334 F # 62	Men 11-12 100 Breast	8	11	-5.77
Nate Brown (13) M					
26.18Y	548 F # 18	Men 13-14 50 Free	15	1.5	0.34
1:06.20Y	423 F # 22	Men 13-14 100 Back	11	6	---

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Time	F/P/S	Event	Place	Points	Improv
2:05.47Y	454 F # 30	Men 13-14 200 Free	11	6	-1.75
Ryan Brown (11) M					
1:07.80Y	406 F # 42	Men 11-12 100 Free	22	---	-0.55
33.42Y	457 F # 52	Men 11-12 50 Fly	13	3.5	-0.42
1:14.57Y	492 F # 58	Men 11-12 100 IM	14	3	-2.45
Alexis Bush (10) W					
1:20.89Y	191 F # 15	Women 9-10 100 Free	22	---	-6.48
43.40Y	166 F # 19	Women 9-10 50 Back	18	---	-1.01
1:30.91Y	239 F # 31	Women 9-10 100 IM	25	---	-14.44
36.94Y	225 F # 69	Women 9-10 50 Free	31	---	-1.99
47.75Y	225 F # 77	Women 9-10 50 Breast	22	---	-1.02
1:29.53Y	249 F # 83	Women 9-10 100 Back	17	---	-3.70
41.41Y	247 F # 87	200 Medley Relay Lead Off	---	---	-3.00
Maryellen Campbell (16) W					
5:58.59Y	273 F # 11	Women 500 Free	21	---	---
26.50Y	550 F # 43	Women 50 Free	5	14	-0.39
1:06.40Y	433 F # 49	Women 100 Back	6	13	---
1:07.90Y	380 F # 53	Women 100 Fly	20	---	---
26.93Y	513 F # 63	200 Free Relay Lead Off	---	---	0.04
57.93Y	498 F # 93	Women 100 Free	8	11	1.68
2:24.72Y	442 F # 99	Women 200 IM	14	3	1.89
1:11.50Y	586 F # 105	Women 100 Breast	3	16	2.12
Sara Carmichael (12) W					
1:25.53Y	1 F # 41	Women 11-12 100 Free	89	---	---
47.09Y	1 F # 47	Women 11-12 50 Back	66	---	---
1:35.98Y	2 F # 57	Women 11-12 100 IM	63	---	---
Beth Caruana (10) W					
2:37.42Y	362 F # 7	Women 9-10 200 Free	8	11	---
37.44Y	442 F # 19	Women 9-10 50 Back	2	17	-5.94
1:34.88Y	404 F # 23	Women 9-10 100 Breast	9	9	---
1:22.92Y	415 F # 31	Women 9-10 100 IM	13	4	---
1:31.05Y	270 F # 73	Women 9-10 100 Fly	4	15	---
1:22.43Y	406 F # 83	Women 9-10 100 Back	8	11	---
37.64Y	431 F # 87	200 Medley Relay Lead Off	---	---	-5.74
Patricia Cerri-Droz (10) W					
1:15.21Y	323 F # 15	Women 9-10 100 Free	16	1	0.84
39.19Y	351 F # 19	Women 9-10 50 Back	5	13.5	-2.70
1:22.13Y	434 F # 31	Women 9-10 100 IM	11	6	-13.77
NS	F # 69	Women 9-10 50 Free	---	---	---
NS	F # 73	Women 9-10 100 Fly	---	---	---
NS	F # 77	Women 9-10 50 Breast	---	---	---
Ruben Cerri-Droz (12) M					
1:14.26Y	109 F # 42	Men 11-12 100 Free	31	---	-0.97
45.15Y	1 F # 48	Men 11-12 50 Back	38	---	1.16
1:25.54Y	DQ F # 58	Men 11-12 100 IM	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
31.98Y	272 F # 92	Men 11-12 50 Free	21	---	-2.59
39.77Y	283 F # 104	Men 11-12 50 Breast	11	6	-0.51
1:39.98Y	1 F # 108	Men 11-12 100 Back	39	---	4.56
Brendan Chan (14) M					
5:10.71Y	319 F # 4	Men 13-14 400 IM	13	4	-4.91
26.87Y	409 F # 18	Men 13-14 50 Free	24	---	-0.17
1:06.14Y	302 F # 26	Men 13-14 100 Fly	11	6	-1.48
2:21.04Y	129 F # 30	Men 13-14 200 Free	26	---	0.27
59.84Y	311 F # 72	Men 13-14 100 Free	29	---	-0.70
1:13.36Y	401 F # 80	Men 13-14 100 Breast	12	5	-0.58
2:25.62Y	284 F # 86	Men 13-14 200 Back	10	7	-6.84
Elizabeth Chang (15) W					
5:00.34Y	518 F # 5	Women 400 IM	4	15	-12.44
27.68Y	453 F # 43	Women 50 Free	22	---	-0.06
1:08.54Y	369 F # 49	Women 100 Back	16	1	1.04
1:05.07Y	491 F # 53	Women 100 Fly	5	14	-0.40
58.30Y	488 F # 93	Women 100 Free	10	7	0.30
2:21.28Y	512 F # 99	Women 200 IM	7	12	1.46
1:16.61Y	455 F # 105	Women 100 Breast	17	---	---
Linda Chang (17) W					
5:29.78Y	478 F # 11	Women 500 Free	4	15	-5.07
25.81Y	596 F # 43	Women 50 Free	1	20	0.03
1:07.12Y	408 F # 49	Women 100 Back	8	11	-0.12
1:06.01Y	428 F # 53	Women 100 Fly	7	12	-2.52
55.65Y	584 F # 93	Women 100 Free	1	20	-0.17
2:22.30Y	479 F # 99	Women 200 IM	8	11	-2.04
1:17.12Y	396 F # 105	Women 100 Breast	19	---	---
William Chang (13) M					
NS	F # 18	Men 13-14 50 Free	---	---	---
NS	F # 22	Men 13-14 100 Back	---	---	---
1:19.37Y	DQ F # 26	Men 13-14 100 Fly	---	---	---
Kimberly Chan (10) W					
39.19Y	351 F # 19	Women 9-10 50 Back	5	13.5	-0.20
33.69Y	595 F # 27	Women 9-10 50 Fly	2	17	0.36
1:18.66Y	523 F # 31	Women 9-10 100 IM	5	14	-5.28
31.14Y	548 F # 37	200 Free Relay Lead Off	---	---	0.61
Christopher Chen (12) M					
NS	F # 48	Men 11-12 50 Back	---	---	---
NS	F # 58	Men 11-12 100 IM	---	---	---
NS	F # 62	Men 11-12 100 Breast	---	---	---
Geoffrey Chen (10) M					
2:19.23Y	629 F # 8	Men 9-10 200 Free	1	20	-1.45
1:04.16Y	645 F # 16	Men 9-10 100 Free	2	17	0.75
34.90Y	611 F # 20	Men 9-10 50 Back	2	17	-0.91
1:12.64Y	675 F # 32	Men 9-10 100 IM	1	20	---

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Time	F/P/S	Event	Place	Points	Improv
29.19Y	673 F # 70	Men 9-10 50 Free	1	20	-0.01
1:16.81Y	535 F # 74	Men 9-10 100 Fly	2	17	---
1:14.83Y	611 F # 84	Men 9-10 100 Back	1	20	---
Jonathan Chen (10) M					
3:00.58Y	125 F # 8	Men 9-10 200 Free	11	6	---
40.47Y	321 F # 20	Men 9-10 50 Back	10	7	-2.61
1:43.80Y	226 F # 24	Men 9-10 100 Breast	13	4	---
1:30.05Y	232 F # 32	Men 9-10 100 IM	21	---	---
34.18Y	386 F # 70	Men 9-10 50 Free	14	3	-1.31
1:33.85Y	188 F # 74	Men 9-10 100 Fly	6	13	---
44.69Y	340 F # 78	Men 9-10 50 Breast	7	12	---
Leonid Chernukha (11) M					
28.66Y	777 F # 52	Men 11-12 50 Fly	2	17	-0.82
1:05.05Y	821 F # 58	Men 11-12 100 IM	2	17	---
1:13.85Y	779 F # 62	Men 11-12 100 Breast	3	16	---
Zachary Ciriaco (8) M					
37.60Y	325 F # 46	Men 8 & Under 50 Free	10	7	-1.76
1:39.47Y	181 F # 56	Men 8 & Under 100 IM	8	11	-9.40
57.98Y	40 F # 60	Men 8 & Under 50 Breast	12	5	0.77
1:24.33Y	251 F # 96	Men 8 & Under 100 Free	6	13	-7.11
48.22Y	93 F # 102	Men 8 & Under 50 Fly	8	11	-0.14
45.39Y	233 F # 110	Men 8 & Under 50 Back	6	13	0.30
Danielle Cohen (8) W					
38.10Y	292 F # 45	Women 8 & Under 50 Free	7	12	-1.80
1:32.27Y	352 F # 55	Women 8 & Under 100 IM	3	16	-5.02
51.53Y	243 F # 59	Women 8 & Under 50 Breast	8	11	0.90
40.23Y	195 F # 65	200 Free Relay Lead Off	---	---	0.33
1:24.70Y	236 F # 95	Women 8 & Under 100 Free	7	12	-1.66
44.13Y	250 F # 101	Women 8 & Under 50 Fly	5	14	-1.60
45.93Y	203 F # 109	Women 8 & Under 50 Back	6	13	1.06
Emanuel Cohen (11) M					
2:50.77Y	333 F # 2	Men 11-12 200 IM	15	2	2.65
2:30.96Y	324 F # 10	Men 11-12 200 Free	14	3	1.72
36.81Y	368 F # 48	Men 11-12 50 Back	22	---	0.93
37.19Y	251 F # 52	Men 11-12 50 Fly	23	---	-1.17
1:22.38Y	276 F # 58	Men 11-12 100 IM	22	---	-0.91
32.42Y	370 F # 92	Men 11-12 50 Free	23	---	0.37
1:22.11Y	288 F # 98	Men 11-12 100 Fly	10	7	-1.67
1:20.89Y	320 F # 108	Men 11-12 100 Back	15	2	2.90
37.77Y	315 F # 112	200 Medley Relay Lead Off	---	---	1.89
Olivia Cohen (12) W					
1:04.07Y	426 F # 41	Women 11-12 100 Free	20	---	0.46
33.99Y	374 F # 51	Women 11-12 50 Fly	21	---	-0.01
1:13.69Y	423 F # 57	Women 11-12 100 IM	16	1	-2.50

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Time	F/P/S	Event	Place	Points	Improv
Annabelle Corcoran (9) W					
2:31.01Y	622 F # 7	Women 9-10 200 Free	2	17	-9.93
1:11.49Y	575 F # 15	Women 9-10 100 Free	10	7	-0.66
1:41.16Y	454 F # 23	Women 9-10 100 Breast	16	1	---
1:25.53Y	506 F # 31	Women 9-10 100 IM	17	---	---
32.56Y	595 F # 69	Women 9-10 50 Free	6	13	-0.44
1:25.63Y	512 F # 73	Women 9-10 100 Fly	3	16	---
1:17.90Y	704 F # 83	Women 9-10 100 Back	3	16	---
Lauren Darling (8) W					
42.98Y	90 F # 45	Women 8 & Under 50 Free	15	2	1.88
1:53.18Y	31 F # 55	Women 8 & Under 100 IM	13	4	---
59.03Y	DQ F # 59	Women 8 & Under 50 Breast	---	---	---
NS	F # 101	Women 8 & Under 50 Fly	---	---	---
Samantha Darling (10) W					
1:19.77Y	215 F # 15	Women 9-10 100 Free	21	---	1.27
45.68Y	90 F # 19	Women 9-10 50 Back	28	---	-0.84
1:29.47Y	268 F # 31	Women 9-10 100 IM	21	---	-7.99
36.38Y	252 F # 69	Women 9-10 50 Free	24	---	0.63
49.66Y	158 F # 77	Women 9-10 50 Breast	28	---	-2.98
1:41.14Y	59 F # 83	Women 9-10 100 Back	36	---	-1.71
Dara Davison (11) W					
1:32.63Y	1 F # 41	Women 11-12 100 Free	95	---	-0.96
45.61Y	6 F # 47	Women 11-12 50 Back	65	---	-4.39
1:45.49Y	1 F # 57	Women 11-12 100 IM	65	---	---
38.04Y	62 F # 91	Women 11-12 50 Free	78	---	-1.08
1:00.35Y	1 F # 103	Women 11-12 50 Breast	70	---	3.92
1:38.98Y	3 F # 107	Women 11-12 100 Back	62	---	-16.13
Michaela DePhillips (9) W					
1:27.80Y	174 F # 15	Women 9-10 100 Free	40	---	2.29
47.98Y	132 F # 19	Women 9-10 50 Back	40	---	1.74
1:33.91Y	318 F # 31	Women 9-10 100 IM	33	---	-3.34
38.00Y	297 F # 69	Women 9-10 50 Free	39	---	0.08
1:47.85Y	132 F # 73	Women 9-10 100 Fly	10	7	-8.96
48.09Y	371 F # 77	Women 9-10 50 Breast	24	---	0.19
Kathleen Duong (9) W					
37.13Y	340 F # 69	Women 9-10 50 Free	35	---	-1.41
1:49.66Y	109 F # 73	Women 9-10 100 Fly	12	5	---
42.57Y	604 F # 77	Women 9-10 50 Breast	5	14	-2.37
Ryan Earley (11) M					
1:23.01Y	45 F # 42	Men 11-12 100 Free	47	---	-2.66
45.97Y	DQ F # 48	Men 11-12 50 Back	---	---	---
NS	F # 54	Men 100 Fly	---	---	---
36.27Y	155 F # 92	Men 11-12 50 Free	40	---	-1.34
1:49.17Y	1 F # 98	Men 11-12 100 Fly	20	---	-19.14
50.50Y	25 F # 104	Men 11-12 50 Breast	33	---	-3.32

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Sean Earley (12) M					
2:40.30Y	318 F # 2	Men 11-12 200 IM	10	7	-5.21
2:24.23Y	280 F # 10	Men 11-12 200 Free	11	6	-2.86
36.88Y	226 F # 48	Men 11-12 50 Back	23	---	-0.94
1:14.44Y	320 F # 58	Men 11-12 100 IM	13	4	-5.61
1:25.83Y	310 F # 62	Men 11-12 100 Breast	9	9	-3.21
29.58Y	425 F # 92	Men 11-12 50 Free	11	6	-2.06
1:19.87Y	199 F # 98	Men 11-12 100 Fly	8	11	-7.21
1:16.79Y	268 F # 108	Men 11-12 100 Back	11	6	-0.29
Aileen Fitzpatrick (12) W					
6:02.75Y	427 F # 11	Women 500 Free	24	---	---
1:03.92Y	431 F # 41	Women 11-12 100 Free	19	---	1.01
34.23Y	397 F # 47	Women 11-12 50 Back	8	11	-0.54
1:15.93Y	359 F # 57	Women 11-12 100 IM	23	---	---
Connor Fitzpatrick (10) M					
1:11.84Y	419 F # 16	Men 9-10 100 Free	11	6	1.58
1:43.87Y	225 F # 24	Men 9-10 100 Breast	14	3	---
1:23.82Y	369 F # 32	Men 9-10 100 IM	11	6	---
Ian Fitzpatrick (8) M					
33.54Y	534 F # 46	Men 8 & Under 50 Free	3	16	-1.89
1:27.56Y	422 F # 56	Men 8 & Under 100 IM	2	17	---
50.24Y	264 F # 60	Men 8 & Under 50 Breast	5	14	-2.68
1:14.42Y	490 F # 96	Men 8 & Under 100 Free	3	16	-6.74
41.08Y	336 F # 102	Men 8 & Under 50 Fly	3	16	-2.36
42.72Y	344 F # 110	Men 8 & Under 50 Back	3	16	0.68
Alexa Fucile (10) W					
1:22.67Y	155 F # 15	Women 9-10 100 Free	27	---	0.87
45.72Y	88 F # 19	Women 9-10 50 Back	29	---	3.11
1:32.99Y	199 F # 31	Women 9-10 100 IM	31	---	-1.13
38.20Y	167 F # 69	Women 9-10 50 Free	42	---	1.11
1:57.05Y	1 F # 73	Women 9-10 100 Fly	15	2	2.13
48.92Y	183 F # 77	Women 9-10 50 Breast	26	---	0.65
Samantha Gallego (10) W					
1:21.93Y	170 F # 15	Women 9-10 100 Free	25	---	2.72
44.60Y	123 F # 27	Women 9-10 50 Fly	24	---	-9.16
1:34.26Y	176 F # 31	Women 9-10 100 IM	35	---	-5.00
NS	F # 69	Women 9-10 50 Free	---	---	---
NS	F # 77	Women 9-10 50 Breast	---	---	---
NS	F # 83	Women 9-10 100 Back	---	---	---
Olivia Garvey (10) W					
2:47.57Y	240 F # 7	Women 9-10 200 Free	13	4	---
1:36.49Y	372 F # 23	Women 9-10 100 Breast	11	6	-13.03
36.46Y	450 F # 27	Women 9-10 50 Fly	8	11	-4.39
1:23.51Y	401 F # 31	Women 9-10 100 IM	14	3	-8.42
33.59Y	401 F # 69	Women 9-10 50 Free	13	4	-0.69

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46.49Y 273	F # 77	Women 9-10 50 Breast	14	3	-3.70
1:28.35Y 273	F # 83	Women 9-10 100 Back	16	1	-3.97
Danielle Gaudet (11) W					
1:19.68Y 90	F # 41	Women 11-12 100 Free	74	---	-1.03
43.54Y 48	F # 47	Women 11-12 50 Back	60	---	0.36
1:31.47Y 96	F # 57	Women 11-12 100 IM	57	---	---
Michaela Gawley (12) W					
1:21.27Y 20	F # 41	Women 11-12 100 Free	76	---	-3.82
45.15Y 1	F # 47	Women 11-12 50 Back	64	---	-0.03
1:29.21Y DQ	F # 57	Women 11-12 100 IM	---	---	---
36.91Y 49	F # 91	Women 11-12 50 Free	73	---	-1.34
1:36.99Y 1	F # 97	Women 11-12 100 Fly	32	---	-14.87
44.85Y 124	F # 103	Women 11-12 50 Breast	45	---	-0.35
Timothy Genovese (15) M					
4:47.24Y 448	F # 6	Men 400 IM	19	---	---
25.39Y 487	F # 44	Men 50 Free	54	---	-0.34
59.62Y 521	F # 50	Men 100 Back	24	---	-0.09
1:02.99Y 352	F # 54	Men 100 Fly	42	---	---
55.05Y 459	F # 94	Men 100 Free	47	---	0.14
1:16.18Y 255	F # 106	Men 100 Breast	51	---	---
28.20Y	F # 114	200 Medley Relay Lead Off	---	---	---
Caroline Germano (12) W					
2:43.30Y 339	F # 1	Women 11-12 200 IM	14	3	-2.85
2:23.44Y 322	F # 9	Women 11-12 200 Free	10	7	-6.10
36.03Y 290	F # 47	Women 11-12 50 Back	22	---	---
1:17.11Y 327	F # 57	Women 11-12 100 IM	27	---	-5.02
1:27.99Y 296	F # 61	Women 11-12 100 Breast	18	---	-0.19
31.43Y 329	F # 91	Women 11-12 50 Free	35	---	-0.28
40.89Y 294	F # 103	Women 11-12 50 Breast	23	---	-0.26
1:16.54Y 299	F # 107	Women 11-12 100 Back	18	---	-1.76
36.78Y 250	F # 111	200 Medley Relay Lead Off	---	---	0.75
George Germano (9) M					
1:31.76Y 111	F # 16	Men 9-10 100 Free	36	---	-0.74
45.18Y 241	F # 20	Men 9-10 50 Back	19	---	-1.90
1:46.93Y 75	F # 32	Men 9-10 100 IM	27	---	-1.44
42.18Y 122	F # 70	Men 9-10 50 Free	32	---	2.29
58.11Y 38	F # 78	Men 9-10 50 Breast	26	---	0.88
1:36.59Y 251	F # 84	Men 9-10 100 Back	19	---	0.05
Michael Giannotti (12) M					
1:09.97Y 212	F # 42	Men 11-12 100 Free	25	---	-8.38
36.77Y 231	F # 48	Men 11-12 50 Back	21	---	-0.23
1:23.54Y 110	F # 58	Men 11-12 100 IM	26	---	---
30.28Y 379	F # 92	Men 11-12 50 Free	14	3	-1.05
41.01Y 224	F # 104	Men 11-12 50 Breast	14	3	-2.00
1:23.66Y 114	F # 108	Men 11-12 100 Back	20	---	-0.78

Individual Meet Results
2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points
Sanction: MR-091112 Location: Valley Central, NY
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Kerry Giovanniello (12) W					
1:00.29Y	563 F # 41	Women 11-12 100 Free	6	13	-0.01
32.11Y	484 F # 51	Women 11-12 50 Fly	11	6	-0.30
1:11.38Y	493 F # 57	Women 11-12 100 IM	7	12	-3.22
Michael Giovanniello (16) M					
27.29Y	280 F # 44	Men 50 Free	79	---	-1.02
1:17.75Y	1 F # 50	Men 100 Back	85	---	-8.38
1:15.70Y	1 F # 54	Men 100 Fly	81	---	0.48
59.49Y	240 F # 94	Men 100 Free	68	---	-0.60
2:36.39Y	86 F # 100	Men 200 IM	75	---	-3.87
1:28.51Y	1 F # 106	Men 100 Breast	61	---	-3.40
Sarah Greco (14) W					
28.63Y	407 F # 17	Women 13-14 50 Free	24	---	0.23
1:14.90Y	203 F # 21	Women 13-14 100 Back	32	---	1.01
1:17.44Y	149 F # 25	Women 13-14 100 Fly	20	---	3.84
1:01.43Y	401 F # 71	Women 13-14 100 Free	20	---	-0.11
2:38.99Y	267 F # 75	Women 13-14 200 IM	30	---	1.99
2:37.12Y	288 F # 85	Women 13-14 200 Back	13	4	1.40
Michael Gregorace (9) M					
1:11.41Y	573 F # 16	Men 9-10 100 Free	9	9	0.63
37.25Y	613 F # 20	Men 9-10 50 Back	5	14	-4.13
1:18.35Y	662 F # 32	Men 9-10 100 IM	7	12	-2.57
Sophia Gregorace (7) W					
40.17Y	198 F # 45	Women 8 & Under 50 Free	12	5	-2.09
1:35.38Y	289 F # 55	Women 8 & Under 100 IM	8	11	-17.97
49.80Y	305 F # 59	Women 8 & Under 50 Breast	5	14	-1.63
1:28.07Y	169 F # 95	Women 8 & Under 100 Free	9	9	-3.70
44.20Y	248 F # 101	Women 8 & Under 50 Fly	6	13	-9.21
45.56Y	217 F # 109	Women 8 & Under 50 Back	5	14	-5.72
Zoe Gregorace (12) W					
1:09.36Y	507 F # 49	Women 100 Back	20	---	-2.57
1:03.85Y	688 F # 53	Women 100 Fly	3	16	0.23
1:06.25Y	664 F # 57	Women 11-12 100 IM	3	16	-0.94
Jessica Guglielmo (9) W					
38.13Y	291 F # 69	Women 9-10 50 Free	41	---	-1.49
1:46.55Y	148 F # 73	Women 9-10 100 Fly	9	9	---
49.98Y	299 F # 77	Women 9-10 50 Breast	31	---	-0.17
Joseph Guglielmo (12) M					
2:43.87Y	274 F # 2	Men 11-12 200 IM	11	6	-1.88
2:23.91Y	285 F # 10	Men 11-12 200 Free	10	7	-13.77
29.50Y	430 F # 92	Men 11-12 50 Free	10	7	-3.00
1:24.81Y	104 F # 98	Men 11-12 100 Fly	13	4	-14.11
34.97Y	549 F # 104	Men 11-12 50 Breast	4	15	-4.03
Cara Heaney (9) W					
1:23.38Y	265 F # 15	Women 9-10 100 Free	29	---	1.29
47.54Y	146 F # 19	Women 9-10 50 Back	38	---	-3.30

Individual Meet Results
2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points
Sanction: MR-091112 Location: Valley Central, NY
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:38.61Y	228 F # 31	Women 9-10 100 IM	44	---	-6.58
37.28Y	333 F # 69	Women 9-10 50 Free	36	---	0.14
1:58.37Y	26 F # 73	Women 9-10 100 Fly	16	1	---
49.82Y	305 F # 77	Women 9-10 50 Breast	30	---	1.02
Finola Heaney (11) W					
32.62Y	603 F # 47	Women 11-12 50 Back	3	16	-0.13
32.97Y	506 F # 51	Women 11-12 50 Fly	12	5	-0.46
1:13.66Y	520 F # 57	Women 11-12 100 IM	15	2	-3.12
Michael Hildebrandt (12) M					
1:02.89Y	425 F # 42	Men 11-12 100 Free	10	7	-0.66
34.92Y	333 F # 48	Men 11-12 50 Back	17	---	-0.81
1:13.69Y	342 F # 58	Men 11-12 100 IM	12	5	---
Zahrah Ibrahim (10) W					
1:27.13Y	79 F # 15	Women 9-10 100 Free	38	---	-3.87
49.43Y	8 F # 19	Women 9-10 50 Back	44	---	0.14
1:42.95Y	51 F # 31	Women 9-10 100 IM	48	---	---
38.31Y	163 F # 69	Women 9-10 50 Free	44	---	-1.33
52.11Y	83 F # 77	Women 9-10 50 Breast	39	---	-2.25
1:42.55Y	DQ F # 83	Women 9-10 100 Back	---	---	---
Jasmine Jiang (14) W					
1:02.04Y	378 F # 71	Women 13-14 100 Free	25	---	-0.12
2:36.29Y	304 F # 75	Women 13-14 200 IM	28	---	1.93
2:35.27Y	314 F # 85	Women 13-14 200 Back	12	5	-1.26
30.60Y	F # 89	200 Medley Relay Lead Off	---	---	-3.33
Brooke Kaplan (12) W					
2:42.35Y	351 F # 1	Women 11-12 200 IM	13	4	-2.17
2:26.21Y	282 F # 9	Women 11-12 200 Free	15	2	0.05
1:07.63Y	311 F # 41	Women 11-12 100 Free	36	---	-1.20
35.10Y	344 F # 47	Women 11-12 50 Back	14	3	-2.54
1:15.25Y	378 F # 57	Women 11-12 100 IM	18	---	-4.26
31.02Y	356 F # 91	Women 11-12 50 Free	31	---	0.56
38.96Y	391 F # 103	Women 11-12 50 Breast	11	6	0.06
1:15.59Y	325 F # 107	Women 11-12 100 Back	13	3.5	-4.83
35.04Y	348 F # 111	200 Medley Relay Lead Off	---	---	-2.60
Paige Kaplan (12) W					
1:01.65Y	512 F # 41	Women 11-12 100 Free	11	6	-1.83
30.28Y	600 F # 51	Women 11-12 50 Fly	6	13	-1.28
1:08.86Y	575 F # 57	Women 11-12 100 IM	5	14	-0.47
Stephanie Kaplan (10) W					
1:07.79Y	534 F # 15	Women 9-10 100 Free	4	15	1.57
39.39Y	341 F # 19	Women 9-10 50 Back	7	12	-0.41
1:15.33Y	615 F # 31	Women 9-10 100 IM	2	17	-3.53
Adam Kapusta (9) M					
1:15.03Y	474 F # 16	Men 9-10 100 Free	18	---	1.74
40.40Y	452 F # 20	Men 9-10 50 Back	9	9	0.48
1:26.04Y	458 F # 32	Men 9-10 100 IM	13	4	-3.27

Individual Meet Results
2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points
Sanction: MR-091112 Location: Valley Central, NY
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
Yaroslav Khanas (13) M					
26.08Y	556 F # 18	Men 13-14 50 Free	13	4	-0.61
1:06.11Y	402 F # 26	Men 13-14 100 Fly	9	9	-2.77
2:03.07Y	502 F # 30	Men 13-14 200 Free	6	13	-0.33
Anton Khrystenکو (11) M					
30.37Y	779 F # 48	Men 11-12 50 Back	1	20	-0.39
29.72Y	700 F # 52	Men 11-12 50 Fly	4	15	---
1:10.24Y	633 F # 58	Men 11-12 100 IM	8	11	---
26.96Y	730 F # 68	200 Free Relay Lead Off	---	---	-0.73
Catherine Kilgallen (11) W					
2:52.09Y	340 F # 1	Women 11-12 200 IM	20	---	-2.85
2:36.64Y	231 F # 9	Women 11-12 200 Free	24	---	-0.41
38.29Y	256 F # 47	Women 11-12 50 Back	33	---	-3.05
1:20.25Y	334 F # 57	Women 11-12 100 IM	31	---	-4.07
1:31.55Y	324 F # 61	Women 11-12 100 Breast	21	---	1.68
31.65Y	397 F # 91	Women 11-12 50 Free	38	---	-2.95
1:27.74Y	185 F # 97	Women 11-12 100 Fly	25	---	-4.24
40.03Y	425 F # 103	Women 11-12 50 Breast	20	---	-1.62
Kristen Kilgallen (9) W					
1:32.96Y	89 F # 15	Women 9-10 100 Free	52	---	-7.65
50.98Y	51 F # 19	Women 9-10 50 Back	48	---	0.05
1:44.40Y	133 F # 31	Women 9-10 100 IM	52	---	-4.74
43.41Y	76 F # 69	Women 9-10 50 Free	69	---	1.50
53.36Y	183 F # 77	Women 9-10 50 Breast	46	---	0.27
1:47.25Y	100 F # 83	Women 9-10 100 Back	45	---	-1.25
Veniamin Konovalov (10) M					
2:26.15Y	524 F # 8	Men 9-10 200 Free	3	16	---
1:05.28Y	610 F # 16	Men 9-10 100 Free	3	16	-2.02
36.80Y	505 F # 20	Men 9-10 50 Back	4	15	---
1:15.48Y	590 F # 32	Men 9-10 100 IM	2	17	---
29.68Y	644 F # 38	200 Free Relay Lead Off	---	---	-0.75
29.98Y	626 F # 70	Men 9-10 50 Free	3	16	-0.45
1:20.88Y	439 F # 74	Men 9-10 100 Fly	4	15	---
42.18Y	451 F # 78	Men 9-10 50 Breast	3	16	---
Erica Koumas (11) W					
1:12.48Y	252 F # 41	Women 11-12 100 Free	51	---	-1.52
39.07Y	218 F # 47	Women 11-12 50 Back	36	---	0.52
1:20.92Y	317 F # 57	Women 11-12 100 IM	38	---	-11.88
32.44Y	347 F # 91	Women 11-12 50 Free	49	---	-0.68
1:20.37Y	343 F # 97	Women 11-12 100 Fly	19	---	0.02
42.33Y	312 F # 103	Women 11-12 50 Breast	31	---	-10.21
Genna Kranis (14) W					
5:41.45Y	428 F # 11	Women 500 Free	11	6	4.08
28.20Y	441 F # 17	Women 13-14 50 Free	12	5	0.23
1:11.84Y	290 F # 21	Women 13-14 100 Back	20	---	-0.66

Individual Meet Results

2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points

Sanction: MR-091112 Location: Valley Central, NY

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
2:29.83Y	430 F # 33	Women 13-14 200 Fly	2	17	3.59
Rachel Lana (11) W					
3:01.70Y	232 F # 1	Women 11-12 200 IM	28	---	-13.96
2:45.54Y	DQ F # 9	Women 11-12 200 Free	---	---	---
39.39Y	203 F # 47	Women 11-12 50 Back	39	---	-2.32
1:25.72Y	204 F # 57	Women 11-12 100 IM	48	---	-6.48
1:42.17Y	120 F # 61	Women 11-12 100 Breast	42	---	-3.67
34.60Y	221 F # 91	Women 11-12 50 Free	60	---	-0.09
1:30.08Y	141 F # 97	Women 11-12 100 Fly	26	---	-8.88
48.22Y	78 F # 103	Women 11-12 50 Breast	55	---	0.22
Rose Lee (15) W					
27.66Y	455 F # 43	Women 50 Free	21	---	-0.47
1:08.96Y	356 F # 49	Women 100 Back	17	---	-0.77
2:31.17Y	350 F # 81	Women 200 Back	7	12	-2.70
Pamela Leon (12) W					
2:58.31Y	170 F # 1	Women 11-12 200 IM	25	---	1.50
2:32.16Y	204 F # 9	Women 11-12 200 Free	21	---	1.92
1:09.63Y	253 F # 41	Women 11-12 100 Free	46	---	1.33
35.44Y	295 F # 51	Women 11-12 50 Fly	28	---	-0.27
1:21.12Y	226 F # 57	Women 11-12 100 IM	40	---	-6.19
32.48Y	264 F # 91	Women 11-12 50 Free	50	---	-0.03
47.45Y	40 F # 103	Women 11-12 50 Breast	52	---	-0.80
1:21.85Y	172 F # 107	Women 11-12 100 Back	37	---	-1.27
Konstantin Lomeyko (11) M					
1:01.90Y	601 F # 42	Men 11-12 100 Free	9	9	0.86
34.72Y	490 F # 48	Men 11-12 50 Back	16	1	---
31.52Y	577 F # 52	Men 11-12 50 Fly	9	9	---
1:16.58Y	704 F # 62	Men 11-12 100 Breast	4	15	-1.26
Marie Lucas (13) W					
27.37Y	565 F # 17	Women 13-14 50 Free	5	13.5	---
1:09.90Y	405 F # 21	Women 13-14 100 Back	12	5	1.06
2:20.54Y	621 F # 33	Women 13-14 200 Fly	1	20	---
Sarah Maley (13) W					
34.91Y	64 F # 17	Women 13-14 50 Free	60	---	0.53
1:24.20Y	48 F # 21	Women 13-14 100 Back	55	---	0.75
2:37.66Y	60 F # 29	Women 13-14 200 Free	34	---	-4.02
Lauren McNally (10) W					
1:07.68Y	538 F # 15	Women 9-10 100 Free	3	16	-1.43
1:34.15Y	418 F # 23	Women 9-10 100 Breast	7	12	0.69
1:18.28Y	533 F # 31	Women 9-10 100 IM	4	15	-0.92
Claire McNeary (9) W					
3:04.07Y	207 F # 7	Women 9-10 200 Free	17	---	---
1:26.98Y	190 F # 15	Women 9-10 100 Free	37	---	1.75
1:42.14Y	435 F # 23	Women 9-10 100 Breast	17	---	---
1:34.00Y	316 F # 31	Women 9-10 100 IM	34	---	---
38.62Y	268 F # 69	Women 9-10 50 Free	46	---	-0.49

Individual Meet Results
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Time	F/P/S	Event	Place	Points	Improv
47.09Y	410 F # 77	Women 9-10 50 Breast	17	---	-1.29
1:30.17Y	405 F # 83	Women 9-10 100 Back	18	---	2.25
40.64Y	435 F # 87	200 Medley Relay Lead Off	---	---	1.53
Daniel McNeary (9) M					
1:27.14Y	194 F # 16	Men 9-10 100 Free	31	---	-4.03
41.68Y	391 F # 20	Men 9-10 50 Back	11	6	-3.85
1:37.54Y	DQ F # 32	Men 9-10 100 IM	---	---	---
37.23Y	343 F # 70	Men 9-10 50 Free	20	---	-3.49
51.73Y	DQ F # 78	Men 9-10 50 Breast	---	---	---
1:34.44Y	292 F # 84	Men 9-10 100 Back	18	---	-4.91
41.49Y	400 F # 88	200 Medley Relay Lead Off	---	---	-4.04
Jeffrey McNeary (12) M					
1:00.38Y	DQ F # 42	Men 11-12 100 Free	---	---	---
29.85Y	568 F # 52	Men 11-12 50 Fly	6	13	-1.08
1:09.64Y	466 F # 58	Men 11-12 100 IM	6	13	-0.71
Eamonn McNicholas (10) M					
1:27.78Y	73 F # 16	Men 9-10 100 Free	32	---	3.34
43.16Y	205 F # 20	Men 9-10 50 Back	15	2	0.49
1:40.24Y	68 F # 32	Men 9-10 100 IM	24	---	---
38.18Y	186 F # 70	Men 9-10 50 Free	22	---	-0.07
50.16Y	137 F # 78	Men 9-10 50 Breast	15	2	-2.08
1:33.39Y	189 F # 84	Men 9-10 100 Back	16	1	0.32
Joanna McNulty (9) W					
1:21.23Y	314 F # 15	Women 9-10 100 Free	24	---	0.33
47.22Y	147 F # 27	Women 9-10 50 Fly	30	---	-0.13
1:32.70Y	343 F # 31	Women 9-10 100 IM	30	---	-14.25
37.40Y	327 F # 69	Women 9-10 50 Free	37	---	-0.39
45.32Y	483 F # 77	Women 9-10 50 Breast	8	11	-2.04
1:28.23Y	448 F # 83	Women 9-10 100 Back	15	2	-0.88
Katherine Meyers (9) W					
40.58Y	438 F # 19	Women 9-10 50 Back	12	5	---
1:29.72Y	682 F # 23	Women 9-10 100 Breast	3	16	0.26
1:21.38Y	610 F # 31	Women 9-10 100 IM	9	9	---
Tyler Meyers (11) M					
30.77Y	751 F # 48	Men 11-12 50 Back	2	17	---
29.33Y	728 F # 52	Men 11-12 50 Fly	3	16	-0.19
1:09.35Y	664 F # 58	Men 11-12 100 IM	5	14	---
Campbell Munn (8) M					
40.83Y	177 F # 46	Men 8 & Under 50 Free	13	4	---
1:49.22Y	50 F # 56	Men 8 & Under 100 IM	11	6	---
56.83Y	65 F # 60	Men 8 & Under 50 Breast	11	6	---
1:30.12Y	138 F # 96	Men 8 & Under 100 Free	10	7	-4.73
55.21Y	DQ F # 102	Men 8 & Under 50 Fly	---	---	---
47.93Y	141 F # 110	Men 8 & Under 50 Back	9	9	-4.72
Caroline Munn (10) W					
1:13.20Y	376 F # 15	Women 9-10 100 Free	13	4	-9.70

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Sanction: MR-091112 Location: Valley Central, NY
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Time	F/P/S	Event	Place	Points	Improv
44.44Y 128	F # 27	Women 9-10 50 Fly	23	---	-24.76
1:29.75Y 262	F # 31	Women 9-10 100 IM	22	---	-7.25
33.75Y 392	F # 69	Women 9-10 50 Free	14	3	-0.53
1:44.16Y DQ	F # 73	Women 9-10 100 Fly	---	---	---
47.15Y 247	F # 77	Women 9-10 50 Breast	18	---	-0.56
Renee Nakkab (9) W					
40.82Y 426	F # 19	Women 9-10 50 Back	13	4	-0.37
1:32.98Y 614	F # 23	Women 9-10 100 Breast	5	14	-1.05
1:21.67Y 603	F # 31	Women 9-10 100 IM	10	7	-5.10
Bridget O'Shaughnessy (10) W					
2:50.06Y 214	F # 7	Women 9-10 200 Free	15	2	---
43.37Y 167	F # 19	Women 9-10 50 Back	17	---	-0.70
1:37.53Y 352	F # 23	Women 9-10 100 Breast	12	5	1.76
1:26.36Y 334	F # 31	Women 9-10 100 IM	19	---	-8.24
34.56Y 347	F # 69	Women 9-10 50 Free	18	---	-0.60
42.46Y 442	F # 77	Women 9-10 50 Breast	3	16	-1.91
1:35.18Y 145	F # 83	Women 9-10 100 Back	27	---	3.24
Horace Patrick (17) M					
NS	F # 44	Men 50 Free	---	---	---
NS	F # 50	Men 100 Back	---	---	---
NS	F # 54	Men 100 Fly	---	---	---
NS	F # 94	Men 100 Free	---	---	---
2:20.96Y 271	F # 100	Men 200 IM	52	---	1.25
1:05.99Y 506	F # 106	Men 100 Breast	11	6	1.19
Nicole Pereira (13) W					
1:06.60Y 253	F # 71	Women 13-14 100 Free	46	---	-1.34
2:41.58Y 278	F # 75	Women 13-14 200 IM	36	---	0.41
1:21.82Y 351	F # 79	Women 13-14 100 Breast	19	---	0.18
Carlotta Piantanida (7) W					
48.85Y 1	F # 45	Women 8 & Under 50 Free	22	---	1.84
2:04.83Y 1	F # 55	Women 8 & Under 100 IM	16	1	---
1:02.02Y 1	F # 59	Women 8 & Under 50 Breast	17	---	4.67
1:57.97Y 1	F # 95	Women 8 & Under 100 Free	20	---	9.36
1:11.60Y 1	F # 101	Women 8 & Under 50 Fly	20	---	---
52.74Y 18	F # 109	Women 8 & Under 50 Back	17	---	0.60
Giorgia Piantanida (11) W					
1:02.97Y 554	F # 41	Women 11-12 100 Free	15	2	-2.69
33.15Y 566	F # 47	Women 11-12 50 Back	4	15	-0.78
1:11.41Y 591	F # 57	Women 11-12 100 IM	8	11	-3.83
Olivia Plansker (9) W					
1:44.63Y 390	F # 23	Women 9-10 100 Breast	18	---	-2.81
43.61Y 269	F # 27	Women 9-10 50 Fly	22	---	-1.89
1:31.23Y 374	F # 31	Women 9-10 100 IM	26	---	-4.68
33.90Y 516	F # 37	200 Free Relay Lead Off	---	---	0.66
Michaela Pujals (16) W					
NS	F # 53	Women 100 Fly	---	---	---

Individual Meet Results

2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points

Sanction: MR-091112 Location: Valley Central, NY

Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
2:22.83Y	473 F # 99	Women 200 IM	12	5	-1.93
1:14.35Y	498 F # 105	Women 100 Breast	7	12	---
Jillian Pusateri (8) W					
43.27Y	81 F # 45	Women 8 & Under 50 Free	16	1	-0.13
1:45.66Y	115 F # 55	Women 8 & Under 100 IM	12	5	---
53.79Y	169 F # 59	Women 8 & Under 50 Breast	13	4	-3.22
1:38.42Y	25 F # 95	Women 8 & Under 100 Free	14	3	-8.13
57.83Y	1 F # 101	Women 8 & Under 50 Fly	15	2	---
48.14Y	DQ F # 109	Women 8 & Under 50 Back	---	---	---
Julia Pusateri (11) W					
1:16.23Y	159 F # 41	Women 11-12 100 Free	65	---	2.14
1:20.80Y	320 F # 57	Women 11-12 100 IM	34	---	-3.59
1:27.84Y	407 F # 61	Women 11-12 100 Breast	17	---	1.11
32.39Y	350 F # 91	Women 11-12 50 Free	48	---	0.14
38.48Y	506 F # 103	Women 11-12 50 Breast	10	7	0.07
1:25.64Y	194 F # 107	Women 11-12 100 Back	47	---	-5.31
John Rotolo (13) M					
28.87Y	339 F # 18	Men 13-14 50 Free	38	---	-0.83
1:17.07Y	111 F # 22	Men 13-14 100 Back	38	---	0.38
1:18.54Y	64 F # 26	Men 13-14 100 Fly	21	---	-1.55
1:05.45Y	206 F # 72	Men 13-14 100 Free	44	---	-0.78
2:42.89Y	155 F # 76	Men 13-14 200 IM	41	---	1.04
2:42.62Y	155 F # 86	Men 13-14 200 Back	19	---	---
Katherine Ryan (16) W					
1:00.57Y	392 F # 93	Women 100 Free	22	---	0.31
2:31.67Y	334 F # 99	Women 200 IM	26	---	4.38
1:19.20Y	359 F # 105	Women 100 Breast	22	---	---
32.41Y	F # 113	200 Medley Relay Lead Off	---	---	---
Max Scalandre (8) M					
33.15Y	556 F # 46	Men 8 & Under 50 Free	2	17	-1.64
1:28.79Y	393 F # 56	Men 8 & Under 100 IM	4	15	-7.24
45.20Y	464 F # 60	Men 8 & Under 50 Breast	2	17	-1.39
35.01Y	456 F # 66	200 Free Relay Lead Off	---	---	0.22
1:14.14Y	498 F # 96	Men 8 & Under 100 Free	2	17	-3.54
42.11Y	293 F # 102	Men 8 & Under 50 Fly	5	14	-1.64
1:36.83Y	515 F # 106	Men 100 Breast	63	---	-15.60
Natasha Senken (15) W					
27.77Y	446 F # 43	Women 50 Free	25	---	-0.52
1:12.05Y	260 F # 49	Women 100 Back	31	---	---
1:07.84Y	399 F # 53	Women 100 Fly	19	---	---
1:00.00Y	419 F # 93	Women 100 Free	18	---	-0.69
2:22.74Y	487 F # 99	Women 200 IM	9	9	-1.58
1:13.54Y	546 F # 105	Women 100 Breast	5	14	-2.46
Pierce Senken (11) M					
34.69Y	492 F # 48	Men 11-12 50 Back	15	2	---

Individual Meet Results
2009 MR VAC Classic 13-Nov-09 to 15-Nov-09 Yards - Hy-Tek Single Year Points
Sanction: MR-091112 Location: Valley Central, NY
Long Island Aquatic Club [LIAC-MR] Coach: David Ferris

Time	F/P/S	Event	Place	Points	Improv
1:14.90Y	482 F # 58	Men 11-12 100 IM	15	2	---
1:26.58Y	448 F # 62	Men 11-12 100 Breast	10	7	1.66
30.20Y	510 F # 92	Men 11-12 50 Free	13	4	0.22
40.04Y	433 F # 104	Men 11-12 50 Breast	12	5	-0.13
1:14.44Y	493 F # 108	Men 11-12 100 Back	9	9	---
Benjamin Shanley (15) M					
24.28Y	583 F # 44	Men 50 Free	19	---	0.28
1:05.09Y	323 F # 50	Men 100 Back	50	---	-0.05
1:01.75Y	397 F # 54	Men 100 Fly	36	---	---
53.81Y	512 F # 94	Men 100 Free	32	---	1.37
2:22.28Y	298 F # 100	Men 200 IM	59	---	9.83
NS	F # 106	Men 100 Breast	---	---	---
Karan Singh (10) M					
1:36.99Y	1 F # 16	Men 9-10 100 Free	41	---	-3.17
46.75Y	79 F # 20	Men 9-10 50 Back	21	---	-0.43
1:45.94Y	15 F # 32	Men 9-10 100 IM	26	---	---
42.67Y	16 F # 70	Men 9-10 50 Free	34	---	0.28
56.34Y	1 F # 78	Men 9-10 50 Breast	23	---	1.23
1:43.19Y	43 F # 84	Men 9-10 100 Back	23	---	-3.95
Allegra Sodi (11) W					
2:57.84Y	274 F # 1	Women 11-12 200 IM	24	---	2.47
2:32.01Y	291 F # 9	Women 11-12 200 Free	20	---	-6.34
37.76Y	284 F # 47	Women 11-12 50 Back	28	---	0.79
1:22.92Y	268 F # 57	Women 11-12 100 IM	45	---	0.60
1:33.27Y	287 F # 61	Women 11-12 100 Breast	27	---	3.17
33.75Y	268 F # 91	Women 11-12 50 Free	56	---	0.69
42.95Y	284 F # 103	Women 11-12 50 Breast	34	---	1.67
1:22.17Y	273 F # 107	Women 11-12 100 Back	38	---	0.90
Luca Sodi (8) M					
38.19Y	296 F # 46	Men 8 & Under 50 Free	11	6	-1.29
1:36.82Y	227 F # 56	Men 8 & Under 100 IM	5	14	-17.42
50.90Y	240 F # 60	Men 8 & Under 50 Breast	7	12	0.78
1:30.85Y	126 F # 96	Men 8 & Under 100 Free	11	6	-4.21
49.22Y	70 F # 102	Men 8 & Under 50 Fly	9	9	1.08
45.20Y	240 F # 110	Men 8 & Under 50 Back	5	14	-1.27
Christopher Sommella (15) M					
26.21Y	419 F # 44	Men 50 Free	67	---	-0.24
1:08.59Y	213 F # 50	Men 100 Back	67	---	0.32
1:04.64Y	296 F # 54	Men 100 Fly	53	---	---
57.42Y	363 F # 94	Men 100 Free	61	---	-0.47
2:24.13Y	270 F # 100	Men 200 IM	62	---	-5.48
1:20.04Y	DQ F # 106	Men 100 Breast	---	---	---
Thomas Soregaroli (14) M					
5:30.91Y	415 F # 12	Men 500 Free	24	---	3.98
27.74Y	342 F # 18	Men 13-14 50 Free	30	---	-0.60

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Time	F/P/S	Event	Place	Points	Improv
1:06.72Y	318 F # 22	Men 13-14 100 Back	14	3	1.08
2:05.27Y	373 F # 30	Men 13-14 200 Free	10	7	-0.23
Michelle Sorokko (8) W					
36.87Y	354 F # 45	Women 8 & Under 50 Free	4	15	-0.40
1:34.32Y	310 F # 55	Women 8 & Under 100 IM	5	14	---
46.45Y	436 F # 59	Women 8 & Under 50 Breast	1	20	-1.70
1:21.00Y	319 F # 95	Women 8 & Under 100 Free	2	17	-2.27
46.01Y	185 F # 101	Women 8 & Under 50 Fly	9	9	-0.52
45.95Y	202 F # 109	Women 8 & Under 50 Back	7	12	-0.53
Emma Stern (12) W					
1:27.89Y	1 F # 41	Women 11-12 100 Free	91	---	2.51
42.59Y	17 F # 51	Women 11-12 50 Fly	47	---	1.04
1:32.21Y	31 F # 57	Women 11-12 100 IM	58	---	-4.30
36.62Y	60 F # 91	Women 11-12 50 Free	71	---	-1.23
1:41.75Y	1 F # 97	Women 11-12 100 Fly	34	---	-13.30
46.10Y	80 F # 103	Women 11-12 50 Breast	51	---	0.20
42.62Y	25 F # 111	200 Medley Relay Lead Off	---	---	-3.83
Jackson Sugarman (12) M					
1:04.13Y	385 F # 42	Men 11-12 100 Free	18	---	0.09
35.56Y	296 F # 48	Men 11-12 50 Back	18	---	-0.08
1:15.99Y	DQ F # 58	Men 11-12 100 IM	---	---	---
Adele Sukhova (11) W					
2:53.03Y	329 F # 1	Women 11-12 200 IM	21	---	---
2:24.38Y	403 F # 9	Women 11-12 200 Free	11	6	---
1:06.24Y	440 F # 41	Women 11-12 100 Free	32	---	-2.32
39.09Y	217 F # 47	Women 11-12 50 Back	37	---	-1.16
1:19.57Y	352 F # 57	Women 11-12 100 IM	30	---	-20.58
30.73Y	458 F # 91	Women 11-12 50 Free	27	---	-0.19
43.26Y	DQ F # 103	Women 11-12 50 Breast	---	---	---
1:25.81Y	191 F # 107	Women 11-12 100 Back	49	---	0.23
Whitney Sun (11) W					
1:03.59Y	532 F # 41	Women 11-12 100 Free	18	---	2.67
34.88Y	451 F # 47	Women 11-12 50 Back	13	4	-0.01
1:15.25Y	472 F # 57	Women 11-12 100 IM	18	---	-2.11
Dina Sutherland (14) W					
1:02.26Y	370 F # 71	Women 13-14 100 Free	27	---	0.18
2:30.15Y	394 F # 75	Women 13-14 200 IM	17	---	0.73
1:11.91Y	602 F # 79	Women 13-14 100 Breast	2	17	-0.30
Kimberly Tetuan (11) W					
3:14.44Y	114 F # 1	Women 11-12 200 IM	32	---	---
2:50.51Y	89 F # 9	Women 11-12 200 Free	35	---	---
NS	F # 91	Women 11-12 50 Free	---	---	---
NS	F # 97	Women 11-12 100 Fly	---	---	---
NS	F # 103	Women 11-12 50 Breast	---	---	---
Connor Towers (8) M					
31.94Y	623 F # 46	Men 8 & Under 50 Free	1	20	---

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Time	F/P/S	Event	Place	Points	Improv
1:21.62Y	572 F # 56	Men 8 & Under 100 IM	1	20	---
44.20Y	508 F # 60	Men 8 & Under 50 Breast	1	20	---
1:11.40Y	573 F # 96	Men 8 & Under 100 Free	1	20	0.69
37.95Y	480 F # 102	Men 8 & Under 50 Fly	1	20	-3.23
38.32Y	557 F # 110	Men 8 & Under 50 Back	1	20	-2.91
Zachary Towers (12) M					
55.85Y	682 F # 42	Men 11-12 100 Free	1	20	-0.51
31.10Y	576 F # 48	Men 11-12 50 Back	4	15	-0.27
1:03.70Y	677 F # 58	Men 11-12 100 IM	1	20	---
26.03Y	676 F # 68	200 Free Relay Lead Off	---	---	---
Cara Treble (11) W					
1:01.01Y	627 F # 41	Women 11-12 100 Free	8	11	-0.67
35.53Y	411 F # 47	Women 11-12 50 Back	18	---	0.20
NS	F # 51	Women 11-12 50 Fly	---	---	---
1:12.29Y	563 F # 57	Women 11-12 100 IM	11	6	-3.30
Molly Treble (13) W					
26.59Y	632 F # 17	Women 13-14 50 Free	3	16	-0.55
1:05.91Y	543 F # 21	Women 13-14 100 Back	3	16	1.28
1:59.53Y	674 F # 29	Women 13-14 200 Free	1	20	2.62
26.57Y	634 F # 39	200 Free Relay Lead Off	---	---	-0.57
Dylan VanManen (11) M					
59.37Y	693 F # 42	Men 11-12 100 Free	7	12	0.36
34.21Y	522 F # 48	Men 11-12 50 Back	13	4	-0.30
1:10.08Y	638 F # 58	Men 11-12 100 IM	7	12	-4.43
33.18Y	587 F # 112	200 Medley Relay Lead Off	---	---	-1.33
Hannah VanManen (8) W					
43.43Y	76 F # 45	Women 8 & Under 50 Free	17	---	-6.69
1:44.68Y	129 F # 55	Women 8 & Under 100 IM	10	7	---
52.59Y	208 F # 59	Women 8 & Under 50 Breast	11	6	---
1:42.54Y	1 F # 95	Women 8 & Under 100 Free	15	2	---
51.76Y	38 F # 101	Women 8 & Under 50 Fly	13	4	---
48.90Y	104 F # 109	Women 8 & Under 50 Back	11	6	-4.97
Ryan VanManen (15) M					
5:21.25Y	439 F # 12	Men 500 Free	19	---	-8.28
26.13Y	426 F # 44	Men 50 Free	65	---	0.01
1:06.50Y	277 F # 50	Men 100 Back	57	---	-3.07
1:04.69Y	294 F # 54	Men 100 Fly	54	---	-3.65
25.68Y	463 F # 64	200 Free Relay Lead Off	---	---	-0.44
55.84Y	426 F # 94	Men 100 Free	52	---	-0.01
2:14.99Y	419 F # 100	Men 200 IM	35	---	-1.26
1:08.47Y	487 F # 106	Men 100 Breast	24	---	-2.09
Claire Villani (12) W					
1:05.73Y	371 F # 41	Women 11-12 100 Free	28	---	-1.65
33.63Y	394 F # 51	Women 11-12 50 Fly	17	---	0.18
1:18.06Y	302 F # 57	Women 11-12 100 IM	28	---	-5.70

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Time	F/P/S	Event	Place	Points	Improv
David Villani (10) M					
1:19.53Y	228 F # 16	Men 9-10 100 Free	22	---	0.74
42.42Y	162 F # 28	Men 9-10 50 Fly	12	5	-3.69
1:28.81Y	257 F # 32	Men 9-10 100 IM	20	---	-5.91
Eric Wang (13) M					
1:01.67Y	587 F # 22	Men 13-14 100 Back	4	15	0.56
58.58Y	685 F # 26	Men 13-14 100 Fly	3	16	-0.30
2:13.53Y	621 F # 34	Men 13-14 200 Fly	1	20	0.86
25.39Y	613 F # 40	200 Free Relay Lead Off	---	---	-0.18
54.64Y	610 F # 72	Men 13-14 100 Free	8	11	-1.43
2:17.38Y	533 F # 76	Men 13-14 200 IM	9	9	-0.25
2:14.95Y	563 F # 86	Men 13-14 200 Back	4	15	0.03
Megan Waring (16) W					
57.74Y	507 F # 93	Women 100 Free	5	14	-0.34
2:19.78Y	525 F # 99	Women 200 IM	4	15	-10.56
1:10.22Y	626 F # 105	Women 100 Breast	1	20	-1.05
Avery Weissman (9) W					
1:25.82Y	213 F # 15	Women 9-10 100 Free	35	---	-5.84
46.75Y	162 F # 27	Women 9-10 50 Fly	27	---	-1.20
1:37.45Y	249 F # 31	Women 9-10 100 IM	41	---	---
36.40Y	378 F # 69	Women 9-10 50 Free	26	---	-1.60
49.81Y	305 F # 77	Women 9-10 50 Breast	29	---	-3.90
1:35.51Y	DQ F # 83	Women 9-10 100 Back	---	---	---
Brian Wendland (12) M					
31.55Y	546 F # 48	Men 11-12 50 Back	6	13	---
1:09.24Y	479 F # 58	Men 11-12 100 IM	4	15	---
1:20.04Y	DQ F # 62	Men 11-12 100 Breast	---	---	---
William Wendt (16) M					
5:10.35Y	488 F # 12	Men 500 Free	12	5	-27.14
24.59Y	501 F # 44	Men 50 Free	28	---	-0.30
1:01.24Y	408 F # 50	Men 100 Back	34	---	---
58.37Y	467 F # 54	Men 100 Fly	19	---	-0.50
53.48Y	475 F # 94	Men 100 Free	25	---	---
2:10.09Y	466 F # 100	Men 200 IM	23	---	---
1:09.48Y	425 F # 106	Men 100 Breast	30	---	---
Kevin Wu (17) M					
5:24.89Y	356 F # 12	Men 500 Free	22	---	---
24.98Y	440 F # 44	Men 50 Free	40	---	-0.67
1:06.92Y	190 F # 50	Men 100 Back	59	---	1.73
1:08.05Y	122 F # 54	Men 100 Fly	65	---	---
54.19Y	416 F # 94	Men 100 Free	38	---	-0.07
2:19.85Y	288 F # 100	Men 200 IM	50	---	---
1:11.44Y	331 F # 106	Men 100 Breast	37	---	---
Fallon Wulff (12) W					
37.18Y	40 F # 91	Women 11-12 50 Free	74	---	-0.92
49.22Y	2 F # 103	Women 11-12 50 Breast	59	---	10.90

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Time	F/P/S	Event	Place	Points	Improv
1:37.14Y	1 F # 107	Women 11-12 100 Back	61	---	-0.57
Shannon Wulff (9) W					
NS	F # 69	Women 9-10 50 Free	---	---	---
NS	F # 77	Women 9-10 50 Breast	---	---	---
NS	F # 83	Women 9-10 100 Back	---	---	---
Barry Yang (13) M					
29.17Y	317 F # 18	Men 13-14 50 Free	40	---	-0.35
1:25.78Y	1 F # 22	Men 13-14 100 Back	43	---	-5.84
1:11.56Y	231 F # 26	Men 13-14 100 Fly	17	---	-19.10
Nathan Yang (10) M					
1:25.72Y	587 F # 24	Men 9-10 100 Breast	2	17	1.57
34.91Y	494 F # 28	Men 9-10 50 Fly	5	14	-6.86
1:17.24Y	540 F # 32	Men 9-10 100 IM	6	13	---
Alice Ye (9) W					
37.88Y	582 F # 19	Women 9-10 50 Back	3	16	0.11
34.76Y	676 F # 27	Women 9-10 50 Fly	5	14	-4.71
1:18.80Y	679 F # 31	Women 9-10 100 IM	6	13	-6.34
Camellia Ye (7) W					
37.78Y	308 F # 45	Women 8 & Under 50 Free	6	13	-0.07
1:35.32Y	290 F # 55	Women 8 & Under 100 IM	7	12	---
51.49Y	245 F # 59	Women 8 & Under 50 Breast	7	12	-0.53
1:22.64Y	281 F # 95	Women 8 & Under 100 Free	5	14	-5.04
44.64Y	232 F # 101	Women 8 & Under 50 Fly	7	12	-8.65
45.42Y	223 F # 109	Women 8 & Under 50 Back	4	15	-0.12
43.56Y	299 F # 115	200 Medley Relay Lead Off	---	---	-1.98
Kalie Yuen (9) W					
1:23.67Y	258 F # 15	Women 9-10 100 Free	30	---	-0.56
43.26Y	312 F # 19	Women 9-10 50 Back	16	1	-1.28
1:33.28Y	331 F # 31	Women 9-10 100 IM	32	---	-14.49
36.60Y	368 F # 69	Women 9-10 50 Free	28	---	-1.74
1:41.81Y	216 F # 73	Women 9-10 100 Fly	8	11	---
50.29Y	287 F # 77	Women 9-10 50 Breast	33	---	-2.25