

Swimming in the New Year

Martin Luther King Meet

Our first swim meet in the New Year was the MLK meet. The MLK meet was a very exciting meet for the white group. Every athlete had at least one best time for the weekend. Danielle Cohen swam her first 200 IM and made a silver cut with the time of 3:17.11. Michaela DePhillips had a wonderful swim meet making a silver cut in her 200 IM after dropping two and half seconds and four and half seconds in her 50 Fly. Making his first silver cut as an eleven year old, Ryan Earley dropped over three seconds in his 50 back, congratulations Ryan. Samantha Gallego had a great meet, doing best times in all of her events, and making another silver cut her 200 free. Michael Giannotti also had a great swim meet at the Martin Luther King Meet; dropping six and half seconds, Michael swam a 1:17.04 in his 100 IM. Kristen Kilgallen had a very nice meet as well, swimming best times in almost all of her events. Awesome job Kristen! Luca Sodi had a perfect swim meet, swimming best times in all of his events. Luca dropped over four seconds in his 100 free, fantastic job Luca! In the 100 fly, Emma Stern dropped over ten seconds and just missed the silver cut; great job Emma!! After just moving up to the white group Fallon Wulff had a great swim meet. Fallon dropped almost ten seconds in her 100 IM and over seven in her 50 Fly. The white group really had a wonderful first meet in 2010 and I am so proud of them. Let's keep up all the hard work and continue to keep making those cuts!!!!

Swimmers of the meet

On the girls' side, it was Cara Heaney. The first night of the meet Cara swam her first 200 free ever and swam a 2:55.26, making a silver cut. The great swimming continued all weekend, allowing her to do best times in all of the events she swam all weekend. Cara had two four hundred point swims; one in her 50 free, with the time of 35.79 and the second in her 100 breast with the time of 1:43.86. That was a great meet Cara, keep up all the hard work and we will continue to do great!!

On the boys' side, it was Patrick Boyle. Patrick has really stepped up in practice and has been up in the front of the lane working hard every practice. With all this hard work and dedication, it allowed Patrick to do all best times at the meet. Patrick dropped over five seconds in his 100 back, swimming a 1:36.00. That was Patrick's second silver cut this season. Wonderful meet Patrick... Let's keep up all that hard work!!!!