

## **LIAC Wins Combined and Men's Senior Metropolitan Titles**

Long Island Aquatic Club dominated the Overall and Men's competitions at the Senior Metropolitan Championships this past weekend (Feb 18-21<sup>st</sup>) at Lehman College. Amassing 1,120 points in the combined competition to second placed Badger's 855 points. The LIAC men's title (652 points) over the New York Athletic Club (537 points) was especially sweet as it is rare for the high school boys to outdo the bought and paid for NYAC team. They do provide great competition for our guys and provide a standard that is hard to beat on a year to year basis. LIAC Women took second in the team race scoring 468 points to Asphalt Green's 550.

LIAC was led by Men's High Point winner Jack Wagner who set two meet records and won five events. The records came in the 200 IM 1:51.18 and the 100 Back 49.95. Jack also won the 100 Free, 200 Free and the 200 Back. Emily Kelly took second in the Women's High Point. Emily won the 200 Free and the 1650 Free.

LIAC added four more NCSA Junior National Qualifiers. Erik Heinemann 1650 Free, Mike Mayer 200 Breast, Lowell Nickey 500 Free, 1000 Free, and Gabbie Toback 100 Back all qualified for the first time. Congratulations on your hard earned achievement.

This Senior Metropolitan victory was the first win of the new LIAC. For the first time in LIAC history swimmers from three training groups, National, Senior, and Elite all scored significantly at the meet. It has been a team goal for three years now to make the top three groups of LIAC all competitive at the Senior Met level. This meet more than any other to date demonstrates the overall program strength of LIAC.

Great Effort to All. Swim Fast Swim LIAC

