

TOP GUNS

CONGRATULATIONS to the following nine LIAC swimmers who finished top two in their respective age group events at the Friday-Sunday 14-16 March Zone Quals Meet at Lehman College to qualify for the Metro Zone Team which will travel up to Erie Community College in Buffalo to compete in the Eastern Zone Championships on Thursday through Saturday 3-5 April.

Jessica Arana: 10 & U Girls 200Free & 500Free

Gabby Borutecene: 15-18 Girls 100Breast & 200Breast

Rachel Cho: 13-14 Girls 50Free & 200Free

Maggie Johns: 15-18 Girls 100Free, 1650Free & 400I.M.

Michael Lennon: 13-14 Boys 100Free & 1650Free

Nick Spinella: 15-18 Boys 100Free, 200Free, 100Back, 200Back & 400I.M.

Sean Sullivan: 13-14 Boys 500Free, 100Fly, 200Fly, 200I.M. & 400I.M.

Patrick Yang: 13-14 Boys 50Free, 100Free & 100Fly

Cady Zawatson: 13-14 Girls 1650Free

Additional KUDOS to LIAC'ers who clocked in with personal best times during the Zone Quals Meet!

Jessica Arana – 50Free, 100Free, 200Free, 500Free, 100Breast & 100I.M.

Rachel Cho – 50Free, 100Free, 200Free & 100back

Olivia Cohen – 100Breast

Matt Finnegan – 500Free

Zoe Gregorace – 100Breast & 200Breast

Anthony Istomin – 50Breast, 100Breast & 200Breast

Maggie Johns – 500Free, 200Back, 200Fly & 400I.M.

Hannah Kelly – 100Fly

Richard Ke – 200Back & 200Fly

Michael Lennon – 500Free, 100Fly, 200Fly, 200I.M. & 400I.M.

Diane Li – 200Breast

Kevin Ling – 200Breast

Nick Mu – 100Back, 100Fly, 200Fly & 100I.M.

Jay Park – 500Free & 200Fly

Trudi Patrick – 50Back, 50Breast, 200Breast, 50Fly & 100Fly

Jasmine Rashid – 50Back

Matt Salcedo – 500Free & 200Fly

Nick Spinella – 100Free, 200Free, 100Back & 400I.M.

Cathy Tan – 100Back, 50Breast, 100Breast, 100I.M. & 200I.M.

Gabbie Toback – 200Back

Molly Treble – 200Free

Dylan VanManen – 50Free, 100Free, 200Free & 500Free

Eric Wang – 500Free, 100Fly & 200Fly

Patrick Yang – 50Free, 100Free, 100Fly & 200Fly

Kyle Zarriello – 200 Back (& the 100Back en route to 200Back swim)

Cady Zawatson – 200Free & 200Back

WAY TO GO LIAC! Next up for our team are JUNIOR OLYMPICS - GET PSYCHED!