

# LONG ISLAND AQUATIC CLUB

## SWIM FAST SWIM LIAC

### Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women Senior 50 Free</b>						
1	27.01	L	F	Nucci, Jennifer	16	7/26/2001 2001 SPEEDO CHAMPIONS SERI
2	27.21	L	F	Masterson, Keri	17	8/9/2005 2005 USA Junior Nationals
3	27.52	L	F	Foschi, Jessica K	23	3/11/2004 THE 2004 SPEEDO CHAMPIONS S
4	27.57	L	F	Kelly, Emily	14	7/20/2006 2006 SPEEDO CHAMPIONS SERI
5	27.58	L	F	Sendrowski, Krissy Z	16	8/1/1996 JUNIORS 96 LC
6	27.61	L	F	Tolan, Meagan	14	8/1/2002 2002 SPEEDO CHAMPIONS SERI
7	27.66	L	F	Lyons, Tammy	18	8/3/1994 JUNIORS 94 LC
8	27.71	L	F	Silvia, Cathy	22	8/1/1992 PRE 92 LC
9	27.75	L	F	O'Reilly, Kara	17	6/1/2002 NLIAC 2002 SUMMERTIME CLASS
10	27.84	L	F	Papayanopoulos, Ellie Z	17	1/15/1999 1999 BURGDORFF
<b>Women Senior 100 Free</b>						
1	58.14	L	F	Foschi, Jessica K	23	1/9/2004 Burgdorff Invitational 2004
2	58.33	L L	F	Kelly, Emily	14	7/20/2006 2006 SPEEDO CHAMPIONS SERI
3	58.85	L	F	Tolan, Meagan	14	8/1/2002 2002 SPEEDO CHAMPIONS SERI
4	59.23	L	F	Ryan, Michelle	15	8/8/2001 SUMMER LC EASTERN ZONE 200
5	59.35	L	F	Goldson, Liz	15	8/9/2004 2004 LC NCSA Junior Natio-Semi
6	59.52	L	F	Nucci, Jennifer	15	7/20/2000 2000 L. C. SENIOR METROPOLIT
7	59.54	L	F	Sendrowski, Krissy Z	16	8/1/1996 JUNIORS 96 LC
8	59.79	L	P	Voels, Coryn	16	3/19/2002 PHILLIPS 66 SPRING NATS 2002
9	59.83	L L	F	Masterson, Keri	17	8/9/2005 2005 USA Junior Nationals
10	1:00.00	L	F	Silvia, Cathy	22	8/1/1992 PRE 92 LC
<b>Women Senior 200 Free</b>						
1	2:02.22	L	F	Foschi, Jessica K	16	8/14/1997 SENIORS 97 LC
2	2:03.07	L	F	Kelly, Emily	15	1/4/2008 Victorian Champs
3	2:03.85	L	F	Goldson, Liz	16	8/9/2005 2005 USA Junior Nationals
4	2:05.94	L	F	Daly, Sarah	15	8/14/2001 PHILLIPS 66 NATIONAL CHAMPIO
5	2:06.67	L	F	Sendrowski, Krissy Z	16	8/1/1996 JUNIORS 96 LC
6	2:06.92	L L	F	Tolan, Meagan	14	7/18/2002 2002 Long Island Open Swimming
7	2:07.27	L	P	Ryan, Michelle	15	7/26/2001 2001 SPEEDO CHAMPIONS SERI
8	2:07.36	L	P	Voels, Coryn	17	7/24/2003 2003 SPEEDO CHAMPIONS SERI
9	2:07.51	L	T	Daly, Jenna	17	8/6/2007 2007 Junior Nationals
10	2:07.57	L	F	Taylor, Amy	16	7/20/1995 1995 LC SENIOR METS
<b>Women Senior 400 Free</b>						
1	4:13.84	L	F	Foschi, Jessica K	15	3/14/1996 OLYMPIC TRIALS 96
2	4:14.81	L	F	Goldson, Liz	18	7/31/2007 2007 ConocoPhillips USA Swimmin
3	4:19.24	L	F	Kelly, Emily	15	7/19/2007 2007 SPEEDO CHAMPIONS SERI
4	4:20.69	L	F	Daly, Sarah	16	8/12/2002 PHILLIPS 66 NATIONALS
5	4:22.81	L	F	Taylor, Amy	16	8/14/1995 JUNIORS 95 LC
6	4:23.77	L	P	Fasano, Jackie	16	8/9/2004 2004 LC NCSA Junior National Cha
7	4:24.79	L	P	Derlath, Erica	16	8/7/2006 206 USA Junior Nationals
8	4:25.24	L	F	Rosen, Katie	16	8/1/1996 JUNIORS 96 LC
9	4:25.28	L	F	Rubert, Ali Z	17	8/1/1998 JUNIORS 98 LC
10	4:26.36	L	P	Daly, Jenna	17	8/6/2007 2007 Junior Nationals
<b>Women Senior 800 Free</b>						
1	8:40.00	L	F	Foschi, Jessica K	15	11/30/1995 US OPEN 95 LC
2	8:43.70	L	F	Goldson, Liz	16	8/9/2005 2005 USA Junior Nationals
3	8:48.99	L	F	Daly, Sarah	15	8/14/2001 PHILLIPS 66 NATIONAL CHAMPIO
4	8:51.40	L	F	Kelly, Emily	15	8/6/2007 2007 Junior Nationals
5	8:56.42	L	F	Derlath, Erica	17	1/11/2008 Burgdorff Invitational 2008
6	8:56.64	L	F	Taylor, Amy	16	8/14/1995 JUNIORS 95 LC
7	8:59.83	L	F	Fasano, Jackie	16	8/9/2004 2004 LC NCSA Junior National Cha
8	8:59.87	L	F	Rubert, Ali Z	17	8/1/1998 JUNIORS 98 LC
9	9:06.54	L	F	McKinley, Shannon	15	7/15/1999 L.I. OPEN
10	9:07.21	L	F	Daly, Jenna	17	8/6/2007 2007 Junior Nationals

# LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

Time	P/F/S	Name	Age/Yr		
<b>Women Senior 1500 Free</b>					
1	16:24.86 L	F	Foschi, Jessica K	14	8/10/1995 SENIORS 95 LC
2	16:51.14 L	F	Kelly, Emily	15	1/4/2008 Victorian Champs
3	16:53.89 L	F	Goldson, Liz	16	8/9/2005 2005 USA Junior Nationals
4	16:57.92 L	F	Daly, Sarah	15	8/14/2001 PHILLIPS 66 NATIONAL CHAMPION
5	17:08.66 L	F	Fasano, Jackie	16	8/9/2004 2004 LC NCSA Junior National Cha
6	17:09.97 L	F	Festa, Julia	15	8/6/2007 2007 Junior Nationals
7	17:10.58 L	F	Derlath, Erica	17	8/6/2007 2007 Junior Nationals
8	17:15.65 L	F	Taylor, Amy	16	7/20/1995 1995 LC SENIOR METS
9	17:15.91 L	F	Rubert, Ali Z	17	8/1/1998 JUNIORS 98 LC
10	17:29.68 L	F	McKinley, Shannon	17	7/12/2001 The 2001 Long Island Open
<b>Women Senior 100 Back</b>					
1	1:04.09 L	P	Skelos, Daphne	19	7/31/2007 2007 ConocoPhillips USA Swimmin
2	1:06.02 L	F	Mund, Lorna	22	8/1/1992 PRE 92 LC
3	1:06.77 L L	F	Festa, Natalia	16	7/21/2005 2005 SPEEDO CHAMPIONS SERI
4	1:07.24 L S	F	Paradine, Juliet	16	7/26/2001 2001 SPEEDO CHAMPIONS SERI
5	1:07.52 L	P	O'Reilly, Kara	16	3/19/2002 PHILLIPS 66 SPRING NATS 2002
6	1:07.65 L	F	Litt, Danielle	17	5/27/1994 ALAMO CHALLENGE
7	1:07.86 L	F	Ferris, Emily	17	7/26/2001 2001 SPEEDO CHAMPIONS SERI
8	1:08.81 L	F	Voels, Coryn	17	1/9/2004 Burgdorff Invitational 2004
9	1:08.98 L	F	Jaeger, Jennifer	16	8/7/1993 JUNIORS 93 LC
10	1:09.09 L	F	Von Doring, Kim Z	15	7/14/1994 BFLO.INTERNATIONAL94
<b>Women Senior 200 Back</b>					
1	2:14.21 L	P	Skelos, Daphne	19	7/31/2007 2007 ConocoPhillips USA Swimmin
2	2:22.60 L	F	Mund, Lorna	22	8/1/1992 PRE 92 LC
3	2:24.45 L	P	O'Reilly, Kara	16	3/19/2002 PHILLIPS 66 SPRING NATS 2002
4	2:24.57 L	F	Derlath, Erica	17	1/11/2008 Burgdorff Invitational 2008
5	2:25.20 L	F	Litt, Danielle	16	8/7/1993 JUNIORS 93 LC
6	2:25.31 L	F	Ferris, Emily	17	8/8/2001 SUMMER LC EASTERN ZONE 200
7	2:26.49 L	F	Zarriello, Megan	15	1/11/2008 Burgdorff Invitational 2008
8	2:26.55 L	F	Paradine, Juliet	15	1/26/2001 Long Island's 3rd National Qua
9	2:26.77 L	F	Daly, Sarah	16	6/1/2002 NLIAC 2002 SUMMERTIME CLASS
10	2:26.96 L	P	Festa, Natalia	17	7/20/2006 2006 SPEEDO CHAMPIONS SERI
<b>Women Senior 100 Breast</b>					
1	1:14.02 L	P	Kempton, Kristalynn	18	8/9/2005 2005 USA Junior Nationals
2	1:14.26 L	P	Larson, Kate E	21	8/15/2000 2000 OLYMPIC TRIALS
3	1:15.09 L	P	Reitz, Kelly	20	7/21/2005 2005 SPEEDO CHAMPIONS SERI
4	1:15.13 L	F	Benja-Athon, Nontawan	15	8/1/1998 JUNIORS 98 LC
5	1:15.28 L	P	Fiorentino, Kendel	16	3/19/2002 PHILLIPS 66 SPRING NATS 2002
6	1:15.33 L	P	Debenedetto, Erica Z	18	7/20/2000 2000 L. C. SENIOR METROPOLIT
6	1:15.33 L	F	Walsh, Grace	19	8/1/1992 PRE 92 LC
8	1:15.67 L	F	Leite, Karla	17	7/22/2004 THE 2004 SPEEDO CHAMPIONS S
9	1:16.15 L	F	Del Mundo, Maria	15	6/25/1999 NLIAC INVITATIONAL
10	1:16.77 L	F	Landrio, Jamie Z	18	5/22/1997 Alamo 97 Lc
<b>Women Senior 200 Breast</b>					
1	2:37.84 L	P	Leite, Karla	17	8/9/2004 2004 LC NCSA Junior National Cha
2	2:38.18 L	F	Benja-Athon, Nontawan	16	5/29/1999 MEMORIAL DAY MEET
3	2:38.20 L	F	Kempton, Kristalynn	18	8/9/2005 2005 USA Junior Nationals
4	2:39.98 L	P	Larson, Kate E	21	8/15/2000 2000 OLYMPIC TRIALS
5	2:41.66 L	F	Fiorentino, Kendel	17	7/24/2003 2003 SPEEDO CHAMPIONS SERI
6	2:41.72 L	F	Del Mundo, Maria	15	7/15/1999 L.I. OPEN
7	2:42.90 L	F	Taylor, Amy	15	8/3/1994 JUNIORS 94 LC
8	2:43.84 L	P	Reitz, Kelly	20	7/21/2005 2005 SPEEDO CHAMPIONS SERI
9	2:44.49 L	F	Walsh, Grace	19	8/1/1992 PRE 92 LC
10	2:45.39 L	P	Debenedetto, Erica Z	18	7/20/2000 2000 L. C. SENIOR METROPOLIT

# LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

## Individual Top Times

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Women Senior 100 Fly</b>						
1	1:02.04 L	F	Landrio, Jamie Z	18	8/14/1997	SENIORS 97 LC
2	1:03.04 L	F	O'Reilly, Kara	15	7/20/2000	2000 L. C. SENIOR METROPOLIT
3	1:03.50 L	P	Masterson, Keri	17	8/9/2005	2005 USA Junior Nationals
4	1:03.54 L	F	Sendrowski, Krissy Z	18	8/1/1998	JUNIORS 98 LC
5	1:04.97 L	P	Ryan, Michelle	15	7/26/2001	2001 SPEEDO CHAMPIONS SERI
6	1:05.02 L	P	Fiorentino, Kendel	17	7/24/2003	2003 SPEEDO CHAMPIONS SERI
7	1:05.77 L	F	Paradine, Juliet	16	7/26/2001	2001 SPEEDO CHAMPIONS SERI
8	1:06.12 L	F	Afflixio, Lauren Z	15	7/17/1997	SENIOR MET 97 LC
9	1:06.26 L	P	Kempton, Kristalynn	17	8/9/2004	2004 LC NCSA Junior National Cha
10	1:06.44 L	F	Ehlers, Christa Z	17	8/1/1998	JUNIORS 98 LC
<b>Women Senior 200 Fly</b>						
1	2:14.24 L	F	Sendrowski, Krissy Z	18	8/11/1998	SENIORS 98 LC
2	2:17.97 L	F	Landrio, Jamie Z	18	8/14/1997	JUNIORS 97 LC
3	2:19.20 L	F	Ryan, Michelle	15	8/8/2001	SUMMER LC EASTERN ZONE 200
4	2:20.37 L	F	Afflixio, Lauren Z	16	8/1/1998	JUNIORS 98 LC
5	2:21.11 L	F	Mund, Kristen	18	8/1/1992	PRE 92 LC
6	2:21.87 L	F	Daly, Sarah	17	7/24/2003	2003 SPEEDO CHAMPIONS SERI
7	2:22.02 L	F	McKenna, Clare	15	7/24/2003	2003 SPEEDO CHAMPIONS SERI
8	2:22.44 L	F	Reynolds, Janet Z	14	1/16/1998	BURGDORFF 98 LC
9	2:22.51 L	F	O'Reilly, Kara	15	3/28/2001	PHILLIPS 66 NATIONALS SPRING
10	2:22.79 L	F	Ehlers, Christa Z	17	8/1/1998	JUNIORS 98 LC
<b>Women Senior 200 IM</b>						
1	2:19.80 L	F	Foschi, Jessica K	23	1/9/2004	Burgdorff Invitational 2004
2	2:22.57 L	F	Taylor, Amy	16	8/14/1995	JUNIORS 95 LC
3	2:23.26 L	P	Skelos, Daphne	19	7/31/2007	2007 ConocoPhillips USA Swimmin
4	2:24.28 L	F	Sendrowski, Krissy Z	16	8/1/1996	JUNIORS 96 LC
5	2:25.52 L	P	Derlath, Erica	17	7/19/2007	2007 SPEEDO CHAMPIONS SERI
6	2:26.49 L	F	Benja-Athon, Nontawan	17	1/26/2001	Long Island's 3rd National Qua
7	2:27.02 L	F	Debenedetto, Erica Z	18	7/20/2000	2000 L. C. SENIOR METROPOLIT
8	2:27.11 L	F	Murphy, Kelly	18	8/1/1992	PRE 92 LC
9	2:27.40 L	P	Voels, Coryn	17	7/24/2003	2003 SPEEDO CHAMPIONS SERI
10	2:28.18 L	F	Daly, Sarah	15	6/2/2001	LIAC'sSummertime Classic
<b>Women Senior 400 IM</b>						
1	4:51.68 L	F	Foschi, Jessica K	16	8/14/1997	SENIORS 97 LC
2	4:54.45 L	F	Taylor, Amy	16	8/14/1995	JUNIORS 95 LC
3	4:59.24 L	F	Skelos, Daphne	18	8/7/2006	206 USA Junior Nationals
4	5:01.04 L	P	Derlath, Erica	16	8/7/2006	206 USA Junior Nationals
5	5:03.42 L	P	Goldson, Liz	17	7/20/2006	2006 SPEEDO CHAMPIONS SERI
6	5:05.90 L	F	Daly, Sarah	16	1/18/2002	Burgdorff Invitational 2002
7	5:11.93 L	F	Sendrowski, Krissy Z	17	5/23/1998	MEMORIAL DAY MEET
8	5:12.19 L	F	Murphy, Kelly	18	8/1/1992	PRE 92 LC
9	5:12.26 L	F	Ehlers, Christa Z	16	7/17/1997	SENIOR MET 97 LC
10	5:12.43 L	F	Benja-Athon, Nontawan	16	5/29/1999	MEMORIAL DAY MEET

**LONG ISLAND AQUATIC CLUB  
SWIM FAST SWIM LIAC**

**Individual Top Times**

Number of Top Times: 10 Show Long Course Only

	Time	P/F/S	Name	Age/Yr		
<b>Men Senior 50 Free</b>						
1	23.63 L	F	Esway, Brian	22	8/10/1995	SENIORS 95 LC
2	23.92 L	F	Hinds, Howard G	24	8/1/2002	2002 SPEEDO CHAMPIONS SERI
3	23.93 L	F	Beck, Matt	22	8/14/1993	SENIORS 93 LC
4	23.97 L	F	Roestenberg, Andreas	25	8/10/1995	SENIORS 95 LC
5	23.98 L	F	Eckerman, Chris	22	8/7/1996	SENIORS 96 LC
6	24.01 L	P	Zimarev, Yury	20	3/27/2007	2007 USA Swimming Club Champio
7	24.18 L	F	Gahn, Chris	1	8/8/2001	SUMMER LC EASTERN ZONE 200
8	24.25 L	P	Wagner, Jack	15	8/6/2007	2007 Junior Nationals
9	24.33 L	P	Robledo, Christian	17	7/24/2003	2003 SPEEDO CHAMPIONS SERI
10	24.35 L	F	Tribble, Brian	20	8/14/1993	SENIORS 93 LC
<b>Men Senior 100 Free</b>						
1	50.90 L	F	Eckerman, Chris	21	8/10/1995	SENIORS 95 LC
2	51.76 L	F	Esway, Brian	22	8/10/1995	SENIORS 95 LC
3	51.88 L	F	Roestenberg, Andreas	25	3/14/1995	SENIOR NATIONAL MEET
4	51.94 L	S	Wagner, Jack	15	8/6/2007	2007 Junior Nationals
5	52.02 L	F	Rosen, Ben	17	8/3/1994	JUNIORS 94 LC
6	52.35 L L	F	Hinds, Howard G	25	7/10/2003	2003 Long Island Open
7	52.40 L	F	Beck, Matt	24	8/10/1995	SENIORS 95 LC
8	52.80 L L	F	Robledo, Christian	17	8/5/2003	ConocoPhillips National Swimmi
9	52.94 L	F	Shaw, Adam	18	8/7/1996	SENIORS 96 LC
10	53.10 L	F	Milun, Darren	18	7/16/1993	SRMET93LC
<b>Men Senior 200 Free</b>						
1	1:50.65 L	F	Eckerman, Chris	22	8/7/1996	SENIORS 96 LC
2	1:51.38 L	F	Prichard, Ian	21	8/5/2003	ConocoPhillips National Swimmi
3	1:52.28 L	F	Roestenberg, Andreas	23	8/14/1993	SENIORS 93 LC
4	1:54.04 L	F	MACFADYEN, KEN D	16	3/30/1994	SENIOR NATS
5	1:54.05 L	F	Neligan, Brendan	20	7/10/2003	2003 Long Island Open
6	1:54.78 L	F	Petto, Lou	23	7/7/1995	ESSO CUP 95
7	1:55.28 L	F	Robledo, Christian	17	7/24/2003	2003 SPEEDO CHAMPIONS SERI
8	1:55.53 L L	F	Wagner, Jack	15	8/6/2007	2007 Junior Nationals
9	1:56.78 L	F	Rosen, Ben	17	8/3/1994	JUNIORS 94 LC
10	1:57.36 L	F	Semels, Ryan Z	18	1/29/1999	NATIONAL QUALIFIER
<b>Men Senior 400 Free</b>						
1	3:54.14 L	F	Neligan, Brendan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	3:56.48 L	F	Prichard, Ian	21	8/5/2003	ConocoPhillips National Swimmi
3	3:58.56 L	F	MACFADYEN, KEN D	16	3/30/1994	SENIOR NATS
4	4:01.01 L	F	O'Neill, Tom	17	8/6/2007	2007 Junior Nationals
5	4:03.45 L	F	Demarco, Dan J	21	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIO
6	4:03.63 L	F	Lane, Sean	17	8/6/2007	2007 Junior Nationals
7	4:04.71 L	F	Roestenberg, Andreas	22	8/1/1992	PRE 92 LC
8	4:05.98 L	F	Petto, Lou	23	7/20/1995	1995 LC SENIOR METS
9	4:06.70 L	F	Semels, Ryan Z	18	1/29/1999	NATIONAL QUALIFIER
10	4:06.80 L	F	Szapiel, Michal	22	3/11/2004	THE 2004 SPEEDO CHAMPIONS S
<b>Men Senior 800 Free</b>						
1	8:02.18 L	F	Neligan, Brendan	18	8/24/2001	WORLD UNIVERSITY GAMES
2	8:08.30 L	F	Prichard, Ian	21	8/5/2003	ConocoPhillips National Swimmi
3	8:09.26 L	F	Demarco, Dan J	21	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIO
4	8:11.85 L	F	MACFADYEN, KEN D	16	3/30/1994	SENIOR NATS
5	8:19.59 L	F	O'Neill, Tom	17	8/6/2007	2007 Junior Nationals
6	8:19.67 L	F	Lane, Sean	17	8/6/2007	2007 Junior Nationals
7	8:20.39 L	F	Semels, Ryan Z	18	1/29/1999	NATIONAL QUALIFIER
8	8:26.32 L	F	Salayka, George	16	8/1/2002	2002 SPEEDO CHAMPIONS SERI
9	8:28.66 L	F	Valenza, Jordan	18	8/1/1992	PRE 92 LC
10	8:32.25 L	F	Derlath, Jonathan	15	7/19/2007	2007 SPEEDO CHAMPIONS SERI

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SWIM FAST SWIM LIAC**

**Individual Top Times**

Number of Top Times: 10 Show Long Course Only

Time	P/F/S	Name	Age/Yr		
<b>Men Senior 1500 Free</b>					
1 15:25.29 L	F	Neligan, Brendan	19	8/12/2002	PHILLIPS 66 NATIONALS
2 15:33.55 L	F	Demarco, Dan J	20	7/13/2000	The 2000 Long Island Open Gr
3 15:47.99 L	F	MACFADYEN, KEN D	16	3/30/1994	SENIOR NATS
4 15:54.36 L	F	Prichard, Ian	21	8/5/2003	ConocoPhillips National Swimmi
5 15:54.48 L	F	O'Neill, Tom	17	8/6/2007	2007 Junior Nationals
6 15:59.52 L	F	Valenza, Jordan	18	8/1/1992	PRE 92 LC
7 16:00.29 L	F	Lane, Sean	17	8/6/2007	2007 Junior Nationals
8 16:05.28 L	F	Semels, Ryan Z	18	1/29/1999	NATIONAL QUALIFIER
9 16:18.66 L	F	Salayka, George	17	4/1/2003	ConocoPhillips National Swimmi
10 16:19.88 L	F	Derlath, Jonathan	15	8/6/2007	2007 Junior Nationals
<b>Men Senior 100 Back</b>					
1 58.65 L	F	Scuderi, Chris	20	7/16/1993	SRMET93LC
2 58.67 L	F	Russo, Wyatt	21	8/10/1995	SENIORS 95 LC
3 59.10 L L	F	Smith, Bobby	18	3/27/2007	2007 USA Swimming Club Champio
4 59.83 L	P	Wagner, Jack	16	1/11/2008	Burgdorff Invitational 2008
5 59.85 L	F	Ferris, Mike	19	1/26/2001	Long Island's 3rd National Qua
6 59.94 L	S	Davidoff, Joe B	19	3/30/1994	SENIOR NATS
7 1:01.10 L	F	Chang, Dennis	17	8/7/1996	SENIORS 96 LC
8 1:01.82 L	F	Haug, Kyle Z	17	1/14/2000	2000 BURG DORFF MEET
9 1:01.94 L	F	Lynch, Justin Z	17	1/28/2000	LONG ISLAND'S 2ND NATIONAL
10 1:01.95 L	P	Spinella, Nick	15	1/11/2008	Burgdorff Invitational 2008
<b>Men Senior 200 Back</b>					
1 2:06.88 L	P	Smith, Bobby	18	8/6/2007	2007 Junior Nationals
2 2:07.17 L	F	Ferris, Mike	20	5/18/2001	2001 DOMINO'S SWIM CLASSIC
3 2:08.10 L	F	Russo, Wyatt	21	8/10/1995	SENIORS 95 LC
4 2:09.02 L	F	Wagner, Jack	16	1/11/2008	Burgdorff Invitational 2008
5 2:09.30 L	F	Scuderi, Chris	20	8/14/1993	SENIORS 93 LC
6 2:09.34 L	F	Lynch, Justin Z	18	7/13/2000	The 2000 Long Island Open Gr
7 2:11.26 L	P	Karnaugh, Ron D	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
8 2:11.87 L	F	Davidoff, Joe B	17	8/1/1992	PRE 92 LC
9 2:15.00 L	F	Spinella, Nick	15	1/11/2008	Burgdorff Invitational 2008
10 2:15.03 L	P	Neligan, Brendan	17	1/26/2001	Long Island's 3rd National Qua
<b>Men Senior 100 Breast</b>					
1 1:04.12 L	F	Hubbell, Marty	21	8/10/1995	SENIORS 95 LC
2 1:04.22 L	F	Commings, Jeff	21	8/10/1995	SENIORS 95 LC
3 1:05.56 L	F	Mone, Greg	21	8/7/1993	JUNIORS 93 LC
4 1:06.59 L	F	Karnaugh, Ron D	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
5 1:07.46 L	F	Acquavito, Nick	18	7/24/2003	2003 SPEEDO CHAMPIONS SERI
6 1:07.67 L	F	Biegluk, Mark	22	7/15/1999	L.I. OPEN
7 1:07.99 L	F	Gallagher, Dj	19	8/3/1994	JUNIORS 94 LC
8 1:08.36 L	F	Miller, Chris Z	15	8/1/1996	JUNIORS 96 LC
9 1:08.45 L	F	Rubin, Neal	20	3/11/2004	THE 2004 SPEEDO CHAMPIONS S
10 1:08.98 L	F	Demarco, Scott	18	1/26/2001	Long Island's 3rd National Qua
<b>Men Senior 200 Breast</b>					
1 2:21.15 L	F	Mone, Greg	21	8/7/1993	JUNIORS 93 LC
2 2:23.41 L	F	Hubbell, Marty	21	8/10/1995	SENIORS 95 LC
3 2:23.57 L	F	Karnaugh, Ron D	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
4 2:25.71 L	F	Biegluk, Mark	16	8/7/1993	JUNIORS 93 LC
5 2:26.06 L	F	Miller, Chris Z	17	8/1/1998	JUNIORS 98 LC
6 2:26.61 L	F	Gallagher, Dj	19	8/3/1994	JUNIORS 94 LC
7 2:27.77 L	F	Acquavito, Nick	18	7/24/2003	2003 SPEEDO CHAMPIONS SERI
8 2:27.91 L	F	Rubin, Neal	20	3/11/2004	THE 2004 SPEEDO CHAMPIONS S
9 2:29.61 L	F	Demarco, Scott	18	1/26/2001	Long Island's 3rd National Qua
10 2:30.73 L	F	Yeung, Stephen Z	17	1/16/1998	BURG DORFF 98 LC

# LONG ISLAND AQUATIC CLUB

## SWIM FAST SWIM LIAC

### Individual Top Times

Number of Top Times: 10 Show Long Course Only

Time	P/F/S	Name	Age/Yr		
<b>Men Senior 100 Fly</b>					
1	54.11 L	F Beck, Matt	24	8/10/1995	SENIORS 95 LC
2	56.17 L	F Miller, Joe	22	8/14/1993	SENIORS 93 LC
3	56.25 L	F Eckerman, Chris	22	8/7/1996	SENIORS 96 LC
4	56.96 L	P Zimarev, Yury	20	3/27/2007	2007 USA Swimming Club Champio
5	57.19 L	P Dent, Roger L	18	8/6/2007	2007 Junior Nationals
6	57.22 L	F Zanetti, Tom	21	8/10/1995	SENIORS 95 LC
7	57.44 L	F Shaw, Adam	18	8/7/1996	SENIORS 96 LC
8	* 58.30 L	F Rosen, Ben	22	3/27/1999	SPRING SENIORS 99
8*	58.30 L	F Cerra, Nicholas	16	1/11/2008	Burgdorff Invitational 2008
10	58.56 L	F Eng, Ed	16	7/16/1998	SR MET 98 LC
<b>Men Senior 200 Fly</b>					
1	2:01.92 L	F Neligan, Brendan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	2:04.49 L	F Beck, Matt	24	8/10/1995	SENIORS 95 LC
3	2:05.04 L	F Demarco, Scott	18	3/28/2001	PHILLIPS 66 NATIONALS SPRING
4	2:06.91 L	F Dent, Roger L	18	7/19/2007	2007 SPEEDO CHAMPIONS SERI
5	2:07.01 L	F Demarco, Dan J	23	3/11/2004	THE 2004 SPEEDO CHAMPIONS S
6	2:07.41 L	F Zanetti, Tom	19	8/7/1993	JUNIORS 93 LC
7	2:08.86 L	F Semels, Ryan Z	19	7/15/1999	L.I. OPEN
8	2:09.99 L	F Pelegrimas, David	17	7/17/1997	SENIOR MET 97 LC
9	2:10.53 L	F Peng, Victor Z	17	1/15/1999	1999 BURGdorFF
10	2:10.98 L	P Arruda, Lous M	19	7/24/2003	2003 SPEEDO CHAMPIONS SERI
<b>Men Senior 200 IM</b>					
1	2:07.81 L	F Karnaugh, Ron D	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
2	2:08.65 L	F Russo, Wyatt	21	8/10/1995	SENIORS 95 LC
3	2:09.08 L	F Neligan, Brendan	19	7/18/2002	2002 Long Island Open Swimming
4	2:10.35 L	F Commings, Jeff	21	8/10/1995	SENIORS 95 LC
5	2:11.32 L	F Demarco, Scott	19	7/26/2001	2001 SPEEDO CHAMPIONS SERI
6	2:11.59 L	F Wagner, Jack	16	1/11/2008	Burgdorff Invitational 2008
7	2:11.74 L	F Dent, Roger L	17	8/9/2006	Eastern Zone Age Group Long Cou
8	2:13.29 L	P Smith, Bobby	18	8/6/2007	2007 Junior Nationals
9	2:13.40 L	F Lindbom, Matt	23	8/1/1992	PRE 92 LC
10	2:13.85 L	F Taylor, Chris	18	8/3/1994	JUNIORS 94 LC
<b>Men Senior 400 IM</b>					
1	4:21.60 L	F Neligan, Brendan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	4:35.49 L	P O'Neill, Tom	17	8/6/2007	2007 Junior Nationals
3	4:35.93 L	F Semels, Ryan Z	19	3/27/1999	SPRING SENIORS 99
4	4:36.31 L	F Demarco, Dan J	21	7/26/2001	2001 SPEEDO CHAMPIONS SERI
5	4:37.00 L	F Demarco, Scott	18	3/28/2001	PHILLIPS 66 NATIONALS SPRING
6	4:38.59 L	F Dent, Roger L	17	8/9/2006	Eastern Zone Age Group Long Cou
7	4:39.41 L	F Taylor, Chris	17	8/7/1993	JUNIORS 93 LC
8	4:47.58 L	F Wagner, Jack	15	6/2/2007	2007 MR LIAC Summertime Classic
9	4:48.61 L	F Cerra, Nicholas	16	1/11/2008	Burgdorff Invitational 2008
10	4:48.87 L	F Lindbom, Matt	23	8/1/1992	PRE 92 LC