

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

Women Senior 50 Free

1	23.73	Y	F	Foschi, Jessica K	23	12/11/2003	2003 Adam's Mark STAR Short Course
2	23.82	Y	F	Masterson, Keri	18	3/9/2006	2006 NE EZ North Reg.Speedo Cham
3	24.11	Y	F	Sendrowski, Krissy	17	3/18/1998	SPEEDO JUNIORS 1998
4	24.13	Y	F	Nucci, Jennifer	15	10/28/2000	LIAC's Fall Classic
5	24.28	Y	F	Papayanopoulos, Ellie	18	3/21/2000	Speedo Jr. Champ. NE
6	24.31	Y	F	Silvia, Cathy	21	1/1/1992	PRE-1992
7	24.35	Y	P	Kelly, Emily	14	3/20/2007	2007 NCSA Junior Nationals
8	24.37	Y	F	Lyons, Tammy	15	1/1/1992	PRE-1992
9	24.50	Y	F	Kolackovsky, Melissa	17	3/12/1999	SC ZONE QUALIFIER 99
10	24.52	Y	P	Voels, Coryn	17	3/13/2003	Speedo Sectionals Northeast Spring

Women Senior 100 Free

1	50.51	Y	F	Foschi, Jessica K	23	12/11/2003	2003 Adam's Mark STAR Short Course
2	52.09	Y	F	Sendrowski, Krissy	17	3/18/1998	SPEEDO JUNIORS 1998
3	52.11	Y	F	Masterson, Keri	17	12/8/2005	2005 STAR Short Course Invitational
4	52.17	Y L	F	Tolan, Meagan	14	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
5	52.23	Y L	F	Kelly, Emily	14	3/20/2007	2007 NCSA Junior Nationals
6	52.40	Y	F	Papayanopoulos, Ellie	18	3/21/2000	Speedo Jr. Champ. NE
7	52.43	Y	F	Nucci, Jennifer	15	2/24/2000	2000 Senior Metropolitan Short
8	52.61	Y	F	Lyons, Tammy	16	2/19/1993	SENIOR METS 93SC
9	52.62	Y	F	Silvia, Cathy	21	1/1/1992	PRE-1992
10	52.75	Y	P	Ryan, Michelle	17	3/13/2003	Speedo Sectionals Northeast Spring

Women Senior 200 Free

1	1:47.37	Y	F	Foschi, Jessica K	23	12/11/2003	2003 Adam's Mark STAR Short Course
2	1:49.25	Y	F	Kelly, Emily	14	2/22/2007	2007 MR Senior Mets SC
3	1:49.83	Y	F	Daly, Sarah	17	3/13/2003	Speedo Sectionals Northeast Spring
4	1:50.22	Y	P	Goldson, Liz	16	3/22/2005	2005 SCY NCSA Junior Nationals
5	1:51.75	Y L	F	Ryan, Michelle	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
6	1:51.80	Y L	F	Tolan, Meagan	14	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
7	1:51.97	Y	F	Sendrowski, Krissy	17	3/18/1998	SPEEDO JUNIORS 1998
8	1:52.66	Y	P	Voels, Coryn	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
9	1:53.01	Y	P	Papayanopoulos, Ellie	18	2/24/2000	2000 Senior Metropolitan Short
10	1:53.09	Y	F	Taylor, Amy	15	3/21/1995	JR. NATIONALS EAST

Women Senior 500 Free

1	4:41.98	Y	F	Foschi, Jessica K	16	2/20/1997	SENIOR METS 1997
2	4:46.41	Y	F	Kelly, Emily	14	3/20/2007	2007 NCSA Junior Nationals
3	4:50.36	Y	F	Daly, Sarah	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
4	4:51.04	Y	F	Goldson, Liz	16	3/22/2005	2005 SCY NCSA Junior Nationals
5	4:53.44	Y	F	Derlath, Erica	16	12/7/2006	2006 STAR Short Course Team Invita
6	4:55.38	Y	F	Festa, Julia	15	3/20/2007	2007 NCSA Junior Nationals
7	4:55.76	Y	F	Rubert, Ali	17	2/25/1999	1999 SC SENIOR METS
8	4:57.58	Y	P	Daly, Jenna	15	3/21/2006	2006 SCY NCSA Junior Nationals
9	4:58.01	Y	F	Rosen, Katie	17	2/20/1997	SENIOR METS 1997
10	4:58.62	Y	P	Fasano, Jackie	16	2/3/2005	2005-MR-Senior Mets SC

Women Senior 1000 Free

1	9:37.33	Y	F	Foschi, Jessica K	16	2/20/1997	SENIOR METS 1997
2	9:45.62	Y	F	Daly, Sarah	17	3/13/2003	Speedo Sectionals Northeast Spring
3	9:45.83	Y	F	Kelly, Emily	14	3/20/2007	2007 NCSA Junior Nationals
4	9:53.10	Y	F	Goldson, Liz	16	3/22/2005	2005 SCY NCSA Junior Nationals
5	10:00.65	Y	F	Festa, Julia	15	3/20/2007	2007 NCSA Junior Nationals
6	10:04.52	Y	F	Taylor, Amy	15	3/21/1995	JR. NATIONALS EAST
7	10:05.63	Y	F	Derlath, Erica	16	10/28/2006	2006 MR LIAC Chappy's Big Race Invi
8	10:07.22	Y	F	McKinley, Shannon	17	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
9	10:07.59	Y	F	Rubert, Ali	16	3/18/1998	SPEEDO JUNIORS 1998
10	10:07.76	Y	F	Daly, Jenna	16	2/22/2007	2007 MR Senior Mets SC

Women Senior 1650 Free

1	16:13.59	Y	F	Foschi, Jessica K	16	2/20/1997	SENIOR METS 1997
2	16:24.46	Y	F	Daly, Sarah	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
3	16:35.86	Y	F	Kelly, Emily	14	2/22/2007	2007 MR Senior Mets SC
4	16:36.51	Y	F	Goldson, Liz	16	3/22/2005	2005 SCY NCSA Junior Nationals
5	16:40.06	Y	F	Festa, Julia	14	12/7/2006	2006 STAR Short Course Team Invita
6	16:44.13	Y	F	Taylor, Amy	15	3/21/1995	JR. NATIONALS EAST
7	16:44.71	Y	F	Derlath, Erica	16	12/7/2006	2006 STAR Short Course Team Invita
8	16:50.23	Y	F	Fasano, Jackie	16	3/10/2005	2005 - MR, EZ SPEEDO CHAMPION
9	16:56.92	Y	F	Daly, Jenna	15	12/8/2005	2005 STAR Short Course Invitational
10	16:59.55	Y	F	Rubert, Ali	16	3/18/1998	SPEEDO JUNIORS 1998

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

Women Senior 100 Back

1	57.09	Y	F	Skelos, Daphne	17	3/9/2006	2006 NE EZ North Reg.Speedo Cham
2	57.13	Y	F	Festa, Natalia	17	3/9/2006	2006 NE EZ North Reg.Speedo Cham
3	57.87	Y	F	Litt, Danielle	17	3/22/1994	JUNIOR NATS 94
4	58.11	Y	F	Voels, Coryn	17	3/13/2003	Speedo Sectionals Northeast Spring
5	58.18	Y	F	O'Reilly, Kara	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
6	58.29	Y	F	Paradine, Juliet	15	2/16/2001	Senior Metropolitan SC Champio
7	58.46	Y	F	Mund, Lorna	21	1/1/1992	PRE-1992
8	58.53	Y	F	Jaeger, Jennifer	17	2/24/1994	SC SENIOR METS
9	58.63	Y	F	Ferris, Emily	18	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
10	59.48	Y	F	Masterson, Keri	15	12/11/2003	2003 Adam's Mark STAR Short Course

Women Senior 200 Back

1	1:59.20	Y	F	Skelos, Daphne	17	3/21/2006	2006 SCY NCSA Junior Nationals
2	2:04.31	Y	F	Mund, Lorna	21	1/1/1992	PRE-1992
3	2:04.80	Y	F	Litt, Danielle	17	2/24/1994	SC SENIOR METS
4	2:04.85	Y	F	O'Reilly, Kara	17	3/13/2003	Speedo Sectionals Northeast Spring
5	2:04.96	Y	F	Derlath, Erica	16	11/25/2006	2006 MR LIAC Annual Thanksgiving In
6	2:05.33	Y	F	Daly, Sarah	16	12/13/2001	Star Short Course Invitational
7	2:06.14	Y	F	Paradine, Juliet	17	3/13/2003	Speedo Sectionals Northeast Spring
8	2:06.62	Y	F	Ferris, Emily	18	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
9	2:07.00	Y	F	Von During, Kim	15	3/31/1994	ZONES 94
10	2:07.83	Y	F	Kelly, Emily	14	10/28/2006	2006 MR LIAC Chappy's Big Race Invi

Women Senior 100 Breast

1	1:04.41	Y	F	Kempton, Kristalynn	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIO
2	1:05.08	Y	F	Fiorentino, Kendel	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
3	1:05.17	Y	P	Debenedetto, Erica	17	2/24/2000	2000 Senior Metropolitan Short
4	1:05.48	Y	F	Lyons, April	17	3/1/1991	SENIOR METS
5	1:05.73	Y	F	Walsh, Grace	17	3/1/1991	SENIOR METS
6	1:05.80	Y	F	Benja-Athon, Nontawan	16	2/25/1999	1999 SC SENIOR METS
7	1:06.04	Y	P	Del Mundo, Maria	16	2/24/2000	2000 Senior Metropolitan Short
8	1:06.21	Y	P	Leite, Karla	18	3/22/2005	2005 SCY NCSA Junior Nationals
9	1:06.64	Y	F	Sendrowski, Krissy	14	2/23/1995	SR. MET CHAMPS
10	1:07.20	Y	F	Foschi, Jessica K	16	12/22/1996	BUFFALO '96

Women Senior 200 Breast

1	2:18.92	Y	F	Fiorentino, Kendel	17	3/13/2003	Speedo Sectionals Northeast Spring
2	2:19.02	Y	P	Debenedetto, Erica	18	3/21/2000	Speedo Jr. Champ. NE
3	2:19.05	Y	F	Foschi, Jessica K	17	3/18/1998	SPEEDO JUNIORS 1998
4	2:19.33	Y	F	Benja-Athon, Nontawan	18	2/16/2001	Senior Metropolitan SC Champio
5	2:20.01	Y	F	Del Mundo, Maria	16	2/24/2000	2000 Senior Metropolitan Short
6	2:20.28	Y	F	Leite, Karla	18	3/22/2005	2005 SCY NCSA Junior Nationals
7	2:22.08	Y	P	Kempton, Kristalynn	18	3/22/2005	2005 SCY NCSA Junior Nationals
8	2:22.46	Y	F	Taylor, Amy	14	3/22/1994	JUNIOR NATS 94
9	2:23.24	Y	F	Walsh, Grace	17	3/1/1991	SENIOR METS
10	2:24.10	Y	F	Jaeger, Lauren	13	12/17/1992	NYSCHAMPS 92-BUFFALO

Women Senior 100 Fly

1	55.26	Y	P	Masterson, Keri	18	3/21/2006	2006 SCY NCSA Junior Nationals
2	56.22	Y	F	Sendrowski, Krissy	15	2/22/1996	SENIOR METS 96
3	56.54	Y	P	O'Reilly, Kara	17	12/12/2002	Adam's Mark STAR Short Course
4	56.65	Y	P	Fiorentino, Kendel	17	3/13/2003	Speedo Sectionals Northeast Spring
5	56.76	Y	P	Kempton, Kristalynn	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIO
6	57.23	Y	F	Paradine, Juliet	15	2/16/2001	Senior Metropolitan SC Champio
7	57.56	Y	F	Skelos, Daphne	16	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIO
8	57.59	Y	F	Dodson, Tina	24	1/1/1992	PRE-1992
9	57.89	Y	F	Festa, Natalia	16	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIO
10	58.00	Y	P	Ryan, Jacquelyn	17	3/21/2000	Speedo Jr. Champ. NE

Women Senior 200 Fly

1	2:02.84	Y	F	Sendrowski, Krissy	17	12/18/1997	STAR '97
2	2:03.51	Y	F	Daly, Sarah	17	3/13/2003	Speedo Sectionals Northeast Spring
3	2:03.77	Y	F	Mund, Kristen	18	1/1/1992	PRE-1992
4	2:04.27	Y	F	Ryan, Michelle	17	3/13/2003	Speedo Sectionals Northeast Spring
5	2:04.32	Y	F	O'Reilly, Kara	16	11/23/2001	Thanksgiving Classic 2001
6	2:04.35	Y	F	Skelos, Daphne	17	3/9/2006	2006 NE EZ North Reg.Speedo Cham
7	2:05.69	Y	P	Masterson, Keri	18	3/21/2006	2006 SCY NCSA Junior Nationals
8	2:06.36	Y	F	Fiorentino, Kendel	15	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
9	2:06.45	Y	F	Afflixio, Lauren	17	3/16/1999	SPEEDO JR. CHAMP. NE
10	2:06.69	Y	F	Reynolds, Janet	16	3/16/1999	SPEEDO JR. CHAMP. NE

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

Women Senior 200 IM

1	2:00.86	Y	F	Foschi, Jessica K	23	2/26/2004	2004 MR Senior Mets SC
2	2:06.25	Y	F	Skelos, Daphne	17	12/8/2005	2005 STAR Short Course Invitational
3	2:07.26	Y	F	Sirey, Jeanine	22	1/1/1992	PRE-1992
4	2:07.31	Y	F	Voels, Coryn	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
5	2:07.37	Y	F	Sendrowski, Krissy	15	12/14/1995	STAR INVITATIONAL
6	2:07.83	Y	F	Daly, Sarah	16	12/13/2001	Star Short Course Invitational
7	2:07.85	Y	F	O'Reilly, Kara	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
8	2:08.00	Y	F	Derlath, Erica	16	12/7/2006	2006 STAR Short Course Team Invita
9	2:08.08	Y	F	Del Mundo, Maria	16	2/24/2000	2000 Senior Metropolitan Short
10	2:08.13	Y	F	Debenedetto, Erica	18	3/21/2000	Speedo Jr. Champ. NE

Women Senior 400 IM

1	4:16.53	Y	F	Foschi, Jessica K	16	2/20/1997	SENIOR METS 1997
2	4:21.65	Y	F	Skelos, Daphne	16	3/10/2005	2005 - MR. EZ SPEEDO CHAMPION
3	4:24.35	Y	F	Daly, Sarah	17	3/13/2003	Speedo Sectionals Northeast Spring
4	4:24.96	Y	F	Taylor, Amy	15	3/21/1995	JR. NATIONALS EAST
5	4:26.29	Y	P	Derlath, Erica	16	12/7/2006	2006 STAR Short Course Team Invita
6	4:28.13	Y	F	Sendrowski, Krissy	17	12/18/1997	STAR '97
7	4:30.50	Y	F	Mello, Livia	15	2/22/1996	SENIOR METS 96
8	4:30.90	Y	F	Ehlers, Christa	16	2/20/1997	SENIOR METS 1997
9	4:32.70	Y	F	Sirey, Jeanine	22	1/1/1992	PRE-1992
10	4:33.20	Y	F	Goldson, Liz	17	2/24/2006	2006 Metro S.C. Junior Olympics

Men Senior 50 Free

1	20.76	Y	P	Gahn, Chris	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
2	20.86	Y	F	Kildare, Trevor	21	1/1/1992	PRE-1992
2	20.86	Y	F	Hinds, Howard G	25	3/13/2003	Speedo Sectionals Northeast Spring
4	20.91	Y	F	Robledo, Christian	16	3/13/2003	Speedo Sectionals Northeast Spring
5	20.99	Y	F	MACFADYEN, KEN D	16	3/22/1994	JUNIOR NATS 94
6	21.23	Y	F	Teta, Paul	17	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
7	21.33	Y	F	Scuderi, Chris	22	12/14/1995	STAR INVITATIONAL
7	21.33	Y	F	Foschi, Christian	18	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
9	21.39	Y	F	Davidoff, Joe B	19	2/24/1994	SC SENIOR METS
9	21.39	Y	F	Zimarev, Yury	20	2/22/2007	2007 MR Senior Mets SC

Men Senior 100 Free

1	45.60	Y	F	Gahn, Chris	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
2	45.70	Y	F	Robledo, Christian	16	3/13/2003	Speedo Sectionals Northeast Spring
3	45.74	Y	P	Hinds, Howard G	25	3/13/2003	Speedo Sectionals Northeast Spring
4	45.84	Y	F	Rosen, Ben	17	2/24/1994	SC SENIOR METS
5	45.91	Y	F	MACFADYEN, KEN D	16	3/22/1994	JUNIOR NATS 94
6	45.92	Y	F	Shaw, Adam	19	2/20/1997	SENIOR METS 1997
7	46.19	Y	F	Lovell, Jeff	22	1/1/1992	PRE-1992
8	46.27	Y	F	Kildare, Trevor	21	1/1/1992	PRE-1992
9	46.46	Y	L	Teta, Paul	17	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
10	46.55	Y	F	Wagner, Jack	14	12/7/2006	2006 STAR Short Course Team Invita

Men Senior 200 Free

1	1:38.17	Y	F	MACFADYEN, KEN D	16	3/22/1994	JUNIOR NATS 94
2	1:39.63	Y	F	Neligan, Brendan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
3	1:39.69	Y	F	Robledo, Christian	16	3/13/2003	Speedo Sectionals Northeast Spring
4	1:39.80	Y	F	Rosen, Ben	18	3/21/1995	JR. NATIONALS EAST
5	1:40.24	Y	F	Wagner, Jack	14	12/7/2006	2006 STAR Short Course Team Invita
6	1:40.63	Y	P	Lynch, Justin	18	3/21/2000	Speedo Jr. Champ. NE
7	1:42.00	Y	F	Chang, Dennis	17	2/20/1997	SENIOR METS 1997
8	1:42.05	Y	F	Haug, Kyle	17	3/21/2000	Speedo Jr. Champ. NE
9	1:42.21	Y	P	Mugavin, Patrick	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
10	1:42.24	Y	F	Hinds, Howard G	25	2/20/2003	SENIOR METS 2003 SC

Men Senior 500 Free

1	4:25.76	Y	F	MACFADYEN, KEN D	16	2/24/1994	SC SENIOR METS
2	4:26.84	Y	F	Neligan, Brendan	18	2/16/2001	Senior Metropolitan SC Champio
3	4:30.99	Y	F	Valenza, Jordan	18	1/1/1992	PRE-1992
4	4:31.77	Y	F	Demarco, Dan J	26	2/22/2007	2007 MR Senior Mets SC
5	4:33.36	Y	P	Salayka, George	17	3/13/2003	Speedo Sectionals Northeast Spring
6	4:33.55	Y	F	Wagner, Jack	15	3/20/2007	2007 NCSA Junior Nationals
7	4:33.64	Y	F	Mugavin, Patrick	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
8	4:34.23	Y	F	O'Neill, Tom	17	2/22/2007	2007 MR Senior Mets SC
9	4:34.65	Y	F	Pelegrimas, David	17	2/20/1997	SENIOR METS 1997
10	4:35.55	Y	F	Semels, Ryan	19	3/16/1999	SPEEDO JR. CHAMP. NE

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

Men Senior 1000 Free

1	9:05.82 Y	F	MACFADYEN, KEN D	16	2/24/1994	SC SENIOR METS
2	9:06.12 Y	F	Neligan, Brendan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
3	9:14.50 Y	F	Demarco, Dan J	26	2/22/2007	2007 MR Senior Mets SC
4	9:17.44 Y	F	Valenza, Jordan	18	1/1/1992	PRE-1992
5	9:21.51 Y	F	O'Neill, Tom	16	3/21/2006	2006 SCY NCSA Junior Nationals
6	9:22.42 Y	F	Semels, Ryan	18	3/18/1998	SPEEDO JUNIORS 1998
7	9:23.15 Y	F	Salayka, George	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
8	9:24.16 Y	F	Lane, Sean	16	3/20/2007	2007 NCSA Junior Nationls
9	9:26.26 Y	F	Seery, Rob	17	10/25/2003	2003-MR LI Swimming Chappy's Big
10	9:30.05 Y	F	Mugavin, Patrick	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS S

Men Senior 1650 Free

1	15:15.64 Y	F	Neligan, Brendan	17	12/7/2000	Calamari
2	15:16.38 Y	F	Demarco, Dan J	26	2/22/2007	2007 MR Senior Mets SC
3	15:29.13 Y	F	Valenza, Jordan	18	1/1/1992	PRE-1992
4	15:32.10 Y	F	MACFADYEN, KEN D	15	12/17/1992	NYSCHAMPS 92-BUFFALO
5	15:34.70 Y	F	Salayka, George	17	3/13/2003	Speedo Sectionals Northeast Spring
6	15:39.39 Y	F	Seery, Rob	16	3/13/2003	Speedo Sectionals Northeast Spring
7	15:40.20 Y	F	O'Neill, Tom	16	3/21/2006	2006 SCY NCSA Junior Nationals
8	15:42.66 Y	F	Semels, Ryan	18	12/17/1998	BUFFALO'98
9	15:45.31 Y	F	Lane, Sean	16	3/20/2007	2007 NCSA Junior Nationls
10	15:47.29 Y	F	Pelegrimas, David	17	2/20/1997	SENIOR METS 1997

Men Senior 100 Back

1	50.87 Y	F	Scuderi, Chris	22	12/14/1995	STAR INVITATIONAL
2	51.12 Y L	F	Ferris, Mike	20	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
3	51.23 Y	F	Davidoff, Joe B	19	2/24/1994	SC SENIOR METS
4	51.54 Y	F	Chang, Dennis	17	2/20/1997	SENIOR METS 1997
5	51.89 Y	F	Wagner, Jack	14	12/7/2006	2006 STAR Short Course Team Invita
6	52.12 Y	P	Lynch, Justin	18	3/21/2000	Speedo Jr. Champ. NE
7	52.32 Y	F	Smith, Bobby	17	12/7/2006	2006 STAR Short Course Team Invita
8	52.34 Y	F	Haug, Kyle	17	3/21/2000	Speedo Jr. Champ. NE
9	52.50 Y	F	Grabisch, Marc	22	1/1/1992	PRE-1992
10	53.84 Y	F	Neligan, Brendan	18	2/16/2001	Senior Metropolitan SC Champio

Men Senior 200 Back

1	1:48.95 Y	F	Ferris, Mike	19	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
2	1:49.60 Y	F	Lynch, Justin	18	2/24/2000	2000 Senior Metropolitan Short
3	1:51.01 Y	F	Smith, Bobby	18	3/20/2007	2007 NCSA Junior Nationls
4	1:52.92 Y	F	Davidoff, Joe B	19	2/24/1994	SC SENIOR METS
5	1:53.09 Y	F	Grabisch, Marc	22	1/1/1992	PRE-1992
6	1:53.56 Y	P	Haug, Kyle	17	2/24/2000	2000 Senior Metropolitan Short
7	1:54.00 Y	F	Chang, Dennis	17	2/20/1997	SENIOR METS 1997
8	1:55.08 Y	F	Wagner, Jack	14	12/7/2006	2006 STAR Short Course Team Invita
9	1:55.66 Y	F	Taylor, Chris	17	2/24/1994	SC SENIOR METS
10	1:56.24 Y	F	Neligan, Brendan	17	10/28/2000	LIAC's Fall Classic

Men Senior 100 Breast

1	56.75 Y	F	Mone, Greg	22	2/24/1994	SC SENIOR METS
2	57.22 Y	F	Rubin, Neal	19	3/13/2003	Speedo Sectionals Northeast Spring
3	57.56 Y	F	Biegluk, Mark	17	2/24/1994	SC SENIOR METS
4	57.70 Y	F	Demarco, Scott	18	2/16/2001	Senior Metropolitan SC Champio
5	57.77 Y	F	Miller, Chris	17	3/16/1999	SPEEDO JR. CHAMP. NE
6	58.03 Y	F	Sievers, John	21	2/19/1993	SENIOR METS 93SC
7	58.50 Y	F	Acquavito, Nick	17	3/13/2003	Speedo Sectionals Northeast Spring
8	58.64 Y	F	Belvedere, Rob	19	1/1/1992	PRE-1992
9	58.71 Y	F	Sharkey, Jim	20	1/1/1992	PRE-1992
10	59.40 Y	F	Gallagher, Dj	19	2/24/1994	SC SENIOR METS

Men Senior 200 Breast

1	2:04.60 Y	F	Rubin, Neal	19	3/13/2003	Speedo Sectionals Northeast Spring
2	2:04.61 Y	F	Mone, Greg	22	2/24/1994	SC SENIOR METS
3	2:05.12 Y	F	Miller, Chris	17	3/16/1999	SPEEDO JR. CHAMP. NE
4	2:06.29 Y	F	Biegluk, Mark	17	2/24/1994	SC SENIOR METS
5	2:06.30 Y	F	Sharkey, Jim	20	1/1/1992	PRE-1992
6	2:07.64 Y	P	Demarco, Scott	18	2/16/2001	Senior Metropolitan SC Champio
7	2:08.16 Y	F	Acquavito, Nick	17	3/13/2003	Speedo Sectionals Northeast Spring
8	2:09.41 Y	F	Gallagher, Dj	19	2/24/1994	SC SENIOR METS
9	2:09.71 Y	F	Urban, Martin	17	1/1/1992	PRE-1992
10	2:10.02 Y	F	Sievers, John	21	2/19/1993	SENIOR METS 93SC

LONG ISLAND AQUATIC CLUB SWIM FAST SWIM LIAC

Individual Top Times

Men Senior 100 Fly

1	50.07 Y	F	Shaw, Adam	19	2/20/1997	SENIOR METS 1997
2	50.12 Y	F	Zimarev, Yury	20	2/22/2007	2007 MR Senior Mets SC
3	50.61 Y	F	Zanetti, Tom	20	2/24/1994	SC SENIOR METS
4	51.55 Y	P	Foschi, Christian	18	3/7/2002	THE 2002 SPEEDO CHAMPIONS S
5	51.60 Y	F	Lindbom, Matt	23	1/1/1992	PRE-1992
6	51.73 Y	F	Scuderi, Chris	22	12/14/1995	STAR INVITATIONAL
7	51.77 Y	P	Demarco, Scott	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
8	51.81 Y	P	Dent, Roger L	18	3/20/2007	2007 NCSA Junior Nationals
9	51.89 Y	F	Lynch, Justin	18	2/24/2000	2000 Senior Metropolitan Short
10	51.93 Y	F	Pflug, Bryan	17	12/13/2001	Star Short Course Invitational

Men Senior 200 Fly

1	1:49.00 Y	F	Neligan, Brendan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
2	1:49.10 Y	F	Demarco, Scott	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
3	1:51.70 Y	F	Zanetti, Tom	20	3/22/1994	JUNIOR NATS 94
4	1:52.26 Y	F	Pelegrimas, David	17	2/20/1997	SENIOR METS 1997
5	1:52.95 Y	F	Dent, Roger L	18	2/22/2007	2007 MR Senior Mets SC
6	1:53.66 Y	F	Peng, Victor	17	2/25/1999	1999 SC SENIOR METS
7	1:54.27 Y	F	Zimarev, Yury	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPIO
8	1:54.92 Y	F	O'Neill, Tom	17	12/7/2006	2006 STAR Short Course Team Invita
9	1:55.21 Y	F	Semels, Ryan	18	2/25/1999	1999 SC SENIOR METS
9	1:55.21 Y	F	Taylor, Chris	17	3/22/1994	JUNIOR NATS 94

Men Senior 200 IM

1	1:52.20 Y	F	Neligan, Brendan	18	2/16/2001	Senior Metropolitan SC Champio
2	1:53.72 Y	P	Demarco, Scott	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
3	1:54.38 Y	F	Dent, Roger L	18	2/22/2007	2007 MR Senior Mets SC
4	1:54.49 Y	F	Taylor, Chris	17	2/24/1994	SC SENIOR METS
5	1:54.63 Y	F	Chang, Dennis	17	2/20/1997	SENIOR METS 1997
6	1:55.31 Y	F	Teta, Paul	17	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
7	1:55.43 Y	P	Smith, Bobby	18	3/20/2007	2007 NCSA Junior Nationals
8	1:55.50 Y	F	Lindbom, Matt	23	1/1/1992	PRE-1992
9	1:55.57 Y	F	Zanetti, Tom	20	2/24/1994	SC SENIOR METS
10	1:55.99 Y	F	Lynch, Matt	18	12/22/1996	BUFFALO '96

Men Senior 400 IM

1	3:55.83 Y	F	Neligan, Brendan	18	2/16/2001	Senior Metropolitan SC Champio
2	3:58.75 Y	P	Demarco, Scott	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIE
3	3:59.98 Y	F	Taylor, Chris	17	3/22/1994	JUNIOR NATS 94
4	4:04.14 Y	F	Wagner, Jack	14	12/7/2006	2006 STAR Short Course Team Invita
5	4:05.09 Y	P	Dent, Roger L	18	3/20/2007	2007 NCSA Junior Nationals
6	4:05.16 Y	P	O'Neill, Tom	16	3/21/2006	2006 SCY NCSA Junior Nationals
7	4:05.22 Y	F	Rubin, Neal	20	2/26/2004	2004 MR Senior Mets SC
7	4:05.22 Y	F	Semels, Ryan Z	19	3/16/1999	SPEEDO JR. CHAMP. NE
9	4:06.47 Y	F	Chang, Dennis	17	2/20/1997	SENIOR METS 1997
10	4:06.50 Y	F	Pelegrimas, David	17	2/20/1997	SENIOR METS 1997