

**LONG ISLAND AQUATIC CLUB  
SWIM FAST SWIM LIAC**

**Individual Top Times**

**LONG ISLAND AQUATIC CLUB [LIAC-MR] Coach: D FERRIS/ G NUSSBAUM**

**Number of Top Times: 10 Show Long Course Only**

	Time		P/F/S	Name			
<b>Women Senior 50 Free</b>							
1	27.01	L	F	Jennifer Nucci	16	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
2	27.20	L	P	Emily Kelly	16	8/4/2008	2008 Speedo Junior National Championships
3	27.21	L	F	Kerianne Masterson	17	8/9/2005	2005 USA Junior Nationals
4	27.52	L	F	Jessica Foschi	23	3/11/2004	THE 2004 SPEEDO CHAMPIONS SERIES
5	27.58	L	F	Krissy Sendrowski	16	8/1/1996	JUNIORS 96 LC
6	27.59	L	S	Julia Festa	16	1/9/2009	Berkeley Winter Long Course Invitational
7	27.61	L	F	Meagan Tolan	14	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
8	27.66	L	F	Tammy Lyons	18	8/3/1994	JUNIORS 94 LC
9	27.71	L	F	Cathy Silvia	22	8/1/1992	PRE 92 LC
10	27.75	L	F	Kara O'Reilly	17	6/1/2002	NLIAC 2002 SUMMERTIME CLASSIC
<b>Women Senior 100 Free</b>							
1	57.04	L	P	Emily Kelly	17	8/10/2009	2009 Junior National Championships Ic
2	58.14	L	F	Jessica Foschi	23	1/9/2004	Burgdorff Invitational 2004
3	58.85	L	F	Meagan Tolan	14	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
4	59.23	L	F	Michelle Ryan	15	8/8/2001	SUMMER LC EASTERN ZONE 2001
5	59.35	L	F	Elizabeth Goldson	15	8/9/2004	2004 LC NCSA Junior Natio-Semi
6	59.52	L	F	Jennifer Nucci	15	7/20/2000	2000 L. C. SENIOR METROPOLITA
7	59.54	L	F	Krissy Sendrowski	16	8/1/1996	JUNIORS 96 LC
8	59.79	L	P	Coryn Voels	16	3/19/2002	PHILLIPS 66 SPRING NATS 2002
9	59.83	L L	F	Kerianne Masterson	17	8/9/2005	2005 USA Junior Nationals
10	59.87	L L	F	Julia Festa	17	8/6/2009	2009 Speedo Champions Series
<b>Women Senior 200 Free</b>							
1	2:02.22	L	F	Jessica Foschi	16	8/14/1997	SENIORS 97 LC
2	2:02.38	L	F	Emily Kelly	17	8/10/2009	2009 Junior National Championships Ic
3	2:03.85	L	F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
4	2:05.94	L	F	Sarah Daly	15	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIONS
5	2:06.67	L	F	Krissy Sendrowski	16	8/1/1996	JUNIORS 96 LC
6	2:06.92	L L	F	Meagan Tolan	14	7/18/2002	2002 Long Island Open Swimming
7	2:07.27	L	P	Michelle Ryan	15	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
8	2:07.36	L	P	Coryn Voels	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
9	2:07.45	L L	F	Erica Derlath	18	8/4/2008	2008 Speedo Junior National Championships
10	2:07.51	L	T	Jenna Daly	17	8/6/2007	2007 Junior Nationals
<b>Women Senior 400 Free</b>							
1	4:13.84	L	F	Jessica Foschi	15	3/14/1996	OLYMPIC TRIALS 96
2	4:14.21	L	P	Elizabeth Goldson	19	6/29/2008	2008 U.S. Olympic Team Trials - Swimming
3	4:14.50	L	P	Emily Kelly	17	8/10/2009	2009 Junior National Championships Ic
4	4:20.69	L	F	Sarah Daly	16	8/12/2002	PHILLIPS 66 NATIONALS
5	4:22.81	L	F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
6	4:23.77	L	P	Jacqueline Fasano	16	8/9/2004	2004 LC NCSA Junior National Championships
7	4:25.24	L	F	Katie Rosen	16	8/1/1996	JUNIORS 96 LC
8	4:25.28	L	F	Ali Rubert	17	8/1/1998	JUNIORS 98 LC
9	4:25.41	L	F	Julia Festa	16	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
10	4:25.57	L	F	Megan Zarriello	15	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
<b>Women Senior 800 Free</b>							
1	8:40.00	L	F	Jessica Foschi	15	11/30/1995	US OPEN 95 LC
2	8:40.88	L	F	Emily Kelly	17	8/10/2009	2009 Junior National Championships Ic
3	8:43.70	L	F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
4	8:48.99	L	F	Sarah Daly	15	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIONS
5	8:56.42	L	F	Erica Derlath	17	1/11/2008	Burgdorff Invitational 2008
6	8:56.64	L	F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
7	8:59.83	L	F	Jacqueline Fasano	16	8/9/2004	2004 LC NCSA Junior National Championships

8	8:59.87	L	F	Ali Rubert	17	8/1/1998	JUNIORS 98 LC
9	9:01.87	L	F	Julia Festa	16	3/18/2008	2008 NCSA Junior National Championships
10	9:06.54	L	F	Shannon McKinley	15	7/15/1999	L.I. OPEN

### Women Senior 1500 Free

1	16:24.86	L	F	Jessica Foschi	14	8/10/1995	SENIORS 95 LC
2	16:45.86	L	F	Emily Kelly	17	8/10/2009	2009 Junior National Championships Ic
3	16:53.89	L	F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
4	16:57.92	L	F	Sarah Daly	15	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIONS
5	17:08.66	L	F	Jacqueline Fasano	16	8/9/2004	2004 LC NCSA Junior National Championships
6	17:09.97	L	F	Julia Festa	15	8/6/2007	2007 Junior Nationals
7	17:10.58	L	F	Erica Derlath	17	8/6/2007	2007 Junior Nationals
8	17:15.65	L	F	Amy Taylor	16	7/20/1995	1995 LC SENIOR METS
9	17:15.91	L	F	Ali Rubert	17	8/1/1998	JUNIORS 98 LC
10	17:29.68	L	F	Shannon McKinley	17	7/12/2001	The 2001 Long Island Open

### Women Senior 100 Back

1	1:04.04	L	P	Daphne Skelos	20	7/29/2008	2008 U. S. Open
2	1:06.02	L	F	Lorna Mund	22	8/1/1992	PRE 92 LC
3	1:06.77	L L	F	Natalia Festa	16	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
4	1:07.24	L S	F	Juliet Paradine	16	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
5	1:07.43	L L	F	Erica Derlath	17	5/24/2008	Memorial Day Invitational
6	1:07.52	L	P	Kara O'Reilly	16	3/19/2002	PHILLIPS 66 SPRING NATS 2002
7	1:07.65	L	F	Danielle Litt	17	5/27/1994	ALAMO CHALLENGE
8	1:07.86	L	F	Emily Ferris	17	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
9	1:08.81	L	F	Coryn Voels	17	1/9/2004	Burgdorff Invitational 2004
10	1:08.98	L	F	Jennifer Jaeger	16	8/7/1993	JUNIORS 93 LC

### Women Senior 200 Back

1	2:12.70	L	P	Daphne Skelos	20	6/29/2008	2008 U.S. Olympic Team Trials - Swimming
2	2:19.97	L	P	Erica Derlath	17	6/5/2008	2008 Charlotte UltraSwim
3	2:22.60	L	F	Lorna Mund	22	8/1/1992	PRE 92 LC
4	2:24.45	L	P	Kara O'Reilly	16	3/19/2002	PHILLIPS 66 SPRING NATS 2002
5	2:25.20	L	F	Danielle Litt	16	8/7/1993	JUNIORS 93 LC
6	2:25.31	L	F	Emily Ferris	17	8/8/2001	SUMMER LC EASTERN ZONE 2001
7	2:26.43	L	F	Megan Zarriello	15	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
8	2:26.55	L	F	Juliet Paradine	15	1/26/2001	Long Island's 3rd National Qua
9	2:26.77	L	F	Sarah Daly	16	6/1/2002	NLIAC 2002 SUMMERTIME CLASSIC
10	2:26.96	L	P	Natalia Festa	17	7/20/2006	2006 SPEEDO CHAMPIONS SERIES

### Women Senior 100 Breast

1	1:14.02	L	P	Kristalynn Kempton	18	8/9/2005	2005 USA Junior Nationals
2	1:14.26	L	P	Kate Larson	21	8/15/2000	2000 OLYMPIC TRIALS
3	1:15.09	L	P	Kelly Reitz	20	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
4	1:15.13	L	F	Nontawan Benja-Athon	15	8/1/1998	JUNIORS 98 LC
5	1:15.28	L	P	Kendel Fiorentino	16	3/19/2002	PHILLIPS 66 SPRING NATS 2002
6 *	1:15.33	L	F	Grace Walsh	19	8/1/1992	PRE 92 LC
6 *	1:15.33	L	P	Erica Debenedetto	18	7/20/2000	2000 L. C. SENIOR METROPOLITA
8	1:15.67	L	F	Karla Leite	17	7/22/2004	THE 2004 SPEEDO CHAMPIONS SERIES
9	1:16.15	L	F	Maria Del Mundo	15	6/25/1999	NLIAC INVITATIONAL
10	1:16.77	L	F	Jamie Landrio	18	5/22/1997	Alamo 97 Lc

### Women Senior 200 Breast

1	2:37.84	L	P	Karla Leite	17	8/9/2004	2004 LC NCSA Junior National Championships
2	2:38.18	L	F	Nontawan Benja-Athon	16	5/29/1999	MEMORIAL DAY MEET
3	2:38.20	L	F	Kristalynn Kempton	18	8/9/2005	2005 USA Junior Nationals
4	2:39.98	L	P	Kate Larson	21	8/15/2000	2000 OLYMPIC TRIALS
5	2:41.66	L	F	Kendel Fiorentino	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
6	2:41.72	L	F	Maria Del Mundo	15	7/15/1999	L.I. OPEN
7	2:42.90	L	F	Amy Taylor	15	8/3/1994	JUNIORS 94 LC
8	2:43.84	L	P	Kelly Reitz	20	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
9	2:44.49	L	F	Grace Walsh	19	8/1/1992	PRE 92 LC
10	2:45.39	L	P	Erica Debenedetto	18	7/20/2000	2000 L. C. SENIOR METROPOLITA

### Women Senior 100 Fly

1	1:02.04	L	F	Jamie Landrio	18	8/14/1997	SENIORS 97 LC
2	1:03.04	L	F	Kara O'Reilly	15	7/20/2000	2000 L. C. SENIOR METROPOLITA
3	1:03.50	L	P	Kerianne Masterson	17	8/9/2005	2005 USA Junior Nationals
4	1:03.54	L	F	Krissy Sendrowski	18	8/1/1998	JUNIORS 98 LC
5	1:04.97	L	P	Michelle Ryan	15	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
6	1:05.02	L	P	Kendel Fiorentino	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
7	1:05.77	L	F	Juliet Paradine	16	7/26/2001	2001 SPEEDO CHAMPIONS SERIES

8	1:06.12	L	F	Lauren Afflixio	15	7/17/1997	SENIOR MET 97 LC
9	1:06.19	L	F	Daphne Skelos	20	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
10	1:06.26	L	P	Kristalynn Kempton	17	8/9/2004	2004 LC NCSA Junior National Championships

### Women Senior 200 Fly

1	2:14.24	L	F	Krissy Sendrowski	18	8/11/1998	SENIORS 98 LC
2	2:17.97	L	F	Jamie Landrio	18	8/14/1997	JUNIORS 97 LC
3	2:18.98	L	F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
4	2:19.20	L	F	Michelle Ryan	15	8/8/2001	SUMMER LC EASTERN ZONE 2001
5	2:20.37	L	F	Lauren Afflixio	16	8/1/1998	JUNIORS 98 LC
6	2:21.11	L	F	Kristen Mund	18	8/1/1992	PRE 92 LC
7	2:21.87	L	F	Sarah Daly	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
8	2:22.02	L	F	Clare McKenna	15	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
9	2:22.44	L	F	Janet Reynolds	14	1/16/1998	BURGDORFF 98 LC
10	2:22.51	L	F	Kara O'Reilly	15	3/28/2001	PHILLIPS 66 NATIONALS SPRING

### Women Senior 200 IM

1	2:18.66	L	F	Daphne Skelos	20	6/5/2008	2008 Charlotte UltraSwim
2	2:19.80	L	F	Jessica Foschi	23	1/9/2004	Burgdorff Invitational 2004
3	2:21.01	L	F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
4	2:22.57	L	F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
5	2:24.28	L	F	Krissy Sendrowski	16	8/1/1996	JUNIORS 96 LC
6	2:26.49	L	F	Nontawan Benja-Athon	17	1/26/2001	Long Island's 3rd National Qua
7	2:27.02	L	F	Erica Debenedetto	18	7/20/2000	2000 L. C. SENIOR METROPOLITA
8	2:27.11	L	F	Kelly Murphy	18	8/1/1992	PRE 92 LC
9	2:27.40	L	P	Coryn Voels	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
10	2:28.18	L	F	Sarah Daly	15	6/2/2001	LIAC'sSummertime Classic

### Women Senior 400 IM

1	4:48.83	L	P	Daphne Skelos	20	6/29/2008	2008 U.S. Olympic Team Trials - Swimming
2	4:51.68	L	F	Jessica Foschi	16	8/14/1997	SENIORS 97 LC
3	4:54.45	L	F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
4	4:56.92	L	F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
5	5:03.42	L	P	Elizabeth Goldson	17	7/20/2006	2006 SPEEDO CHAMPIONS SERIES
6	5:05.90	L	F	Sarah Daly	16	1/18/2002	Burgdorff Invitational 2002
7	5:11.93	L	F	Krissy Sendrowski	17	5/23/1998	MEMORIAL DAY MEET
8	5:12.19	L	F	Kelly Murphy	18	8/1/1992	PRE 92 LC
9	5:12.26	L	F	Christa Ehlers	16	7/17/1997	SENIOR MET 97 LC
10	5:12.43	L	F	Nontawan Benja-Athon	16	5/29/1999	MEMORIAL DAY MEET

### Men Senior 50 Free

1	22.85	L	P	Oliver Lee	17	8/4/2009	2009 U. S. Open
2	23.45	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
3	23.63	L	F	Brian Esway	22	8/10/1995	SENIORS 95 LC
4	23.92	L	F	Howard Hinds	24	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
5	23.93	L	F	Matt Beck	22	8/14/1993	SENIORS 93 LC
6	23.97	L	F	Andreas Roestenberg	25	8/10/1995	SENIORS 95 LC
7	23.98	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
8	24.01	L	P	Yury Zimarev	20	3/27/2007	2007 USA Swimming Club Championships
9	24.18	L	F	Christopher Gahn	1	8/8/2001	SUMMER LC EASTERN ZONE 2001
10	24.33	L	P	Christian Robledo	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES

### Men Senior 100 Free

1	50.51	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
2	50.90	L	F	Chris Eckerman	21	8/10/1995	SENIORS 95 LC
3	51.76	L	F	Brian Esway	22	8/10/1995	SENIORS 95 LC
4	51.88	L	F	Andreas Roestenberg	25	3/14/1995	SENIOR NATIONAL MEET
5	52.02	L	F	Ben Rosen	17	8/3/1994	JUNIORS 94 LC
6	52.16	L	P	Oliver Lee	17	8/10/2009	2009 Junior National Championships Ic
7	52.35	L L	F	Howard Hinds	25	7/10/2003	2003 Long Island Open
8	52.40	L	F	Matt Beck	24	8/10/1995	SENIORS 95 LC
9	52.80	L L	F	Christian Robledo	17	8/5/2003	ConocoPhillips National Swimmi
10	52.94	L	F	Adam Shaw	18	8/7/1996	SENIORS 96 LC

### Men Senior 200 Free

1	1:50.33	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
2	1:50.65	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
3	1:51.38	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
4	1:52.28	L	F	Andreas Roestenberg	23	8/14/1993	SENIORS 93 LC
5	1:54.04	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
6	1:54.05	L	F	Brendan Neligan	20	7/10/2003	2003 Long Island Open
7	1:54.78	L	F	Lou Petto	23	7/7/1995	ESSO CUP 95

8	1:55.28	L	F	Christian Robledo	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
9	1:56.50	L L	F	Jonathan Derlath	17	8/10/2009	2009 Junior National Championships Ic
10	1:56.71	L	F	Sean Lane	18	5/23/2009	Memorial Day Invitational

#### Men Senior 400 Free

1	3:54.14	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	3:56.48	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
3	3:58.56	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
4	4:01.01	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
5	4:02.13	L	F	Sean Lane	19	8/6/2009	2009 Speedo Champions Series
6	4:03.45	L	F	Dan Demarco	21	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIONS
7	4:04.08	L	P	Jonathan Derlath	17	8/10/2009	2009 Junior National Championships Ic
8	4:04.71	L	F	Andreas Roestenberg	22	8/1/1992	PRE 92 LC
9	4:05.98	L	F	Lou Petto	23	7/20/1995	1995 LC SENIOR METS
10	4:06.70	L	F	Ryan Semels	18	1/29/1999	NATIONAL QUALIFIER

#### Men Senior 800 Free

1	8:02.18	L	F	Brendan Neligan	18	8/24/2001	WORLD UNIVERSITY GAMES
2	8:08.30	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
3	8:09.26	L	F	Dan Demarco	21	8/14/2001	PHILLIPS 66 NATIONAL CHAMPIONS
4	8:11.85	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
5	8:19.59	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
6	8:19.67	L	F	Sean Lane	17	8/6/2007	2007 Junior Nationals
7	8:20.39	L	F	Ryan Semels	18	1/29/1999	NATIONAL QUALIFIER
8	8:25.35	L	F	Jonathan Derlath	17	8/10/2009	2009 Junior National Championships Ic
9	8:26.32	L	F	George Salayka	16	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
10	8:28.66	L	F	Jordan Valenza	18	8/1/1992	PRE 92 LC

#### Men Senior 1500 Free

1	15:25.29	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	15:33.55	L	F	Dan Demarco	20	7/13/2000	The 2000 Long Island Open Gr
3	15:47.99	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
4	15:53.48	L	P	Sean Lane	19	7/7/2009	ConocoPhillips National Championships
5	15:54.36	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
6	15:54.48	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
7	15:55.06	L	F	Jonathan Derlath	17	8/10/2009	2009 Junior National Championships Ic
8	15:59.52	L	F	Jordan Valenza	18	8/1/1992	PRE 92 LC
9	16:05.28	L	F	Ryan Semels	18	1/29/1999	NATIONAL QUALIFIER
10	16:18.66	L	F	George Salayka	17	4/1/2003	ConocoPhillips National Swimmi

#### Men Senior 100 Back

1	56.87	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
2	58.65	L	F	Chris Scuderi	20	7/16/1993	SRMET93LC
3	58.67	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
4	59.10	L L	F	Bobby Smith	18	3/27/2007	2007 USA Swimming Club Championships
5	59.85	L	F	Mike Ferris	19	1/26/2001	Long Island's 3rd National Qua
6	59.94	L	S	Joe Davidoff	19	3/30/1994	SENIOR NATS
7	59.97	L L	F	Nicholas Spinella	16	8/10/2009	2009 Junior National Championships Ic
8	1:01.10	L	F	Dennis Chang	17	8/7/1996	SENIORS 96 LC
9	1:01.82	L	F	Kyle Haug	17	1/14/2000	2000 BURGDORFF MEET
10	1:01.94	L	F	Justin Lynch	17	1/28/2000	LONG ISLAND'S 2ND NATIONAL QU

#### Men Senior 200 Back

1	2:02.18	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
2	2:06.88	L	P	Bobby Smith	18	8/6/2007	2007 Junior Nationals
3	2:07.17	L	F	Mike Ferris	20	5/18/2001	2001 DOMINO'S SWIM CLASSIC
4	2:08.10	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
5	2:09.00	L	P	Nicholas Spinella	16	8/10/2009	2009 Junior National Championships Ic
6	2:09.30	L	F	Chris Scuderi	20	8/14/1993	SENIORS 93 LC
7	2:09.34	L	F	Justin Lynch	18	7/13/2000	The 2000 Long Island Open Gr
8	2:11.26	L	P	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
9	2:11.87	L	F	Joe Davidoff	17	8/1/1992	PRE 92 LC
10	2:15.03	L	P	Brendan Neligan	17	1/26/2001	Long Island's 3rd National Qua

#### Men Senior 100 Breast

1	1:04.12	L	F	Marty Hubbell	21	8/10/1995	SENIORS 95 LC
2	1:04.22	L	F	Jeff Commings	21	8/10/1995	SENIORS 95 LC
3	1:05.56	L	F	Greg Mone	21	8/7/1993	JUNIORS 93 LC
4	1:06.59	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
5	1:07.46	L	F	Nick Acquavito	18	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
6	1:07.67	L	F	Mark Biegluk	22	7/15/1999	L.I. OPEN

7	1:07.99	L	F	Douglas Gallagher	19	8/3/1994	JUNIORS 94 LC
8	1:08.36	L	F	Chris Miller	15	8/1/1996	JUNIORS 96 LC
9	1:08.45	L	F	Neal Rubin	20	3/11/2004	THE 2004 SPEEDO CHAMPIONS SERIES
10	1:08.98	L	F	Scott Demarco	18	1/26/2001	Long Island's 3rd National Qua

### Men Senior 200 Breast

1	2:21.15	L	F	Greg Mone	21	8/7/1993	JUNIORS 93 LC
2	2:23.41	L	F	Marty Hubbell	21	8/10/1995	SENIORS 95 LC
3	2:23.57	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
4	2:25.71	L	F	Mark Biegluk	16	8/7/1993	JUNIORS 93 LC
5	2:26.06	L	F	Chris Miller	17	8/1/1998	JUNIORS 98 LC
6	2:26.61	L	F	Douglas Gallagher	19	8/3/1994	JUNIORS 94 LC
7	2:27.77	L	F	Nick Acquavito	18	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
8	2:27.91	L	F	Neal Rubin	20	3/11/2004	THE 2004 SPEEDO CHAMPIONS SERIES
9	2:29.61	L	F	Scott Demarco	18	1/26/2001	Long Island's 3rd National Qua
10	2:30.73	L	F	Stephen Yeung	17	1/16/1998	BURGDORFF 98 LC

### Men Senior 100 Fly

1	54.11	L	F	Matt Beck	24	8/10/1995	SENIORS 95 LC
2	56.17	L	F	Joe Miller	22	8/14/1993	SENIORS 93 LC
3	56.25	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
4	56.96	L	P	Yury Zimarev	20	3/27/2007	2007 USA Swimming Club Championships
5	57.19	L	P	Roger Dent	18	8/6/2007	2007 Junior Nationals
6	57.22	L	F	Tom Zanetti	21	8/10/1995	SENIORS 95 LC
7	57.34	L	P	Nicholas Cerra	17	8/10/2009	2009 Junior National Championships Ic
8	57.44	L	F	Adam Shaw	18	8/7/1996	SENIORS 96 LC
9	58.17	L	P	John Wagner	17	7/23/2009	2009 MR Senior Mets LC Championships
10	58.30	L	F	Ben Rosen	22	3/27/1999	SPRING SENIORS 99

### Men Senior 200 Fly

1	2:01.92	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	2:04.49	L	F	Matt Beck	24	8/10/1995	SENIORS 95 LC
3	2:04.93	L	F	Roger Dent	19	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP
4	2:05.04	L	F	Scott Demarco	18	3/28/2001	PHILLIPS 66 NATIONALS SPRING
5	2:06.93	L	P	Nicholas Cerra	17	8/10/2009	2009 Junior National Championships Ic
6	2:07.01	L	F	Dan Demarco	23	3/11/2004	THE 2004 SPEEDO CHAMPIONS SERIES
7	2:07.41	L	F	Tom Zanetti	19	8/7/1993	JUNIORS 93 LC
8	2:08.86	L	F	Ryan Semels	19	7/15/1999	L.I. OPEN
9	2:09.99	L	F	David Pelegrimas	17	7/17/1997	SENIOR MET 97 LC
10	2:10.24	L	F	Sean Sullivan	16	7/23/2009	2009 MR Senior Mets LC Championships

### Men Senior 200 IM

1	2:03.77	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships Ic
2	2:07.81	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
3	2:08.65	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
4	2:09.08	L	F	Brendan Neligan	19	7/18/2002	2002 Long Island Open Swimming
5	2:10.35	L	F	Jeff Commings	21	8/10/1995	SENIORS 95 LC
6	2:11.32	L	F	Scott Demarco	19	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
7	2:11.74	L	F	Roger Dent	17	8/9/2006	Eastern Zone Age Group Long Course Champs
8	2:13.29	L	P	Bobby Smith	18	8/6/2007	2007 Junior Nationals
9	2:13.40	L	F	Matt Lindbom	23	8/1/1992	PRE 92 LC
10	2:13.85	L	F	Chris Taylor	18	8/3/1994	JUNIORS 94 LC

### Men Senior 400 IM

1	4:21.60	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	4:32.03	L	F	John Wagner	17	5/23/2009	Memorial Day Invitational
3	4:35.49	L	P	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
4	4:35.93	L	F	Ryan Semels	19	3/27/1999	SPRING SENIORS 99
5	4:36.31	L	F	Dan Demarco	21	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
6	4:37.00	L	F	Scott Demarco	18	3/28/2001	PHILLIPS 66 NATIONALS SPRING
7	4:38.59	L	F	Roger Dent	17	8/9/2006	Eastern Zone Age Group Long Course Champs
8	4:39.41	L	F	Chris Taylor	17	8/7/1993	JUNIORS 93 LC
9	4:40.91	L	F	Sean Sullivan	15	5/23/2009	Memorial Day Invitational
10	4:43.22	L	P	Nicholas Cerra	16	7/17/2008	2008 EASTERN USA CONFERENCE CHAMPIONSHIP









