

# 2008 Speedo Champions Series - Region 1

East Meadow, Long Island, NY

Friday, March 7, 2008

Finals Time Line

Competition Pool Clears			4:40 PM
National Anthem			4:57 PM
Event # 3	Women's 200 Meter Freestyle	Bonus	5:00 PM
		Consols	5:03 PM
		Parade Finalists	5:06 PM
Event # 4	Men's 200 Meter Freestyle	Bonus	5:12 PM
		Consols	5:15 PM
		Parade Finalists	5:18 PM
Event # 5	Women's 100 Meter Breaststroke	Bonus	5:23 PM
		Consols	5:25 PM
		Parade Finalists	5:28 PM
Event # 6	Men's 100 Meter Breaststroke	Bonus	5:33 PM
		Consols	5:35 PM
		Parade Finalists	5:37 PM
	<i>Awards Women's 200 Meter Freestyle</i>		5:42 PM
	<i>Awards Men's 200 Meter Freestyle</i>		5:45 PM
	<i>Awards Women's 100 Meter Breaststroke</i>		5:48 PM
	<i>Awards Men's 100 Meter Breaststroke</i>		5:51 PM
Event # 7	Women's 100 Meter Butterfly	Bonus	5:59 PM
		Consols	6:01 PM
		Parade Finalists	6:03 PM
Event # 8	Men's 100 Meter Butterfly	Bonus	6:07 PM
		Consols	6:09 PM
		Parade Finalists	6:12 PM
Event # 9	Women's 400 Meter IM	Bonus	6:16 PM
		Consols	6:22 PM
		Parade Finalists	6:29 PM
Event # 10	Men's 400 Meter IM	Bonus	6:37 PM
		Consols	6:43 PM
		Parade Finalists	6:50 PM
	<i>Awards Women's 100 Meter Butterfly</i>		6:57 PM
	<i>Awards Men's 100 Meter Butterfly</i>		7:00 PM
	<i>Awards Women's 400 Meter IM</i>		7:03 PM
	<i>Awards Men's 400 Meter IM</i>		7:06 PM

## **THERE WILL BE NO BREAK PRIOR TO RELAYS**

Event # 11	Women's and Men's 800 Meter	4	7:14 PM
& # 12	Free Relay		
	<b>End of Session</b>		7:51 PM

**Relays will not be Paraded**

**Relay cards due by 6:30 PM to the Admin Ref.**

**Order of relays will be: second fastest women's heat; fastest women's heat;  
second fastest men's heat; fastest men's heat.**

***Scratch box for tomorrow's events closes at 5:30 PM today.***