

Year	Name	Team	Time	Event	Time	Name	Team	Year
2020	Tess Howley	LIAC	22.93	50 Free	20.99	Alvin Tsai	LIAC	2020
2020	Tess Howley	LIAC	49.55	100 Free	45.73	Alvin Tsai	LIAC	2020
2020	Cavan Gormsen	LIAC	1:46.24	200 Free	1:39.68	JuanCarlos Castrillon	LIAC	2020
2020	Cavan Gormsen	LIAC	4:38.45	500 Free	4:26.33	JuanCarlos Castrillon	LIAC	2020
2020	Cavan Gormsen	LIAC	9:35.18	1000 Free	9:20.90*	JuanCarlos Castrillon	LIAC	2020
2020	Cavan Gormsen	LIAC	15:58.97	1650 Free	15:31.77	JuanCarlos Castrillon	LIAC	2020
2020	Kiki Kennedy	LIAC	53.52	100 Back	49.77	Billy Swartwout	LIAC	2020
2020	Tess Howley	LIAC	1:56.30	200 Back	1:47.20	Billy Swartwout	LIAC	2020
2020	Denise Phelan	TS	1:01.29	100 Breast	55.65	Ryan Brown	LIAC	2020
2020	Densie Phelan	TS	2:11.23	200 Breast	2:01.52	Ryan Brown	LIAC	2020
2020	Tess Howley	LIAC	52.55	100 Fly	50.57	Alvin Tsai	LIAC	2020
2020	Tess Howley	LIAC	1:53.95	200 Fly	1:51.58	CJ Arena	LIAC	2020
2020	Denise Phelan	TS	2:01.65	200 IM	1:51.75	Billy Swartwout	LIAC	2020
2020	Denise Phelan	TS	4:20.42	400 IM	3:56.34	CJ Arena	LIAC	2020