

Hi All,

Hope you all enjoyed your weekend!

Below is our practice schedule for this week:

Monday 3/23: 4:15 - 5:45 PM @NCC

Wednesday 3/25: 6:30 - 8:00 PM Swim @NCAC

Thursday 3/26: 6:30 - 7:30 PM @NCAC - **Different than the Online calendar, but want to get your athletes ready to compete this weekend!!!!**

Friday 3/27 - Sunday 3/29: Bronze Championships

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Schedule for next week:

Monday 3/30: OFF

Tuesday 3/31: OFF

Wednesday 4/1: Dryland 6:00 PM ; 6:30 PM - 8:00 PM @NCAC

Thursday 4/2: 6:30 PM - 8:00 PM @NCAC

Friday 4/3: 11:30 AM - 1:00 PM @FP

Sunday 4/5: OFF - Happy Easter!

I will be sending out a separate email with Bronze Information. Please let me know if you have any questions.

Thanks,
Natalie