

Tryouts for the 2016 Spring Stroke Clinic and Team will be on Thursday, April 21st from 6:45-7:45 pm. All tryouts will take place at 170 Michael Drive, Syosset 11791.

Swimmers will be seen on a first come, first serve basis.

Participants need to bring a bathing suit, goggles, bathing cap if their hair falls beneath their eyes, and a towel.



Swimmers will be asked to swim one lap of each stroke; freestyle, backstroke, breaststroke, and butterfly. More advanced swimmers may be timed in the 50 freestyle and 100 IM.

Swimmers who qualify will be invited to register immediately after the tryout. Payments can be made as cash or check only. We do not accept credit cards. Class spots will be filled on a first come, first serve basis and cannot be held without payment.