LONG ISLAND AQUATIC CLUB
SWIM FAST SWIM LIAC

Individual Top Times

LONG ISLAND AQUATIC CLUB [LIAC-MR] Coach: D FERRIS/ G NUSSBAUM
Number of Top Times: 10 Show Long Course Only

	Time		P/F/	Name	Age/Yr		
Women Senior 50 Free							
1	26.13	L	F	Chloe Stepanek	17	1/10/2020	2020 Jim Wood Memorial Invitational
2	26.49	L	P	Tess Howley	14	7/31/2019	2019 Phillips 66 National Champs
3	26.51	L	F	Lauryn Johnson	18	7/18/2019	2019 MR Senior Mets LC Summer Ch
4	26.63	L	F	Joan Cash	14	8/1/2017	2017 NCSA Summer Swimming Char
5	26.84	L	F	Cara Treble	18	7/14/2016	2016 MR Senior Metropolitan LCM Ch
6	26.85	L	F	Mikaila Gaffey	21	3/31/2016	2016 EZ Northern Region Speedo Se
7	26.90	L	F	Sophia Zhao	14	1/10/2020	2020 Jim Wood Memorial Invitational
8	26.95	L	P	Kristen Romano	17	8/2/2017	2017 U.S. Open Swimming Champior
9	27.01	L	F	Jennifer Nucci	16	7/26/2001	2001 SPEEDO CHAMPIONS SERIES
10 *	27.06	L	P	Emily Kelly	20	8/2/2012	2012 Speedo Champions Series Supe
10 *	27.06	L	F	Margaret Aroesty	17	4/22/2016	2016 Speedo Long Island Challenge
Women Senior 100 Free							
1	56.01	L	F	Chloe Stepanek	17	12/4/2019	2019 Toyota U.S. Open
2	57.02	L	F	Cara Treble	17	7/28/2015	2015 NCSA Summer Swimming Char
3	57.04	L	P	Emily Kelly	17	8/10/2009	2009 Junior National Championships I
4	57.20	L	F	Tess Howley	14	7/18/2019	2019 MR Senior Mets LC Summer Ch
5	57.34	L	F	Lauryn Johnson	18	7/18/2019	2019 MR Senior Mets LC Summer Ch
6	57.80	L L	F	Kristen Romano	16	7/14/2016	2016 MR Senior Metropolitan LCM Ch
7 *	58.10	L	F	Margaret Aroesty	17	8/9/2016	2016 NCSA Summer Swimming Char
7 *	58.10	L	P	Joan Cash	16	8/6/2019	2019 Speedo Junior National Champi
9	58.14	L	F	Jessica Foschi	23	1/9/2004	Burgdorff Invitational 2004
10	58.33	L L	F	Isabela Antoniuk	17	8/6/2019	2019 Speedo Junior National Champi
Women Senior 200 Free							
1	2:00.76	L	F	Chloe Stepanek	17	12/4/2019	2019 Toyota U.S. Open
2	2:02.22	L	F	Jessica Foschi	16	8/14/1997	SENIORS 97 LC
3	2:02.38	L	F	Emily Kelly	17	8/10/2009	2009 Junior National Championships I
4	2:02.45	L	F	Margaret Aroesty	17	8/9/2016	2016 NCSA Summer Swimming Char
5	2:03.01	L	F	Kristen Romano	17	8/2/2017	2017 U.S. Open Swimming Champior
6	2:03.06	L L	F	Tess Howley	14	7/18/2019	2019 MR Senior Mets LC Summer Ch
7	2:03.07	L	F	Cara Treble	18	7/14/2016	2016 MR Senior Metropolitan LCM Ch
8	2:03.83	L	P	Isabela Antoniuk	17	8/6/2019	2019 Speedo Junior National Champi
9	2:03.85	L	F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
10	2:04.21	L	F	Lauryn Johnson	17	7/19/2018	2018 MR Senior Metropolitan LCM Ch
Women Senior 400 Free							
1	4:13.84	L	F	Jessica Foschi	15	3/14/1996	OLYMPIC TRIALS 96
2	4:14.21	L	P	Elizabeth Goldson	19	6/29/2008	2008 U.S. Olympic Team Trials - Swir
3	4:14.50	L	P	Emily Kelly	17	8/10/2009	2009 Junior National Championships I
4	4:16.51	L	F	Cavan Gormsen	14	1/10/2020	2020 Jim Wood Memorial Invitational
5	4:17.44	L	F	Hana Shimizu-Bowers	14	8/6/2019	2019 Speedo Junior National Champi
6	4:18.50	L	F	Margaret Aroesty	18	7/20/2017	2017 MR Senior Metropolitan LCM Ch
7	4:18.97	L	F	Sophia Karras	15	7/18/2019	2019 MR Senior Mets LC Summer Ch
8	4:19.11	L	P	Molly Treble	16	8/5/2013	2013 Speedo Junior National Swimmi
9	4:19.59	L	P	Lauryn Johnson	18	8/6/2019	2019 Speedo Junior National Champi
10	4:19.87	L	P	Isabela Antoniuk	17	8/6/2019	2019 Speedo Junior National Champi
Women Senior 800 Free							
1	8:40.00	L	F	Jessica Foschi	15	11/30/1995	US OPEN 95 LC
2	8:40.88	L	F	Emily Kelly	17	8/10/2009	2009 Junior National Championships I
3	8:43.70	L	F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
4	8:48.20	L	F	Sophia Karras	15	8/6/2019	2019 Speedo Junior National Champi
5	8:48.99	L	F	Sarah Daly	15	8/14/2001	PHILLIPS 66 NATIONAL CHAMPION
6	8:51.58	L	F	Cavan Gormsen	14	1/10/2020	2020 Jim Wood Memorial Invitational
7	8:55.06	L	P	Lindsay Schlichte	15	8/2/2011	2011 ConocoPhillips National Champi

8	8:56.42	L		F	Erica Derlath	17	1/11/2008	Burgdorff Invitational 2008
9	8:56.64	L		F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
10	8:56.65	L		F	Isabela Antoniuk	17	8/6/2019	2019 Speedo Junior National Champi

Women Senior 1500 Free

1	16:24.86	L		F	Jessica Foschi	14	8/10/1995	SENIORS 95 LC
2	16:39.40	L		F	Sophia Karras	15	8/6/2019	2019 Speedo Junior National Champi
3	16:45.86	L		F	Emily Kelly	17	8/10/2009	2009 Junior National Championships I
4	16:53.89	L		F	Elizabeth Goldson	16	8/9/2005	2005 USA Junior Nationals
5	16:57.36	L		F	Cavan Gormsen	14	8/6/2019	2019 Speedo Junior National Champi
6	16:57.92	L		F	Sarah Daly	15	8/14/2001	PHILLIPS 66 NATIONAL CHAMPION
7	17:00.55	L		F	Lindsay Schlichte	15	8/8/2011	2011 Speedo Junior National Champi
8	17:01.61	L		F	Molly Treble	16	7/30/2013	2013 U.S. Open Swimming Champior
9	17:08.66	L		F	Jacqueline Fasano	16	8/9/2004	2004 LC NCSA Junior National Cham
10	17:09.97	L		F	Julia Festa	15	8/6/2007	2007 Junior Nationals

Women Senior 50 Back

1 *	30.39	L		F	Gabrielle Toback	19	6/26/2014	Coupe Québec / Canada Cup 2014
1 *	30.39	L		F	Kristen Romano	16	3/15/2016	2016 NCSA Spring Championship
3	30.77	L		F	Tess Howley	14	7/18/2019	2019 MR Senior Mets LC Summer Ch
4	30.78	L	S	P	Chloe Stepanek	17	7/31/2019	2019 Phillips 66 National Champs
5	30.80	L	L	F	Kiara Kennedy	15	8/6/2019	2019 NCSA Summer Swimming Char
6	30.98	L		F	Katie Hong	17	8/6/2019	2019 NCSA Summer Swimming Char
7	31.13	L	L	F	Hana Shimizu-Bowers	14	7/26/2019	2019 Metropolitan Long Course Junio
8	31.17	L		P	Beth Caruana	17	8/9/2016	2016 NCSA Summer Swimming Char
9	31.49	L		P	Briana Gellineau	17	8/6/2019	2019 NCSA Summer Swimming Char
10	31.58	L	L	F	Francesca Raimondi	15	8/6/2019	2019 NCSA Summer Swimming Char

Women Senior 100 Back

1	1:02.99	L		F	Kristen Romano	17	8/8/2017	2017 Speedo Junior National Champi
2	1:03.65	L		F	Tess Howley	14	7/18/2019	2019 MR Senior Mets LC Summer Ch
3	1:04.04	L		P	Daphne Skelos	20	7/29/2008	2008 U. S. Open
4	1:04.35	L		P	Gabrielle Toback	18	7/18/2013	2013 MR Senior Metropolitan LCM Ch
5	1:04.50	L		P	Chloe Stepanek	17	7/18/2019	2019 MR Senior Mets LC Summer Ch
6	1:04.67	L		P	Briana Gellineau	17	8/6/2019	2019 NCSA Summer Swimming Char
7	1:05.26	L	L	F	Beth Caruana	16	7/16/2015	2015 MR Senior Metropolitan LCM Ch
8	1:05.36	L		F	Katie Hong	17	7/18/2019	2019 MR Senior Mets LC Summer Ch
9	1:05.46	L		F	Francesca Raimondi	15	8/6/2019	2019 NCSA Summer Swimming Char
10	1:05.52	L		F	Kiara Kennedy	15	1/10/2020	2020 Jim Wood Memorial Invitational

Women Senior 200 Back

1	2:12.70	L		P	Daphne Skelos	20	6/29/2008	2008 U.S. Olympic Team Trials - Swir
2	2:14.46	L		F	Kristen Romano	17	8/2/2017	2017 U.S. Open Swimming Champior
3	2:18.20	L		P	Briana Gellineau	17	8/6/2019	2019 NCSA Summer Swimming Char
4	2:19.97	L		P	Erica Derlath	17	6/5/2008	2008 Charlotte UltraSwim
5	2:20.41	L		F	Chloe Stepanek	17	7/18/2019	2019 MR Senior Mets LC Summer Ch
6	2:21.03	L		F	Francesca Raimondi	15	7/18/2019	2019 MR Senior Mets LC Summer Ch
7	2:21.04	L		F	Beth Caruana	16	7/16/2015	2015 MR Senior Metropolitan LCM Ch
8	2:21.74	L		F	Megan Zarriello	18	7/21/2011	2011 MR Metro Senior Metro LC Char
9	2:22.15	L		F	Alice Ye	15	2/18/2016	2016 MR Senior Mets Winter Champi
10	2:22.60	L		F	Lorna Mund	22	8/1/1992	PRE 92 LC

Women Senior 50 Breast

1	31.79	L		F	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
2	33.70	L	S	F	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
3	34.53	L		P	Bridget Ye	14	8/6/2019	2019 NCSA Summer Swimming Char
4	34.90	L	S	P	Kristalynn Kempton	18	8/9/2005	2005 USA Junior Nationals
5	35.06	L	S	P	Kelly Reitz	20	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
6	35.28	L		F	Erica Debenedetto	18	7/20/2000	2000 L. C. SENIOR METROPOLITA
7	35.39	L	S	F	Kendel Fiorentino	16	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
8	35.75	L		F	Nontawan Benja-Athon	17	7/20/2000	2000 L. C. SENIOR METROPOLITA
9	35.92	L	S	P	Karla Leite	17	7/22/2004	THE 2004 SPEEDO CHAMPIONS SE
10	35.98	L		F	Sophia Chu	14	6/23/2017	2017 ST AAAA George Block Invitatio

Women Senior 100 Breast

1	1:08.24	L		P	Margaret Aroesty	17	8/24/2016	2016 Jr Pan Pacific Swimming Champ
2	1:14.02	L		P	Kristalynn Kempton	18	8/9/2005	2005 USA Junior Nationals
3	1:14.22	L		F	Kristen Romano	17	7/20/2017	2017 MR Senior Metropolitan LCM Ch
4	1:14.26	L		P	Kate Larson	21	8/15/2000	2000 OLYMPIC TRIALS
5	1:14.36	L		F	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
6	1:14.62	L		F	Bridget Ye	13	8/8/2018	2018 VA Eastern Zone LC Champions
7	1:15.09	L		P	Kelly Reitz	20	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
8	1:15.13	L		F	Nontawan Benja-Athon	15	8/1/1998	JUNIORS 98 LC

9	1:15.28	L		P	Kendel Fiorentino	16	3/19/2002	PHILLIPS 66 SPRING NATS 2002
10 *	1:15.33	L		F	Grace Walsh	19	8/1/1992	PRE 92 LC
10 *	1:15.33	L		P	Erica Debenedetto	18	7/20/2000	2000 L. C. SENIOR METROPOLITA

Women Senior 200 Breast

1	2:28.76	L		P	Margaret Aroesty	18	5/4/2017	2017 Arena Pro Swim Series Atlanta
2	2:37.84	L		P	Karla Leite	17	8/9/2004	2004 LC NCSA Junior National Cham
3	2:38.18	L		F	Nontawan Benja-Athon	16	5/29/1999	MEMORIAL DAY MEET
4	2:38.20	L		F	Kristalynn Kempton	18	8/9/2005	2005 USA Junior Nationals
5	2:39.98	L		P	Kate Larson	21	8/15/2000	2000 OLYMPIC TRIALS
6	2:41.66	L		F	Kendel Fiorentino	17	7/24/2003	2003 SPEEDO CHAMPIONS SERIES
7	2:41.72	L		F	Maria Del Mundo	15	7/15/1999	L.I. OPEN
8	2:42.90	L		F	Amy Taylor	15	8/3/1994	JUNIORS 94 LC
9	2:43.84	L		P	Kelly Reitz	20	7/21/2005	2005 SPEEDO CHAMPIONS SERIES
10	2:44.12	L		F	Bridget Ye	14	7/18/2019	2019 MR Senior Mets LC Summer Ch

Women Senior 50 Fly

1	27.92	L		F	Joan Cash	15	6/28/2018	Coupe du Quebec (Senior et Para)
2	28.00	L	S	F	Tess Howley	14	7/5/2019	2019 Eric Namesnik Memorial Open
3	28.24	L		F	Lauryn Johnson	16	8/1/2017	2017 NCSA Summer Swimming Char
4	28.57	L		F	Chloe Stepanek	16	6/28/2018	Coupe du Quebec (Senior et Para)
5	28.80	L		F	Paige Kaplan	17	8/5/2014	2014 NCSA Summer Swimming Char
6	29.12	L		F	Trudiann Patrick	17	6/27/2013	Coupe Québec / Canada Cup 2013
7	29.14	L	S	S	Margaret Aroesty	17	6/26/2016	2016 U.S. Olympic Team Trials - Swi
8	29.21	L		F	Kerianne Masterson	16	8/9/2004	2004 LC NCSA Junior National Cham
9	29.22	L		F	Kara O'Reilly	15	7/20/2000	2000 L. C. SENIOR METROPOLITA
10	29.47	L		P	Kiara Kennedy	15	8/6/2019	2019 NCSA Summer Swimming Char

Women Senior 100 Fly

1	1:00.09	L		F	Tess Howley	14	8/6/2019	2019 Speedo Junior National Champi
2	1:01.66	L		F	Lauryn Johnson	17	7/31/2018	2018 Speedo Junior National Champi
3	1:01.94	L		F	Joan Cash	15	8/2/2018	2018 USA Swimming Futures Champ
4	1:02.04	L		F	Jamie Landrio	18	8/14/1997	SENIORS 97 LC
5	1:02.33	L		F	Trudiann Patrick	17	7/18/2013	2013 MR Senior Metropolitan LCM Ch
6	1:02.50	L		F	Margaret Aroesty	18	7/20/2017	2017 MR Senior Metropolitan LCM Ch
7	1:02.66	L		F	Madison So	14	8/6/2019	2019 NCSA Summer Swimming Char
8	1:02.78	L		P	Chloe Stepanek	16	6/28/2018	Coupe du Quebec (Senior et Para)
9	1:02.91	L		F	Paige Kaplan	17	7/17/2014	2014 MR Senior Metropolitan LCM Ch
10	1:02.99	L		F	Hana Shimizu-Bowers	14	7/26/2019	2019 Metropolitan Long Course Junio

Women Senior 200 Fly

1	2:11.41	L		F	Tess Howley	14	8/6/2019	2019 Speedo Junior National Champi
2	2:13.91	L		F	Lauryn Johnson	17	7/31/2018	2018 Speedo Junior National Champi
3	2:14.24	L		F	Krissy Sendrowski	18	8/11/1998	SENIORS 98 LC
4	2:14.76	L		P	Margaret Aroesty	18	8/2/2017	2017 U.S. Open Swimming Champior
5	2:15.62	L		F	Paige Kaplan	18	7/28/2015	2015 NCSA Summer Swimming Char
6	2:16.24	L		F	Sophia Gregorace	15	8/1/2017	2017 NCSA Summer Swimming Char
7	2:17.96	L		F	Trudiann Patrick	17	7/18/2013	2013 MR Senior Metropolitan LCM Ch
8	2:17.97	L		F	Jamie Landrio	18	8/14/1997	JUNIORS 97 LC
9	2:18.98	L		F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
10	2:19.05	L		F	Hana Shimizu-Bowers	14	7/5/2019	2019 Eric Namesnik Memorial Open

Women Senior 200 IM

1	2:12.83	L		F	Margaret Aroesty	18	8/2/2017	2017 U.S. Open Swimming Champior
2	2:15.15	L		F	Kristen Romano	17	8/8/2017	2017 Speedo Junior National Champi
3	2:18.66	L		F	Daphne Skelos	20	6/5/2008	2008 Charlotte UltraSwim
4	2:19.80	L		F	Jessica Foschi	23	1/9/2004	Burgdorff Invitational 2004
5	2:21.01	L		F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
6	2:22.48	L		F	Hana Shimizu-Bowers	14	7/18/2019	2019 MR Senior Mets LC Summer Ch
7	2:22.49	L		P	Paige Kaplan	18	7/28/2015	2015 NCSA Summer Swimming Char
8	2:22.57	L		F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
9	2:23.33	L		F	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
10	2:23.93	L		F	Bridget Ye	13	8/8/2018	2018 VA Eastern Zone LC Champions

Women Senior 400 IM

1	4:44.26	L		F	Margaret Aroesty	17	8/24/2016	2016 Jr Pan Pacific Swimming Champ
2	4:47.47	L		F	Kristen Romano	17	8/8/2017	2017 Speedo Junior National Champi
3	4:48.83	L		P	Daphne Skelos	20	6/29/2008	2008 U.S. Olympic Team Trials - Swi
4	4:51.68	L		F	Jessica Foschi	16	8/14/1997	SENIORS 97 LC
5	4:53.29	L		P	Hana Shimizu-Bowers	14	8/6/2019	2019 Speedo Junior National Champi
6	4:54.45	L		F	Amy Taylor	16	8/14/1995	JUNIORS 95 LC
7	4:56.92	L		F	Erica Derlath	19	8/6/2009	2009 Speedo Champions Series
8	4:57.89	L		F	Paige Kaplan	16	7/18/2013	2013 MR Senior Metropolitan LCM Ch

9	5:03.39	L	F	Sophia Gregorace	15	7/20/2017	2017 MR Senior Metropolitan LCM Ch
10	5:03.42	L	P	Elizabeth Goldson	17	7/20/2006	2006 SPEEDO CHAMPIONS SERIES

Men Senior 50 Free

1	22.82	L	S	Oliver Lee	19	8/2/2011	2011 ConocoPhillips National Champi
2	23.00	L	T	John Wagner	19	8/2/2011	2011 ConocoPhillips National Champi
3	23.63	L	F	Brian Esway	22	8/10/1995	SENIORS 95 LC
4	23.89	L	F	Timothy Marski	18	1/18/2019	2019 BAC Winter Invitational
5	23.92	L	F	Howard Hinds	24	8/1/2002	2002 SPEEDO CHAMPIONS SERIES
6	23.93	L	F	Matt Beck	22	8/14/1993	SENIORS 93 LC
7	23.97	L	F	Andreas Roestenberg	25	8/10/1995	SENIORS 95 LC
8	23.98	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
9	24.01	L	P	Yury Zimarev	20	3/27/2007	2007 USA Swimming Club Champion
10	24.18	L	F	Christopher Gahn	1	8/8/2001	SUMMER LC EASTERN ZONE 2001

Men Senior 100 Free

1	50.29	L	P	Oliver Lee	21	7/30/2013	2013 U.S. Open Swimming Champior
2	50.51	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships
3	50.90	L	F	Chris Eckerman	21	8/10/1995	SENIORS 95 LC
4	50.98	L	F	Christian Sztolcman	18	7/31/2018	2018 Speedo Junior National Champi
5	51.76	L	F	Brian Esway	22	8/10/1995	SENIORS 95 LC
6	51.81	L	P	Timothy Marski	17	7/31/2018	2018 Speedo Junior National Champi
7	51.88	L	F	Andreas Roestenberg	25	3/14/1995	SENIOR NATIONAL MEET
8	52.02	L	F	Ben Rosen	17	8/3/1994	JUNIORS 94 LC
9	52.33	L	F	William Swartwout	16	7/18/2019	2019 MR Senior Mets LC Summer Ch
10	52.35	L L	F	Howard Hinds	25	7/10/2003	2003 Long Island Open

Men Senior 200 Free

1	1:50.33	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships
2	1:50.65	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
3	1:51.12	L	P	Christian Sztolcman	18	7/31/2018	2018 Speedo Junior National Champi
4	1:51.38	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
5	1:52.28	L	F	Andreas Roestenberg	23	8/14/1993	SENIORS 93 LC
6	1:53.59	L	P	Timothy Marski	17	7/31/2018	2018 Speedo Junior National Champi
7	1:53.77	L	F	Connor Brown	19	8/4/2016	LC Senior Zone Championship Meet
8	1:54.04	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
9	1:54.05	L	F	Brendan Neligan	20	7/10/2003	2003 Long Island Open
10	1:54.20	L	P	Jason Louser	18	8/6/2019	2019 Speedo Junior National Champi

Men Senior 400 Free

1	3:54.14	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	3:56.48	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
3	3:58.56	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
4 *	4:01.01	L	F	Connor Brown	19	5/28/2016	2016 BAC Memorial Day Invitational
4 *	4:01.01	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
6	4:01.35	L	P	Adam Kapusta	18	8/6/2019	2019 Speedo Junior National Champi
7	4:01.36	L	P	Christian Sztolcman	18	7/31/2018	2018 Speedo Junior National Champi
8	4:01.41	L	F	JuanCarlos Castrillon	15	1/10/2020	2020 Jim Wood Memorial Invitational
9	4:01.80	L	T	Sean Lane	21	8/2/2011	2011 ConocoPhillips National Champi
10	4:02.19	L	F	Timothy Marski	16	7/20/2017	2017 MR Senior Metropolitan LCM Ch

Men Senior 800 Free

1	8:02.18	L	F	Brendan Neligan	18	8/24/2001	WORLD UNIVERSITY GAMES
2	8:08.30	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
3	8:09.26	L	F	Dan Demarco	21	8/14/2001	PHILLIPS 66 NATIONAL CHAMPION
4	8:11.85	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
5	8:19.03	L	F	Michael Lennon	17	8/8/2011	2011 Speedo Junior National Champi
6	8:19.59	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
7	8:19.67	L	F	Sean Lane	17	8/6/2007	2007 Junior Nationals
8	8:20.39	L	F	Ryan Semels	18	1/29/1999	NATIONAL QUALIFIER
9	8:22.91	L	F	Timothy Marski	16	7/20/2017	2017 MR Senior Metropolitan LCM Ch
10	8:23.81	L	F	JuanCarlos Castrillon	15	12/4/2019	2019 Toyota U.S. Open

Men Senior 1500 Free

1	15:25.29	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
2	15:33.55	L	F	Dan Demarco	20	7/13/2000	The 2000 Long Island Open Gr
3	15:47.49	L	F	Timothy Marski	15	8/9/2016	2016 NCSA Summer Swimming Char
4	15:47.99	L	F	KEN MACFADYEN	16	3/30/1994	SENIOR NATS
5	15:52.09	L	F	Michael Lennon	17	8/8/2011	2011 Speedo Junior National Champi
6	15:53.48	L	P	Sean Lane	19	7/7/2009	ConocoPhillips National Championshi
7	15:54.36	L	F	Ian Prichard	21	8/5/2003	ConocoPhillips National Swimmi
8	15:54.48	L	F	Thomas O'Neill	17	8/6/2007	2007 Junior Nationals
9	15:55.06	L	F	Jonathan Derlath	17	8/10/2009	2009 Junior National Championships

10	15:56.81	L	F	JuanCarlos Castrillon	15	7/18/2019	2019 MR Senior Mets LC Summer Ch

Men Senior 50 Back

1	27.73	L	F	John Wagner	17	7/1/2010	Coupe du Canada Coupe du Québ
2	27.82	L L	F	Connor Brown	18	7/28/2015	2015 NCSA Summer Swimming Char
3	27.89	L L	F	Ryan Davidoff	16	8/6/2019	2019 NCSA Summer Swimming Char
4	28.40	L	P	Bobby Smith	19	6/5/2008	2008 Charlotte UltraSwim
5	28.73	L	P	Zachary Leng	16	8/1/2017	2017 NCSA Summer Swimming Char
6	28.86	L	F	William Swartwout	16	7/18/2019	2019 MR Senior Mets LC Summer Ch
7	28.88	L L	F	Adam Kapusta	15	8/9/2016	2016 NCSA Summer Swimming Char
8	28.92	L	F	Mike Ferris	19	7/20/2000	2000 L. C. SENIOR METROPOLITA
9	29.02	L	P	Nicholas Spinella	17	7/1/2010	Coupe du Canada Coupe du Québ
10	29.14	L L	F	Maximillian Willard	17	8/5/2014	2014 NCSA Summer Swimming Char

Men Senior 100 Back

1	56.87	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships I
2	58.34	L	F	William Swartwout	16	7/18/2019	2019 MR Senior Mets LC Summer Ch
3	58.65	L	F	Chris Scuderi	20	7/16/1993	SRMET93LC
4	58.67	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
5	58.78	L	P	Connor Brown	18	7/28/2015	2015 NCSA Summer Swimming Char
6	59.10	L L	F	Bobby Smith	18	3/27/2007	2007 USA Swimming Club Champions
7	59.26	L	F	Nicholas Spinella	17	7/22/2010	2010 MR Senior Metro LC Champions
8	59.45	L	P	Christian Yeager	17	4/8/2011	2011 Eric Namesnik Grand Prix
9	59.85	L	F	Mike Ferris	19	1/26/2001	Long Island's 3rd National Qua
10	59.94	L	S	Joe Davidoff	19	3/30/1994	SENIOR NATS

Men Senior 200 Back

1	2:02.18	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships I
2	2:03.98	L	P	Christian Yeager	18	6/25/2012	2012 U.S. Olympic Team Trials - Swir
3	2:04.89	L	P	William Swartwout	17	8/6/2019	2019 Speedo Junior National Champi
4	2:06.88	L	P	Bobby Smith	18	8/6/2007	2007 Junior Nationals
5	2:07.17	L	F	Mike Ferris	20	5/18/2001	2001 DOMINO'S SWIM CLASSIC
6	2:07.50	L	T	Adam Kapusta	17	7/31/2018	Time Trials - 2018 Speedo Junior Nati
7	2:08.10	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
8	2:09.00	L	P	Nicholas Spinella	16	8/10/2009	2009 Junior National Championships I
9	2:09.30	L	F	Chris Scuderi	20	8/14/1993	SENIORS 93 LC
10	2:09.34	L	F	Justin Lynch	18	7/13/2000	The 2000 Long Island Open Gr

Men Senior 50 Breast

1	29.43	L	P	Ryan Brown	18	8/9/2016	2016 NCSA Summer Swimming Char
2	29.44	L S	P	Jason Louser	17	7/31/2018	2018 Speedo Junior National Champi
3	30.01	L	F	Justen Lopez	16	8/6/2019	2019 NCSA Summer Swimming Char
4	30.39	L	P	Matt Goetz	16	6/30/2011	Coupe Canada / Coupe Quebec
5	30.47	L	P	Jake Goldstein	15	6/30/2011	Coupe Canada / Coupe Quebec
6	30.53	L	P	Tyler Nussbaum	18	8/5/2014	2014 NCSA Summer Swimming Char
7	30.56	L	P	Matthew Manfre	18	8/9/2016	2016 NCSA Summer Swimming Char
8	31.18	L	P	James Wun	16	8/1/2017	2017 NCSA Summer Swimming Char
9	31.30	L	P	Ruben Cerri-Droz	18	8/9/2016	2016 NCSA Summer Swimming Char
10	31.33	L	P	Hans Tristan Lim	17	8/6/2019	2019 NCSA Summer Swimming Char

Men Senior 100 Breast

1	1:03.02	L	F	Jason Louser	18	7/31/2019	2019 Phillips 66 National Champs
2	1:04.12	L	F	Marty Hubbell	21	8/10/1995	SENIORS 95 LC
3	1:04.22	L	F	Jeff Commings	21	8/10/1995	SENIORS 95 LC
4	1:04.28	L	F	Ryan Brown	18	8/9/2016	2016 NCSA Summer Swimming Char
5	1:05.44	L	P	Delaney Hall	17	7/30/2014	2014 Speedo Junior National Champi
6	1:05.45	L	P	Tyler Nussbaum	18	7/28/2015	2015 NCSA Summer Swimming Char
7	1:05.56	L	F	Greg Mone	21	8/7/1993	JUNIORS 93 LC
8	1:06.32	L	F	Matt Goetz	18	8/2/2012	2012 Speedo Champions Series Supe
9	1:06.59	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
10	1:06.67	L	F	Justen Lopez	16	8/6/2019	2019 NCSA Summer Swimming Char

Men Senior 200 Breast

1	2:16.02	L	P	Jason Louser	18	7/31/2019	2019 Phillips 66 National Champs
2	2:18.96	L	F	Ryan Brown	18	5/28/2016	2016 BAC Memorial Day Invitational C
3	2:20.96	L	P	Delaney Hall	16	8/5/2013	2013 Speedo Junior National Swimmi
4	2:21.15	L	F	Greg Mone	21	8/7/1993	JUNIORS 93 LC
5	2:23.41	L	F	Marty Hubbell	21	8/10/1995	SENIORS 95 LC
6	2:23.57	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
7	2:25.32	L	P	Sean Sullivan	18	8/8/2011	2011 Speedo Junior National Champi
8	2:25.67	L	F	Matthew Manfre	16	7/28/2015	2015 NCSA Summer Swimming Char
9	2:25.71	L	F	Mark Biegluk	16	8/7/1993	JUNIORS 93 LC
10	2:26.06	L	F	Chris Miller	17	8/1/1998	JUNIORS 98 LC

Men Senior 50 Fly

1	25.09	L	F	Oliver Lee	17	6/30/2011	Coupe Canada / Coupe Quebec
2	25.29	L S	P	Roger Dent	23	6/25/2012	2012 U.S. Olympic Team Trials - Swir
3	25.75	L S	P	John Wagner	20	6/25/2012	2012 U.S. Olympic Team Trials - Swir
4	25.98	L S	P	Yury Zimarev	20	3/27/2007	2007 USA Swimming Club Champions
5	26.23	L S	P	Jason Louser	18	7/31/2019	2019 Phillips 66 National Champs
6	26.50	L	P	Ryan Davidoff	16	8/6/2019	2019 NCSA Summer Swimming Char
7	26.80	L	P	Tyler Simpson	15	8/1/2017	2017 NCSA Summer Swimming Char
8	26.88	L	P	Orry Zayit	16	8/1/2017	2017 NCSA Summer Swimming Char
9	27.10	L S	P	Nicholas Cerra	17	8/10/2009	2009 Junior National Championships I
10	27.15	L S	P	Jake Goldstein	18	8/2/2012	2012 Speedo Champions Series Supe

Men Senior 100 Fly

1	54.11	L	F	Matt Beck	24	8/10/1995	SENIORS 95 LC
2	55.04	L	P	Roger Dent	22	12/1/2011	2011 AT&T Winter National Champior
3	55.54	L	F	Timothy Marski	17	5/26/2018	2018 BAC Memorial Day Invitational
4	55.97	L	P	Jason Louser	18	8/6/2019	2019 Speedo Junior National Champi
5	56.17	L	F	Joe Miller	22	8/14/1993	SENIORS 93 LC
6	56.25	L	F	Chris Eckerman	22	8/7/1996	SENIORS 96 LC
7	56.40	L	P	Oliver Lee	21	7/30/2013	2013 U.S. Open Swimming Champior
8	56.96	L	P	Yury Zimarev	20	3/27/2007	2007 USA Swimming Club Champions
9	57.22	L	F	Tom Zanetti	21	8/10/1995	SENIORS 95 LC
10	57.34	L	P	Nicholas Cerra	17	8/10/2009	2009 Junior National Championships I

Men Senior 200 Fly

1	1:59.97	L	F	Jason Louser	18	7/31/2019	2019 Phillips 66 National Champs
2	2:01.37	L	P	Roger Dent	23	6/25/2012	2012 U.S. Olympic Team Trials - Swir
3	2:01.92	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
4	2:03.30	L	F	Timothy Marski	16	8/8/2017	2017 Speedo Junior National Champi
5	2:03.97	L	T	Erik Heinemann	18	8/8/2011	2011 Speedo Junior National Champi
6	2:04.49	L	F	Matt Beck	24	8/10/1995	SENIORS 95 LC
7	2:04.66	L	F	Adam Kapusta	16	8/1/2017	2017 NCSA Summer Swimming Char
8	2:05.04	L	F	Scott Demarco	18	3/28/2001	PHILLIPS 66 NATIONALS SPRING
9	2:05.92	L	T	Christopher Arena	18	8/2/2017	2017 U.S. Open Time Trials
10	2:06.12	L	F	Jake Goldstein	18	8/2/2012	2012 Speedo Champions Series Supe

Men Senior 200 IM

1	2:03.11	L	F	Jason Louser	18	7/31/2019	2019 Phillips 66 National Champs
2	2:03.77	L	F	John Wagner	17	8/10/2009	2009 Junior National Championships I
3	2:07.03	L	F	Timothy Marski	16	7/20/2017	2017 MR Senior Metropolitan LCM Ch
4	2:07.29	L	P	Christian Yeager	17	12/1/2011	2011 AT&T Winter National Champior
5	2:07.81	L	F	Ron Karnaugh	34	5/18/2001	2001 DOMINO'S SWIM CLASSIC
6	2:08.25	L	F	Roger Dent	21	7/22/2010	2010 MR Senior Metro LC Champions
7	2:08.65	L	F	Wyatt Russo	21	8/10/1995	SENIORS 95 LC
8	2:09.08	L	F	Brendan Neligan	19	7/18/2002	2002 Long Island Open Swimming
9	2:10.13	L	P	Orry Zayit	17	6/28/2018	Coupe du Quebec (Senior et Para)
10	2:10.35	L	F	Jeff Commings	21	8/10/1995	SENIORS 95 LC

Men Senior 400 IM

1	4:16.66	L	F	Jason Louser	18	8/24/2019	FINA World Junior Championships
2	4:21.60	L	F	Brendan Neligan	19	8/12/2002	PHILLIPS 66 NATIONALS
3	4:28.18	L	F	Timothy Marski	16	8/8/2017	2017 Speedo Junior National Champi
4	4:31.86	L	P	Christopher Arena	18	8/8/2017	2017 Speedo Junior National Champi
5	4:32.03	L	F	John Wagner	17	5/23/2009	Memorial Day Invitational
6	4:32.16	L	P	Christian Yeager	17	4/8/2011	2011 Eric Namesnik Grand Prix
7	4:34.12	L	P	Adam Kapusta	18	8/6/2019	2019 Speedo Junior National Champi
8	4:34.29	L	P	Thomas O'Neill	21	8/2/2011	2011 ConocoPhillips National Champi
9	4:34.71	L	F	Delaney Hall	17	7/17/2014	2014 MR Senior Metropolitan LCM Ch
10	4:35.04	L	P	Sean Sullivan	17	8/9/2010	2010 Speedo Junior National Champi