

**LONG ISLAND AQUATIC CLUB  
SWIM FAST SWIM LIAC**

**Individual Top Times**

**LONG ISLAND AQUATIC CLUB [LIAC-MR] Coach: D FERRIS/ G NUSSBAUM**

**Number of Top Times: 10 Show Yards Only**

	Time	P/F/	Name	Age/Yr		
<b>Women Senior 50 Free</b>						
1	23.11 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
2	23.27 Y	P	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
3	23.34 Y	F	Tess Howley	13	12/6/2018	2018 PV NCAP Invitational
4	23.42 Y	F	Joan Cash	14	3/21/2018	2018 NCSA Age Group Swimming Cf
5	23.62 Y	F	Emily Kelly	16	12/11/2008	2008 STAR Short Course Invitational
6	23.63 Y	F	Lauryn Johnson	16	2/16/2018	2018 MR Senior Mets Winter Champi
7 *	23.73 Y	F	Jessica Foschi	23	12/11/2003	2003 Adam's Mark STAR Short Course
7 *	23.73 Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
9	23.78 Y	P	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
10 *	23.82 Y	F	Kerianne Masterson	18	3/9/2006	2006 NE EZ North Reg.Speedo Charr
10 *	23.82 Y	F	Cara Treble	15	2/20/2014	2014 MR Senior Mets SCY Winter Ch
<b>Women Senior 100 Free</b>						
1	49.84 Y	F	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
2	50.04 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
3	50.05 Y	F	Tess Howley	13	12/6/2018	2018 PV NCAP Invitational
4	50.34 Y	P	Cara Treble	17	3/15/2016	2016 NCSA Spring Championship
5	50.51 Y	F	Jessica Foschi	23	12/11/2003	2003 Adam's Mark STAR Short Course
6	50.75 Y	F	Emily Kelly	16	2/19/2009	2009 MR Senior Mets SC
7	50.90 Y	F	Joan Cash	14	3/21/2018	2018 NCSA Age Group Swimming Cf
8	51.03 Y	P	Lauryn Johnson	16	2/16/2018	2018 MR Senior Mets Winter Champi
9	51.32 Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
10	51.41 Y L	F	Margaret Aroesty	17	2/17/2017	2017 MR Senior Mets Winter Champi
<b>Women Senior 200 Free</b>						
1	1:46.74 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
2	1:46.79 Y	F	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
3	1:47.37 Y	F	Jessica Foschi	23	12/11/2003	2003 Adam's Mark STAR Short Course
4	1:47.87 Y	F	Tess Howley	13	12/6/2018	2018 PV NCAP Invitational
5	1:48.09 Y	P	Cara Treble	17	3/15/2016	2016 NCSA Spring Championship
6	1:48.45 Y	F	Emily Kelly	15	2/21/2008	2008 MR Senior Mets SC
7	1:49.00 Y L	F	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
8	1:49.41 Y	F	Lauryn Johnson	16	12/7/2017	2017 NCAP Invitational
9	1:49.47 Y	F	Molly Treble	17	3/18/2014	2014 NCSA JUNIORS - MARCH @ C
10	1:49.83 Y	F	Sarah Daly	17	3/13/2003	Speedo Sectionals Northeast Spring
<b>Women Senior 500 Free</b>						
1	4:41.98 Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
2	4:46.41 Y	F	Emily Kelly	14	3/20/2007	2007 NCSA Junior Nationals
3	4:47.07 Y	F	Margaret Aroesty	17	2/17/2017	2017 MR Senior Mets Winter Champi
4	4:47.59 Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
5	4:47.67 Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Me
6	4:50.04 Y	F	Chloe Stepanek	15	3/14/2017	2017 NCSA
7 *	4:50.36 Y	F	Sarah Daly	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
7 *	4:50.36 Y	F	Lindsay Schlichte	17	3/12/2013	2013 NCSA Junior National Swimmin
9	4:50.76 Y	F	Cara Treble	17	12/10/2015	2015 NBAC 42nd Annual Christmas Ii
10	4:50.84 Y	P	Lauryn Johnson	16	11/29/2017	2017 Winter National Championships
<b>Women Senior 1000 Free</b>						
1	9:37.33 Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
2	9:45.62 Y	F	Sarah Daly	17	3/13/2003	Speedo Sectionals Northeast Spring
3	9:45.83 Y	F	Emily Kelly	14	3/20/2007	2007 NCSA Junior Nationals
4	9:50.70 Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Me
5	9:53.10 Y	F	Elizabeth Goldson	16	3/22/2005	2005 SCY NCSA Junior Nationals

6	9:57.41	Y	F	Lindsay Schlichte	15	2/24/2011	2011 MR Senior Mets Short Course
7	9:57.96	Y S	F	Erica Derlath	17	12/6/2007	2007 STAR Short Course Invitational
8	9:59.61	Y	F	Cara Treble	17	12/10/2015	2015 NBAC 42nd Annual Christmas I
9	10:00.65	Y	F	Julia Festa	15	3/20/2007	2007 NCSA Junior Nationals
10	10:00.97	Y	F	Lauryn Johnson	16	12/7/2017	2017 NCAP Invitational

### Women Senior 1650 Free

1	16:07.43	Y	F	Emily Kelly	15	3/18/2008	2008 NCSA Junior National Champion
2	16:13.59	Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
3	16:24.46	Y	F	Sarah Daly	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
4	16:29.33	Y	F	Erica Derlath	17	12/6/2007	2007 STAR Short Course Invitational
5	16:32.18	Y	F	Molly Treble	17	12/13/2013	2013 NBAC Christmas Invitational Me
6	16:36.51	Y	F	Elizabeth Goldson	16	3/22/2005	2005 SCY NCSA Junior Nationals
7	16:40.06	Y	F	Julia Festa	14	12/7/2006	2006 STAR Short Course Team Invite
8	16:44.13	Y	F	Amy Taylor	15	3/21/1995	JR. NATIONALS EAST
9	16:44.33	Y	F	Lauryn Johnson	17	12/6/2018	2018 PV NCAP Invitational
10	16:44.48	Y	F	Lindsay Schlichte	15	2/24/2011	2011 MR Senior Mets Short Course

### Women Senior 50 Back

1	25.41	Y L	F	Kristen Romano	17	3/14/2017	2017 NCSA
2	26.33	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming
3	26.63	Y L	F	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
4	26.68	Y	P	Beth Caruana	17	3/14/2017	2017 NCSA
5	27.08	Y	P	Natalia Festa	17	3/21/2006	2006 SCY NCSA Junior Nationals
6	27.15	Y L	F	Julia Festa	14	3/9/2006	2006 NE EZ North Reg.Speedo Charr
7	27.16	Y	F	Briana Gellineau	14	3/21/2017	2017 NCSA Age Group Swimming Cf
8	27.20	Y	P	Claire McNeary	17	3/14/2017	2017 NCSA
9	27.24	Y L	F	Isabella Defonte	16	12/6/2018	2018 PV NCAP Invitational
10 *	27.27	Y	F	Daphne Skelos	17	3/21/2006	2006 SCY NCSA Junior Nationals
10 *	27.27	Y	F	Melissa Bischoff	14	4/6/2011	2011 NASA Showcase Classic

### Women Senior 100 Back

1	53.75	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Champion
2	55.55	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming
3	55.85	Y	F	Daphne Skelos	22	12/9/2010	2010 STAR Short Course Invitational
4	56.13	Y	P	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
5 *	56.63	Y	F	Cara Treble	16	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM
5 *	56.63	Y	F	Beth Caruana	15	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM
7	56.81	Y	F	Katie Hong	16	3/9/2018	2018 MR Metro 15-18 Age Group Chz
8	56.86	Y	P	Claire McNeary	17	3/14/2017	2017 NCSA
9	57.13	Y	F	Natalia Festa	17	3/9/2006	2006 NE EZ North Reg.Speedo Charr
10	57.46	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi

### Women Senior 200 Back

1	1:53.98	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Champion
2	1:58.73	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Ch
3	2:00.61	Y	P	Gabrielle Toback	17	3/12/2013	2013 NCSA Junior National Swimming
4	2:01.48	Y	P	Erica Derlath	17	3/18/2008	2008 NCSA Junior National Champion
5	2:01.78	Y	F	Beth Caruana	15	2/19/2015	2015 MR Senior Mets SCY Winter Ch
6	2:02.85	Y	F	Briana Gellineau	14	3/21/2017	2017 NCSA Age Group Swimming Cf
7	2:02.88	Y	P	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
8	2:03.08	Y	F	Cara Treble	15	2/20/2014	2014 MR Senior Mets SCY Winter Ch
9	2:03.19	Y	F	Francesca Raimondi	15	12/6/2018	2018 PV NCAP Invitational
10 *	2:03.37	Y	F	Mikaila Gaffey	21	12/10/2015	2015 NBAC 42nd Annual Christmas I
10 *	2:03.37	Y	P	Alice Ye	15	2/18/2016	2016 MR Senior Mets Winter Champi

### Women Senior 50 Breast

1	28.15	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	28.73	Y S	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
3	30.32	Y S	F	Kristalynn Kempton	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPION
4	30.38	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship
5	30.76	Y S	F	Kendel Fiorentino	17	3/13/2003	Speedo Sectionals Northeast Spring
6	30.88	Y	F	Bridget Ye	12	3/9/2018	2018 MR Metro SCY Junior Olympics
7	31.29	Y S	F	Nontawan Benja-Athon	16	2/25/1999	1999 SC SENIOR METS
8	31.35	Y S	F	Samantha Gallego	16	12/10/2015	2015 NBAC 42nd Annual Christmas I
9	31.48	Y S	P	Karla Leite	18	3/22/2005	2005 SCY NCSA Junior Nationals
10	31.58	Y	P	Maryellen Campbell	17	3/15/2011	2011 NCSA Jr National Swimming Ch

### Women Senior 100 Breast

1	58.98	Y	P	Margaret Aroesty	16	3/15/2016	2016 NCSA Spring Championship
2	1:01.82	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi

3	1:04.26	Y	F	Bridget Ye	13	12/6/2018	2018 PV NCAP Invitational
4	1:04.41	Y	F	Kristalynn Kempton	18	3/10/2005	2005 - MR, EZ SPEEDO CHAMPION
5	1:04.94	Y	F	Paige Kaplan	17	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM
6	1:05.08	Y	F	Kendel Fiorentino	16	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
7	1:05.17	Y	P	Erica Debenedetto	17	2/24/2000	2000 Senior Metropolitan Short
8	1:05.36	Y	F	Maryellen Campbell	16	4/1/2010	2010 Eastern Zone SC Swimming Ch
9	1:05.48	Y	F	April Lyons	17	3/1/1991	SENIOR METS
10	1:05.73	Y	F	Grace Walsh	17	3/1/1991	SENIOR METS

### Women Senior 200 Breast

1	2:09.43	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	2:18.50	Y	F	Paige Kaplan	17	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM
3	2:18.92	Y	F	Kendel Fiorentino	17	3/13/2003	Speedo Sectionals Northeast Spring
4	2:19.02	Y	P	Erica Debenedetto	18	3/21/2000	Speedo Jr. Champ. NE
5	2:19.05	Y	F	Jessica Foschi	17	3/18/1998	SPEEDO JUNIORS 1998
6	2:19.33	Y	F	Nontawan Benja-Athon	18	2/16/2001	Senior Metropolitan SC Champio
7	2:19.46	Y	P	Kristalynn Kempton	21	12/4/2008	2008 ConocoPhillips Short Course Na
8	2:19.90	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
9	2:20.01	Y	F	Maria Del Mundo	16	2/24/2000	2000 Senior Metropolitan Short
10	2:20.28	Y	F	Karla Leite	18	3/22/2005	2005 SCY NCSA Junior Nationals

### Women Senior 50 Fly

1	24.89	Y	P	Kristen Romano	17	3/14/2017	2017 NCSA
2	25.15	Y	F	Joan Cash	14	3/21/2018	2018 NCSA Age Group Swimming Ch
3	25.20	Y	F	Kerianne Masterson	18	3/21/2006	2006 SCY NCSA Junior Nationals
4	25.26	Y	F	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimmin
5	25.51	Y	P	Lauryn Johnson	14	3/15/2016	2016 NCSA Spring Championship
6	25.76	Y	F	Natalia Festa	17	3/21/2006	2006 SCY NCSA Junior Nationals
7	25.85	Y	P	Chloe Stepanek	15	3/14/2017	2017 NCSA
8	25.90	Y S	F	Margaret Aroesty	17	11/30/2016	2016 AT&T Winter National Champior
9	26.17	Y	F	Tess Howley	13	10/20/2018	2018 MR Chappy's Big Race Invitatio
10	26.23	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship

### Women Senior 100 Fly

1	54.11	Y	F	Kristen Romano	17	2/17/2017	2017 MR Senior Mets Winter Champi
2	54.43	Y	F	Tess Howley	13	12/6/2018	2018 PV NCAP Invitational
3	54.97	Y	F	Lauryn Johnson	16	12/7/2017	2017 NCAP Invitational
4	55.14	Y	P	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimmin
5	55.26	Y	P	Kerianne Masterson	18	3/21/2006	2006 SCY NCSA Junior Nationals
6	55.30	Y	F	Chloe Stepanek	16	12/6/2018	2018 PV NCAP Invitational
7	55.49	Y	F	Paige Kaplan	17	2/20/2014	2014 MR Senior Mets SCY Winter Ch
8	55.71	Y	F	Margaret Aroesty	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
9	55.76	Y	F	Joan Cash	14	12/7/2017	2017 NCAP Invitational
10	56.22	Y	F	Krissy Sendrowski	15	2/22/1996	SENIOR METS 96

### Women Senior 200 Fly

1	1:58.79	Y	F	Tess Howley	13	12/6/2018	2018 PV NCAP Invitational
2	1:59.13	Y	F	Lauryn Johnson	17	12/6/2018	2018 PV NCAP Invitational
3	2:00.31	Y	F	Kristen Romano	17	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
4	2:00.58	Y	F	Margaret Aroesty	17	2/17/2017	2017 MR Senior Mets Winter Champi
5	2:00.68	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship
6	2:01.65	Y	F	Trudiann Patrick	17	3/12/2013	2013 NCSA Junior National Swimmin
7	2:02.84	Y	F	Krissy Sendrowski	17	12/18/1997	STAR '97
8	2:03.20	Y	F	Sophia Gregorace	15	2/16/2018	2018 MR Senior Mets Winter Champi
9	2:03.51	Y	F	Sarah Daly	17	3/13/2003	Speedo Sectionals Northeast Spring
10	2:03.77	Y	F	Kristen Mund	18	1/1/1992	PRE-1992

### Women Senior 200 IM

1	1:57.19	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
2	1:58.36	Y	F	Kristen Romano	17	11/30/2016	2016 AT&T Winter National Champior
3	2:00.86	Y	F	Jessica Foschi	23	2/26/2004	2004 MR Senior Mets SC
4	2:02.40	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Ch
5	2:04.07	Y	P	Mikaila Gaffey	21	2/18/2016	2016 MR Senior Mets Winter Champi
6	2:04.96	Y	F	Claire McNeary	15	12/10/2015	2015 NBAC 42nd Annual Christmas Ir
7	2:05.64	Y	P	Paige Kaplan	18	3/17/2015	2015 NCSA Spring Championship
8	2:05.72	Y	F	Briana Gellineau	14	3/10/2017	2017 Metropolitan Junior Olympics
9	2:05.73	Y	F	Bridget Ye	13	12/6/2018	2018 PV NCAP Invitational
10	2:05.90	Y	F	Erica Derlath	17	12/6/2007	2007 STAR Short Course Invitational

### Women Senior 400 IM

1	4:10.24	Y	F	Kristen Romano	17	3/14/2017	2017 NCSA
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2	4:10.98	Y	F	Margaret Aroesty	17	3/14/2017	2017 NCSA
3	4:16.53	Y	F	Jessica Foschi	16	2/20/1997	SENIOR METS 1997
4	4:17.18	Y	P	Daphne Skelos	22	12/2/2010	2010 AT&T Short Course National Ch
5	4:19.92	Y	F	Paige Kaplan	17	2/20/2014	2014 MR Senior Mets SCY Winter Ch
6	4:20.27	Y	F	Erica Derlath	18	12/4/2008	2008 ConocoPhillips Short Course Na
7	4:24.32	Y	F	Jessica Arana	15	2/21/2013	2013 MR Senior Mets SCY Winter Ch
8	4:24.35	Y	F	Sarah Daly	17	3/13/2003	Speedo Sectionals Northeast Spring
9	4:24.96	Y	F	Amy Taylor	15	3/21/1995	JR. NATIONALS EAST
10	4:25.10	Y	F	Claire McNeary	15	12/10/2015	2015 NBAC 42nd Annual Christmas I

### Men Senior 50 Free

1	20.36	Y	F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimmin
2	20.45	Y	F	Timothy Marski	17	3/13/2018	2018 NCSA Spring Championship
3	20.63	Y	F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
4	20.76	Y	P	Christopher Gahn	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
5 *	20.86	Y	F	Trevor Kildare	21	1/1/1992	PRE-1992
5 *	20.86	Y	F	Howard Hinds	25	3/13/2003	Speedo Sectionals Northeast Spring
7	20.91	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
8	20.99	Y	F	KEN MACFADYEN	16	3/22/1994	JUNIOR NATS 94
9	21.23	Y	F	Paul Teta	17	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
10 *	21.33	Y	F	Christian Foschi	18	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
10 *	21.33	Y	F	Chris Scuderi	22	12/14/1995	STAR INVITATIONAL
10 *	21.33	Y	F	Austin Kowalsky	17	12/9/2011	2011 NBAC CHRISTMAS INVITATIO

### Men Senior 100 Free

1	44.32	Y	F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
2	45.22	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
3	45.26	Y	P	Timothy Marski	17	3/13/2018	2018 NCSA Spring Championship
4	45.54	Y L	F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimmin
5	45.60	Y	F	Christopher Gahn	17	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
6	45.70	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
7	45.74	Y	P	Howard Hinds	25	3/13/2003	Speedo Sectionals Northeast Spring
8	45.84	Y	F	Ben Rosen	17	2/24/1994	SC SENIOR METS
9	45.91	Y	F	KEN MACFADYEN	16	3/22/1994	JUNIOR NATS 94
10	45.92	Y	F	Adam Shaw	19	2/20/1997	SENIOR METS 1997

### Men Senior 200 Free

1	1:37.77	Y	P	John Wagner	16	12/4/2008	2008 ConocoPhillips Short Course Na
2	1:38.17	Y	F	KEN MACFADYEN	16	3/22/1994	JUNIOR NATS 94
3	1:39.08	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
4	1:39.63	Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
5	1:39.69	Y	F	Christian Robledo	16	3/13/2003	Speedo Sectionals Northeast Spring
6	1:39.79	Y L	F	Timothy Marski	16	3/14/2017	2017 NCSA
7	1:39.80	Y	F	Ben Rosen	18	3/21/1995	JR. NATIONALS EAST
8	1:39.89	Y L	F	Jason Louser	16	2/16/2018	2018 MR Senior Mets Winter Champi
9	1:40.06	Y	P	Connor Brown	18	2/19/2015	2015 MR Senior Mets SCY Winter Ch
10	1:40.63	Y	P	Justin Lynch	18	3/21/2000	Speedo Jr. Champ. NE

### Men Senior 500 Free

1	4:23.32	Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	4:25.76	Y	F	KEN MACFADYEN	16	2/24/1994	SC SENIOR METS
3	4:26.84	Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
4	4:27.16	Y	F	Timothy Marski	16	3/14/2017	2017 NCSA
5	4:28.15	Y	P	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
6	4:29.90	Y	F	Christian Sztolcman	18	3/13/2018	2018 NCSA Spring Championship
7	4:30.42	Y	P	Michael Lennon	17	3/20/2012	2012 NCSA Junior National Swimmin
8	4:30.99	Y	F	Jordan Valenza	18	1/1/1992	PRE-1992
9	4:31.77	Y	F	Dan Demarco	26	2/22/2007	2007 MR Senior Mets SC
10	4:32.17	Y	P	Christopher Arena	17	3/14/2017	2017 NCSA

### Men Senior 1000 Free

1	9:05.82	Y	F	KEN MACFADYEN	16	2/24/1994	SC SENIOR METS
2	9:06.12	Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
3	9:09.35	Y	F	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
4	9:13.75	Y	F	Michael Lennon	17	3/20/2012	2012 NCSA Junior National Swimmin
5	9:14.50	Y S	F	Dan Demarco	26	2/22/2007	2007 MR Senior Mets SC
6	9:15.11	Y	F	Sean Lane	17	3/18/2008	2008 NCSA Junior National Champior
7	9:17.44	Y	F	Jordan Valenza	18	1/1/1992	PRE-1992
8	9:17.84	Y S	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Champi
9	9:18.93	Y	F	Christopher Arena	17	3/14/2017	2017 NCSA
10	9:20.96	Y	F	Adam Kapusta	16	3/14/2017	2017 NCSA

**Men Senior 1650 Free**

1	15:15.64	Y	F	Brendan Neligan	17	12/7/2000	Calamari
2	15:16.38	Y	F	Dan Demarco	26	2/22/2007	2007 MR Senior Mets SC
3	15:21.48	Y	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Champi
4	15:29.13	Y	F	Jordan Valenza	18	1/1/1992	PRE-1992
5	15:29.71	Y	F	Michael Lennon	16	3/15/2011	2011 NCSA Jr National Swimming Ch
6	15:32.10	Y	F	KEN MACFADYEN	15	12/17/1992	NYSCHAMPS 92-BUFFALO
7	15:32.35	Y	F	Christopher Arena	17	3/14/2017	2017 NCSA
8	15:34.34	Y	F	Connor Brown	17	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM
9	15:34.70	Y	F	George Salayka	17	3/13/2003	Speedo Sectionals Northeast Spring
10	15:36.05	Y	F	Sean Lane	17	12/6/2007	2007 STAR Short Course Invitational

**Men Senior 50 Back**

1	23.26	Y	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
2	24.24	Y L	F	Maxwell Scalamandre	16	3/13/2018	2018 NCSA Spring Championship
3	24.41	Y L	F	Maximillian Willard	17	3/17/2015	2015 NCSA Spring Championship
4	24.58	Y L	F	Nicholas Spinella	16	3/17/2009	2009 NCSC Junior National Champio
5	24.59	Y	P	Bobby Smith	18	3/20/2007	2007 NCSA Junior Nationals
6	24.66	Y L	F	Zachary Leng	17	12/7/2017	2017 NCAP Invitational
7	24.77	Y	P	Ryan Davidoff	15	3/13/2018	2018 NCSA Spring Championship
8	24.93	Y	P	Tyler Nussbaum	17	3/18/2014	2014 NCSA JUNIORS - MARCH @ C
9 *	24.96	Y L	F	Orry Zayit	17	3/9/2018	2018 MR Metro 15-18 Age Group Che
9 *	24.96	Y	P	Christian Sztolcman	17	3/14/2017	2017 NCSA

**Men Senior 100 Back**

1	49.25	Y	F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
2	50.58	Y	F	Christian Yeager	17	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
3	50.76	Y	F	William Swartwout	16	12/6/2018	2018 PV NCAP Invitational
4	50.87	Y	F	Chris Scuderi	22	12/14/1995	STAR INVITATIONAL
5	51.12	Y L	F	Mike Ferris	20	3/7/2002	THE 2002 SPEEDO CHAMPIONS SE
6	51.23	Y	F	Joe Davidoff	19	2/24/1994	SC SENIOR METS
7	51.47	Y	P	Maximillian Willard	17	2/19/2015	2015 MR Senior Mets SCY Winter Ch
8	51.54	Y	F	Dennis Chang	17	2/20/1997	SENIOR METS 1997
9	51.61	Y L	F	Adam Kapusta	17	3/13/2018	2018 NCSA Spring Championship
10	51.77	Y	P	Nicholas Spinella	17	2/18/2010	2010 MR Senior Mets Short Course

**Men Senior 200 Back**

1	1:46.37	Y	F	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
2	1:47.16	Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimmin
3	1:48.95	Y	F	Mike Ferris	19	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
4	1:49.18	Y	F	William Swartwout	16	12/6/2018	2018 PV NCAP Invitational
5	1:49.60	Y	F	Justin Lynch	18	2/24/2000	2000 Senior Metropolitan Short
6	1:50.01	Y	F	Maxwell Scalamandre	16	2/16/2018	2018 MR Senior Mets Winter Champi
7	1:50.45	Y	P	Maximillian Willard	17	3/17/2015	2015 NCSA Spring Championship
8	1:50.61	Y	P	Adam Kapusta	17	2/16/2018	2018 MR Senior Mets Winter Champi
9	1:50.92	Y	P	Nicholas Spinella	17	3/16/2010	2010 NCSA Junior National Swimmin
10	1:51.01	Y	F	Bobby Smith	18	3/20/2007	2007 NCSA Junior Nationals

**Men Senior 50 Breast**

1	25.38	Y	F	Jason Louser	16	3/13/2018	2018 NCSA Spring Championship
2	25.58	Y	F	Timothy Marski	17	3/13/2018	2018 NCSA Spring Championship
3	25.87	Y	P	Ryan Brown	17	3/15/2016	2016 NCSA Spring Championship
4	26.51	Y S	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
5 *	26.79	Y	F	Matt Goetz	17	3/15/2011	2011 NCSA Jr National Swimming Ch
5 *	26.79	Y	F	Jake Goldstein	17	3/15/2011	2011 NCSA Jr National Swimming Ch
7	26.89	Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimmin
8	26.93	Y	P	Matthew Manfre	17	3/15/2016	2016 NCSA Spring Championship
9	27.27	Y	P	Ruben Cerri-Droz	18	3/15/2016	2016 NCSA Spring Championship
10	27.30	Y	P	Delaney Hall	18	3/17/2015	2015 NCSA Spring Championship

**Men Senior 100 Breast**

1	54.36	Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	55.69	Y	P	Ryan Brown	17	3/15/2016	2016 NCSA Spring Championship
3	56.48	Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
4	56.75	Y	F	Greg Mone	22	2/24/1994	SC SENIOR METS
5	56.96	Y	F	Matt Goetz	17	3/15/2011	2011 NCSA Jr National Swimming Ch
6 *	57.22	Y	F	Neal Rubin	19	3/13/2003	Speedo Sectionals Northeast Spring
6 *	57.22	Y	F	Delaney Hall	17	3/18/2014	2014 NCSA JUNIORS - MARCH @ C
8	57.34	Y	P	Matthew Manfre	17	2/18/2016	2016 MR Senior Mets Winter Champi
9	57.56	Y	F	Mark Biegluk	17	2/24/1994	SC SENIOR METS

10	57.70 Y	F	Scott Demarco	18	2/16/2001	Senior Metropolitan SC Champio
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**Men Senior 200 Breast**

1	1:57.25 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	2:01.89 Y	P	Ryan Brown	17	3/17/2015	2015 NCSA Spring Championship
3	2:02.49 Y	P	Delaney Hall	18	3/17/2015	2015 NCSA Spring Championship
4	2:04.05 Y	F	Timothy Marski	16	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
5	2:04.60 Y	F	Neal Rubin	19	3/13/2003	Speedo Sectionals Northeast Spring
6	2:04.61 Y	F	Greg Mone	22	2/24/1994	SC SENIOR METS
7	2:05.09 Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimmin
8	2:05.12 Y	F	Chris Miller	17	3/16/1999	SPEEDO JR. CHAMP. NE
9	2:05.21 Y	P	Matthew Manfre	17	3/15/2016	2016 NCSA Spring Championship
10	2:05.34 Y	F	Sean Sullivan	17	3/15/2011	2011 NCSA Jr National Swimming Ch

**Men Senior 50 Fly**

1	22.15 Y	F	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimmin
2	22.38 Y S	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
3	22.55 Y	F	Timothy Marski	17	3/13/2018	2018 NCSA Spring Championship
4	23.38 Y S	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
5	23.47 Y S	F	Yury Zimarev	20	2/22/2007	2007 MR Senior Mets SC
6	23.50 Y	P	Austin Kowalsky	17	3/20/2012	2012 NCSA Junior National Swimmin
7	23.53 Y S	P	Nicholas Cerra	17	3/17/2009	2009 NCSC Junior National Champio
8	23.60 Y	P	Jasper Yate	16	3/21/2006	2006 SCY NCSA Junior Nationals
9	23.61 Y	F	Jason Louser	17	10/20/2018	2018 MR Chappy's Big Race Invitatio
10	23.71 Y	P	Orry Zayit	16	3/14/2017	2017 NCSA

**Men Senior 100 Fly**

1	48.42 Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
2	48.85 Y	F	Timothy Marski	18	12/6/2018	2018 PV NCAP Invitational
3	49.46 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
4	49.99 Y	P	John Wagner	18	3/16/2010	2010 NCSA Junior National Swimmin
5	50.07 Y	F	Adam Shaw	19	2/20/1997	SENIOR METS 1997
6	50.12 Y	F	Yury Zimarev	20	2/22/2007	2007 MR Senior Mets SC
7	50.21 Y	P	Oliver Lee	17	3/16/2010	2010 NCSA Junior National Swimmin
8	50.30 Y	F	Orry Zayit	17	12/7/2017	2017 NCAP Invitational
9	50.61 Y	F	Tom Zanetti	20	2/24/1994	SC SENIOR METS
10	50.84 Y	P	Nicholas Cerra	17	3/17/2009	2009 NCSC Junior National Champio

**Men Senior 200 Fly**

1	1:46.60 Y	F	Timothy Marski	17	3/13/2018	2018 NCSA Spring Championship
2	1:46.92 Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
3	1:47.51 Y	P	Orry Zayit	16	3/14/2017	2017 NCSA
4	1:49.00 Y	F	Brendan Neligan	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
5	1:49.10 Y	F	Scott Demarco	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
6	1:50.36 Y	P	Jason Louser	16	3/13/2018	2018 NCSA Spring Championship
7	1:50.90 Y	F	Adam Kapusta	17	11/17/2017	2017 MR LIAC Thanksgiving Invitator
8	1:51.24 Y	F	Nicholas Cerra	17	2/19/2009	2009 MR Senior Mets SC
9	1:51.70 Y	F	Tom Zanetti	20	3/22/1994	JUNIOR NATS 94
10	1:52.19 Y	P	Michael Lennon	17	3/20/2012	2012 NCSA Junior National Swimmin

**Men Senior 200 IM**

1	1:47.69 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	1:49.67 Y	F	John Wagner	16	12/11/2008	2008 STAR Short Course Invitational
3	1:50.25 Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimmin
4	1:50.28 Y	F	Timothy Marski	16	12/8/2016	2016 NBAC 43rd Annual Christmas Ir
5	1:52.20 Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
6	1:52.88 Y	P	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
7	1:53.62 Y	F	Connor Brown	18	2/19/2015	2015 MR Senior Mets SCY Winter Ch
8	1:53.66 Y	F	Michael Gregorace	16	2/17/2017	2017 MR Senior Mets Winter Champi
9	1:53.72 Y	P	Scott Demarco	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES
10	1:53.92 Y	F	Delaney Hall	18	12/12/2014	2014 NBAC 41ST ANNUAL CHRISTM

**Men Senior 400 IM**

1	3:45.87 Y	F	Jason Louser	17	12/6/2018	2018 PV NCAP Invitational
2	3:52.62 Y	P	Christian Yeager	18	3/20/2012	2012 NCSA Junior National Swimmin
3	3:54.94 Y	F	Timothy Marski	16	2/17/2017	2017 MR Senior Mets Winter Champi
4	3:55.57 Y	F	John Wagner	16	12/11/2008	2008 STAR Short Course Invitational
5	3:55.83 Y	F	Brendan Neligan	18	2/16/2001	Senior Metropolitan SC Champio
6	3:56.53 Y	P	Connor Brown	18	3/17/2015	2015 NCSA Spring Championship
7	3:57.54 Y	F	Roger Dent	22	12/9/2011	2011 NBAC CHRISTMAS INVITATIO
8	3:58.75 Y	P	Scott Demarco	18	3/8/2001	2001 SPEEDO CHAMPIONS SERIES

9	3:59.28 Y	P Adam Kapusta	17	3/13/2018	2018 NCSA Spring Championship
10	3:59.43 Y	P Maximillian Willard	17	3/17/2015	2015 NCSA Spring Championship