

Hey all,

Hope you all had a great weekend! There are a number of things going on this week so please read all the info below!

1. The practice schedule is altered again this week due to the Big East Championship at the Aquatic Center and Silvers. Please have your athlete come out the hallway door for practice this week. The schedule for the week is as follows: Tuesday (7-8:30pm), Wednesday (7-8:30pm), Friday (6:45-7:45pm), Saturday (NO PRACTICE).

2. I will be sending a separate email to those who have not yet signed up, but JO's and the 15-18 Challenge are 3 weeks away and we still have a large number of families who have not yet signed up to volunteer! I'd like to remind you all this is a requirement for all families! Failure to work will result in a fine. We need help timing on Friday and Sunday mornings in particular, so any help there would be greatly appreciated. Please do not put me in the position of having to assign the remaining slots for this group! Signup link here: <https://www.signupgenius.com/go/10c0e49acae2aa4ff2-jos2>

If you have any questions please let me know!

Mike